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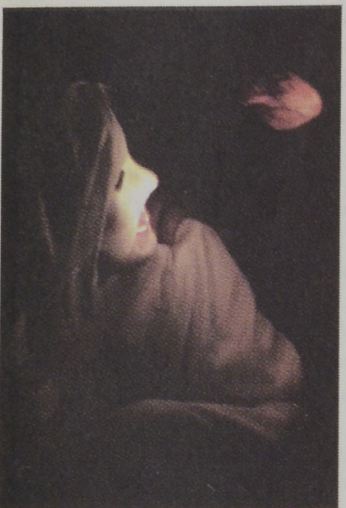
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News



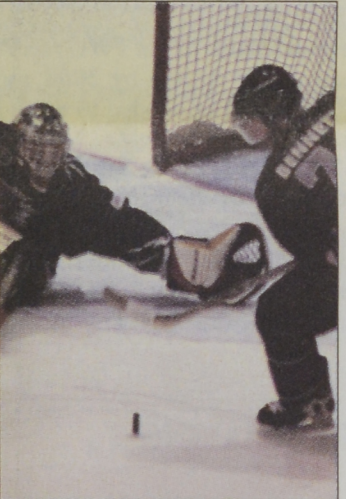
Proposed GLBTQ centre concerns residence representative **Page 3**

A&E



Controversial play performed at Black Box. See review **Page 15**

Sports



Reds take pair of exhibition games against SJ **Page 10**

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Weather

Today: Light snow flurries; High -3, Low -12.
Thursday: Rain or snow; High 0, Low -9.
Friday: Variable cloudiness; High 4, Low -8.
Saturday: Light snowfall; High -4, Low -9.
Sunday: Cloudy periods; High -1, Low -9.

Quote of the Week

"For Christ's sake, it's just a squirrel. It's dead, you stupid knucklehead. It can't feel anything."
 - Chris Wilson Smith

Celebration of history, not booze

Green beer, shamrocks & Celtic music aren't what Saint Patrick had in mind

by Clarissa Anderson

A day of drinking beer while wearing all the green you can find in your closet is what St. Patrick's Day means to most North Americans. It is a day when the bars are flooded with the "honourary" Irish who are intent on drinking themselves nearly sober.

When asked if he knew what St. Patrick's Day is really all about, Dustin Hebert, a New Brunswick Community College (NBCC) student from Fredericton answered, "I'm not really sure actually. I see it mostly as another reason to go out and party. For me it's just another day."

Jason Louis, a first year UNB student, also has the same understanding of the holiday.

"Honestly I don't know too much about St. Patrick's Day. I guess it's a celebration that brings everyone together in a happy way. Everyone gets along, drinks, and has fun with one another," Louis said.

St. Patrick's Day, which is named after the patron saint of Ireland, is more than just another day to get drunk and wear four leaf clovers. It actually has a lot of history, which is something many people overlook.

Saint Patrick, one of the most widely known figures in Christianity, was born in fourth century Britain to a wealthy family. His father was a Christian deacon, although it is rumoured that his family wasn't particularly religious.

Near the age of 16, Patrick was imprisoned by Irish raiders attacking his family's wealth. They took him to Ireland and held him in captivity for six years, where he was forced to work as a shepherd, alone and away from society.

This is when Saint Patrick turned to religion. With nobody but himself and God to talk to, he became devoutly Christian.

Nearing the sixth year of his imprisonment, Patrick escaped captivity. The voice of God came to him in a dream directing him to leave Ireland. After landing in Britain, it is said that Patrick experienced another dream in which an angel told him he must become a missionary and return to Ireland once again. With this revelation in mind, he



Submitted to The Brunswickan

This graphic, by Peter Diamond, is the cover image of LUCKY, a comic collection produced by local NSCAD grads in Halifax.

began a study that would lead to his ordination as a Catholic priest. Shortly after this, Patrick returned to Ireland with hopes of ministering to the Christians already residing there, and to begin his mission to

convert the Irish.

Instead of trying to banish the Irish rituals and customs completely, Patrick intertwined them into his lessons about Christianity. It is said that he used fires to celebrate the

religious holidays because the Irish were familiar with flames being used to honour their gods.

He also combined the Christian cross with an important Irish symbol, the sun, to create what we

now know as the Celtic cross. This was done so that the symbol would be more naturally relatable to the Irish.

(SEE CELEBRATION, PAGE 2)

Eat purple chips, get healthy

Potatoes just have a bad rep

by Sean Patrick Sullivan

The idea of developing healthy, blue potato chips may seem a little farfetched, but that's exactly what researchers in Fredericton are hoping to accomplish.

Agnes Murphy, a researcher at the Potato Research Centre, says that pigments in some lesser-known varieties of potatoes show those spuds are ripe with helpful chemicals like anthocyanins and phenolics.

"They are reputed to have health

benefits, particularly in preventing aging and eye disease, and there may be benefits from preventing the accumulation of free radicals, which are known to affect cells," she explained.

Free radicals are harmful by-products of normal cellular metabolism, which can cause heart damage, cancer, cataracts, and a weak immune system.

Though Murphy cautions the research is still in its early stages, cancer-preventing potato chips may not be far away.

The colour and chemicals

unfortunately dissolve when cooked in water. Frying, however, seals them in, which makes the potatoes ideal for healthy, brightly-coloured chips.

The research team began looking at the levels of antioxidants in certain kinds of heritage potatoes in the summer of 2002.

"We were surprised at how high some of the values for antioxidants were," said Jean Embleton. She is part of a group trying to breed potatoes with an even higher antioxidant capacity.

"Potatoes are getting a pretty bad rep," explained Embleton, adding that the spuds are "almost a perfect food," rich in vitamins, fiber, minerals, carbohydrates, and water. Potatoes are also the second leading source of Vitamin C, and when combined with milk can comfortably sustain human life.

The misconception of potatoes as unhealthy is often because of their association with great amounts of butter, sour cream, and other fatty toppings.

Murphy says the team's goal is to make a better spud and increase the consumption of the vegetable.

"We'd very much like to create a potato that has good yields, cooks well, and has resistance to disease and pests. Ideally, we'd get that all in one package," said Murphy.



Kaela Stradiotto/The Brunswickan

When fried, these potatoes retain their colour and healthy chemicals.

Future teachers to broaden horizons

UNB students to volunteer in Ghana elementary school

by Carole Morris

As most university students search for the perfect summer job, two UNB students feel they have already

found it, except there is no pay and no indoor plumbing.

Chris Fevens and Carlee Keeler are planning to be volunteer teachers in an elementary school in Ghana, West Africa.

"I'm expecting to live with nothing and teach with nothing, and

(SEE GHANA, PAGE 2)



Nathan White/The Brunswickan

Carlee Keeler & Chris Fevens are enthusiastic about trip to Ghana.

Wed Mar 17
St. Patrick's Day
 \$2.00 Mixed Drinks All Night

Thur Mar 18
KOKANEE NIGHT
 win a Touque or a Burton Jacket

Fri Mar 19
 Win CIS Hockey Tickets
Defonation
 Video Release

Sat Mar 20
F.U.B.A.R.
 "Just Giver"
 No pop, hip-hop, rap or techno
JUST ROCK

Sun Mar 21
 Musical Recording Group
DEFAULT
 Doors open at 8:00

COLLEGE HILL
SOCIAL CLUB

For Members & Guests Only