

You'll Sleep More Soundly If You Keep Healthy With Dr. Morse's Indian Root Pills



Insomnia goes with
Indigestion.

The man or woman with a good appetite, sound digestion, and bowels and kidneys working right, is never troubled much with sleeplessness. It is when the bowels become constipated and the liver and kidneys sluggish that the trouble begins.

Lazy liver and constipated bowels quickly bring on biliousness, indigestion and sick headaches, making a sound, refreshing night's sleep impossible. Or the inactive kidneys allow the blood to become loaded with uric acid, which causes rheumatism, with all its sleep-destroying tortures.

Dr. Morse's Indian Root Pills, taken regularly, induce sweet and dreamless sleep by keeping all these organs active and regular. The headaches disappear, the digestion becomes good again, the blood is purified and perfect health returns.

Dr. Morse's Indian Root Pills have been a favorite household remedy in Canada for over half a century, and they are in daily use throughout the world. Being purely vegetable they are safe for young and old. Made by W. H. Comstock Co., Ltd., Brockville, Ont., and sold by all dealers at 25c. a box.

Produces Much Mica

Canada is one of the three principal mica-producing countries of the world, the others being India and the United States. The average value of the mica produced annually in Canada during ten years was about \$185,000.

A HUGE UNDERTAKING

Before the building of the C.P.R. tunnel, five miles long, at Rogers' Pass, B.C., in connection with the double-tracking work between Calgary and Vancouver is complete, it will cost in the neighborhood of \$10,000,000. Thirty feet of boring per diem is the estimate. Sometimes railway tunnellers make as much as forty and fifty feet per day; but, again, when they strike a difficult piece of rock they are lucky if they make thirty feet in the day. It will take three years to complete the bore, from which about 250,000 cubic yards of material will be taken out by way of the pioneer tunnel. One of the features of the work, which will be of the greatest interest and value, considering that it means the piercing of the heart of a great mountain range and is on a parity with the boring of the Alps many years ago (a feat which held the world breathless), is the erection of model villages at the two portals of the tunnel at a cost of \$50,000. The floors of the houses at Glacier are to be eight feet from the ground, with bridges to connect the houses with the work. The undertaking is full of picturesque possibilities. The men will be poised in mid air, so to say. The immemorial silence of the everlasting hills will be broken by a great utilitarian organization which, although it may poetically affirm that the Olympian gods have taken up their abode in the Rockies, has its eye on the dollar. For three years out of from the world, working by shifts day and night, the mountain will be pierced bit by bit until, after 1,095 days and nights, daylight will creep through the blackness of the long passage and the tunnel will be completed. This is the biggest single feature the railway company has undertaken.

There are twin mountains that stand like sentinels to guard the city of Vancouver which are called "The Lions" for some say they resemble the recumbent lions sculptured by Landseer that stand in Trafalgar Square, London.

There are no teas so entirely and so completely satisfactory in every respect, as the Pure, Clean, Delicious Teas of "Salada" brand.

"SALADA"

Black—Green or Mixed—Sealed Packets only.

FREE samples cheerfully mailed on enquiry
Address "Salada" Montreal. E68

A Mounted Policeman Found Many of These in the Far North

One of the mounted Canadian police, who patrol great stretches of almost uninhabited land in the northwest, discovered a band of Indians, who had breweries and were making "fire water" constantly for their own use, east of the Hay River, and 600 miles from civilization. The Hay River is a thin black line running through the white terra incognita south of the Great Slave Lake.

The patrolman made a personal investigation and found a happy lot of Indians among whom "fire water" was quite as common as it used to be down in Kentucky. He found that nearly every "buck" was the proprietor of a "brewery" and that life south of the Great Slave Lake was one long and joyous spree.

A strange white man had sold the secret of making "fire water" to the Indians, and they were making a "brew" of potatoes, hops, sugar and yeast, which, when allowed to ferment, was strong enough to cause intoxication. During the warm summer months the Indians raised potatoes for this brew, but in scarcely any instance could they be persuaded to grow anything for food.

Coffee From Flgs

Ever since coffee has been a popular beverage, apparently, efforts have been made to find substitutes for it either as mere adulterants, like chicory, or for the sake of greater wholesomeness or cheapness. Rye and other grains, lupine, acorns, beets and carrots have all been thus used, but the fig coffee of Austria is a decided novelty. An excellent coffee it is claimed to be made from dried and roasted figs, which need not be of the first quality.

They are dried in the sun or in evaporating pans, according to climate and then roasted in ovens till brown or almost black and quite brittle. They are then ground up and the resultant powder is pressed into tablets. When made use of they are merely dissolved in hot water. The beverage is said to be agreeable in color and flavor with a somewhat sweeter taste than that made from chicory.

A woman's second husband gets on better than the first. She does not expect him to be noble, brave, or saintly. In fact, she has realized that no amount of talking to him will sprout wings.

In Time For Xmas

We Have Just Received the Most Magnificent Display of Fancy Waists to be Seen in the City. Dainty Styles in Silk, Crepe, Chiffon, Shadow Lure, Linen, Voile, etc., at Prices from \$1.50 to \$5.00. No Gift More Appreciated by a Lady Than a Fancy Waist. Come In and Look Around. You Will Gaze Upon Hundreds of Useful Articles Suggesting Gifts for Mother, Sister, Daughter, Wife or Sweetheart.

R. L. BLACK - York St.
"LADIES' and CHILDREN'S STORE"

Skate Grinding

BEST IN THE CITY.

SKATES REPAIRED AND PUT ON BOOTS. LET US STORE YOUR BICYCLE FOR THE WINTER.

Wm. C. Burt F'ton. N. B.

For CHRISTMAS GIFTS

Tea Aprons in Holly Boxes, 25c. to 50c. Fancy Collars in Holly Boxes, 25c. to 50c. Lace Collars, 25c. to 85c. Neck Ties in Holly Boxes, 25c. Christmas Boxes of Handkerchiefs, 25c. to \$1.00. Mufflers in Holly Boxes, 35c. to 65c. Fancy Handkerchiefs, from 3c. to 50c. each. Fur Muffs, from \$2.75 up. Fur Collars, from 50c. up. Great Christmas Bargains in Winter Millinery.

A. A. Belmore

To our Numerous Customers and the Public
We invite all to call and examine our large range of Clothes in all the latest shades. Fit Workmanship and Style cannot be surpassed.
If you get your suit made by us you will be satisfied.

WALKER BROS.,
Importing Tailors
Queen St., Fredericton, N. B.

CHRISTMAS MILLINERY

Great reductions in all trimmed hats. Special lot of hats from \$5.00 to \$7.50 to clear at \$2.50 and \$3.00
Children's headwear, widow's caps, evening caps. The latest mourning always on hand.

Miss Morgan YORK STREET

What creates more Happiness amongst the Ladies on Christmas Day than a new hat?

Select one now while the

Big Half-Price Sale is on

The Kiddie will need a nice warm Bonnet or Cap soon. Give it to them on Christmas.

Have the girls got their skating caps yet?

We have a lot of useful Christmas Novelties. Give us a call.

The Misses Young

476 Queen Street

Have you tried the New Confection

Delicious Crispettes

Made fresh every day. Nothing but Fresh Dairy Butter, Honey and Sugar used in the manufacturing of them.

Always Crisp and Nice.

Sold by all Grocers and Confectioners.

Drop a card for Sample Order to

The Enterprise Bottling Co HONE 19-11

What Progressive Farmers say about Good Roads

THE following reproduced testimonials have been selected at random from many hundreds, and show conclusively the consensus of opinion

among farmers who have good roads over which to haul their produce, and one who hasn't.

A Washington Farmer's Indorsement

Mr. Frank Ferris, addressing the Good Roads Convention at Tacoma, Washington, gave the following enthusiastic testimony in favor of good roads: "I am a cabbage grower. I haul my produce to the sewer-trunk factory at South Seattle. I had to get up at 4 o'clock in the morning to start haul with a team of 1,000 pound horses. I would arrive back at my home late in the evening. I would look at the difference now if I start on my hard surface has been laid down a permanent strip about 6 o'clock and used only a team weighing 1,400 pounds to haul a load of 5,000 pounds of cabbage. And, best of all, I find on my return to the home early in the afternoon that I have finished the day's work without the horses having turned a hair."

The surest evidence of a Satisfied, Progressive Farmer.

Mr. Joe Clark, who lives on an improved road, makes the following statement:—

"I live four miles from the city, and two miles from the school. This has been the worst winter that I have ever seen, but there hasn't been a single day that my children haven't walked to school and not a single day have they come home with wet feet. And to think, they walked down the middle of the road. Not one of them has been sick with a cold even, while heretofore my doctor bills have been more than my road tax. Talk to me about paying taxes to build roads. I am willing to pay taxes on my pack of fox hounds, my bird dogs, my chickens, my horses, and if necessary, my wife and children, if they will use it in extending roads like this all over the county. I would rather have my house and ten acres of land on this road like it is now than have my whole farm on the old road like it was before improvement."

Mr. Edward N. Hines,
Board of County Road Commissioners,
Wayne County, Detroit, Mich.

Dear Sir:—

Our concrete roads are far ahead of the expectations of the majority of us farmers. Where we used to be two days market-ing fifty bushels of produce, we now market twice as much in one day, and we go to the city any time we want to. We do not have to wait till the roads are good so we can go. Also, our horses and wagons will last twice as long.

Hoping you will keep right on building these roads, and that the county will stand back of this movement, I remain,
Yours truly,
(Sgt.) Geo. W. Burt.

Bedford, Wayne County, Mich.

From an advocate of Good Roads who lives on a bad one

Mr. Charley Odum, who is a farmer and merchant on the main road in Ladderdale County, Mississippi, which has not been improved, plainly evidences his dissatisfaction with the road conditions with which he has to deal. Mr. Odum says:—

"There hasn't been a time since the first of December that I have been able to get anything hauled to my place from Meridian, just four miles, for less than 25 cents per hundred. In the majority of instances it has cost me as high as 50 cents and a good many times it has been impossible to get it at any price. The people in my community have actually had to go without oil for their lamps for a week at a time because they couldn't get it. If these conditions are not a heavier tax on the people than paying for the construction of roads then I am a bad judge and a bad mathematician."

This evidence is given because these farmers, as well as every other person who has had an opportunity to use good roads, have found them eminently satisfactory in every respect, from the view points of both utility and economy.

A well-built, a concrete road is permanent. It is safe, firm, passable at all times, free of ruts and holes, requires practically no upkeep, and is cheaper in the matter of dollars and cents at the end of ten, fifteen or twenty years than any other method of road construction.

The full information about concrete roads will be sent you upon request. Simply send a Good Road Literature, or send the coupon to

CONCRETE ROAD DEPARTMENT

Canada Cement Company Limited, Montreal

Send me complete information about concrete roads.

Send this coupon today.