

MOST NORTHERN TRIBES

These Indians Live Entirely on Moose Meat

A band of Indians comes from Fort Good Hope on the McKenzie River every summer to the Yukon slope of the Rockies. There is also a band comes from Fort McPherson. These are the two most northern tribes of Indians on the American continent. They come over the mountains in about forty "sleeps," that is, according to their own way of reckoning forty days, and their object is to kill moose and dry the meat for their winter's food. These Indians live on moose meat exclusively. They do not use flour or grain of any kind, nothing but boiled moose meat.

Physically, morally and mentally the "Good Hope" Indians are very much superior to the coast or plains Indians. They resemble the Japanese very much, not only in their size and build, but also in their peculiar almond-shaped eyes. They are very strong and sturdy and are as honest as it is possible for any human beings to be. They never quarrel among themselves and will not barter or trade in anything without the consent of their Chief.

In One Trip

A prominent farmer brought a thousand bushels of grain to a Saskatchewan town in one trip. The motive power was supplied by a "Big 4" traction engine, which stalked majestically into the town with eight retainers in the shape of wagons heavily laden with grain.

HIS FLESH HORRIBLY BURNT

His druggist sold him a cheap acid corn cure; what he should have bought was Putnam's Corn Extractor it's purely vegetable and acts in 24 hours. Insist on only "Putnam's Extractor," 25c. at all dealers. Get a 10-cent box now.

Pulling Against Handicaps

The average man has about all he can do to get ahead without bucking the setbacks to mind and body from

Tea and Coffee Drinking

Tea and coffee are not foods. Anything not a food which is taken into the system makes the eliminative processes work overtime to throw it off. Often the unprofitable thing when taken regularly, accumulates faster than it can be eliminated, and becomes a destroyer.

Besides, tea and coffee contain caffeine, a subtle, poisonous drug—from 1½ to 3 grains to the cup. It is well known that caffeine frequently causes heart trouble, nervousness sleeplessness and biliousness—serious handicaps to progress and comfort.

If something is hindering your efforts, try the simple test of leaving off tea and coffee ten days and using Postum.

If after a few days you begin to feel better—sleep well nerves steady up and brain gets clear, you will know how to avoid that kind of trouble.

Postum, made only of prime wheat and a small percent of New Orleans molasses, is a pure food-drink—wholesome, nourishing and delicious. It is absolutely free from caffeine or any other drug.

Postum now comes in two forms.

Regular Postum—must be well boiled to bring out its delicious flavour and food value.

Instant Postum—(the new form) is a soluble powder. A teaspoonful stirred in a cup of hot water, with the addition of cream and sugar makes a delicious beverage instantly.

There's a Reason
for

POSTUM

Sold by grocers everywhere.

Canadian Postum Cereal Co. Ltd. Windsor, Ont.

WAS TROUBLED WITH Weak and Dizzy Spells.

Heart Would Beat Something Awful.

Those feelings of weakness, those dizzy spells which come over people from time to time, are warnings that must not go unheeded.

They indicate an extremely weakened condition of the heart and a disordered state of the nerves. One dizzy spell may pass off, but eventually they will come frequently, and at the same time more serious.

Those who are wise will start taking Milburn's Heart and Nerve Pills before their case becomes hopeless, for they have no equal for restoring the heart to its usual strength, and making the nerves firm and steady.

Mrs. Len. Kinney, Moose Mountain, N.B., writes:—"I was troubled with weak and dizzy spells, and my heart would beat something awful. I got so I had those spells every day. I got so I would try one medicine, and then another, but nothing did me any good until I got Milburn's Heart and Nerve Pills. I can safely say they did me more good than anything I ever took, for I feel like a very different woman. My friends often ask me what I have been taking, and I always say 'Milburn's Heart and Nerve Pills.' I tell all my friends who say their heart troubles them, to take your pills."

Price, 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Halibut in the Pacific

The halibut of British Columbia have an enviable reputation, for they are less over-grown and of finer texture than the Icelandic and North Sea fish; a length of five to six feet and weight of 250 pounds is exceptional for the British Columbia halibut. The waters between Queen Charlotte Island and the mainland, especially off Rhode Spit, and off west shore of Banks Island, were at one time veritably overcrowded with halibut. Very large fish were often taken then, some weighing 150 pounds, but the general weight now is only from 25 to 60 pounds.

MANITOBA METHODS WON FOR MONTAGUE

Winnipeg, Nov. 30—Hon. Dr. Montague, newly chosen as Minister of Public Works in the Roblin Government, was elected in the Provincial bye-election in Kildonan and St. Andrew's over A. R. Bredin, the Opposition candidate, with three outlying polls to hear from, the results from which cannot get in for two or three days. Montague's majority stands at 370. At the last general election Dr. Grahn, Government candidate, had a majority of 88 over Bredin. The election was comparatively quiet, and owing to the wretched state of the roads great difficulty was experienced in getting out the vote.

FOREIGN VOTE LARGELY RESPONSIBLE

An analysis of the vote shows that the new Minister's big majority came almost together from the foreign settlements, and especially those in which the Ruthenians predominate. In Selkirk, where the St. Peter's Reserve question was the subject of the most barefaced bribery on the part of St. Redmond Roblin, who promised a settlement with the Dominion Government if Montague was returned, the latter's majority of 110 was just 45 more than Dr. Grahn's majority at last election. Kildonan, on both sides of the Red River, the home of the old Red River settlers, again gave Bredin a handsome majority.

"MONTAGUE BOUGHT DRINKS" Government workers and official who had been more or less circumspect in the use of liquor during most of the

campaign, apparently through fear induced by disclosures in Gimli and Macdonald, broke loose in Selkirk on Friday. Throughout the afternoon and night until the bars were closed the name "Montague" spoken to a bartender was sufficient pay for all drinks a man could hold. Well-known Government workers from both Winnipeg and Selkirk flourished rolls of bills and bought whiskey for everyone who would drink. The bars were filled with a drunken crowd, and "three cheers" for "Montague" was all that was needed to get another drink all around. Almost all of the men in the bars were foreigners and half-breeds. At a liquor store near the hotels bottles of liquor of all kinds were given away all day, and several carloads were driven away to different parts of the constituency.

DROWNING DUE TO ELECTION BOOZE

One death by drowning was directly traceable to free election booze. Alfred Flett, a halfbreed, aged twenty seven, living near Lockport, was in Selkirk all Friday afternoon, and was badly under the influence of liquor when he started for home late at night. He carried more with him and reached home all right, but early in the morning, still under the influence, he attempted to cross the river on the ice to his brother's house, and went through. The body was recovered shortly afterwards. He was seen several times among the crowd of revellers getting free drinks during the afternoon and evening.

CHOCOLATE KING RULED ANTICOSTI

Henri Menier Accomplished Wonders in Developing His Island Kingdom

When Henri Menier, the French chocolate king died in Paris, there passed away a man who was more of an absolute sovereign over a large territory than eighteen or twenty of the rulers of Europe. Yet he was never crowned as king nor elected as chief executive. He simply owned the beautiful island of Anticosti in the Gulf of St. Lawrence, 140 miles long and 27 miles wide, which he bought outright in 1896 from the Island of Anticosti Company, Limited, of London. Menier passed over his \$160,000 and for it secured the title to the entire island, carrying with it the right to do there whatever he pleased and how and when he pleased.

Menier planned improvements on a stupendous scale. First it was to be a mammoth game preserve. The island wilderness swarmed with red deer, caribou, brown bear, and red fox. He would make it the hunter's paradise. But later his enthusiasm waned somewhat, for he found that while a visit to Anticosti was declared to be just the right thing on the boulevards, when it came to taking the trip most of his companions balked at the eleventh hour.

The industrial possibilities then dawned upon Menier. The adjacent waters were full of cod, herring, mackerel, sea trout, and salmon. And the lobsters were the best in the world. And the woods were full of fur-bearing animals that would bring the highest prices. Menier would start in making more money to add to the many millions he had.

To carry on the proposed industries it was necessary to colonize. Menier induced hundreds of families to emigrate to the island direct from France. Then he added a number of French families from the Gaspé district of Quebec. Finally, he let in some English and Scotch families, although he did this reluctantly, because the supply of French colonists was not sufficient to carry on the work planned. He could not help showing his French partiality, however.

Menier built a magnificent mansion of an architectural style commingling with the wild scene. It was a wilderness palace. He drew the plans himself down to the smallest detail. One oddity of his in connection with the interior work was that all parts of wood and iron should be screwed down. Not a nail or rivet was used. When all was completed, the Frenchman gave a house-warming that lingered in the memory of those attending it as the greatest affair of its kind ever extended.

Before his death the ruler of Anticosti constructed magnificent roads through the forests, that, because of their adaptation to the many scenic beauties were declared highway marvels. He built many houses and erected plants for the various industries he fostered that have no equal elsewhere. The lobster packing industry became one of the greatest in the world.

Menier achieved distinction in many walks of life. He was an energetic Arctic explorer and planned always to have his island a depot and fitting out place for expeditions to the frozen north. He was a photographer of rare ability and an expert and daring yachtsman. His great fortune had been made in chocolate. Distinguished as he was in many ways, and honored by his country, his most striking accomplishment was the ruling and development of his island kingdom, the wilderness of Anticosti.



The Original and Only Genuin

Sold on the Merits of Minard's Liniment Beware Of Imitations

A DECK OF CARDS

The Four Suits Originally Represented Classes of People

Quite apart from their use in various games, playing cards are an interesting study from historical and pictorial points of view. Take first their numerical arrangement. Fifty-two cards, 365 pips or dots, and 13 tricks, representing the weeks and days in the year and the lunar months. There are four suits, representing four classes of people as they were divided at the time the pack of cards we now use was devised by the French. The "spades" stood for pikemen or soldiers, the "clubs" for clover, typifying farmers, the "diamonds" for building tiles, representing artisans, and the "hearts" for choirmen or ecclesiastics. The "kings" and "queens" at that time were more or less correct likenesses of certain royal and noble personages. Even in our modern packs it is said that one of the "queens" is a conventionalized portrait of Elizabeth of York, who was engaged to the Dauphin of France. The "knave" were then the King's jesters, and even these cards may be portraits. All the court cards, in fact, retain their 16-century characteristics. Cards are amongst the few things that have not changed with the centuries.

LESS BOWEL TROUBLE IN FREDERICTON

Fredericton people have found out that A SINGLE DOSE of simple buckthorn bark, glycerine, etc., as compounded in Adler-I-Ka, the German bowel and stomach remedy, relieves constipation, sour stomach or gas on the stomach INSTANTLY. This simple mixture became famous by curing appendicitis and it draws off a surprising amount of old foul matter from the body. It is wonderful how QUICKLY it helps. Geo. Y. Dibblee.

Canada raises over two hundred million bushels of wheat annually of which the home market takes about one quarter. Yet in England Canadian flour is sold cheaper than it is in Canada.

Wm. C. Burt

F'ton. N. B.

AUTOMOBILE, MOTOR BOAT, AND BICYCLE REPAIRS. AGENT FOR TUDHOPE AUTOMOBILES, "THE CAR AHEAD". PERFECT BICYCLES, COLUMBIA BATTERIES

New Flowers for Evening Wear

Roses and Lillies of the Valley
Orchids and Lillies of the Valley
Orchids and Violets
Roses in all shades - - Violets at all prices
Fancy hair bands, ospreys and fancy feathers for the hair.
Trimmed hats at all prices

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Queen Street . . . Opposite Soldier's Barracks.

HAIR GOODS

Pearl and Brilliant Bandeaux and Ornaments for the hair.
Boudoir and Evening Caps.
Roses, Violets and Fancy Ribbons.

The Misses Young

476 Queen Street

We must have room for new goods arriving, so will put the knife into our new TRIMMED HATS, which we will throw away profit to effect quick sales. All this line is marked down to price which goods cannot be made for. Come early and make your choice This Saturday we will make a Special of

Talcum Powder	9c per can.
Glass Towels, one yard square,	13c. each
Barrets	9c each
300 yard Cotton Reels	5 each
50 yard Black and Colored Sewing Silk	4c. each

: Williams' Specialty Store :

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In choosing and using a soap for your "Little Fairy" you will find no soap so mild, so neutral, so agreeable to tender skins as FAIRY SOAP.

Being made from products that you could eat, FAIRY SOAP agrees with even the tender skin of a babe.

FAIRY SOAP

is white—pure—floating. It comes in a handy oval cake. We could charge you five times the price asked for FAIRY SOAP and we could add nothing to its quality.

In higher-priced soaps you are paying for high-priced perfume and fancy wrappers—not better soap.

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THE N. K. FAIRBANK COMPANY
Montreal

"Have you a little 'Fairy' in your home?"