

# make a difference

## from volunteers page 5

interest in their community and attempt to make a real difference in the lives of others."

Ellen Creighton, Vice President External for the UNB Student Union and Big Sister, thinks that students volunteer because it helps them connect with their community.

"I think for a lot of young people, it's the way that they're most comfortable engaging in their society. We've seen a pullout by the young contingent in political engagement, in traditional forms of political engagement," says Creighton. "We're seeing decreasing numbers, which is unfortunate. But we are seeing increasing numbers in volunteerism in communities."

So while volunteerism may be

on the rise, where does that leave the broader process of engagement? Youssef El-Khoury would like to know. He is organizing a regional Roundtable event, October 4 and 5, that seeks to engage young people. The event is sponsored in part by Canada25, a national organization dedicated to bringing the ideas of Canadians, aged 20-35, to the nation's policy discourse and takes action on issues of local and national significance.

"It doesn't seem like this is how it's supposed to be," says El-Khoury. "I really think that our government and our politicians should look at each other as teammates, even though they are in opposition."

Nick Ouellette understands El-Khoury's concerns. He explains that, "Residence is a learning com-

munity, and we try to teach people what it is like to live in a society where it is not only your concerns that matter. Part of that is realizing that there are those less fortunate who occasionally need help, and seizing opportunities like Bed Push that allow you to help."

Ellen agrees. "I remember looking for a place to volunteer when I was younger, and part of it comes from identifying your own interests."

"I am not saying it is bad to take care of yourself, but you only really start to get engaged when you have the chance to sit down and really think of all the things that are going on, not just with your life, but with the world," says El-Khoury.

Ben knows what Youssef is talking about. He recently went to Georgia (USA) with a Habitat for Humanity group to help construct a house.

"Doing a build was one of the most rewarding experiences I've ever had," said Conoley. "With a lot of volunteering, you don't see the results as immediately as you do

**I also volunteer for selfish reasons. I get a great feeling from it, and it certainly looks good on a resume."**

- Ben Conoley

with Habitat. When we got there, there was nothing but a foundation, and when we left there was home built, and it was our hands that did it. We weren't just the people who

held wood for the pros, we did everything from installing doors and insulation to raising the roof."

"I do it because I feel like I am helping someone, so I guess there's a bit of altruism involved, but it's not just that you're giving, you also get something in return," says Creighton. "And it's fun!"

So how can you get involved?

Margaret says, "don't be shy - no one will refuse your help. But make sure you are truly interested in the group you volunteer for. And show up when you said you would, with a smile."

Ellen's method is simple: "Ask if there's any way that you could help out. That's a really good way to get started."

"Lots of volunteer jobs require

only a small effort," continued Wicken. "For example, volunteering on Run Day at the Terry Fox Run is only once a year and for a few hours. But those few hours make a great difference to how the event goes."

Ben agrees. "I don't want to preach, but donating just a few hours of your time every year can make a huge difference in the lives of people. It feels really good to know that you're contributing to someone's well-being."

[www.unb.ca/bruns](http://www.unb.ca/bruns)

[bruns.news@gmail.com](mailto:bruns.news@gmail.com)

**The Brunswickan**



Volunteers like the woman above help to make the lives of those less fortunate much easier.

## Coffee and The Brunswickan

Every Wednesday, you can enjoy delicious fair trade coffee fresh from The Cellar while reading the latest copy of The Brunswickan - all hand delivered by an editor!



**THE CELLAR**  
EST. 1994

**Pub & Grill**

Call 447-3388 or email [bruns.editor@gmail.com](mailto:bruns.editor@gmail.com) to set up your delivery.

## The Brunswickan

### It's our Annual General Meeting 2005

The Brunswickan would like to extend an invitation to all staff members and Board of Director members to attend our Annual General Meeting on Wednesday, October 25, 2005 at 6pm.

The meeting will be held in room 35 of the SUB on the UNB Campus.

For more information on the AGM please contact Brendan Doyle, Editor-in-Chief, by email at [eic@unb.ca](mailto:eic@unb.ca) or phone 447-3388.

SUB room 35, Oct 25, 6pm - Be There!

## UNIVERSITY OF NEW BRUNSWICK STUDENT UNION

STUDENT UNION BUILDING

Wednesday, September 28th is,

### Academia Nut Day!!!

**GO CRAZY FOR ACADEMIC INTEGRITY**

Watch for stuff going on around campus throughout Wednesday,

September 28th to help raise awareness about issues of Academic Integrity.

- Test your knowledge of academic offense issues and win prizes (food from the Cellar) at libraries, meal halls, and lobbies around campus.
- Tune in to CHSR for the lunch box between 12 and 1 to hear views from students.

You'll be asked to give YOUR input on issues like cheating and academic offenses. Learn tips on how to cite papers and avoid plagiarism in a campaign continuing all year!"

*Because Using Someone else's Words is like Losing your own voice*

#### QUESTION OF THE WEEK.

What did you think of the plagiarism definition on your course outline?

- I have a better understanding of what it means to plagiarize
- I still don't understand what plagiarism means
- I found it helpful
- I found it scary



*Don't Let this happen to You!  
We can help you out!*

Wednesday, September 28th, 2005

#### Peer Conversation and Writing Group

Enjoy meeting new people? Destined to help others? Need valuable experience added to your resume?

The Peer Conversation and Writing Group, hosted by the Student Union, is looking for you. You will act as a Peer Mentor for students acquainting themselves with the English language. Time commitments include a training session and one hour of your time generally every two weeks for the academic year (excluding exam periods). You must be in good academic standing (G.P.A. above 2.0)

For more information please contact Sonam Penjor, International Student Councillor [sonam.maekay@unb.ca](mailto:sonam.maekay@unb.ca), or Jill O'Reilly, [academic@unb.ca](mailto:academic@unb.ca), SUB RM 126,

#### SafeRide

In synchronization with the Daylight Savings Time, the pickups begin at 8pm in September from the SUB. The next months' hours will be announced shortly. Please contact [saferride@unb.ca](mailto:saferride@unb.ca) for more information.

**THE CELLAR**  
EST. 1994  
**Pub & Grill**

Presents

Wed. Sept. 28

- Blue Quarter -

Thurs. Sept. 23

- Mr. Something  
Something

## THE TREWS

with special guests NOVAKS  
[WWW.THETREWSMUSIC.COM](http://WWW.THETREWSMUSIC.COM)

Thursday, October 6 @ 9 pm at the UNB Sub Cafeteria

Tickets: \$17 available at:  
The Paper Trail (SUB Lobby) and Mazzuca's  
Must be 19 years + OR attend UNB/STU - ID Required

STU  
STUDENT UNION  
UNIVERSITY OF NEW BRUNSWICK

Log on to the Student Union Website  
[WWW.SU.UNBF.CA](http://WWW.SU.UNBF.CA) for more informaton on Academia NUT Day!!!