

### **Terribly Afflicted** THE LENGTH OF A DREAM

### Into One Brief Moment

The probability that we get snatches of sleep at odd moments when we suppose ourselves to have remained continuously awake is supported by the phenomena of dreams. Mark Twain accounted for his own "disappearing visitor" experience by the belief that he had unconsciously had a very short nap; and many have explained visions of ghosts as due to dreams during such short naps. For nothing is better established in con-mention with dreams that weak, lame, and aching backs from which they suffer so much are due to wrong action of the kidneys, and should nection with dreams than that an apparently very long one can occur during an almost infinitesimal time. Al-fred Maury had a long, vivid dream of the Reign of Terror, including the trial of himself before the Revolu-tionary Tribunal and his execution, and was able to show that it all hap-pened during the moment of awaken-ing of the fall of a rod from the bad caroory upon his need.

ing of the fall of a rod from the bed canopy upon his neck. Most of us have our special form of bad dreams, born of ill-advised and ill-digested supper, usually. The com-monest of the smaller nightmares is the experience of facing a drawing room or a public thoroughfare without clothes. But probably everyone has his special horior on the edge be-tween sleeping and waking.

A Painting by an Actor

Sir J. Forbes Robertson, the well known actor, is proud of the fact that his first bank balance was the result of his painting the church scene in Irving's production of "Much Ado About Nothing," which was hung in the London Royal Academy and since the sale of the Irving relics, rests in the Players' Club in New York. This painting was commissioned by the late Sir Henry Irving, who proposed that Claudio should paint the scene in which he appeared. Forbes-Robertson at once agree, and Irving was so delighted with the result that he insisted on doubling the amount originally promised, and sent a check for \$1,500. Forbes-Robertson returned it twice, but in vain. Irving was firm in his purpose and had his way.

Cook's Cotton Root Compound! A safe, reliable regulating THE COOK MEDICINE CO., TORONTO, ONT. (Ferm

## SALT FOR COWS

Increases Flow of Milk and Acts Like Condition Powder

Dairy cows in milk require salt daily to do their best work. A lump of rock salt thrown somewhere in the yard may do for the young stock. but cows need a greater quantity than they can get by occasionally licking rock salt. Cows will take a table spoonful of salt every .ay, and when they get this quantity they will drink more regularly and give more milk. Salt is required in the system and animals that are deprived of salt en-tirely lose their vitality. In "Henry's The provide the provident of the providence of the the set of salt for dairy cows is described, and the following facts are cited: "In every case the cows exhibited an abnormal appetite for salt after having been deprived of it for the providence of the providence two or three weeks, but in no case did the health of the animal, as shown

# With Lame Back.

## **Could Not Sweep The Floor.**

When the back aches and pains it is almost impossible for women to do their housework, for every move and every turn means an ache or a pain. Women are beginning to understand

be attended to at once so as to avoid years of suffering from kidney trouble. On the first sign of anything wrong with the back Doan's Kidney Pills should

They go right to the seat of the trouble. They go right to the seat of the trouble. Mrs. Wilfrid Jolicoeur, Nouvelle, Que., writes:—"I take pleasure in writing you stating the benefit I have received by us-ing Doan's Kidney Pills. About three years ago I was terribly afflicted with lame back, and was so bad I could not sweep my own floor. I was advised to try Doan's Kidney Pills. I only used three boxes, and I am as well as ever. I highly recommend these pills to any sufferer from lame back or kidney trouble."

Price, 50 cents per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Toronto, Ont.

If ordering direct specify "Doan's."

#### TEN HOUR DAY

Days Were Much Shorter Millions of Years Ago

In a lecture at the Royal Academy in London on the movement of the stars, Professor H. H. Turner stated that 46,000,000 years ago there were but sixteen hours to a day and twentynine days to a month. Some 10,000,000 years before that

the day was ten hours long, and going back still further into the recesses of time, it was reduced to one hour. That, explained Prof. Turner, was when the earth and moon were closs together—when they had recently parted company, in fact, and had started on their career as separate

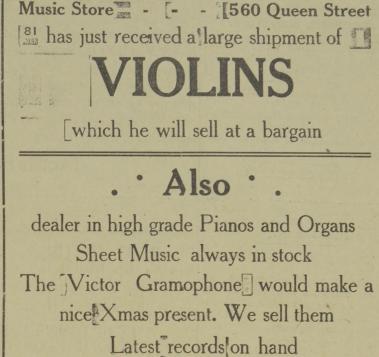
The principle, said Professor ner, applied to a very large cla bodies in the side eal system double stars. Astronomers knew stars in the sky so close tog her that it never had been possible to separate one from another, even through the best telescopes, though it was known that one of them Was very considerably brighter than the other, and it was supposed that one was describing an orbit around the other

At the other end of the scale there were some stars that had not completed their orbit in the century since they were described by Herschell. Some of them might occupy 200 pr 300 years, and there were even instances in which the orbit would oc cupy thousands of years. The cause of the changes in the

length of our day, said Professor Tur-ner, was the effect of the tides on the earth's rotation. The moon raised two tides-on one side because she pulled away the water from the earth, on the other because she pulled away the earth from the water.

### THE ART OF LIVING

Many people never learn the art of living because they never see the by the general appearance, the live weight, or the yield of milk, appear.tc be affected till a much longer time had elapsed. There was finally reached a condition of low vitality in which the full weight a sudden, complete breakdown occur- those which they ought to touch t is so easy to k coat and a very rapid decline in both live weight and milk If salt was supplied at this period recovery was interest in the gossip, so to s rapid." The time from which the salt was withheld until bad results showed text books of all the arts, and by losing whatever capacity for p sure in beauty they had when became "globe trotters" in the leries, museums and studios; hear lectuures on philosophy and a smattering of the dialect of thou without learning of the unacet of though join a hundred charities, and neve give themselves; they are eager fo all the reforms, but have no time to give real support to any of the T They respond to every call, and no sooner start in one direction than they are diverted into another path and never reach the end of any road -(Tla Outlook).



E. O. MacDONALD

### DESIRABLE HELP WANTED

The Canadian' Cottons, Ltd, have excellent positions for desirable Female Help at their large Marysville Mill.

The operation of the Company's new machinery necessitates the employment of additional help; families with female help preferred; good steady employment at most satisfactory wages. Comfortable Mill Hotel. Houses at low rents and fuel at actual cost. Parties desiring particulars of openings, Address,

S C WOODSIDE, Supt. Canadian Cottons, Ltd. Marysville, N. B.

Now is the time to do your Xmas Shopping

A. Murray & Co

has a great variety of goods suitable for Christmas presents and everything is put up in nice, fancy boxes.

The store will be open evenings until Xmas; commencing Wednesday evening December 17th.

A. Murray & Co.

9c per can.

.... 9c each

5 each

4c. each

knife into our new TRIMMED HATS, which we will throw away profit to effect quick sales. All this line is marked down to prices

which goods cannot be made for. Come early and make your choice

The server

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Glass Towls, one yard square, ...... 43e. each

Williams' Specialty Store ...

DRY GOODS, LADIES' FURNISHINGS AND MILLINERY

66 YORK STREET - PHONE 219-31

This Saturday we will make a Special of

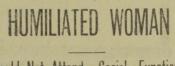
50 yard Black and Colored Sewing Silk

Talcum Powder

300 yard Cotton Reels

Barrets

red. This stage was marked by a ly in passing. loss of appetite, a general haggard a little of everythin appearance, lustreless eyes, a rough ple know nothing varied with different animals, from a month to a year.



Because of Her Hair

There pre many women in this world, handsome in features, perfect in form, graceful of movement and brilliant of mind, who keep in the background just because they have thin, colorless and lustreless hair. In Paris they understand things about the hair that we do not know in this country. It was a Parisian, of. Dr. Sangerbond, who discovered that thin heir and dandruff are caused by there are tribes, the Lastians of S

It is Parisian Sage that proves Dr. Sangerbond's theory to be correct, for it is rigidly guaranteed to kill the dandruff germ and cure dandruff, fall ing hair and itching scalp in two weeks or money back.

Girl with the Auburn Hair" is on description. In some parts of the every package. Made in Canada by Congo earth is sold in the shape of The R. T. Booth Co., Ltd., Fort apples and oranges, and is given out Erie, Ont.

### A PECULIAR DELICACY

Among many strange foods which the inhabitants of this world partak of, and consider delicacies, perhap the strangest of all is earth who actually eat and enjoy It is Parisian Sage that proves Dr. It has never been discovered w weeks or money back. Parisian Sage is a delightfully the habit got such a hold upon then that, old and young, rich and poor alike indulge freely in its consump

sant hair dressing and invigorator; it is not sticky or greasy. It should be used freely in spring and summer as it keeps the scalp clean and cool and free from odors. Parisian Sage comes in large 50-cent bottles and is for sale by A. J. Ryan and leading druggists every-where on the money-back plan. "The Girl with the Auburn Hair" is on description. In some parts of the in various colors-yellow, brown, grey, and even pink, which is looked upon as a very delectable luxury.



