

Annual Sexuality Awareness Week

by Sarah Falconer

UNB's Fifth Annual Sexuality Awareness Week is a fun-filled week of events, contests, speakers, workshops, and so much more! The purpose of this week is to raise students' awareness about issues of sexuality. We have a lot of great events planned and many chances to win prizes. So come out, have some fun, grab your free condoms, enter some contests, and learn something too! Make sure you pick up one of our flyers listing the week's events; they can be found at various locations around campus and in the Sexuality Centre, top floor of the SUB!

Monday, September 18
Sexuality Fair: Booths from campus and community organizations will be set up in the atrium of the SUB. Each booth will contain a lot of valuable information and some will even have videos and games. Be sure to grab your Fair Passport, get a stamp from each of the booths, and drop it in the ballot box for your chance to win some great prizes! When & Where: 11:00 a.m. - 3:00 p.m. SUB Atrium.

Tuesday, September 19
"Legal Rights and Reproductive Realities in New Brunswick": A panel discussion of the barriers to abortion access. Speakers include: Judy Burwell, spokesperson for the Abortion Rights Coalition of Canada; Professor Julia Hughes, UNB Faculty of Law; Dr. JoAnn Majerovich, Director, UNB Student Health Centre; and will be chaired by Professor Carissima Mathen, UNB Faculty of Law. Reception to follow, sponsored by the Faculty of Law. When & Where: 6:30 - 10:00 p.m. Moot Court Room, Ludlow Hall. Reception in Student Lounge.

Wednesday, September 20
"Friends, Enemies & Lovers: Making the Most of Your Relationship Opportunities": This workshop, put on by Counselling Services, is the prequel to their acclaimed "Understanding Romantic Relationships" workshop. Taking relationship in its broad sense, we will consider some of the common obstacles preventing university students from initiating and maintaining satisfying relationships and discuss how best

to meet your own relationship needs. Please pre-register by calling: 453-4820. When & Where: 3:00 - 4:30 p.m. President's Room, Alumni Memorial Building.

Sexuality Mascot Mania: We have challenged campus groups, residences, and individuals to come up with a mascot for Sexuality Awareness Week. Come out to see what wacky creations they have come up with and root for your friends' creations. Let your cheers help our expert panel of judges decide the winner. When & Where: 7:00 - 9:00 p.m. Room 102, Tilley Hall.

Thursday, September 21
Self-Protection Program: This workshop, put on by the Fredericton Sexual Assault Crisis Centre, raises awareness about sexual violence, self-esteem and self-care, sexual communication and assertiveness, self-defence techniques, and how to create a self-protection program. Please pre-register by emailing rbourdon@unb.ca. When & Where: 1:00 - 2:30 p.m. President's Room, Alumni Memorial Building.

Sex and the Dating Scene: Etiquette for Sexy Singles: The UNB & STU Student Unions present Rachel Dodds, creator of Sexy Girl and the East Coast's very own Sex Educator! Rachel will be doing a sex presentation with a Q&A session to follow: fun, entertaining, and informative! This one is not to be missed! \$2.00 admission at the door. When & Where: 7:00 - 8:30 p.m. Dineen Auditorium, Head Hall - Doors open at 6:30 p.m.

Friday, September 22
"Dating Basics" Workshop: This dating workshop, put on by MASA (Men Against Sexual Aggression), is a fun and informative way of learning the basics of dating. Please pre-register by emailing: masa@unb.ca. When & Where: 2:00 - 4:00 p.m. Sexuality Centre, top floor of the SUB.

Finale Celebration: Come to the Sexuality Centre to celebrate the end of Sexuality Awareness Week. We will be drawing for the trivia box prizes so come and see if you've won and enjoy some free food and music while you're there! When & Where: 1:00 - 2:00 p.m. Sexuality Centre, top floor of the SUB.

Saturday, September 22 & Sunday, September 23
Rape Aggression Defense Strategy Workshop: Attend this workshop, put on by Campus Security & Traffic, and you will learn realistic self-defense tactics and techniques (for women only). Pre-registration is a must! This workshop can only accommodate 12 people, so register early! Please pre-register by emailing: rjerrett@unb.ca. When & Where: 8:00 a.m. - 4:30 p.m. Room 120, D'Avray Hall.

So Sexuality Awareness Week Questionnaire

In anticipation of UNB's upcoming Sexuality Awareness Week (September 18-24, 2006), we are challenging you to test your sexuality knowledge by answering the following questions. We will be giving away a digital camera to our questionnaire winner as well as runner-up prizes, so answer this questionnaire and see if you're a winner! Fill in your answers, include your name and contact information (email address) and drop it off at the Sexuality Centre - top floor of the SUB, across from the Ballroom (take the elevator or the stairs. FYI: take the stairs in the West Wing because the stairs in the East Wing by the Cellar and the Women's Centre won't get you here.)

Once we have gotten all of your entries, we will draw for our winners. We will be printing the questions with their answers and the names of the winners in next week's edition, so keep an eye out for your name. For more information on Sexuality Awareness Week, please visit the UNB Events section on the UNB website or pick up one of our flyers at various locations around campus.

Question #1
TRUE or FALSE
Erection problems and inability to reach orgasm usually reflect learning or psychological experiences rather than biological causes.

Question #2
TRUE or FALSE
The morning-after pill is good only 24 hours after unprotected sex.

Question #3
TRUE or FALSE
You cannot contract an STI (Sexually Transmitted Infection) through per-

forming and/or receiving oral sex.

Question #4
TRUE or FALSE
A woman does not need to have a PAP smear until she becomes sexually active.

Question #5
TRUE or FALSE
A person can contract HIV from an HIV-positive individual and still have a negative blood test for HIV for up to three months after contracting the disease.

Question #6
TRUE or FALSE
The size of the penis is related to body build. This means men with large bones and musculature, and a great deal of body hair tend to have larger penises than men with a smaller frame and less body hair.

Question #7
TRUE or FALSE
The condom is the only reliable temporary method of male contraception (birth control).

Question #8
TRUE or FALSE
Although women occasionally pretend to have an orgasm (fake it), men never do so.

Question #9
TRUE or FALSE
If you really love someone, you will not be sexually attracted to, or have fantasies about, anyone else.

Question #10
TRUE or FALSE
Excessive masturbation can have serious physical and emotional consequences.

Question #11
TRUE or FALSE
If a woman has unprotected sex while she is menstruating, she cannot become pregnant.

Question #12
TRUE or FALSE
A person can contract crabs by sharing a dirty towel with someone who is infected.

Question #13
TRUE or FALSE
You can avoid getting pregnant as long as your partner removes his penis before ejaculation when having unprotected vaginal sex.

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residences, that's relatively easy to do." "The budget for the suite-style residence is based on a normal operating year," says Dr. Brown. "There are a number of expenses we also won't have." Those expenses include the payment of the superintendent, who has yet to move in, as well as \$30,000 annual maintenance. "We're not going to spend that in our first year - everything is under warranty anyway," he says. Overall, these savings on expenses actually reduce the gap from lost revenues to about \$10,000. According to Dr. Brown, that's an extremely good outcome. The residence, which cost about \$8 million, will suffer minimal losses in its opening year, and should be paid off, in a fashion just like a mortgage, in 20 to 25 years. "I'm optimistic. I don't think there will be a contribution in the first year from our new residence to our cumulative deficit." However, he says, "there will be a contribution from traditional undergraduate residences to that deficit." That's where the second million dollars mentioned earlier comes in. Not to worry, though; there is a plan in action to work against that as well. "We can eliminate an associate director; John Craighead wants to go anyway," says Dr. Brown. "He's resigned as of the end of this week. We had a coordinator of training and leadership, and

had a failed search on replacing that coordinator. If we get along without a coordinator for a year, that saves us \$30,000." Another interesting note is that three cleaners in residence have retired, and will not be replaced. "Given that we fundamentally have the same amount of space to clean, and it puts more pressure on everybody, it probably means that cleaning standards will go down. A little."

"There's no easy answer." The strategy being taken in attempting to reduce the deficit is not to cut down on the quality of residence or to remove people from their positions without a choice.

In fact, says Dr. Brown, "we're not firing anybody - what we're doing is failing to replace positions."

Another method of attack on the deficit is the closure of Jones House, which, because of doing so, will save Res Life an extra \$100,000 for the year. Professional Development funding is also being removed.

"It's a least-harm thing to cut." All in all, Dr. Brown believes that the deficit can be offset by about \$350,000. The remainder will add to the existing total, bringing it to about \$1.6 million.

As for the debt, Dr. Brown explains that "what's likely is that there will be a ten year plan - so we'll eventually pay it off."

Most sexually active people already infected with HPV

HPV vaccine may prevent infection, but education key to sexual health, experts say

by Tracey Lindeman
The Link (Concordia University)

MONTREAL (CUP) -- Most sexually active twenty-somethings think condoms are enough to prevent contracting sexually transmitted infections, but what many don't know is that they may already have one.

"Most of us who've ever had sex are already infected with the [human Papilloma virus]," said Dr. Abby Lippman of the Canadian Women's Health Network and McGill's department of epidemiology, biostatistics and occupational health.

Three-quarters of sexually active Canadians will have at least one HPV infection in their lives, but many people aren't aware they have it. While HPV causes genital warts in some people, others may not experience any symptoms.

"A lot of the mystery about HPV has melted away," said Dr. Michael Shier, a University of Toronto professor and the chief of gynecology at Toronto's Sunnybrook Health Sciences Centre. "We're realizing that we're all exposed to it."

And that's why pharmaceutical giant Merck Frost has unveiled Gardasil, the only vaccine that protects women from the four most common strains of HPV -- the main cause of cervical cancer, and a contributing cause of vulvar and vaginal cancer.

After five years of international clinical trials, Gardasil has been approved for females between nine and 26 years old -- but Shier recommends parents vaccinate their daughters sooner rather than later.

"It would be ideal to administer at infancy [eventually]," he said. But for now, Shier agrees that the decision to vaccinate girls should rest in parents' hands.

Lippman is concerned that some parents will use the vaccine to avoid addressing their children's sexuality, and that the Quebec government will use the vaccine to avoid coughing up the cash for quality sex education.

"The vaccine is an interesting option but I think it has to be put into the context of how we teach young girls about sex, how to protect themselves from sexually transmitted diseases of all kinds," she said. "While the vaccine may address [HPV] we still have a large problem on our hands of chlamydia infections in young girls that no one's

paying attention to, and other sexually transmitted infections."

And unless the Quebec government has a change of heart, the province's youth will continue to be deprived of sex education programs.

According to Head & Hands, a Montreal youth empowerment organization, the Quebec government erased sex education from the curriculum in 2005, making it no longer mandatory for schools to offer sex ed classes.

Their website states that it is now up to teachers to integrate sexual health information into regular classes: in other words, that teachers have to find their own methods of including sex education content into courses such as French, geography and art.

"We need really good sex ed, and if the schools can't do it, let's give the money to community groups that are doing great sex ed like Head & Hands," said Lippman.

And it looks like Quebecers could use a little more sexual schooling. McGill University distributed free condoms to new students in their frosh packs. But in an informal poll conducted by CTV News, 32 per cent of viewers thought McGill shouldn't hand out condoms. In the face of growing STI rates, the poll results are of great concern.

"I think that condoms [and birth control pills] should be available to everybody without charge," said Lippman.

"But clearly, I'm not coming from a Focus on the Family perspective on this," she said, referencing the conservative Christian group. "I want young people to feel very comfortable being sexual in all kinds of ways, and I want them to be protected in all kinds of ways."

Gardasil is being marketed as preventing cervical cancer, rather than to protect women against HPV. And women who have contracted one of the four strains of HPV can use the vaccine to protect themselves against the other three. But the Quebec government is still waiting on the federal Common Drug Review to discuss coverage of the vaccine.

"In making its recommendations on drugs, the CDR focuses on longer-term benefits and therapeutic effectiveness relative to other treatments, as well as cost-effectiveness. The CDR considers whether there is good value for public plans," said Health Canada media relations officer Nathalie Lalonde.

Lippman cautions women to seriously consider the pros and cons of getting the vaccine.

"The concern is looking at women's bodies piece by piece and not connecting all the dots," she said. "[The things that often happen to women], that wreck their health, are in the system and not in women's bodies."

Greg Byrne

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