



CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature

of

Chas. H. Fletcher

In
Use
For Over
Thirty Years
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

TEACH LITTLE GIRLS A PRIDE IN DRESS

Will Save Many a Sartorial Mistake
and Many a Dollar Later in Life.

The wardrobe of the little girl should be selected with just as much care as that of her mother or older sister. It is a mistake to think that anything will do for the little miss, that she is too young to take pride in her appearance. This is far from the case. Many a heartache in childhood has been caused by a child's knowledge that she is not as attractive as her playmates and that her lack of attractions is made more prominent by ugly, unbecoming clothes.

Pretty, becoming frocks can be made of the cheapest sort of ma-

terials just as well as expensive fabrics; the child of parents whose circumstances are most moderate, can be taught the first principles of good dressing just as well as the fortunate young miss who has been born with a golden spoon in her mouth. Of the two the former needs such knowledge far more than the latter. The girl with abundant means can place herself in the hands of a smart modiste when she grows up and needs an elaborate wardrobe. Her poorer sister, on the other hand, must, in most cases, do her own dressmaking, or at least she must know something about the art of dressing well, if she is to make an attractive appearance on the small amount of money she can afford for clothes.

Tuberculosis Rapidly Increasing Among Children of Belgium and Northern France.

More Food Urgently Needed to Keep up Their Strength

An interview with Mr. W. L. Honnold, American Director of the Belgian Relief Commission, brings to light a new danger threatening the population of the territory occupied by Germany.

Mr. Honnold reports that about 5,000,000 wholly or partially destitute people, who have been dependent on the Commission, generally show diminished vitality. The effects are most apparent among the older children, particularly those in the adolescent stage. Among these there is an alarming increase of tuberculosis, due to the lower power of resistance consequent on an inadequate diet.

To overcome this serious danger, the Commission appeals for extra contributions so that a special meal can be served every day in the schools. Efforts are also being made to provide as far as possible for children outside the schools.

This can only be done—Belgium's children can only be saved—if every one of us who can possibly do so will give something toward the Fund. Whatever you can afford, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees, or

Send Cheques
Payable to
Treasurer

Belgian Relief Fund

59 ST. PETER STREET, MONTREAL.

\$2.50 FEEDS A BELGIAN FAMILY ONE MONTH.



Slants of Humor

GOT A FLYING START

On the Frankford-Hadaway farm near Coal Mines stop on the Youngstown & Southern suburban electric line is a pug-nacious sheep whose headwork is wonderful.

"Billie" doesn't use his head for his own advantage as much as he does to boost others along.

One afternoon, not long since, a youth who lives in the vicinity left the car at Midway station and was walking quietly across the field when he felt a terrible attack from the rear that lifted him completely off his feet and advanced him a yard or so before he recovered his balance.

Turning and recognizing "Billy" as his assailant the young man started to sprint.

Pursued and pursued made a streak through the atmosphere until the youth, some yards in the lead, cleared the pasture gate with a single bound.

A farmer, who happened to be passing, said to the young man.

"I must say you're some runner."

"Huh!" grinned the youth, "you oughta see the start I got."

Villain—Where are those papers?

First Assistant Villain—In the blacksmith shop.

Villain—Ha, ha—I suppose being forged.

Assistant—No being filed!

One—Is Mat distinguished looking in his new suit?

Two—Is he? Why people often stop him in the street and ask him to change a ten.

NEW LECTURE SCHEDULE

"I enjoyed your lecture very much last night," said the man to the lecturer.

"I didn't see you there?"

"Oh, I wasn't there."

"Well, what do you mean by telling me you enjoyed my lecture, and you were not present?"

"Oh, I bought tickets for my girl's father and mother, and they both went."

SELF PITY

What on earth are you crying about, little boy?" asked the neighbor, who was strolling along a suburban street the other afternoon.

"Because I'm so mean an' selfish!" sobbed the little one.

"Oh, surely you're not very mean and selfish if it affects you this way," commended the passerby. "What makes you think you are?"

"See this bread an' jelly? Well, I'm so mean an' selfish that I ain't a-goin' to give Willie none of it. Boo-ooh-hoo!"

When a man is really in love it is next to impossible for him to compose a readable letter; that is why some of the sincerest and most passionate love letters ever written have been just ten-word telegrams.

After a girl reaches the age of six or seven it is not too early to begin teaching her something about her clothes. For instance, if she wears a hair ribbon, as most little girls do, ask her to help you in selecting the ribbon. If she prefers pink to blue, buy her pink, thus encouraging her taste. As she grows older consult her about her wardrobe before it is selected. It is a great mistake to buy the girl a frock, hat or dress and force her to wear it if she does not like it. Take her to the shops with you and ask her to help select her clothes. If she prefers something that is unsuitable, show her where she is wrong, pointing out the bad points of the frock or hat she seems to like. It is not enough to say, "No, you can't have it, because mother says it is not suitable or pretty." Tell her where the bad points lie and why another frock is more becoming.

It is possible for a mother to influence and form her daughter's taste in this way and to teach her a good deal about the art of dress—an art which every woman must understand to a greater or lesser degree if she is to present a good appearance in the world.

Every girl should be taught in childhood a proper pride in her appearance, and the love of cleanliness and order should be made a part of her being early in life.

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1. No. 2, \$2. No. 3, \$3 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

HAD INDIGESTION

Could Keep
Nothing on Stomach

Indigestion is one of the worst forms of stomach trouble. The stomach becomes upset and you have a raw, debilitated feeling in it.

After a meal you feel that you must get rid of that nasty, bilious, burning sensation; that souring and rising of the food which is so unpleasant and in many cases very painful.

It is not necessary for you to be troubled with indigestion when Burdock Blood Bitters may be so easily obtained. This old and well known remedy, which is a combination of nature's best roots, herbs, barks and berries, will cure indigestion and all stomach troubles.

Mr. Lazare Savoy, Pokemouche, N. B., writes: "About two years ago I was troubled with indigestion that had I could keep nothing on my stomach. I was sorely disappointed in everything I tried to relieve me. At last a friend advised me to try Burdock Blood Bitters. I took four bottles and can now eat anything that is set in front of me."

That grand old medicine, B.B.B., has been on the market for the past forty years, and we claim, without any fear of contradiction, that it is the best cure for all stomach troubles.

Manufactured by The T. Milburn Co. Limited, Toronto, Ont.

There are plenty of maxims to cut the high cost of living, but it is hard to eat maxims.

WATER RATES DUE.

CONSUMERS of water are again reminded that their Water and Sewerage Rates are now due and payable at the Water Office, City Hall, G. R. PERKINS, Collector Water Rates.

12-6 61

NEW SUBSCRIBERS

317 Anderson, Miss Martha J., Res., Nashwaaksis.

555-11 Brown, Steve B., Res., 312 Saunders street.

467-41 Christison, Mrs. Marion A., Nurse, Marysville.

186-42 Currie, Henry W., Res., 294 Queen Street.

513 Dominion Plant Pathological Laboratory, G. C. Cunningham, Pathologist, Queen St.

237-11 Hanson, Harry C., Res., Marysville.

299-11 Howard, Mrs. Geo. E., Res., 521 King Street.

80-42 Hughes, Clifford, Res., 631 Campbell Street.

57-22 Lampert, Morris, 173 King St.

133-41 McGill, James, Res., Gibson.

211 Smith, B. Frank, Res., 222 Waterloo Row.

79-31 Sterling, Louis K., Res., 324 Regent Street.

2600-24 Woods, Chas., Res., Nasonworth.

260-31 Zall, Abraham, Res., 76 Westmorland Street.

N. B. TELEPHONE CO., LTD.

SEED WHEAT.

WE NOW HAVE IN STOCK a quantity of Old Crop Red and White Fife Seed Wheat, which we offer for sale at \$2.50 per bushel. As this year's crop contains only a small percentage of choice wheat, prices next spring will be extremely high, and we can sell at this price only until this shipment is disposed of.

CUSTOM GRINDING Wheat, Buckwheat, Oats, etc., promptly attended to.

F. H. EVERETT

Aberdeen Street, near C. P. R. Station, FREDERICTON, N. B.

ON CHRISTMAS MORNING

A Luxurious Bath is a moderately equipped Bath-room will put you in splendid trim for the duties and pleasures of the day.

We are ready to transform any old style, non-inviting bath room into one that is sanitary and luxurious at a moderate cost.

Estimates cheerfully given on request.

D. J. SHEA & SON

Carleton Street - Phone 563

Chalmers and Overland Station

Bicycle Repairing. Firearms Repaired.
TIRES AND ACCESSORIES

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

We Sell the Famous

Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald

Music Store 560 Queen Street

FURS! FURS!

NO NEED TO SUFFER WITH THE COLD when FUR COATS can be bought at such low prices from us.

WE HAVE REAL GOOD FUR COATS FOR MEN, none better to wear.

SOME GOOD VALUES IN LADIES' COATS. LADIES' NECK FURS AT BARGAIN PRICES.

J. Clark & Son Ltd.

Corner York and King Streets

Sportsmen and Guides!

When you want the best work done on your Game Heads, etc; send them to me. I guarantee satisfaction at reasonable prices.

No Duty to pay on American Heads as I mount all these heads at my American Branch.

GEO. A. DAVIS, TAXIDERMIST

281 Queen Street West. Fredericton, N. B. Phone 577-31
VANCEBORO, ME. Send for Price List.

Useful Xmas Gifts

In the Ready-to-Wear Department
at **A. MURRAY & CO'S**

PUT UP IN SUITABLE CHRISTMAS BOXES.

SEE THE WONDERFUL RANGE OF LADIES' BLOUSES IN BEAUTIFUL HABUTAE SILK, NINON, CREPE DE CHENE, GEORGETTE and SHADOW LACE. Lovely Styles and just the right thing for a Christmas Present.

LADIES' SKIRTS IN ALL THE NEWEST CLOTHS AND STYLES. Prices ranging from \$3.75 up to \$11.25

LADIES' BATHROBES and KIMONAS in LOVELY CLOTHS AND COLORS. Prices ranging from \$2.75 to \$7.50.

LADIES' SILK and SERGE DRESSES, BEAUTIFUL STYLES AND LOVELY COLORS. Prices ranging from \$8.75 to \$24.00.

LADIES' BLOUSES IN REPP, PIQUE, CHINA SILK AND VESTING. Wonderful value at 98c.

UMBRELLAS, SILK UNDERSKIRTS, FANCY SILK, SATIN, VELVET, CREPE DE CHENE and SERGE DRESSES, FANCY SILK and CLOTH SKIRTS, VOILE, CREPE DE CHENE and SILK BLOUSES.

SILK, CREPE and FLANNEL KIMONAS, FANCY TEA APRONS, WOOL AND SILK SWEATERS, COATS AND SUITS.

INFANTS' and CHILDREN'S DRESSES and WOOL SHAWLS, CHILDREN'S COATS and REEFERS, CHILDREN'S SEMI-READY HAND-WORKED SWISS DRESSES, and LADIES' DRAWERS, NIGHT-GOWNS and CORSET COVERS.

A. MURRAY & CO.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND