

Exact Copy of Wrapper.

CASTORIA

For Infants and Children.

**Mothers Know That
Genuine Castoria**

Always
Bears the
Signature
of

Dr. H. H. Fletcher

In
Use
For Over
Thirty Years
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

WOMAN'S COLUMN

SMART EFFECTS IN RIBBONS.

There is a whole galaxy of beautiful reversible ribbon to choose from. All kinds of charming effects can be gained by their skilful manipulation, and the plain colored ribbon, edged with bands of contrasting color, also holds endless decorative possibilities. A wide, soft, black ribbon, bordered with a dicing of black and white squares, for instance, makes a most admirable cravat of the kind that is going to be worn with the new high-necked shirt blouses. As to the wider ribbons that are destined for waist swathings and hip sashes, they are wondrous beyond description, enough in themselves to lift the simplest and most ordinary frock out of the commonplace at once. A good supply of pretty, well-chosen ribbons will prove an excellent investment.

RECIPES WORTH TRYING.

Eggless Cake.

One cup sour milk, 1 cup sugar, 1-2 cup butter, 1 teaspoon soda, 2 heaping cups flour, 1-2 teaspoon cinnamon, cloves and allspice and cup of chopped dates.

Hurry-up Cake.

One-quarter cup butter, 1 teaspoon cream tartar, 2 eggs, 1-2 teaspoon soda, one cup milk, little salt, 1 cup sugar, flavoring, 1 1-2 cups flour.

Royal Wheat Cakes.

One quart whole wheat flour, 3 teaspoons baking powder, 1-2 teaspoon salt. Sift well together and add enough sweet milk, about 1 1-2 cup, to make a thin batter, bake at once on well greased griddle, serve with butter and syrup.

Tuberculosis Rapidly Increasing Among Children of Belgium and Northern France.

More Food Urgently Needed to Keep up Their Strength

An interview with Mr. W. L. Honnold, American Director of the Belgian Relief Commission, brings to light a new danger threatening the population of the territory occupied by Germany.

Mr. Honnold reports that about 5,000,000 wholly or partially destitute people, who have been dependent on the Commission, generally show diminished vitality. The effects are most apparent among the older children, particularly those in the adolescent stage. Among these there is an alarming increase of tuberculosis, due to the lower power of resistance consequent on an inadequate diet.

To overcome this serious danger, the Commission appeals for extra contributions so that a special meal can be served every day in the schools. Efforts are also being made to provide as far as possible for children outside the schools.

This can only be done—Belgium's children can only be saved—if every one of us who can possibly do so will give something toward the Fund. Whatever you can afford, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees, or

Send Cheques
Payable to
Treasurer

Belgian Relief Fund

59 ST. PETER STREET, MONTREAL.

\$2.50 FEEDS A BELGIAN FAMILY ONE MONTH.



Chocolate Pie Filling.

One cup sugar, 4 tablespoons of sifted flour, 1 teaspoon of salt, 1 heaping tablespoon of cocoa, 1 tablespoon of butter, 1-2 teaspoon of vanilla, 1 pint of boiling water. Cook in a double boiler until thick; let it cool and pour into shell. Whip cream for frosting, cool and serve when cold. This may be used as a pudding.

HELP FOR MRS. NEWLYWED.

"See how my carpet is wearing out by so much sweeping," complained Mrs. Newlywed.

"Many a carpet is prematurely worn out by careless sweeping," said Mrs. Neighbor. In sweeping thick piled carpets always brush the way of the pile. By doing so it may be kept clean for years; but if the broom is used in a different way the dust will enter the carpet and soon destroy it."

"Put two tablespoonfuls of ammonia into one gallon of water; wring a cloth out of this and wipe the carpet. This will remove the dust and help to brighten the carpet."

NEW YORK WORRIED OVER COAL SHORTAGE

New York, Oct. 16.—A shortage of coal is in prospect for this city this winter, according to dealers, who declare their bins are being depleted, and the outlook for immediate or for eventual relief is poor.

The shortage applies to both hard and soft coal. Failure to receive the usual amount of coal is attributed to a scarcity of labor at the mines and to lack of cars for transportation, the latter of which is said to be most serious. It is due to the movement of war munitions and other freight for export.

The enormous foreign trade of the country is blamed for the shortage, which it is stated exists in other sections of the country as well as here. Prices to New York householders for stove and nut coal vary from \$7 to \$7.75, and dealers declare that with seasonable weather the price will reach \$8 before Thanksgiving, and that \$9 coal is not too high to expect by Christmas.

GOT DIARRHOEA FROM DRINKING BAD WATER

Had to Give Up Work

Mr. H. M. Ryckman, Port Rowan, Ont., writes: "Last year I was out in Saskatchewan. The water was very bad and I was taken with diarrhoea. In a few days I was in such bad shape I had to stop work. I got a bottle of Dr. Fowler's Extract of Wild Strawberry, and had only taken a few doses when it was stopped, and I was soon able to go back to work again."

Dr. Fowler's Extract of Wild Strawberry has been on the market for the past seventy years, and has had such great success in curing all bowel complaints that many firms have undertaken to provide a substitute for it, even going so far as to use a similar name.

Do not be led into taking a substitute for "Dr. Fowler's," but insist on getting what you ask for.

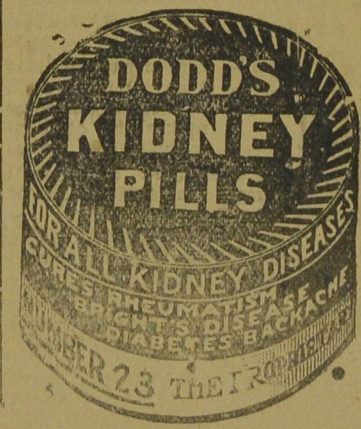
"Dr. Fowler's" is safe and sure, but by taking some of these rank substitutes you may endanger your life.

"Dr. Fowler's Extract of Wild Strawberry" is manufactured only by The T. Millburn Co., Limited, Toronto, Ont. Price 35c.

SASKATCHEWAN

PREMIER RESIGNS

Regina, Sask., Oct. 16.—Hon. Walter Scott has resigned the Premiership of Saskatchewan on account of ill health.



F. H. EVERETT

Aberdeen Street, near C. P. R. Station,
FREDERICTON, N. B.

WHEAT, OATS, BUCKWHEAT, etc.
PROMPTLY GROUND and satisfactory returns guaranteed.

CHOICE FLOUR MANUFACTURED FROM NEW BRUNSWICK WHEAT by the latest patent roller process.

Shipments by rail received and returned to station free of cartage charges.

"CELESTIAL FLOUR," made from No. 1 Manitoba Wheat, for sale in 98 lb. bags at the lowest market price.

FOR RETURNED SOLDIERS.

NOTICE is hereby given that a branch of the Provincial Returned Soldiers' Aid Committee has been organized for the Counties of York, Sunbury and Queens, and the City of Fredericton, as a district, with Dr. T. C. Allen Chairman and Judge Wilson Secretary.

All employers of labor in said district willing to give preference to returned disabled soldiers as employees and all returned discharged soldiers wanting employment residing therein are requested to notify the secretary

JUDGE WILSON,

DR. T. C. ALLEN, Secretary
Chairman.

TO THE POLICYHOLDERS OF
THE PRUDENTIAL INSURANCE
COMPANY OF AMERICA.

NOTICE is hereby given that a meeting of the policyholders of The Prudential Insurance Company of America will be held at the Home Office of the said Company in the City of Newark, New Jersey, on Monday, the fourth day of December, 1916, at twelve o'clock noon, for the purpose of selecting fifteen persons to be voted for by the policyholders' Trustees as members of the Board of Directors, at the annual election of Directors of the Company to be held on the eighth day of January, 1917.

At such meeting every policyholder of the corporation who is of the age of twenty-one years or upwards and whose policy has been in force for at least one year last past, shall be entitled to cast one vote in person or by proxy.

FORREST F. DRYEN,
President.

CANADIAN PACIFIC

EXCURSIONS

From Fredericton
\$14.55 Montreal and Ret.

TICKETS ON SALE.
September 21st, 22nd and 23rd,
Return October 9th.
September 28th, 29th and 30th,
Return October 16th.

\$11.20 Boston and Ret.
TICKETS ON SALE
September 16th to October 14th,
Good for Thirty Days.

For full particulars apply to F. B. Lodgecombe, City Ticket Agent or write M. G. Murphy, D. P. A., C. P. R., St. John.

Sympathy that begins and ends in lip service is of little help to any of us. A life with the one desire to do good finds no spare room for discontent. When we begin to dig up the virtues of a friend, we soon bury all his faults.

New Styles in Suits, Coats and Dresses. For Fall and Winter Wear.

LADIES', MISSES' and CHILDREN'S COATS in the newest and best styles for Fall, in attractive fabrics, at extraordinary low prices.

THE NEW SKIRTS ARE HERE in the latest styles and materials, including Tweeds, New Stripes, Plaids, Checks and Plain Serges, ranging in price from \$3.50 up to \$11.25.

STYLISH NEW FALL SUITS. You like your attire distinctive, don't you? Then you are sure to be delighted with these New Suits, for they are so smartly tailored. From \$15.00 up to \$37.50.

SEE THE NEW BLOUSES. A splendid range to choose from in Georgette, Habutae, Ninon, Crepe de Chene and Shadow Lace. Prices from \$1.89 to \$10.00.

VERY SMART AND STYLISH are the NEW SILK DRESSES in Taffeta, Crepe de Chene and Paillette. Prices from \$11.25 to \$20.00.

NEW RANGE OF LADIES' KIMONAS AND BATHROBES. Beautiful colors and nice heavy materials, from \$1.50 up to \$8.25.

A. MURRAY & CO.

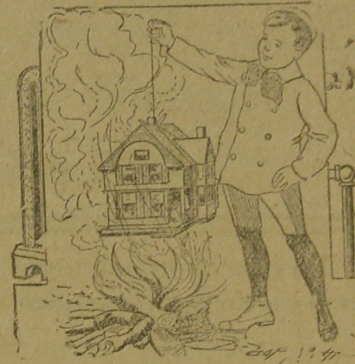
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WHERE COURTESY AND QUALITY GO HAND-IN-HAND

HEATING A HOUSE

IS NOT CHILD'S PLAY. It requires mature thought and skilful work. Only the experienced plumber can do it satisfactorily.

OUR WORK in this line must please. Have given much thought and study to HOT AIR, WATER, AND STEAM HEATING Problems, and gained much practical knowledge in the course of many years' work.



D. J. SHEA & SON

We Sell the Famous

Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald

Music Store 560 Queen Street

Chalmers and Overland Station

Bicycle Repairing. Firearms Repaired.
TIRES AND ACCESSORIES

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

No. 2 Improved Moody Thresher Titan Kerosine Engines

This combination gives a threshing outfit that is unexcelled capacity, durability and all round satisfaction to operator and customer. They have been thoroughly tested and proved.

If you have regard for your own best interests you will get information about these machines before buying any other.

A number of improvements have been put on the thresher but is no advance in price.

J. Clark & Son Ltd.

Sportsmen and Guides!

When you want the best work done on your Game Heads, etc; send them to me. I guarantee satisfaction at reasonable prices.

No Duty to pay on American Heads as I mount all these heads at my American Branch.

GEO. A. DAVIS, TAXIDERMIST

281 Queen Street West. Fredericton, N. B. Phone 577-31
VANCEBORO, ME. Send for Price List.