

THE DAILY MAIL

Published every afternoon (except Sunday) at 613 Queen Street, Fredericton, by THE MAIL PRINTING COMPANY.

Subscription Price, \$3.00 per year. Telephone 67.

SATURDAY, DECEMBER 16, 1916

MESSAGE TO YOUNG MEN.

"After a long life I shall remind you that already many problems rise before you; problems of race division, problems of creed differences, problems of economic conflict, problems of national duty and national aspiration. Let me tell you that for the solution of these problems you have a safe guide, an unfailing light, if you remember that faith is better than doubt, and love is better than hate."

"Banish doubt and hate from your life. Let your souls be ever open to the strong promptings of faith and the gentle influence of brotherly love. Be adamant against the haughty; be gentle and kind to the weak. Let your aim and your purpose, in good report or in ill, in victory or in defeat, be so to live, so to strive, so to serve as to do your part to raise the standard of life to higher and better spheres."—Sir Wilfrid Laurier at London, Ont.

RICE AS A FOOD.

Rice, a commercial paper reminds us, is the chief diet of about a third of the population of the world. The rice-eating Jap whipped the filling out of the tallow-and-flour-eating Russian. A man can go further on a rice diet than on any other single article of diet that grow

The moral is, "If you do not want to spend all your money on food, buy rice." In Memphis, two bits will buy four pounds of rice. In most cities the price runs from 6 to 10 cents a pound, according to the store or the locality where it is bought. The commercial paper says a quarter's worth of rice will provide the nutriment and energy of 50 cents worth of beef or flour. That sounds like a moderate statement. And everybody knows that, at present prevailing prices, there is an even greater contrast between rice and potatoes.

It should be thoroughly understood, however, that such encomiums as this, imply that the rice is not the usual white polished variety. The polishing process robs the rice of some of its most valuable properties, and also of its natural flavor. The polishing is merely an absurd custom, dictated by interest in the looks of the rice rather than its nutriment and palatability. The sort of rice that a third of the world lives and thrives on is the natural "brown" rice.

If you're going to eat rice in large quantities as a substitute for potatoes, flour and meat, the food experts advise the use of brown rice by all means, because in it you get more nourishment for your money and what you get is more wholesome.

THE PROPER SPIRIT.

A correspondent of the New York Times recently sent that paper this excerpt from a private letter from the headmaster of a large preparatory school in England:

"Naturally we are very much pleased with the so-far results of our Somme offensive. It is good for us Englishmen to feel that the fighting spirit and its qualities of cheerfulness, endurance and audacity survive and burn just as brightly as they did in Picardy 500 years ago. Our clerks, our shopmen, our yokels, to say nothing of our gentlemen, are doing as heroically as their forbears did at Agincourt. I think the Germans are shaken, and I believe their leaders are really afraid. But if they lived in England and were capable of understanding the psychology of another people, they would be in despair. You must be living here today to understand the spirit of the nation. If ever we deserved to be called bulldogs it is today. Undeterred by losses, unrelayed by victories, the whole nation is definitely resolved to win this war completely. There is absolutely no grumbling about taxes or the cost of living. Those who have lost relations or friends are proud rather than sorry, and this is true of all classes. We have made up our minds that nothing is to count so long as Wilhelm is put under."

This revelation of British purposes and British determination makes it doubly certain that the people will never consent to a peace which leaves Germany free to plunge Europe into war again, when "the day" arrives. Having undertaken the job of ridding the world of this menace to civilization, they will see it through.

All were glad to read in the papers yesterday that Canadian torpedo boat Grilse, which had been officially reported lost with all hands, had arrived safely at the port of Shelburne, N. S. The sturdy little craft had been knocked about by tempestuous seas for forty-eight hours, and that she was not lost

was due to the remarkable seamanship displayed by her gallant crew. Great sympathy will be felt throughout Canada for the relatives of the six men who lost their lives by being washed overboard from the Grilse.

Some Conservative papers are trying to make it appear that Liberal members of Parliament have refused to pair with Conservative members now serving overseas. The truth of the matter is that there is a multiplicity of political colonels now holding down soft jobs in England, and it has been decided to send them back to Canada. Some kind of an excuse must be found in order to let them down easily, and the blame is to be thrown upon the shoulders of the Grils. The idea is a very good one, but it will scarcely go down with an intelligent public.

If the German peace proposals have knocked something off the price of wheat, and consequently flour, for this at least the poor consumer should be grateful. There will not be very much sympathy felt for the speculators and gamblers in the Chicago wheat pit over the scare given them by peace talk. It is these gentry who have kept the price of wheat and flour inflated during the past year, and if they get stung it will be no more than what they deserve.

Saskatchewan, which at the time when she abolished the saloon, established Government liquor stores, has now voted for complete prohibition, so far as provincial powers go. The large popular majority against the "Government stores" shows the strength of temperance sentiment. It looks like "the day" for the licensed saloon in Canada.

The coming week will be the biggest shopping week of the year in Fredericton, and most of the merchants will keep their business houses open in the evening. Although money is tight at times, there is pretty sure to be a loosening up during Christmas week. After all, Christmas only comes once a year.

The Chatham Commercial has been indulging in some rather sharp criticism of the 236th Highlanders, formerly Sir Sam's Own. If our Chatham contemporary is not more careful the first thing it knows the Publicity Bureau of the 236th will turn one of its machine guns on it.

Mr. Balfour is reported to have made the remark that the war situation would not clear until Col. Winston Churchill decided whether he was Nelson or Wellington. This is certainly rough on Col. Winston.

Premier Lloyd George is expected to make a statement on the German peace proposals in the House next Thursday. The House will probably be told that the terms are not what the Allies are prepared to accept.

Through Our Sieve

Seven little shopping days—but shopping there is nix—

Nothing doing, Santa Claus—now there are six.

Will there be six more shocking days before Christmas?

But perhaps this is just the kind of weather Santa Claus likes.

There's many a slip between the Christmas list and the shop.

And that's where the chain suffers from a broken link.

Is this blizzard a reprisal on the city for buying two snowplows, a scarifier and a motor truck?

Lying is either a sin or an art, according to how, when and why you do it.

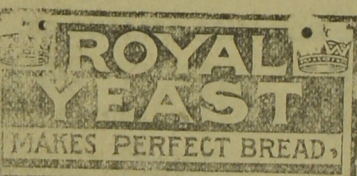
Brevity is the soul of wit, skirts, flirtations, arguments, after-dinner speeches and epitaphs.

Some people look for the Christmas spirit in the things that are coming their way, instead of the things they are sending somebody else's way.

Those who thought two years ago that Germany wanted the whole world, are now convinced that it only wants a peace—a big piece.

The Galveston News wants to know "why should the bride love, honor and obey her husband, when nobody else does?" Which is a pertinent question.

News of Germany's offer of peace has sent wheat and flour on the downward race. Will someone please tell us, but eggs, beans, beefsteak and potatoes don't seem to read the newspapers.



Increases Your Weight, Restores Lost Strength, Prevents Illness

Every day comes new converts to that great army of men and women who rejoice in new-found health that what run-down folks need; it cures belittling, no treatment so sure to bring take two small chocolate coated tablets with a sip of water at the close of each meal.

came to them through the use of that wonderful blood-renewing preparation called "FERROZONE." Very simple how it acts. All you have to do is to take Ferrozone. It contains just what thin blood lacks—lots of iron, but mark you, the kind of iron your blood is able to absorb. Ferrozone puts life and vim into the blood. Makes it rich, red and nourishing. Naturally the body is better fed and it grows stronger day by day.

Of course digestion must be improved, and probably the stomach will require aid as well. Ferrozone serves the purpose admirably. Those who use it enjoy appetite and digestive powers far beyond the ordinary.

That tired feeling is replaced by the buoyant, joyous sensation of health and vigor. Day by day as your strength increases, you feel new energy surging through your veins, and know that a great tonic of great merit is at work.

No remedy more nourishing or up-lifting health, good spirits and contentment. Ferrozone contains just cause it supplies more nutriment than you can get in any other way. 50c.

TO CARVE A MELON

FOR EMPLOYEES

Bell Telephony Company Will Distribute Six Million Dollars Among Employees.

New York, Dec. 15.—More than \$6,000,000 will be distributed soon by the Bell Telephone system among its employees as an aid to those whose margin between income and necessary cost of living is narrow.

Theodore N. Vail, president of the American Telephone and Telegraph Co., who made this announcement today explained that these payments would not take the place of wage increases for demonstrated merit, or the readjustment usually made at this time of year.

Mr. Vail made it clear that the payments were not a distribution of profits and that all employees would participate, the design being to assist only those most in need of aid.

THE KILTIES CAMPAIGN IN BRITISH COLUMBIA

Col. Guthrie and Party at Prince Rupert—Will Start for the East Tomorrow.

Prince Rupert, B. C., Dec. 16.—Northern British Columbia has welcomed Lieut. Col. Percy A. Guthrie and his party of officers of the 236th MacLean Kilties with open arms and true western hospitality.

Today marks the close of the visit to British Columbia of the party, and tomorrow Colonel Guthrie and his officers will be speeding eastwards, the first stop being at Edmonton, where a monster meeting has been organized for Monday evening by Lieut. Frank H. Ryder.

The meeting of St. Andrew's Society, held the night the party arrived here from Vancouver, was a wonderful success. Col. Guthrie, Major Geggie and Capt. Godenrath were the speakers.

Colonel Guthrie spoke for an hour and eloquently pleaded for the physically fit men to don either the navy blue or khaki. On Thursday Col. Guthrie spoke at a luncheon given in his honor by the Canadian Club of Prince Rupert, Bishop Duvernet, formerly of New Brunswick, being the chairman.

On Thursday night Capt. Sturdee addressed a meeting at the Majestic Theatre and Col. Guthrie met the Returned Soldiers' Association at the residence of Mr. George Morrow.

UNFORTUNATE CASE.

The police attended to a most unfortunate case last night, Chief Finley and Sergt. Marshall taking a woman in a very delicate state of health to the Municipal Home. The woman has been separated for some years from her husband, who is serving in France with the Canadian Expeditionary Force. She has lived in a shack in Northumberland street for some time past. Yesterday Policeman Sturgeon, while passing the building, heard moaning and cries, and on investigation found the woman lying in the yard, where she had gone to cut fire wood. He placed her in the house and reported the matter. The removal to the Municipal Home followed.

The woman was destitute and was living under conditions hardly imaginable.

John J. Weddall & Son

ARE DAILY RECEIVING

Seasonable and Appropriate Gifts for Christmas

Ladies' Fancy Hdkfs.
Ladies' Kid Gloves
Ladies' Angora Gloves
Ladies' Crepe Ties
Ladies' Net Ties
Ladies' Jaeger Spencer
Ladies' Silk Sweater
Ladies' Wool Sweater

Ladies' Fur Sett
Ladies' Silk Umbrellas
Ladies' Col'd Umbrellas
Shamrock Linens
Needle Cases
Boudoir Caps
Silk Dress Length
Silk Waist Length

Winter Coat
Winter Suit
Silk Underskirt
Silk Waist
Eider Down Kimona
Wool Filled Tack
Down Quilt
Crib Quilts

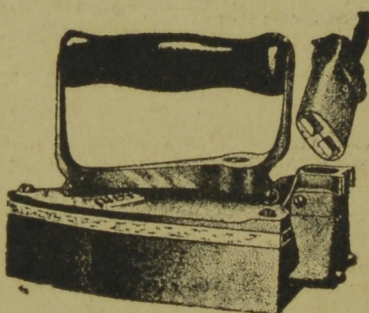
Any of these goods would make a very acceptable gift.

JOHN J. WEDDALL & SON

PICTORIAL PATTERNS

SHAMROCK LINENS

Something Nice in Electrical Appliances



for

Christmas

Electric Irons, Toasters, Grill Stoves, Water Heaters, Room Heaters, Percolators, Tea Pots, Tea Kettles, etc.

Something New—ELECTRIC BLANKET. Takes place of Hot Water Bottle. All Brand New Goods. Just received.

R. CHESTNUT & SONS

WHOLESALE

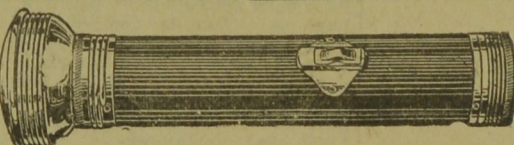
THE HARDWARE PEOPLE

RETAIL

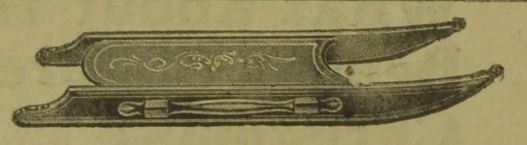
DOMESTIC SANITARY AND HEATING ENGINEERS

-: Gifts Worth Giving :-

XMAS WILL SOON BE HERE. Now is the time to select your Gifts for the family. You will find what you want among our Large Stock of Useful Xmas Gifts.



See our PATRIOTIC FLASHLIGHTS, PRICE \$1.50.
EVER-READY FLASHLIGHTS 75c. up.



FLEXIBLE FLYERS, \$1.25 to \$2.50
BOYS' and GIRLS' HAND SLEDGES... 60c. to \$1.50
SNOW SHOVELS for the Kiddies..... 15c. and 25c.



KING'S PLATE SILVERWARE—Knives, Forks and Spoons—\$6.00 doz. See our COMBINATION KNIVES & FORKS in Fancy Box at \$2.00 set.



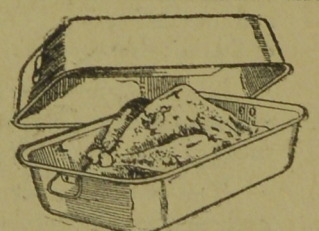
A COMPLETE ASSORTMENT of AUTOMOBILE and STAR SKATES SPAULDING HOCKEY STICKS, PUCKS, Etc.

"The best Gift of them all"

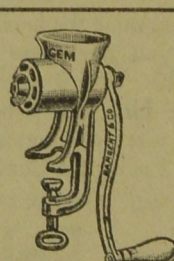


CARPET SWEEPERS 1.95 to \$5.00. O'CEDAR MOPS in four sizes, 75c. to \$1.50.

Our Made in Canada Toys are strong and serviceable, at 15c. up to 45c. See our Wind Toys.



WEAVER ALUMINUM ROASTER We carry two sizes, \$4.50 and \$5.00.



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Four sizes \$1.25 to \$2.25

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