

Children Cry for Fletcher's

## CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN

## HOUSEHOLD HELPS.

Housewife writes that her carpets took faded and asks if there is any way to revive the color.

Sprinkle the carpets with warm water in which a few drops of ammonia have been dissolved and then brush briskly with a clean broom. Wet tea leaves also have a brightening effect.

## To Prevent Color Running.

How to wash colored clothes so as to prevent the colors from running.

Add a cupful of vinegar to the water in which the clothes are washed. Iron when still damp and they will look like new.

## For Brass Stains.

Brass stains should be rubbed with spirits of wine and then the stains will readily come out if washed with soap and water.

## To Remove Rust from Linen.

Use lemon juice or cream of tartar. Should either fail, soak the cloth over night in sour milk. The next day rinse in two different waters and lay in the sun. Wet

hourly in lemon juice, then soak in clear water and you will look in vain for the spot.

## TO CURE A STY.

Hazel wants to know how to cure a sty on her eye; also how to kill the odor of cooking.

One of the simplest as well as most efficacious methods is to apply a poultice of fresh tea leaves moistened with water. This will cure a sty on the eye in a very short time. To kill the odor of cooking put dried orange peels on a red hot stove or on the back of a coal range; and it will not only kill the odor but will leave a fragrant one.

## TO KEEP WHITE SILK WHITE.

If you are fond of wearing white crepe de chine waists and are anxious to keep them from turning yellow, wash them in cold water with a hard white soap. Cold water and soap will take out the dirt just as well as warm water. Dry in the shade and press with a warm but not hot iron. If these directions are followed you will not find your crepe de chine waists turning yellow.

## WING POWER OF BIRDS

Stormy Petrel's Great Power of Flight—The Swift Swallow

There is nothing more wonderful in Nature than the power of flight possessed by birds, and no subject which yields more startling facts upon investigation. "The way of an eagle in the air" is one of those things of which Solomon expressed himself ignorant; and there is something truly marvelous in the mechanism which controls the scythe-like sweep of wings peculiar to most birds of prey. Yet even naturalists of the first order have had little or nothing to say about the power of flight in birds, while some of them speak on very insufficient evidence. Witness Michelet's statement that the swallow flies at the rate of 240 miles an hour. Roughly, this gives us 1,000 miles in four hours, but naturally, even in its swiftest dashes, the swallow does not attain to anything like this speed. But the Duke of Argyll is rather under than over the mark when he computes the speed at more than 100 miles per hour.

The mechanism of flight in the swallow is carried through an ascending scale, until in the swift it reaches its highest degree, both in endurance and facility of evolution. Although there are birds which may, and probably do, attain to the speed of 150 miles per hour, this remarkable rate is not to be looked for in any of the birds of the swallow kind. In their migrations swallows stick close to land, and never leave it unless compelled. They cross straits at the narrowest part, and are the most easily fatigued of all birds. Apparently, though they possess considerable speed, they have no powers of sustained flight. These attributes belong in the most remarkable degree to certain ocean birds.

Anyone who has crossed the Atlantic must have noticed that gulls accompany the ship over the whole distance—or, at least, are never absent. The snowy "sea swallows," as the terns are called, seem quite tireless; though the petrel and the albatross alone deserve the name of oceanic birds. No sea deserts seem to bound the range of the petrels, and they are found at every distance from land. Different species haunt different seas—from the fulmar in the far north to the giant petrel, which extends its flight to the ice banks of the south. Here the Antarctic and snowy petrels appear, often floating upon the drift ice, and never leaving those dreary seas.

Another bird of immense wing power is the tiny stormy petrel, the smallest web-footed bird known.

## PROTECT MIGRATORY BIRDS

At the North American Conservation Conference, held in Washington, in 1909, and attended by representatives of Canada, Newfoundland, United States and Mexico, the international problems presented by the proper protection of natural resources were clearly recognized. With regard to migratory wild life the necessity for co-operative action is especially obvious. In Canada and the United States the protection of this invaluable resource is vested in the individual provinces and states, respectively. Protective laws were extremely diverse in both character and efficiency, with the result that the beneficial effects of adequate protection in one portion of the continent were largely nullified by the lack of similar measures in other sections. To secure stricter and more uniform protection negotiations between Canada and the United States were undertaken. The arrangement was satisfactorily concluded, the later ratification by the United States Senate constituting the final step. The treaty does not affect the administration of the provincial game laws, but insures in Canada, as in the United States, the minimum of protection regarded as essential to the permanent preservation of the wild life resources of North America.

## SUPERSTITION IN JAPAN

Missionaries Have Had a Fight Against Popular Beliefs

An European writes: "Japan is popularly supposed to have one religion, Buddhism, and one quasi-religion, Shintoism, usually understood to be upheld by the authorities as a stimulus to patriotic thinking. But as a matter of fact there are nearly thirty different sects in the two religions. It is not heathen religions, however, which have to be fought, but the superstitions which cluster round them. Worship of a deplorable kind is practised in connection with many Shinto shrines. The tourist passes a Fox shrine by the wayside, and is impressed by its picturesqueness and sees little in it except a reason for a smile.

"There are Japanese at this day who keep serpents in cages and call them Odotsusama, 'honorable lord brazen serpent,' bowing before them in supplication. When we hobnob with the principal of the village school and he, with a cynical smile, says that the people are very ignorant, we should remember that in almost every village there are one or two soothsaying women called 'Miko' who are consulted by otherwise intelligent men on every important step in business, and who have often more power than any priest or official over the actual lives of members of the community, acting not only with regard to the affairs of the living but rendering service as mediums between the living and the spirits of the departed, settling questions of property, marriage and divorce."

It should be the aim of every poultryman to improve the egg qualities of his flocks. He should take good aim. But in his endeavor to improve he should not make too rapid a pace.

Trap nests help to pick out the drones, and enable us to give better attention to the workers.

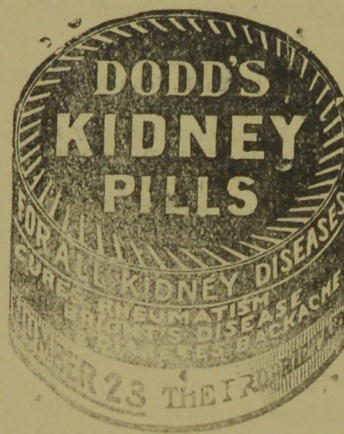
Russia is estimated to have more than 4,000,000 acres of land which would produce cotton if irrigated.

X-rays apparatus has been invented for killing the tiny parasites that eat small holes in leaf tobacco.

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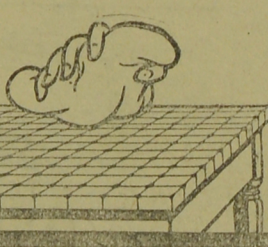
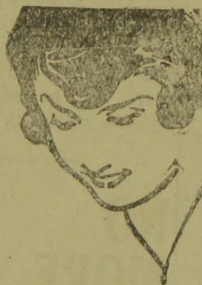
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