

WOLGAST WON FROM NELSON IN TEN ROUNDS

Milwaukee, Wis., Oct. 13.—Ad Wolgast of Cadillac, Mich., defeated Battling Nelson of Hegewisch, Ill., in a ten-round no-decision boxing contest here tonight.

Wolgast had the better of eight of the ten rounds, while two were even.

Electric Restorer for Men
Phosphonol restores every nerve in the body to its proper tension; restores vim and vitality. Premature decay and all sexual weakness averted at once. Phosphonol will make you a new man. Price \$3 a box, or two for \$5. Mailed to any address. The Scobell Drug Co., St. Catharines, Ont.

Sold in Fredericton by A. J. Ryan.

ART OF GROWING TALL

You May Easily Increase Your Height by This Process

Not a little envy must have been created in the minds of those who lack stature, and who aspire to greater physical height than that with which nature has endowed them, by the recent announcement that there is a man living who can add several inches to his height in the course of a few minutes. Such extraordinary growing powers are, of course, unique; but, at the same time, it is possible, without artificial aids, but by merely indulging in certain exercises, to add appreciably to one's height, even after what is popularly known as the "stop growing" period has been passed.

It should be mentioned, however, that exercises are scarcely likely to be beneficial after one has passed thirty years of age, for at that time the bones and cartilages have been so thoroughly matured that it is practically impossible to affect them. The following exercise, however, is often indulged in by army men, and if systematically carried on is said to give a man an extra inch in height.

The main exercise consists in standing, back to wall, until you are just as erect as possible. Then take two paces forward away from the wall, letting the arms hang by the sides with palms outward, and slowly raise the arms above the head until the fingers meet, taking care not to bend the arms in the least, and keeping the palms outward; then lower the arms. By doing this exercise thirty times in the morning and thirty times at night every day for a month or so, one seldom fails to add at least half an inch to the height, and it has been known to give a man even an inch and a half.

There are also certain simple rules which, if carried out, add considerably to one's height. There is the old habit of stooping, for instance. Nearly everyone stoops a little, and if we would only endeavor, as far as possible, to prevent this habit, we should not only look taller but feel taller.

Endeavor to sit up perfectly straight at all times, and stand up perfectly straight. It is not easy at first, particularly when one follows a sedentary occupation. In fact, one is rather apt to feel uncomfortable, but by quiet persistence it will be found quite as easy in a short time to walk and sit perfectly upright as it is to stoop.

If you wish to relax when sitting, don't get into an easy chair and bend over or sag down into a lazy position. Always rest in a chair by leaning back, no matter how far, but never bend forward to rest or talk or read.

Our Imported Hides

Horse skins come chiefly from Russia; India is the chief contributor of buffalo hides, though small quantities come from the Straits Settlements, and the Dutch East Indies, and occasionally from Siam and Egypt. Kangaroo skins, of course, originate in Australia.

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Clean, Simple, No Chance of Mistakes. TRY IT! Send for Free Color Card and Booklet. The Johnson-Richardson Co., Limited, - Montreal

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COAL AND WOOD

PHONE 413

GREATEST HEADACHE CURE IN THE WORLD

Tortures of Chronic Dyspepsia Cured By "Fruit-a-tives"

SHANLEY, ONT., SEPT. 23 rd. 1910
"You certainly have the greatest Headache Cure in the world. Before 'Fruit-a-tives' came before the public, I suffered tortures from Headaches caused by Stomach Disorders."

One of your travellers called on me when I had one of my raging Headaches and had my head almost raw from external applications. He insisted on my trying "Fruit-a-tives".

I did so with what I would call amazing results. They completely cured me and since then (nearly six years ago) it is only necessary for me to take one occasionally to preserve me in my present good health."

WM. PITT.

Dealers everywhere have "Fruit-a-tives" at 50c a box, 6 for \$2.50—trial size, 25c or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

TORONTO'S SITE ONCE UNDER WATER

This Was Eight Thousand Years Ago
—Winters Growing Colder and Summers Warmer

The greater part of what is now the city of Toronto was once covered with water, if we may believe the statement of an eminent scientist, Dr. A. P. Coleman who deals with the subject in a volume issued by the Canadian Institute. The high ground in the northern part of the city formed the shore of the old glacial Lake Troquois, which is known, only by name, having been taken off the map some eight thousand years ago. In Rosedale, now a district of artistic homes, mammoth and caribou once wandered, and at a more distant period fresh water molluscs abounded in the water that spread over even this area, now several hundred feet above the level of Lake Ontario.

With the gradual wearing away of the vast forests, says the chapter containing Mr. R. F. Stupart's report of the weather of the Toronto district, climatic conditions have slightly changed, winters being colder than in the early days of settlement, autumns and summers warmer, but with the springs practically the same. Spring now lasts from March 10 to May 20; summer from May 21 to September 10; autumn from September 11 to November 25; and winter from November 26 to March 9.

During the 73 years of observations taken at the Meteorological Institute there, the mean annual temperature has been found to be 44.4 degrees, being, according to the seasons 23.4 in winter, 41 in spring, 65.8 in summer, and 47.5 in autumn. The heat record was broken in July, 1911, with a temperature on six consecutive days of 98, 101, 103, 97, 95 and 92. February, 1875, was the coldest month on record, with an absolute minimum of 16 degrees below zero. The downward curve of the temperature curve is stated to be gradual during the autumn, not reaching 50 degrees until October 7, and dropping to the freezing point on or about November 25. The coldest part of winter centres about February 4, but from this approximate date the curve ascends first slowly and then more rapidly, crossing the freezing-point in the direction of warmth on March 26.

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◆ One hundred cents make one dollar.
◆ Yet when you spend your dollar how efficient is it? Do you get 60c., 80c. or 100c. worth?
◆ The answer is squarely up to you. It depends upon your method of spending.
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◆ If you are not already a careful reader of Mail ads begin today and be one.

CLASSIFIED

When Answering Advertisements, Mention "The Daily Mail"

Wanted

WANTED—Boys and girls to sell novelties just honest and ardent who wish to earn from \$8.00 to \$12.00 per week. Write O. D. Ferdinand Co., 738 Norwood Blvd. Edmonton, Alta.
531-d 3 mos.

WANTED—Girl for general housework. Apply at once to
MRS. GEO. W. HODGE,
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WANTED.—Maid for general housework, no washing. Apply in evening or telephone 1320-11 to
MRS. H. V. B. BRIDGES,
737 George Street.

368—lins.

MALE—Earn \$15 weekly for few ours' work; mailing circulars for Large Mail Order House. Supplies furnished free. Men wanted everywhere.
NATIONAL SUPPLY CO.,
Windsor, Ont.

To Let

TO LET—Brick dwelling house on Queen street, directly opposite the Palms. Will be fitted up to suit desirable tenant. Apply to GEO., H. HODGE.
362—tf.

Property for Sale

The subscriber offers for sale the two storey brick building on Queen street, opposite the Queen Hotel and now occupied by the Fredericton and Grand Lake Railway Company. It is well adapted for offices, containing four well lighted rooms, two vaults, lavatory, etc. The lot is freehold and the building is in good repair. For particulars apply to
W. T. WHITEHEAD,
Fredericton, Sept. 29, 1913
356—2 weeks.

ADVERTISE IN THE MAIL

STEAMER

Hampstead

will leave GAGE TOWN every morning (except Sunday) at 6 a. m. for FREDERICTON stopping at all points along the river
On and after October 1st, Steamer will leave Fredericton at 3 o'clock in the afternoon.

McCLUSKEY can give you

2 Cans Salmon - 25c.
2 " Tomatoes - 25c.
2 " May Flour Milk 25c.
3 " Clams - 25c.
3 " Duck/Cleaner 25c.
3 pkgs Corn Stock 25c.
3 " Corn Flakes 25c.
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3 " Soda Biscuits 25c.
3 " Pulverized Sugar 25c.
PHONE 365-11.

WASHINGTON'S CAFE

YORK STREET

OUR 35 cent DINNERS are Unexcelled in the City.

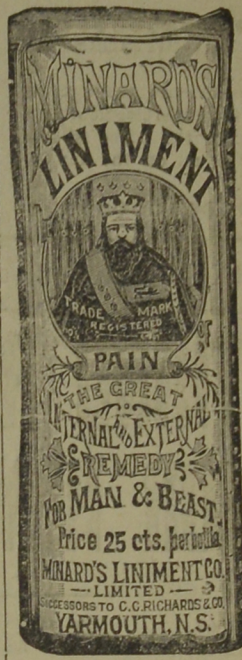
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We have a fine stock of wedding stationery on hand and are prepared to execute all orders promptly. Send in your orders for invitations or announcements.

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The International Railway

Uniting Campbellton at the head of navigation on Bay Chaleur with the St. John River Valley at St. Leonards and connecting the Intercolonial and Canadian Pacific Railway systems.

Summer Time Table Summary Commencing Monday, June 9

GOING WEST

Express trains leaves Campbellton daily (except Sunday) at 8.00 a. m. for St. Leonards and intermediate stations, due at St. Leonards at 12.30 p. m.

GOING EAST

Express train leaves St. Leonards daily (except Sunday) at 4.45 p. m. after arrival of C. P. R. express from St. John, Vancouber, etc., due at Campbellton at 9.15 p. m.

And in addition to above and to the ordinary freight trains, there is also a regular ACCOMMODATION TRAIN carrying passengers and freight, running each way on alternate days as follows, viz.: Going West—Leaves Campbellton at 8.30 a. m. for St. Leonards and intermediate stations, Monday, Wednesday and Friday, due at St. Leonards at 4.10 p. m.

Going East—Leaving St. Leonards at 8.00 a. m. for Campbellton, etc., Tuesday, Thursday and Saturday, due at Campbellton at 4.15 p. m.

Governed by Atlantic standard Time. See local time tables and for full information regarding connections, etc., apply to R. Humphrey, freight and passenger agent, 55 Canterbury Street, St. John.

E. H. ANDERSON, Manager.
A. A. ANDREW, Traffic Mgr.
THOMAS MACCOLM, Gen. Mgr.
Campbellton, N. B.

CANADIAN PACIFIC

Rates from Fredericton
EXCURSIONS TO
BOSTON
\$11.20

Tickets on sale Daily Sep. 20 to Oct 18
Good for thirty Days from Date of Issue.

BAY OF FUNDY S. S. SERVICE
After Saturday, Oct 11th, Steamer St. George will be withdrawn. Service will be performed by SS. Yarmouth, leaving St. John 7.00 a. m. Returning leave Digby at 2.00 p. m. daily except Sunday.

General Change of Time
OCTOBER
19th

W.B. HOWARD, D.P.A., C.P.R.
ST. JOHN, N. B.

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UNDER NEW MANAGEMENT
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Corner Westmorland, centrally located; coach in attendance at all trains and boats. Rates \$1.25 to \$1.50 per day; permanent and Transient. Phone connections. THOROUGHLY RENOVATED.
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We have on hand a splendid stock of Gerhard Heintzman, Bell and Gourley Pianos and Piano Players. These Makes are recognized as the Standard Pianos of Canada. If you think of purchasing a Piano it will pay you to call and see our stock and prices and our easy terms of payment. We Employ No Agents but give the large commission paid agents to the Buyer. If you cannot call and see our Pianos, write us for particulars. Special prices this month as it closes the largest year's business we have ever done in thirty five years.

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