

Children Cry for Fletcher's

CASTORIA

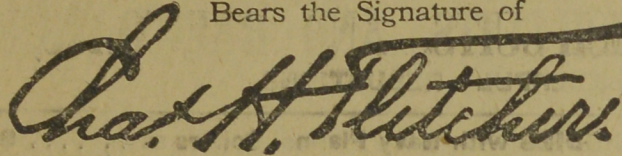
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

This Space is Reserved for
STERLING LINT

The North Devon Cafe

NEWSPAPER ADVERTISING IS THE BEST

ALL THE BEST AUTHORITIES AGREE that the most profitable form of advertising is through the daily newspapers. People who have goods to sell must get the fact to the public the quickest and surest way. Local advertisers show their confidence in the Mail and we have every reason to boast that our advertising service is reliable and valuable. A word to the wise.

DENTISTS, ETC.

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DENTIST

FREDERICTON N. B.

OFFICE AT RESIDENCE

Opp. Victoria Hospital.
Telephone 349-41

DR. GERRARD,

DENTIST

571 KING STREET, FREDERICTON

PHONES:

Office 574. Residence 796

W. J. IRVINE,
DENTAL SURGEONOpp. Soldiers' Barracks and Next
Door to Bank of N. S. Building,
Queen Street.OFFICE HOURS—10 a. m. to 1 p. m.
2 p. m. to 5 p. m.
Phone 338-11DR. G. R. LISTER,
DENTISTTel. 232-41, Burchill-Wilkinson Bldg.
Queen Street, Below Regent.J. A. M'ADAM,
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BEST & MOST MODERN FUNERAL
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B. HOWARD YOUNG, Proprietor.
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Good accommodation and service.
Coach and Auto Service to all trains
and oaths. Stable in connection.

CLOTHES CLEANED

PRESSED AND REPAIRED.
For Ladies and Gentlemen.

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N. B. TELEPHONE BUILDING,
GAGETOWN, N. B.We are now fully established at 607
Queen St. where we are ready to
attend to business.

WE BUY AND SELL

SECOND HAND
FURNITURECLOTHING, BOOTS AND SHOES,
ETC. Give us a Call.

Uncle Sam Exchange

Phone 284-31 Grievs Bldg.

NEWS AGENTS IN CITY.

THE DAILY MAIL IS ON SALE
In the City of Fredericton at the
places of business of the follow-
ing:

D. LENIHAN, 522 King St.
D. H. CROWLEY, 612 Queen St.
MISS QUINN, 147 Westmorland
St.
ALONZO STAPLES, 100 York St.
E. A. EARDLEY, 704 King St.
A. J. HANLON, 83 Regent Street.

For FIRE INSURANCE

—: Call on —:

DAVID W. OLTS

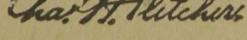
Insurance and Real Estate

604 Queen St. Phone 689

CASTORIA

For Infants and Children

In Use For Over 30 Years

Always bears
the Signature of

OF INTEREST TO
WOMEN

TRAY SAVES WEARY FEET.

An authority on household matters has said that the usefulness of a tray in your house will depend entirely on the intelligence of the person who uses it. Often the housewife who does her own work intelligently can save as much as half an hour a day by the thoughtful use of trays in clearing off the table, setting it, getting things from pantry and ice box and ven in going through that daily task of putting rooms to rights. There are always things upstairs that belong downstairs. There are glasses and dishes, books and vases. If a tray is placed conveniently on a table in the hall when you are doing your upstairs work all these things may be placed on it and a single trip downstairs does the work.

But you must be one of those who would rather use your brain than your legs and arms. Frankly, a great many women find it fatiguing to do this. Housewives do not always realize this in training new maids. To the intelligent housewife it is infinitely easier to set the table by assembling everything needed for it in kitchen and pantry and taking it in at once than to go in with various objects as they occur to her. But a good many maids would much rather spend more time at the task and do it the old way.

Sometimes, of course, we get out of the habit of using our heads in housework. We go about with stupid thoughtless steps, just because we have seen other people do housework that way. And then we complain because it is such brainless work. If we put more brains into it we could do it much more quickly and with less fatigue.

The tray is certainly a time-saver in clearing away a table after the meal is over. But good form prohibits the use of a tray in waiting on table. In restaurants, to be sure, waiters bring their orders to the dining room on trays, but these trays are deposited on stands or serving tables. In the home, however, the tray should never come further than the pantry when a meal is to be served in good form.

USE MILK FOR THIS.

If you will wash your leather chair in milk it will make it like new. Go over it but once, as more will make it look white.

TO REMOVE SCORCH MARKS.

When clothes are scorched, remove stain by placing the garment where sun can shine on it.

CHARCOAL KILLS ODORS.

Put a small piece of charcoal in the pot when boiling cabbage—prevents unpleasant odor.

MARKING A HEM.

In marking wide hems which are to be put in by hand run the material through unthreaded machine, with the gage set for the desired width. Then crease on the line of needle-marks.

HOT CLOTHS IN STEAMER.

When hot appliances are being used, it is a great saver of time and hands to heat cloths in a steamer. They can be easily handled while extremely hot.

TO NOWHERE.

Along the road to Nowhere upon a summer day
When honeysuckle fills the air and
roses line the way
Then sign posts matter not a bit and
all the earth is gay.

The sandy path is snow white and
oh the grass is green
There's added zest in pressing on
the joy of life is keen;
And Nowhere is a good goal through
many miles between.

The may lead to Nowhere perhaps
'tis better so,
To wander free for just a while and
ramble to and fro;
And not be bound by rigid paths
when summer breezes blow.

HENRY F. PRINGLE.

"Dr. Simon Louis Katsoff of New York declares that kisses are dangerous only when cold." This is a warning against kissing the little dog's cold nose.

With lie detectors and a new anesthetic to make people tell the truth a liar hasn't much chance any more.

"People get by with a lot of meanness," remarked the Man on the Car, "on the strength of being just human."

FAVORABLE
CROP REPORTS

Prairie Provinces.

Edmonton District—Conditions very favorable; sufficient moisture and no damage of any kind reported. Calgary District—Crop making excellent progress. Considerable danger from grasshoppers in some parts, but these are being combatted. Lethbridge District—Conditions excellent South and East (on Stirling-Weyburn line). Elsewhere rain needed. Damage by cutworms at Lomond, Redlaw, Bow Island and Foremost. Unfavorable report from Redlaw and Sundial. Regina District—All grains making strong growth under ideal conditions. Grasshoppers in South, but no damage and precautions taken. Saskatoon District—Wheat uniformly good. All grains growing rapidly with indication heavy wheat and oat crop. Winnipeg District—Conditions continue excellent. Generous rains and prospects good.

Province of Quebec.

Reports generally indicate that while recent rains have greatly improved growing crops, more moisture is badly needed. Hay prospects poor, indications pointing to a 50 per cent crop. Grass pasture sorely in need of rain. Fruit prospects only fair.

Province of Ontario.

Weather conditions this month have been very favourable to growing crops which, as a whole have made excellent progress and the general outlook is most favourable. Recent rains have been very beneficial. Fall wheat is headed out in some districts average yield expected. Other grains satisfactory. Roots of all kinds doing well. Small fruits plentiful. Other fruits promise good yield. Hay is light in places, but fair yield is assured. Cutting now in operation. Tobacco, growing conditions excellent.

Maritime Provinces.

Lack of rain has retarded crops in all districts and rain is needed in practically all sections. Hay is expected to be light. Fruit prospects continue fairly favourable. In Prince Edward Island general conditions are good. A fair hay crop is expected. Grass pasture improving owing to recent rains.

Province of British Columbia.
Weather continues favourable with heavy rains more or less general. Field crops very satisfactory. Hay particularly heavy in all districts. Roots progressing favourably. With acreage below average 80 per cent yield predicted. Tomatoes and vegetables looking well. Tree fruits are passing through heavy June drop, but reports from Okanagan estimate apples and pears will equal crop of 1919. Stone fruits not as heavy as early set indicated. Berries abundant. Cherries below average. Pasturage excellent.

Have You Tried

"SALADA"
TEA

(BROWN LABEL)

Your Grocer sells it

for **55c** per pound.

MOTOR BUS SERVICE

We have just imported a 15 Passenger Motor Bus. For a limited time only, to introduce this service to the citizens of Fredericton, we are prepared to accept orders as follows:-

Sight Seeing Parties - \$5.00 per hour

Private Picnics \$5.00 per hour, with a small charge while Bus is idle.

Trips to Marysville, 50 cts. per person for not less than ten persons.

Sunday Orders not taken.

Phillips & Pringle, Ltd.

DIMMING OF LIGHTS IS BEING
DISREGARDED.

(St. John Times.)

Despite the fact that there is a heavy penalty for motorists who refuse to dim their lights when passing another car on the roads at night, and some offenders have been fined recently, there are still some who refuse to obey the law and consequently endanger the lives of the occupants of the passing vehicle. On Thursday evening on the Gondola Point road, a driver refused to dim his lights while passing another car, although

the other motorist accorded him the courtesy of a clear road and dim lights. As a result the man who obeyed the law narrowly escaped running into a deep ditch. Unfortunately he was unable to obtain the number of the offender, or the affair might have had a sequel which would have been painful to the lawbreaker's pocketbook.

The owner of a horse has just been fined, in this day and age, for fast driving. It happened in Philadelphia. The oldest home brew is trouble. This year it has not been hot weather that has made men devilish.

What other cereal food
offers as much nourishing
value as
Grape-Nuts
when eaten with good milk or cream

Consider the sustaining quality
of each dish of this prime wheat and
malted barley food, and you will
have the answer.

A ready-cooked cereal so palatable
that you will want to eat it again
and again.

"There's a Reason"

Grape-Nuts is sold
by grocers everywhere!

Made by Canadian Postum Cereal Co. Ltd.
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