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publication, is Canada's Oldest Official
Student Publication.

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Brunswick Publishing Inc., a non-
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We are a founding member of the
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so. We are also members of U-Wire,
a media exchange of university media
throughout North America.

We publish weekly during the
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Editorial Policy

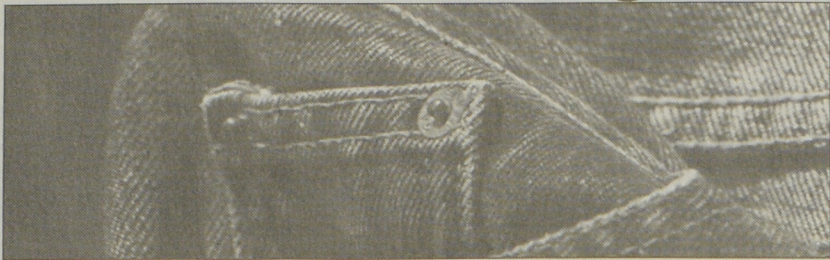
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What's so great about a size eight?



by Jennifer McKenzie

Midway through my high school career,
somewhere around the 11th grade, I
was asked a question, a question that I
am still trying to find an answer to, that
I'm even still trying to understand.

It was a Friday night, I'm guessing,
and I was getting ready for a school
dance or party or event. And to my
16-year self, it was the single most
important night of my high school life.
Everyone would be there and being
seen at the dance mattered more than
breathing.

My father walked into my bedroom,
to me crumpled on the floor, in a pair
of sweatpants, crying. Dad, who never
had a great handle on the drama of a
16-year-old girl, made the mistake of
asking me what was wrong, why I
wasn't getting ready for the dance.

"I'm too fat. My pants don't fit," I
sobbed. Dad looked at me, his perfectly
healthy, athletic daughter, and didn't
understand.

"What do you mean those pants
don't fit?" not realizing the mistake in
that question.

"No! I'm too fat. I'm never leaving
the house again." I was crying pretty
hard at this point, and I'm sure 16
year-old me meant it. If those pants
didn't fit, if I was too big to fit into
those pants, then I could never be seen
in public again.

Dad, who may have struggled with
the decisions a 16-year-old girl would
make, was very logical and suggested I
try on another pair of pants. I, however,
didn't want to wear another pair of
pants. I cried a little harder. Dad asked
what was so special about the pants
I was crying over. And I answered:
"They're an eight."

And Dad asked the question I am
still struggling with today: "What's so
great about a size eight?"

And today, six-ish years later, I still
don't have an answer. I still have a
slight obsession with the number eight,
size eight, but I couldn't tell you why. I
hope and I imagine that most girls do
the same. They have a number, a size, a
weight, that's their goal; a goal without
rhyme or reason, but a goal none the
less.

I picked up a magazine last night
with Nicole Richie on the cover, and
the headline "Body Obsessions" with
the caption "Friends Say She Wants to

Lose More Weight." The story, I don't
remember. The pictures, I do - they
included Nicole's weight, listed at 98
lbs. As I was looking at the pictures
and reading, I realized that last time I
had weighed 98 lbs I was in the fourth
grade.

We blame media for our obsession
with looks, with our weight obsession.
We blame irresponsible advertising
for young girls with eating disorders.
And yet I bought that magazine; I am
who the media and the irresponsible
advertisers cater to.

If Jessica Alba says Clearasil keeps her
skin clear, I believe her and I'm out the
next day to buy myself Jessica Alba's
face. Sarah Jessica Parker took my love
of the Gap a few notches higher, and
I am a monthly Cosmo reader. Do I
have a right to blame the media for my
devotion to the number eight?

I have never read a magazine that
told me "guys love size eight girls."
I've never seen an advertisement for
the "perfect size eight jeans." Hell, I've
never seen a size eight model or star. And
yet at some point, somewhere, before
the 11th grade, I decided the only way
I could be physically acceptable would
be to become that number.

Now at 22, I can function if my
size eight pants don't fit. I still like
my eights, more than anything else in
my closet, but if there were a school
dance, and they had to stay hanging
in the closet, I would not end up in a
crumpled heap on the floor.

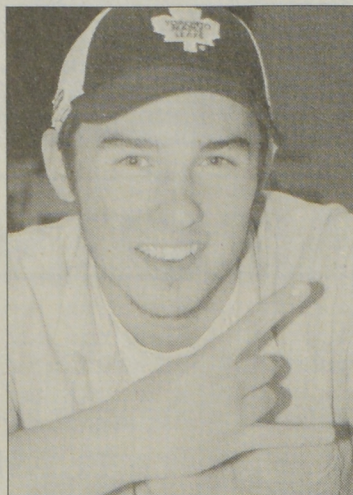
What has changed since the 11th
grade? Not a whole lot, really. I would
say I've matured some, grown a little.
The media's influence over me hasn't
changed much. I've learned not to
believe everything I hear; 'House
Hippos' aren't real, and just because
Mischa Barton likes it, doesn't mean I
should.

But the media is still there,
irresponsible advertisers are still telling
me I'm not thin enough, I smell bad
and my hair looks dull. And though
I still love my size eights, I'm alright
with a size 10, I like the way I smell
and I have great hair, thank you very
much.

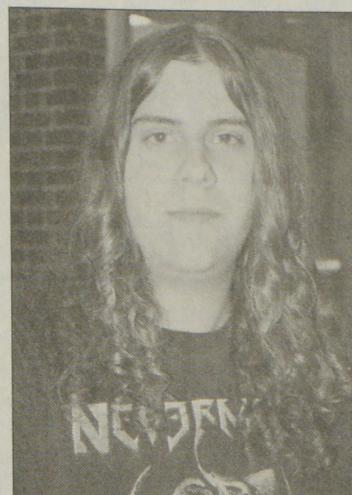
Back to the original question: what's
so great about size eight? Apparently
not a whole lot.

THE BRUNS VIEWPOINT

What is your opinion on body
modifications?



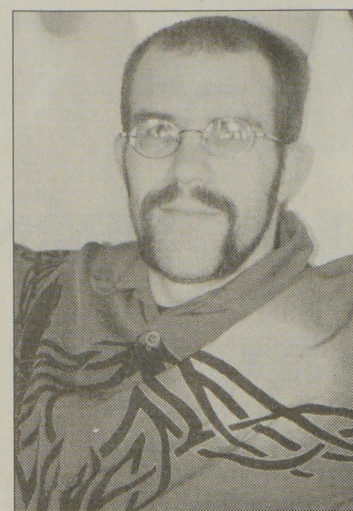
It's a part of today's culture, just do
what you want.
Tyler McDonell



Piercings and tattoos are a personal
choice, but I don't agree with plastic
surgery.
Marc Doucette



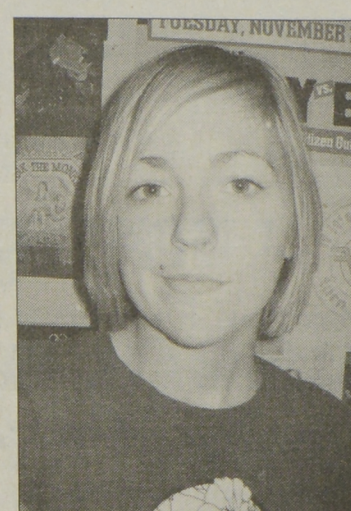
How do you get through the metal
detector at the airport?
Derek McLaughlin



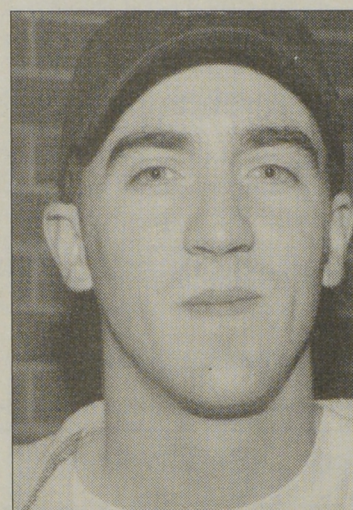
I LOVE 'EM!
Ian Calder



Everyone should try at least one.
Mandy Fullerton



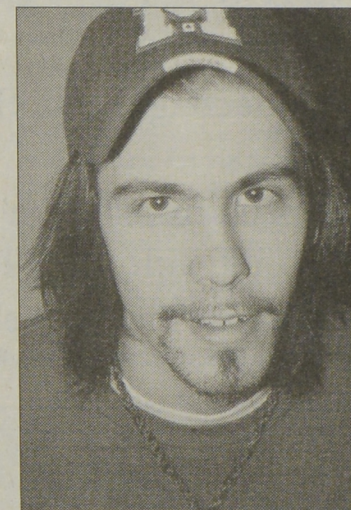
I think it should be a sin to be
pierced.
Lindsay Wilson



I think piercing is fine. A person can
do what they want with their body,
even if some piercings look stupid.
Brett MacIntosh



I think it's a wonderful way to ex-
press yourself and your personality. It
externalizes the aspects of your 'self'
that you want to show off.
Nicole Gifford



Piercings and tats are cool, but if
you're modifying your body to give
yourself fuller lips or bigger tits, you
need to take a longer look at who
you really are.
Frank "Molar" Robichaud

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WEDNESDAYS

Molson Midweek Mayhem

10-Close \$2.00 Canadian & Canadian Light & Cold Shots
\$2.00 Rum, Rye, Vodka, Gin
\$2.00 Coors Light Draft (16 oz)
2 for 1 Jose Cuervo Tequila

MOLSON CANADIAN Light

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SATURDAYS

10-12 FREDDY'S BIGGEST EARLY PARTY

10 p.m. - Midnight
Double your drink for a penny.
Must purchase 1st shot at \$2.99
(Rum, rye, gin, vodka)

10 Close: \$3.75 Alpine
Sept 29 - Oct 21

FRIDAYS

GENUINE DRAFT

10:00 p.m. - Midnight
\$2.00 Rum, Ry, Vodka, Gin

10:00 pm. - Close
\$3.75 Coors Light or MGD

Ladies Night

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SUNDAYS

10:00 p.m. - Close
2 for 1 Liquor
(All but top shelf)
\$2.00 Coors Light Draft
(16 oz)

Karaoke with Sean Burgess

No Cover