

Children Cry for Fletcher's

CASTORIA

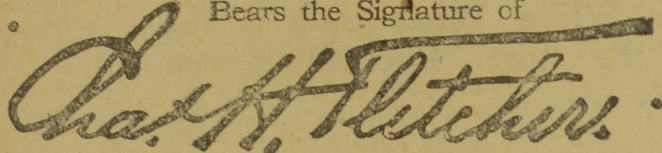
Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research, and no claim has been made for it that its use for over 30 years has not proven.

What is CASTORIA?

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Comfort—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years

THE "CENTAUR COMPANY, NEW YORK CITY"

CUSTOM TAILORED SUITS

OF THE LATEST STYLE AT

WALKER BROS.

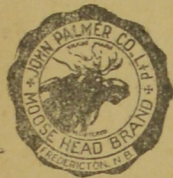
Merchant Tailors

Our Prices for Suits Made of Scotch, English and Canadian Tweeds at \$45, \$50 and \$60.

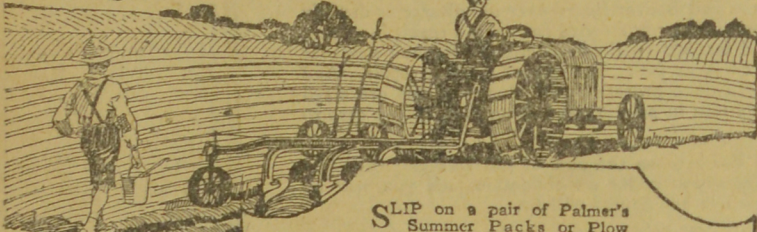
These Suits are Excellent Value

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Advertise in the Mail



PALMER'S
Moose Head Brand
Summer Packs & Plow Shoes



SLIP on a pair of Palmer's Summer Packs or Plow Boots, and you will realize what Firm, Soft Comfort really means. Added to that you have strength and durability, making a combination of good features seldom found in one pair of boots.

Palmer's Summer Packs and Plow Boots are hand made and hand sewed by expert workmen. The bottoms and uppers are made from Palmer's Famous Skowhegan Waterproof Leather, rich dark brown in color, very soft and pliable. Bottom part of uppers runs clean under, a great advantage over the lapped under boot.

Soles are attached by special clincher nailing process or sewed by lock stitch process.

A splendid boot for plowing or any kind of hard outdoor work.

Get a pair from your dealer, or order direct from us. Write us for our catalogue No. 43.

JOHN PALMER COMPANY
Limited
Fredericton, N. B., Canada

Special Offerings

Scratch Grain, for chickens
\$2.75 bag

Feed Wheat, for Chickens,
\$2.80 bag

Oat Chop, for Milch Cows,
\$2.10 bag

G. W. HODGE



Of Interest to the Women

FASHION HINTS.

Knitted suits of white wool, direct from Paris are among the interesting new sport fashions at the Southland. There are knitted frocks of silk too, with belts of white kid. The white suits are prettiest, but these models have been seen also in pale gray and beige.

Most of the Southland hats are of silk—faillé, taffeta or crepe—draped tucked or corded over smart turban shapes. There are also large pictures hats or loosely woven straw in charming colors and some of these have big flowers of silk and velvet mashed against one side of the crown.

Lavender green is particularly fashionable as a Southland color and is noted in sports wear and in formal wear silks. All the new shades are vivid, yet soft and pleasing, too. Beige is a little smarter than gray now, and there many shades of red from a bright fuchsia to deep pomgranate.

CRYSTAL FINDS PART OF NEWEST HEADGEAR.

The crystal craze has just been imported from London. You'll find crystal ornaments and pins on the latest and smartest headgear, black hats and turban toques. Slave bangles and pendants of carved crystal are increasingly in evidence.

Lovely necks are beginning to display neck chains fashioned with bright and cloudy crystals alternate arranged with dividing rondels of black onyx. This decorative effect of crystal and black onyx is also telling employed in earrings two inches wide and as deep which also respond to the demand of fashion for the extraordinary in ear adornments.

MOCK MEAT CAKES.

One half cup cooked dried beans or peas, mashed, 5 cooked and mashed potatoes, 1-2 cup grated cheese 1-2 cup fine bread crumbs 1 egg beat on 1 tbsp. melted bacon fat, salt and pepper. Mix all together thoroughly shape into cakes roll in cornmeal and fry.

COOKIES WITHOUT EGGS.

Three cups brown sugar, 1 cup hot water, 1 tsp. soda, 1 cup lard, vanilla to taste, flour enough to make soft dough. This makes 5 dozens if cut ter is not too large.

SPICE CAKE.

One cup white sugar, 1-2 cup butter, 2 eggs, 2 tbsp. molasses, 1 cup sweet milk, 2 cups flour, 2 tsp. baking powder, 1 tsp. cinnamon, 1 tsp. cloves, 1 tsp. vanilla and 1 cup raisins, currants or nuts.

SCOTCH SOUP.

Three lbs. mutton, 2 slices turnip, 1-2 onion, sliced 1-2 tsp. salt 1 4 tsp. pepper, 1 4 cooked carrot and turnip diced, 1-4 barley soaked and cooked. Add 2 qts. water to the meat and cook until tender adding turnip onion and seasoning, when tender add cooed carrots turnips and barley heat for 15 minutes.

RUSSIAN NUT ROCKS.

One and one half cups brown sugar 1-2 cup butter, 3 eggs 1-2 cup warm milk or water 1-2 t. cinnamon, 1-2 tsp. ground cloves 3 cups flour, 1 tsp. baking powder 1-2 tsp. soda, 1 cup walnut meats, 1 cup cocoanut. 1 cup seeded and chopped raisins.

MID-WINTER.

Now deeper grows the drifting snows
That beautify the valley,
And higher creeps the ashpile heaps
That decorate the alley.

The Boston Girl was very pretty but evidently not much in favor of being petted by comparative strangers. The young man was making a fair progress however. It was evident that she liked him. Finally he asked for a kiss. She considered this judiciously.

"And why should I give you a kiss?" she demanded.
"I presume I can furnish no adequate reasons," he replied. "Your motives must be altruistic."
That landed her.

SEVEN YEARS OF TORTURE

Headaches and Indigestion Ended By "Fruit-a-tives"

The Marvellous Fruit Medicine

Like thousands and thousands of other sufferers, Mr. Albert Varner of Buckingham, P.Q., tried many remedies and went to doctors and specialists; but nothing did him any good.

Finally a friend advised him to try "Fruit-a-tives"—now he is well. As he says in a letter: "For seven years, I suffered terribly from Headaches and Indigestion. I had belching gas, bitter stuff would come up in my mouth, often vomiting, and was terribly constipated. I took Fruit-a-tives and this grand fruit medicine made me well."

50c. a box, 6 for \$2.50, trial size 25c. At dealers or sent by Fruit-a-tives Limited, Ottawa, Ont.

FORMER NORTH SHORE MAN IN BIG MERGER

The Bellingham (ash.) Herald contains an account of a lumber and railway transfer from the McCoy-Loggie Lumber Co. to the St. Paul & Tacoma Lumber Company involving more than \$1,000,000 dollars. The late George Loggie was for many years president and J. A. Loggie, the secretary and manager for the former concern. Messrs. Robert and Francis P. Loggie of Dalhousie, are brothers.

The Herald says:—A timber and railroad deal involving more than \$1,000,000 and a pre-saging of the possible construction of a large sawmill at Bellingham was concluded at the offices of Hadley & Abbott yesterday afternoon when the Noonsack Timber company organized by interests identified with the St. Paul & Tacoma Lumber company which operates a mammoth sawmill at Tacoma, purchased the holdings of the McCoy-Loggie timber company on the Middle Fork of the Nooksack river. The transfer includes between 300,000,000 and 400,000,000 feet of lumber, of which 75 per cent is fir and most of the rest cedar and hemlock; fifteen miles of railroad several miles of it recently laid, and all the camp buildings and equipment which includes locomotives and donkey engines.

BLACK CAT DELAYED U.S. MAILS

Lynchburg, Va. Feb. 14—Apparently the only thing that will delay the United States mails when there is a negro chauffeur in charge of a mail truck handling mail is a black cat, for practically nothing else stops these trucks here.

A morning of two ago, just as day was breaking a big mail truck, driven by a negro was pushing rapidly out Fifth street to the Southern Railway the car at the time descending about a 10 per cent, grade when a black cat loped across the track twenty-five feet ahead of the truck.

Quick as a flash that chauffeur stepped on the emergency brake and stopped the car within a few feet. He then turned his car retraced his way to Park avenue making the detour to the station through that street rather than cross the path of the omen of ill-luck.

SYSTEM RUN DOWN BLOOD OUT OF ORDER

Many people become run down, but don't know just exactly what their trouble is, when, as a rule, it is improper circulation of the blood.

All they need is a good tonic to build up the system and put the blood into proper shape.

For this purpose there is nothing on the market today to equal

Burdock Blood Bitters

It regulates the stomach, liver and bowels, purifies the blood and tones up the entire system.

Mrs. H. Poole, Port Dover, Ont., writes:—"My system was run down and my blood out of order, and I suffered a great deal from pains in my head which made me feel very miserable. A friend told me to try Burdock Blood Bitters, so I got a bottle and before it was used I found it was doing me good. I kept on until I had taken three, and now I feel like a different woman."

My husband also took it and it has built him up."

For the past 34 years B.B.B. has been manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

The Public Are Always Worshipping Some Hero

(New York Sun)

Day by day it becomes more evident that Carlyle was right about all the world loving a hero. And he might have added that when there's no hero handy the world will snap at a substitute hero just as eagerly as a bass will snap at a substitute minnow of painted tin. And that's one of the things that make life so amusing to the thoughtful and ironic observer.

Looking back along the vista of a well spent life in New York, for instance, one sees it as a procession of heroes, some of whom may have been near heroes and others mock heroes.

Name any particular period, and a good memory will supply the name of its hero, whether that hero be Coue or Clemenceau, Billy Sunday or Doc. Cook, Balfour or Doug. Fairbanks. The roll would embrace Papa Joffre, the Prince of Wales, Peary, Pershing, Theodore Roosevelt, Dr. Lorenz, Sir Oliver Lodge, Canon Doyle and many whose fame was more ephemeral and whose names have faded into oblivion.

"Hero worship endures forever while man endures," wrote Carlyle. "Boswell venerates his Johnson right truly, even in the eighteenth century. The unbelieving French believe in their Voltaire, and burst out round him into very curious hero worship in the last act of his life, when they 'stifle him under roses.'"

Constant Craving For Hero.

Perhaps Carlyle would explain, after making a due deduction for more curiosity, the boredom of common life and the contagion of example, that in running after the pseudo hero of the day we were automatically reacting to an ever present but unconscious, deep seated craving for a real hero whom we could really worship.

"The waiters and hostlers of Scotch inns, prying about the door, eager to catch any word that fell from Burns, were doing unconscious reverence to the heroic," he wrote. And in another place he defined a hero as "He who lives in the inward sphere of things, in the true, divine and eternal, which exists, always, unseen to most, under the temporary and trivial. His life is a piece of the everlasting heart of Nature herself."

Something like that was felt by a certain middle aged New Yorker who went into Central Park one sunny morning during the war to see Gen. Joffre, "Papa" Joffre, the savior of

Paris, encounter an army of American school children.

A tension of emotion was in the air, the kind of emotion that makes for hero worship. The man and his wife walked eagerly over the park lawns, seeking the meadow where the hero was to be greeted. Other people, old and young, were converging from all quarters in the same general direction, all hurrying, all with the same question written on their faces—"Where is he?"

Ah! A concerted movement toward a certain quarter, a thickening there of the human broth—it must be he! The man's wife ran like a child across the grass. He, shamefaced, called to her to stop and then broke into a run himself still assuring her that there was plenty of time and no occasion for over exertion.

And it occurred to him, as he tried to overtake her without losing his dignity, that it would have been just the same if they had been together in Galilee of old when it buzzed with rumors of one who healed the sick—that she would have run and he would have tagged along with protests, thinking of his dignity.

But just then he caught sight of "Papa" Joffre's red panatloons and he let himself go and scampered with the best of them, holding his wife's hand, and for once got a whiff of the true spirit of hero worship.

CINNAMON SUGAR TASTED FINE

(New York Sun.)

Carolyn's mother and father were at a loss to understand their small daughter's aversion to cinnamon toast. It had been but a few days before that she had come home much excited and "Oh, mother, guess what? we had cinnamon toast and ginger ale for our tea. Can't I have cinnamon toast for my breakfast every single morning?"

Carolyn usually eats her breakfast by herself so mother fixed the electric toaster with a small dish containing the cinnamon sugar beside it and brought fruit, cereal and coddled egg. Carolyn talked gayly to her mother who was in the kitchen preparing father's breakfast, assuring her that she would watch the toast and not let it burn.

Sunday morning came and mother, father and Carolyn had breakfast together. Cinnamon toast was served by Carolyn but she firmly refused. Mother and father were surprised. At last Caroline explained wearily.

"Well, you see mother, its this way—you'll excuse me won't you, but when you were in the kitchen I put the cinnamon sugar on my fruit, which wasn't so bad, and on my oatmeal and that was all right, but oh mother, the coddled egg!"

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MINTO COAL

\$8 per ton

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