

The Victim of Strong Drink.

OPINION OF AN EXPERT IN NERVE AND BRAIN DISEASES.

In a recent interview with a reporter of the Indianapolis (Ind.) Journal, Dr. Wm. B. Fletcher, of that city, said: It is an undoubted fact, that the English-speaking world can not use alcoholic drink without creating a diseased appetite, dementia and death. It is an undoubted fact that drink kills more persons, directly and indirectly, among English-speaking people each year than are killed by all the plagues—small pox, cholera, yellow fever, diphtheria and scarlet fever—in the world.

What are the causes leading to drunkenness?

They are many, some purely accidental. No sane person ever started out with the intention of becoming a sot. Overwork, either mental or physical, naturally calls for refreshment. The process of digestion of solids is slow, but the influence of an alcoholic drink is effectual in a few minutes to restoring one from the sense of weariness. It has a fascination about it. The changes in man's condition as a worker during the past century has changed him in his physical condition. The greedy grasping for wealth, for social recognition, for political or educational preferment has caused overwork. Where one man was an all-night worker one hundred years ago, there are now ten thousand all-night workers. Our railroads, telegraphs, telephones, machine shops, mills, furnaces and factories require all-night work. These tens of thousands of night-workers are mostly men—overworked men—who crave a stimulant to renew violated nature. Many of these men will be fathers of a nervous and degenerate progeny, who will have a natural craving for stimulants. You could not expect the beautiful bloom on the ripe peach if you plant the tree in the cellar. It is the hurry-scurry life, particularly of the American, that is causing a flood of nervous derangement to deluge the land.

The manner in which the young men of to-day are brought up is prolific of drink tendencies. They are not taught to work nor are they taught self-denial, nor to say 'no' to wrong-doing in childhood. They have lots of good teaching in the schools, perhaps some parental instruction at home, but they have no physical training that should go with mental culture. They most frequently begin by using tobacco, which causes a feeling of debility which they soon find can be relieved by a stimulant. However it begins the effect is the same. A stimulant taken makes the drinker feel more comfortable until another drink augments the feeling, and so on until mind and body surrender to the poison. The repeated poisoning of the system with alcohol produces serious effects upon all the digestive and secretory organs, and especially upon the delicate lining of the minute blood vessels of the brain. It is the gradual change going on in the brain which renders the constant drinker, the tippler and the frequent social drinker alike oblivious to the fact that they are becoming changed in their whole natures and greatly shattering that governor of the man, 'the will power.' If the will power be totally gone through disease the man is a hopeless, powerless, incurable, imbecile sot.

What would you advise in the treatment of inebriety?

The treatment is plain. It must start out with the full consent and desire upon the part of the individual to be cured. If the man has stimulated within him a strong belief that he is deriving power of will from God, so much the better. As long as he holds that faith he is cured. The moral nature should be stimulated also by a change from former conditions. He should be removed to a quiet retreat, good, clean, well-fitting clothing, nourishing food, clean associates, music, pleasing employment, which should never continue to weariness.

How about the use of alcoholic medicines, and the tapering of process?

No alcoholic medicines should be used. Narcotics give no refuge for the appeasing of the diseased appetite; but the patient may drink freely of buttermilk, sirup and water; juices of fruits and good well water or soda water may be used freely. Lean meats, game, fish,

poultry and eggs are good diet; and fresh greens, lettuce, salads, etc., may be used abundantly, while but little bread, potatoes or starchy food should be taken. The taking of medicines as specifics is an absurdity. Medicines have no effect in creating physiological conditions, or in building up will power and moral courage. The treatment is almost entirely hygienic, and the method of application would only vary as the general health and character of the individual is concerned.

Praise for a Member of our Order.

The *Paris Review* of this week says editorially: "In the removal of Mr. Thomas Webster, Inland Revenue Collector, from Paris to Brantford, this town loses one of its most estimable citizens, one who enjoys the respect of the entire community, and one whose genial presence and zealous public spirit will be greatly missed. Mr. Webster has, during his seven years' residence here, ingratiated himself into the good will of the people by those qualities of head and heart which he possesses, and by the unvarying bonhomie which characterized him officially as well as socially. The *Review* believes it voices Paris sentiment in uttering Old Rip's benediction as a parting word to Mr. Webster; 'Here's your good health, and your family's; and may you live long and prosper—'

A CHURCH FAREWELL TO MR. WEBSTER.

The Baptist friends at Paris gave a farewell social to their Sabbath School Superintendent, Mr. Thomas Webster, who has recently removed to Brantford. The chair was occupied by Mr. Webster and proceedings were opened with prayer by Pastor Trotter and the singing of an anthem by the choir of the church, after which a choice programme was rendered by the pupils of the school and members of the Bible class. "God is love" was rendered very effectively by nine little girls from the mission school at the station. Miss Trotter, of Woodstock gave two recitations with good effect. Rev. Jesse Gibson gave a brief address on Sabbath school work during the evening. At the close of the first part of the programme Mr. S. Dadson, Superintendent elect, stepped forward and addressing Mr. Webster in very complimentary terms, eulogistic of his work as superintendent, on behalf of the teachers and friends presented him with a beautifully bound teacher's bible (Oxford style) as expressive of their high esteem for him and their appreciation of his work. Mr. Webster replied, thanking the friends for their beautiful gift, and for manifesting in such a kind and appreciative manner their regard for him. It was entirely unexpected by him and he could not at any length express his gratitude; words would fail him if he attempted it. The proceedings closed with an anthem by the choir and the benediction by Mr. Gibson.

Drunkenness a Disease.

Drunkenness is a disease of the body as really as typhoid fever or any other physical disease. No man who is drunk is at the time in the normal condition of health. His body is over-stimulated with intoxicating liquor. His stomach, heart and brain feel the effect. No one who has the habit of drunkenness, so that he freely drinks intoxicating liquors every day, is really a healthy man. He has an inflamed stomach, a disordered nervous system, and imperfect digestion of his food, and may have organic changes of the body. He is the victim of a slow poison that is constantly sapping the foundations of health, and will ultimately destroy him altogether unless the habit be abandoned. The direct effect is always upon the body, and this is one of impaired or ruined health, as really as if he should form the habit of eating arsenic or swallowing laudanum every day. Drunkenness is not a disease which comes upon one without his fault, and which he could not avoid. It is a self-produced disease which it is in the power of the man himself to prevent and also to cure, by avoiding its cause, and hence, it is a sin against himself and against the God who made him and holds him responsible for a right use of all his powers, both physical and mental. No one has a right to

do any thing the direct tendency of which is to damage or destroy his body. The temptation to drink incident to, and the consequences of the habit of drinking, is no excuse for drunkenness, and no excuse for any crime which a drunken man may commit. Both God and man treat the drunkard as an offender, and he is such. We may pity him when we think of the power of his appetite over him, operating through his diseased physical nature; but we should never so pity him as not to condemn him, and do our utmost to lead him to condemn himself and reform his life. The truth is that a drunkard is a sinner as really as a murderer, and he must repent and forsake his sin or he cannot enter the Kingdom of God. Drunkards do not go to Heaven any more than blasphemers. They are enumerated in the list of those who will not enter the Kingdom. The essential sinfulness of drunkenness is an idea that must not be lost of in the effort to reform drunkards.—*N. Y. Independent.*

Two Men.

Two men, one a total abstainer another a drinker, each spend \$100 in two months. The first pays his \$100 for furniture and the other for liquor. The first receives actual value and his home shows the result of his purchase. The second loses his money, receives in return that which makes him a brute and a loafer. Out of the \$100 spent for furniture enough goes to employ twelve men for one day at \$2 each. Out of the \$100 spent for liquor, enough goes to labour to hire one man for one day. Suppose all the saloons were closed, the \$85,000,000 now expended for liquor in Pennsylvania would be spent for furniture, boots and shoes, carpets, hardware, etc. The money would employ twelve men where but one is employed now. The twelve men would spend for other necessities twelve times as much as the one man. Taxation would immediately commence to be reduced, for crime and pauperism would decrease.—*People.*

In the town of Bessbrooke, where John G. Richardson employs three thousand people in the manufacture of Irish linen, no liquor has been sold for forty years; and as a result there is neither policemen, prison, pawnshop nor pauper in the town.

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Place of Meeting, Divisions, Numbers Night of Meeting, and name of Deputies.

St. Stephen; Howard, 1; Friday; S. Webber; Milltown, St. Stephen; Wilberforce, 3; Monday; H. McAllister.

Market Building, St. John; Gurney, 5; Thursday; David Bradley, Jr.

Orange Hall Portland; Portland, 7; Monday; A. Y. Paterson.

Market Building, St. John; Albion, 14; Wednesday; E. A. Everett.

Gagetown; Queens, 21; Saturday; H. J. DeVeber.

Chatham; Northumberland, 37; Friday; G. Stothart.

St. John; Mariners and Mechanics, 38; Tuesday; John Kinney.

Hillsboro, Albert Co.; Albert, 39; Wednesday; John I. Steeves.

Sackville, West Co.; Sackville, 40; Tuesday; J. C. Harper.

Richibucto, Kent Co.; Richibucto, 42; Wednesday; Robert N. Beers.

Newcastle; Newcastle, 45; Thursday; Jas. Falconer.

Point de Bute, West Co. Westmorland, 50; Thursday; Jas. W. Colpitts.

Hopewell Hill, Albert Co.; Golden Rule, 51; Tuesday; L. R. Moore.

field, Charlotte Co.; safeguard, 58; Saturday; H. C. Trynor.

Cambridge, Queens Co.; Johnston, 62; Saturday; George S. Wilson.

Dalhousie, Dalhousie, 64; Monday; G. Haddow.

Baie Verte; Baie Verte, 65; Wednesday; R. Goodwin.

Dover, West Co.; ver. 70; Saturday; Alfred E. Steeves.

Carleton, St. John; Granite Rock, 77; Tuesday; John C. Thomas.

Derby, North Co.; Nelson, Monday; J. Betts 99.

Douglstown, North Co.; Caledonia, 126; Tuesday; J. Henderson.

Collina Corner, Kings Co.; Collina, 129; Thursday; Jacob I. Keirstead.

Upper Gagetown, Queens Co.; Oxford, 130; Saturday; A. E. Crothers.

Benton, Carleton Co.; Garibaldi, 151; A. F. Campbell.

St. Martins St. John Co. St. Martins, 164; Tuesday; Frank L. Mosher.

Moncton; Moncton, 183; Monday; F. W. Steeves.

Douglas, York Co.; Dunphy's W. O. Farmers 190; Saturday; Arthur W. Ross.

Salisbury, West Co. Crystal Stream, 191; Monday; S. A. Hoistead.

South Bay, St. John Co. Lime Rock, 207; Monday; Wm. Roxborough.

Milford, St. John Co.; Everett, 238; Tuesday; Geo. H. Waring.

Mcra ton; Intercolonial, 243; Friday; Miss Vena Fawcett.

Victoria Mills, West Co.; Victoria, 245; Thursday; A. J. Main.

Baillie, St. James, Char. Co.; Baillie, 248; Wednesday; Fred H. Mann.

Weldford, Kent Co.; Harcourt, 249; Saturday; H. Wathen.

Portland; Valley, 250; Tuesday; J. Fowler.

Butternut Ridge, Kings Co.; Havelock 251; Friday; E. Keith.

Petitcodiac, West Co.; Petitcodiac, 252; Tuesday; D. A. Jonah.

Lewis Mountain, West Co.; Sunnyside, 253; Saturday; John Lounsbury.

Millstream, Kings Co. Britannia, 255; Saturday; C. W. Weyman.

Little Ridge, Char. Co.; Spreading Oak, 256; Tuesday; A. F. Matheson.

Fredericton; Landdown, 257; Thursday; H. H. Pitts.

River Charlo, Rest. Co.; Charlo, 259; Thursday; J. H. Galbraith.

Steeves' Mountain, West Co.; Mountain Rose 260; Saturday; R. Lutz, Jr.

Frampton, King's Co.; Spring, 262; Monday; C. Barnes.

Pomroy Ridge, Char. Co.; Mayflower, 263; Thursday; W. Moulton.

Scotch Ridge, Char. Co.; Iona, 264; Wednesday; D. M. Sinclair.

Oak Hill, Char. Co.; Oak, 265; Thursday; Harry E. Grimmer.

Tower Hill, Char. Co.; Wills, 266; Saturday; S. S. Smith.

2d Falls, St. George Char. Co.; Stewart, 269; Saturday; A. Sherwood.

St. George, Char. Co.; Red Granite, 270; Saturday; Chas. Johnson.

Penobscus, King's Co.; Cardwell, 271; Wednesday; Oscar Stevens.

Hampton Village, King's Co.; Hampton, 273; Tuesday; Chas. Frost.

St. John, 102 King Street; Gordon Division No. 275; Monday; Robert Maxwell.

Eagle Settlement West'd Co.; Twilight 267; Tuesday; G. A. Taylor.

Salisbury, Westmoreland Co.; Middleton, 277; Friday; Jas. Henry.

Healthland, Charlotte Co.; Rising Sun, 278; Tuesday; Julius Powers.

Goshen Corner, Albert Co.; Star of Hope, 279; Saturday; H. D. Stevens.

St. Mary's Kent Co.; Rosefield, 280; Saturday; W. Vincent.

Elgin, Albe Co.; Elgin, 281; Saturday; W. P. Robinson.

Whites Cove, Grand Lake; Grand Lake, 283; Friday; H. E. White.

Stonehaven, Gloucester Co.; Gloucester Division 284; Tuesday; N. R. Ritchie.

Lewisville, Moncton; Lewisville, 285; Tuesday; A. McN. Russell.

Port Elgin, West Co.; Fort Moncton, 286; Tuesday; C. H. Goodwin.

Centreville, Kings Co.; Centreville, 287; Saturday; C. R. Folkins.

Waterford, K. C.; Essex Division 288; Saturday; E. M. Flewelling.

Dubec, Carleton Co.; Centenary, 289; Thursday; Wm. V. Benn.

Waterville, Carleton Co.; Waterville, 293; Saturday; J. T. Fletcher.

Bath Carleton Co.; Ray of Hope, 294; Friday; W. D. Keith.

Lower Coverdale, Albert Co.; Coverdale 295; Tuesday; F. A. Steeves.

Canterbury, York Co.; Dunferm, 296; Saturday; John W. Scott.

River Louison, Restigouche Co.; Louison, 297; Friday; Donald Stewart.

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Morcambe, P. O. Kings Co.; Rising Star, 303; Wednesday; Martin Freeze.

Scotch Settlement, Westmorland Co.; McCarthy 304; Wednesday; David H. Murray.

Upper Millstream, Kings Co.; Millstream, 305; Monday; Zebulon Gaunce.

Gibson, York Co.; Gibson, 306; Friday; J. H