

Skip a Meal rewarding

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money Sodexo saves that evening will be used to buy food the Fredericton Community Kitchen needs, including high quality foods like chicken, beef and milk.

Campbell said one of the exciting things is the residence that has the most participation per capita will receive a free afternoon of pool at Dooley's. The winning residence will also be asked to help deliver the food to the Fredericton Community Kitchen. Nothing can be more rewarding than seeing the kitchen stock its shelves and prepare to feed hundreds of hungry people, she said.

She also said it's important to remember it's not just the homeless who access the services. Many students rely on this service near the end of the semester.

Currently, only residence students can participate in this campaign but Campbell said they are looking into accepting cash donations in the future.

"Right now, we're not going to be able to accept cash donations. There are different tax issues with that and we have to work those out. Hopefully in the fall we'll have all the information we need to run it

to be more inclusive," she said.

"Clear the Shelves and Trick or Eat, the two other meal exchange programs, are more for off-campus students and this is one that's kind of based for on campus students."

The meal halls will remain open on March 10th, and Campbell said even if a student has signed up but changes his or her mind, their donation is forfeited and they won't be penalized for it. To find out more about how to participate in this year's Skip a Meal campaign, contact local

house presidents or Leah Campbell at the SPARC office at 447-3701 or spare@unb.ca.

Meal Exchange, a grassroots charity, began in 1993 with an idea by Rahul Raj. He's now the Executive Director of the organization. By 2006, Meal Exchange hopes to have a presence on at least 65 campuses throughout Canada. For more information on how to get involved with the program, visit their website at www.mealexchange.com.



Meg Folkins/The Brunswickan

Resist the temptation; there are less fortunate than you.

Cat urine, sea salt and computers

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machines are up in the counter in various states of repair. Seven more are in the queue. And when those are finished, another pile is sure to be waiting.

"It's a little stressful," admitted Baird when *The Brunswickan* stopped by the shop last week.

The kind of repairs the techs are asked to handle range from the relatively straightforward (floppy disks breaking apart inside their drives, hard drive failure) to more obscure fare, like printers with rocks lodged inside.

"All kinds of weird and wonderful things," said Baird, who lists off a veritable number of bizarre repair jobs.

"Once, a laptop came in full of sea salt. Basically, it looked like it got dunked in the water, pulled back

out, and left to dry. They still tried to use it," he explained.

Another user had the misfortune of having their cat urinate on an Apple Powerbook. It cost \$1,500 to fix.

Oftentimes people who bring machines in for repair say it has never been dropped, bumped, or broken, even though the insides are in pieces. Though Baird is careful not to call anybody a liar, it's clear the shop sees its share of stories.

Aside from the repairs, the techs have to install and maintain practically all of the campus labs. This summer was a particularly light one - only 125 new machines had to be installed.

According to Baird, it's quite a task.

"It doesn't sound like it's a lot of work, but you've got to add all the options, memory, Zip drives, make sure they all work, create images so

they can be downloaded, do the physical installation, and perform all the security for the in-place installation," he said. "In all, it's eight hours per machine."

I ask what's going to happen to the monitor on the floor marked "Broken." Baird goes for a hammer, and asks me to step back. He swings, and the back of the monitor smashes open.

"That," he proudly exclaims, "is what we do to 'em." The university doesn't want people rooting through the building's trash, so essential parts of all broken peripherals are smashed before leaving the shop.

Though the shop is primarily for university machines, the technicians will sometimes service student computers. Contact the ITS department (www.unb.ca/its/) for more information.

A worthy CAUSE

"CAUSE wants to give people a leg up, not a hand out"

by K Brookland

Enabling people to help themselves is at the heart of CAUSE Canada (CA).

About 20 years ago, Paul and Bev Carrick returned to North America after working for relief agencies to await the birth of their second child.

After settling in Montreal they were contacted by some of the beneficiaries of their work in the field and were advised the other agencies had left.

The Carricks were painfully aware the need certainly hadn't left the area so they made a decision that would affect the rest of their lives... they created CAUSE Canada.

The organization works with people in West Africa and Central America. "Projects are driven by the people in the field; they see a need that has to be addressed and pass it on to us here in Canada. Most of the managerial staff members in the various countries are nationals of those countries," said Jon Weaver.

"They go into a community and work with people and if another need comes up they will address that as well. For example, civil war broke out in Sierra Leone while they were there working on an immunization project. CC began assessing the needs of the dire consequences of the war. CC maintained operations during the 10 year civil war without interruption," Weaver said.

It was four years ago when they formed CAUSE Atlantic (CA). A donor was interested in putting money directly into increasing the scope of CC within Canada aside from its headquarters in Canmore, Alberta.

Jon Weaver was available at the time so when approached by Bev and Paul Carrick, co-founders of CC, he agreed to head up CAUSE Atlantic, based here in Fredericton.

The primary focus of CA is fundraising and public engagements.

Shortly after Weaver became head of CA, he went to Guatemala with his wife Beth, and son Will, who was then just five months old. The purpose of the visit "was to get a taste of the field. If you can make a connection with the people who work in the field it makes it easier to me to fundraise... you know what you're talking about."

CAUSE Canada is an organization which addresses the physical needs of people. "If we think a particular area needs a well, we don't send over a rich white man to go there to build a well. We first look within the

community for someone who knows what is needed. If they determine it's a well, then we hire a local person who needs the job."

"It is important to CAUSE that we hire someone within the community who needs the job. It gives him, or her, a sense of pride and dignity; a sense of ownership," said Weaver.

"Development is to become, not to have. It has nothing to do with industrialization. We merely want to enable people to help themselves."

Weaver says that, despite the meaning of the acronym (Christian Aid for Under-assisted Societies Everywhere) "CAUSE is not a missionary organization... we do not proselytize. We don't have to teach them anything... we learn from them. There is no 'savior' mentality in this organization."

In a nutshell, says Weaver, "CAUSE

wants to give people a leg up, not a hand out." And to ensure that happens, Weaver says that on average over the past 10 years 93.6 cents of every dollar CC raised goes directly to the field.

In keeping with their fundraising mandate, CA is hosting a special event this Saturday night - the second annual Groove Vacation.

Two of Fredericton's favourite bands will be playing at the Boyce Farmers' Market; the Downtown Blues Band and Soul Purpose.

All proceeds from this event will go to support CAUSE's African Orphan Aid initiative. CC is launching this project to address the rising crisis of children orphaned by war and HIV/AIDS in West Africa.

According to Weaver, "this is one of those rare occasions when you can have a lot of fun and save lives in the process!"



Submitted by Paul Carrick

CAUSE concert to benefit African Orphan Aid.

CORRECTIONS

Re: NB Sexual assault above the national average, volume 137, issue 20, February 18, 2004 of *The Brunswickan*.

Although the Fredericton Sexual Assault Crisis Centre does provide counseling to men and women on

their 24-hour crisis line, they do not provide counseling for men at the centre. They can, however, refer men (in a phone call) to other counseling services in the community. The centre does not have a website at the moment, and there are currently no online services. The crisis line provides information on what to expect should a survivor decide to report an incident to the police. They do not counsel women on what to say to police or any such thing. The part of the article that states that rape stems from anger, sadism and a need for power is information from a video shown during Sexual Assault Awareness Week at the University Women's Centre, and is not information provided by Liz Lautard.

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