

TWICE COOKED SWEETS.

not break the skins.

boiling point.

them in a baking pan without peel- hours and serve with rich sauce.

Set them in the oven to dry Cooked twice the sweet potatoes are mealy and delicious:

Remove skins before serving by scraping with a dull knife.

GRAPE PUDDING.

into the batter, One heaping pint right. It should be eaten while

of grapes makes a fair-sized pudding. For the batter. Beat the Wash sweet potatoes, but do yolks of four eggs till thick, then add one cup of milk and two cups Put into boiling water, and cook of flour. Add a cup of butter used it any. slowly, keeping the water just at beaten to a cream, one teaspoon of vanilla extract, the whites of the When potatoes are tender, but eggs stiffly beaten, and then the not soft, drain dry and arrange grapes. Boil the pudding three

SWEET POTATO PIE

a pie plate with rich pie crust and fill with sliced sweet potatoes. Pour over this a small glass of brandy and about two teaspoonfuls of Grape pudding may be either granulated sugar. Place small pieces boiled or baked. Wash, pick and of butter around and cover with Employs in getting home to-day

Boil sweet potatoes with skins on. Peel when hot and slice. Line flour grapes before putting them top crust. This is delicious if made

Germany Gets None of Belgian Relief

Conditions of Agreement with Neutral Relief Commission respected by Germany

When the Belgian Relief Commission was organized, Britain insisted that Germany guarantee not to touch a particle of the food imported by the Commission for the Belgians. This guarantee, given to the American business men who are the executive heads of the Commission, has been respected—probably because its violation would be reported at once and would rouse the whole pentral world. probably because its whole neutral world.

So each contributor to the Belgian Relief Fund may feel perfectly sure that every pound of food which his money has helped to purchase, has gone directly to the Belgians.

No Dollars in the world are needed more—will be handled better—or will do more vital good—than the dollars which it is your privilege to give to the Belgian Relief Fund.

Whatever you feel you can give, send your subscription weekly, monthly, or in one lump sum, to Local or Provincial Committees, or



quite warm.

BLACKBERRY CREAM PIE.

One cup of blackberry jam. One cup of sugar. One cup of cream.

Four level tablespoons of flour. Two eggs, separated.

Mix flour with sugar, add blackperry jam, the cream, and the yolks of the eggs, well beaten. Line a deep dish with a well-made paste rolled thin. Fill with black- FOR RETURNED SOLDIERS. berry mixture, and bake in a quick oven until the crust is set, continue baking in a slow oven until filling is thick and firm. Add a diers' Aid Committee has been organ pinch of salt to the whites of the eggs, beat these until stiff, then ericton, as a district, and the City of Fred gradually six level tablespoons of reary. powdered sugar. When the pie is baked, remove from oven, heap truck willing to give preference to returned disabled soldiers as employees meringue on top, and brown in a and all returned discharged soldiers slow oven.

Slants of Humor

AN IMPERFECT RECORD

They'd make their married life a sons It was agreed. In harmony they'd get along. Oh, yes, indeed.

But sometines a discordant tone For life, just like a gramophone Will sometimes scratch.

BRAND NEW

During his vacation a San Francisc awyer met an old friend in the village and their conversation drifted to a discus on of the natives. A young farmer came under their view.

"He's a fine looking young fellow," said the lawyer.

'Ye-e-es," asserted his friend dubiously. "Well, anyway, he has a mighty good

"It ought to be good," was the reply. "That man's head is brand new-he's never

THEN THE ICE FORMED.

Her-No doubt you think I am older . Him-Not at all. I'm sure you are not as old as you look

ALL FOR NOTHING

"Now, my son," said the conscientious father, "tell me why I punished you."

"That's it," blubbered the boy, indignant "First you pounded the life out of me an' now you don't know what you done it

HAS TRANSPORTATION

No more the plowman plods his way

A jitney bus.

MIFFED

"Mrs. De Style has a grudge against the newspapers

"She can't see why they devote so much attention to the movements of the new armored 'tanks' when they might be chronicling her goings on, around and

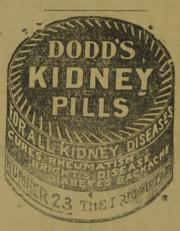
HE DIDN'T PROPOSE

"I am like that clinging vine," she sai 'How would you like to'be the oak?" "Dunno," he replied dubiously. "It looks very pretty to see the vine cling to the oak But I notice that it keeps reaching out its

When first we practice to deceive Makes some of us do pretty well.

An additional diaphragm features : new telephone mouthpiece to absorb outside sounds that make telephoning difficult in noisy places.

An Australian is the inventor of a recording target which shows the course of bullets in relation to both stationary and moving objects.



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NOTICE is hereby given that a branch of the Provincial Returned Sol-Allen Chairman and Judge Wilson Sec

wanting employment residing therein are requested to notify the secretary

JUDGE WILSON,

DR. T. C. ALLEN, Chairman

TO THE POLICYHOLDERS OF THE PRUDENTIAL INSURANCE COMPANY OF AMERICA.

NOTICE is hereby given that a meet-Prudential Insurance Company of America will be held at the Home Office of the said Company in the City of Newark, New Jersey, on Monday, the fourth day of December, 1916, at twelve o'clock noon, for the purpose of selecting fifteen persons to be voted. of selecting fifteen persons to be voted for by the policyholders' Trustee as members of the Board of Directors, at the annual election of Directors of the Company to be held on the eighth day

of January, 1917.

At such meeting every policyholder of the corporation who is of the age of twenty-one years or upwards and whose policy has been in force for at least one year last past, shall be en ast one vote in person or by FORREST F. DRYEN,

President.

CANADIAM PACIFIC **EXCURSIONS** From Fredericton

\$14.55 Montreal and Ret. TICKETS ON SALE. September 21st, 22nd and 23rd, Return October 9th.

September 28th, 29th and 30th, Return October 16th.

\$11.20 Boston and Ret. TICKETS ON SALE September 16th to October 14th, Good for Thirty Days.

For full particulars apply to F. B. Edgecombe, City Ticket Agent or write M. G. Murphy, D. P. A., C. P. R., St. John.

Sympathy that begins and ends in lip service is of little help to any of us A life with the one desire to do good finds no spare room for discontent.

When we begin to dig up the virtues of a friend, we soon bury all his faults.

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IS NOT CHILD'S PLA'. (
requires mature thought and
skilful work. Only the experienced plumber can do it satis-

factorily. OUR WORK in this line must please. Have given much thought and study to HOT AIR, WATER, AND STEAM HEATING Problems, and gained much practical knowledge in the course of many years! work many years' work.



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