

Children Cry for Fletcher's

CASTORIA

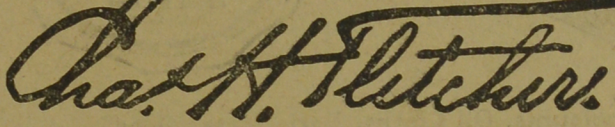
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE CENTAUR COMPANY, NEW YORK CITY

BIG REDUCTION IN FARES via CANADIAN PACIFIC

to

THE CANADIAN PACIFIC ROCKIES & THE PACIFIC COAST

SUMMER TOURIST RATES

to **VANCOUVER**
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in effect from May 15th

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in effect from June 1

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\$161.75

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RETURN LIMIT OCTOBER 31ST

— STOPOVERS ALLOWED —

**PLAN YOUR SUMMER VACATION
NOW**

N. JR. DesERISAY, District Passenger Agent
St. John, N. B.

OF INTEREST TO THE WOMEN

CARE IN DRESSING CHILDREN'S FEET

Every stocking to be worn by little children should be turned inside out carefully examined and all knots and ends removed. The small end of which hurt the tender little feet. Stockings having seams to be pressed by the shoes into the back soles or sides of the foot should be avoided.

The shoes are prominent items of the clothing their shape size and manner of fastening and the make up of the soles being important matters for consideration. An infant's feet are plumper than those of the adult and all the tissues but especially the bones are softer. They may readily be deformed by pressure from badly constructed shoes. The feet of an infant must never be regarded as merely a mass of fat to be covered by any sort of shoes. The characteristics of the perfectly formed baby and adult. The inner and outer margins are very different in contour the heel and middle third of the foot is firm and presents little mobility in its component bone whereas the anterior third including the toes bear much the same relation to the rest of the foot as the fingers to the hand. This is particularly noticeable in the great toe which points outward the same as the thumb on the hand.

Shoes should be made broader at the toes than at the heels so as to avoid bending the great toe inward and to avoid crowding the other toes together. Besides being a correct shape shoes and stockings should be long enough not to cramp the toes and bend them downward and backward upon themselves. Let the shoes fit snugly at the heel and insteps and easily at the toes. The uppers must not be too scanty so that the toes are forced against the sole and subjected to painful pressure.

The thickness of the sole depends upon the age of the child. Before walking is attempted they may be thin flexible and of uniform thickness from heel to toe. Afterward they should be decidedly thicker at the heel as this part of the foot may be elevated. A clear cut heel however as to shoes adapted for adults should not be used in children's shoes before the age of 6 or 8 years.

Undue pressure about the ankle is to be avoided as it interferes with blood circulation in the feet and the baby's feet become cold. The shoe top should not be so tightly laced or buttoned as to constrict the ankle.

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RICE AND APPLES.

Core as many apples as will fill a dish boil them in light syrup. Prepare one quarter pound of rice in milk with sugar and salt put some of the rice in the dish and put in the apples then fill up the intervals with rice and bake in the oven until it is a fine color.

PROFOUNDLY CYNICAL.

"I see no improvement in the human race," remarked Mr. Grumpson. "But my dear sir," protested Mr. Dubwaite "the human race bathes more often now than it ever did before."

"Yes and some of the worst scandal develop at the bathing beaches."

NATURALLY.

First Girl—Are you sure that he loves you and you alone?

Second Girl—Oh yes; more than that at any other time.

FOR BABY

"Safety First"

Four generations of babies have been kept clean, fresh, fragrant, and free from skin troubles by the use of

BABY'S OWN SOAP

Best for Baby Best for You

ALBERT SOAPS LIMITED - MONTREAL



The Athlete's Remedy

for Sprains and Bruises

THE sprains and bruises encountered in sport vanish with the application of Minard's Liniment. This fact is confirmed by the following letter received

from W.E. McPherson, Secy. Armstrong High School Baseball Club:

"Since the start of the Baseball season we have been hindered with sore muscles, sprained ankles, etc., but just as soon as we started using Minard's Liniment our troubles ended. Every athlete should keep a bottle handy."

This letter is only one of the many we have received from well-known athletes.



CHRIST OR CHAOS IN THE NEAR EAST

Montreal, Sept. 25—The unity of nations cannot be preserved through arms; it must be through the medium of Christianity, according to Admiral Sir James Stirling, K. C. B., who sailed for England on the Montcalm this morning.

When the nations of the world get together on a Christian basis there will be none of the petty jealousies which are rife at the present day, he thinks. So long as arms are the basic principles of unity, so will jealousies prevail, and as soon as a weaker nation becomes strong it will challenge the greater nation, he said.

Admiral Stirling was emphatic in his statements. "In my opinion it is Christ or chaos."

One of the old school of naval men, he was silent on the Near East situation. From his record of fighting, having fought in China and Egypt in 1900 and 1882 respectively, and his service with the navy from 1839 to the present day, he is known as an authority on the East.

"I am not on duty, and it is not for me to discuss such things. There are a number of fools expressing their ideas in the newspapers, which in the majority of cases are absurd. Of course Britain wants to preserve her friendship with France, and undoubtedly will do so—but not 'at all costs.'"

He holds great hope for China, and said that at the moment there is quite a movement toward Christianity in that country. They are becoming more enlightened, he remarked, and as this state progresses so will their business acumen increase. Her future will be a world revelation. In the main the religious tendencies of China were towards the doctrines of Confucius and they were partial to Buddha.

He said he knew a wealthy merchant in China who had been given a Bible and had read the description of Noah and the Ark. The merchant had compared the Bible description with that of Confucius and had said. "Why, the Bible is much more lucid than ours. I will follow the Bible," and had turned Christian.

A BIG TOLL FROM DRUGS

Montreal, Sept. 26—Whereas last year up to the end of September only two persons had died in Montreal from overdoses of narcotic drugs, twenty-nine have succumbed to narcotics here so far this year. In the entire twelve months of 1921 there were only five such deaths. These figures are contained in records at the coroner's court where the investigation of deaths due to narcotic drugs is becoming a frequent occurrence where once it used to be exceptional.

If Subject to Colds, Here is Real Good Advice.

Don't load your stomach with cough syrups. Send healing medication through the nostrils—send it into the passages that are subject to colds and catarrh. Easy to do this with CATARRHOZONE, which helps a cold in ten minutes. Even to the lungs goes the healing vapor of Catarrhozone—all through the bronchial tubes, nostrils and air passages—everywhere a trace of disease remains will Catarrhozone follow. You'll not have colds, nor will you suffer from sniffles, bronchitis or throat trouble if Catarrhozone is used. Get it today, but beware of dangerous substitutes meant to deceive you for genuine Catarrhozone. Large size, two months' treatment, costs \$1.00, small size 50c; sample size 25c; all dealers or the Catarrhozone Co., Montreal.

KEROSENE OIL

Carry in stock National Light Kerosene Oil. If you want something good insist on your dealer supplying you with this oil.

HAY & GOODSPEED

King Street, Fredericton

Phone 916

NOTICE

SEPT. ELECTRIC LIGHT

This bill and all future bills paid at the Royal Bank of Canada from the fifth to the tenth of each month between the hours of 10 a.m. and 3 p.m., Saturday 9.30 a.m. to 12 a.m. or at Company's Office on Shore Street from 9 a.m. to 5 p.m., and on the night of the tenth from 7.30 p.m. to 10.30 p.m.

THE MARITIME ELECTRIC COMPANY

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NEW BRUNSWICK

House Furnishings For Everybody

LACE CURTAINS, SCRIM CURTAINS, CURTAIN MUSLINS AND DRAPERIES OF ALL KINDS. CRETONNES AND CASEMENT CLOTHS, WHITE BEDSPREADS, TOWELS, NAPKINS AND TABLE LINENS OILCLOTHS AND LINOLEUMS, CARPETS, RUGS AND SQUARES

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Goods Sold to the Trade Only

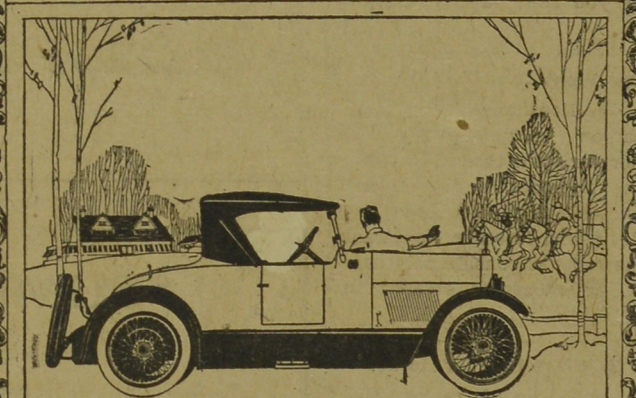
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OUR MOTTO: "Promptness, Accuracy and Courtesy"

BEAUTY • STRENGTH • POWER • COMFORT



THE NEW IMPROVED TWO PASSENGER HAYNES 55 ROADSTER

Style, reliability, value—these are the outstanding characteristics sought and attained by Haynes engineers and designers in the new, improved Haynes 55 Roadster.

Extremely modern and modish is the arrangement of individual fenders and individual aluminum steps, as well as the searchlight design of head lamps and cowl lights. Special compartments for luggage and parcels increase the utility, while the tested and supremely reliable Haynes-built light six engine furnishes an abundance of flexible power.

Like all Haynes cars of the present season, this smart 121-inch wheel base roadster is equipped with four cord tires and the exclusive Haynes electric button starting system, which represents the maximum refinement of convenience.

The genuine leather upholstery of the seats is another token of the superior manufacturing excellence throughout, which emphasizes the value at the low price of

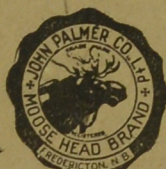
\$1645

F. O. B. FACTORY

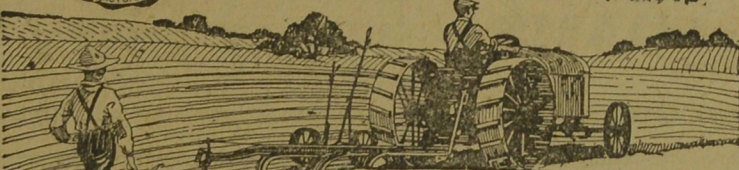
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ST. JOHN - FREDERICTON

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PALMER'S Moose Head Brand Summer Packs & Plow Shoes



SLIP on a pair of Palmer's Summer Packs or Plow Boots, and you will realize what Firm Foot Comfort really means. Added to this, you have strength and durability, making a combination of good features seldom found in one pair of boots. Palmer's Summer Packs and Plow Boots are hand made and hand sewed by expert workmen. The bottoms and uppers are made from Palmer's Famous Skowhegan Waterproof Leather, rich dark brown in color, very soft and pliable. Bottom part of uppers runs clean under, a great advantage over the laced under boot. Soles are attached by special clincher nailing process or sewed by lock stitch process. A splendid boot for plowing or any kind of hard outdoor work.

Get a pair from your dealer, or order direct from us. Write us for our catalogue No. 43.

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