

NEWS of the SPORT WORLD

Southern League Playoffs Begin

YOUTH SHOULD BE TAUGHT MORE RELAXATION, LESS OVER-TRAINING

Gene Tunney Model Example of Athlete With the Ability to Relax in Crisis—Over-Training in Young Fighters Deplored

New York, Feb. 17—Emmett Topolino, the New Orleans flier, believes that a lot of youngsters who might be fine athletes are permitted to train at too early an age, and burn themselves out as a consequence.

"It depends, of course," he said, "on the boy himself, how early he develops, and whether he outgrows his strength. But I believe the ordinary youngster eventually would do better by avoiding rigorous training until around college age.

"I don't think that youngsters should run such severe races as the 100-yard dash or the quarter. A sprint of 50 yards is far enough for them."

Many good trainers agree with this viewpoint. They point out numerous promising boys who have been school stars and never do any better, or as well, when they are older, stronger, and should be better.

Several Cases of This

There have been several striking cases of this kind — boys who have been forced too hard and never have got over it.

Such students of physical culture as Gene Tunney and Artie McGovern have said more than once that they did not think growing boys should be put through any regular course of calisthenics.

The ordinary boy is active enough. The exercise he takes in his regular daily pursuits would wear out an adult. He runs, jumps, wrestles with his companions and exercises generally until he is tired, and then refreshes himself by sleep and is ready to do it

all over again.

He doesn't need formal exercises.

Frequently the youngster who is led to play football or to train for track athletics at too early an age, not only goes beyond his physical strength but dulls his mental keenness for the sport in question.

Tunney always has contended that more fighters are over-trained than under-trained.

It was noticeable that, instead of running on flat, dusty roads, he used to take long walks on wood roads which led up and down hill and where there was something around him to occupy his mind as well as his body. He got as much pleasure and as little drudgery out of training as was possible.

Plenty of rest was another feature of his training. There possibly never was a man who could, at will, relax more completely than the retired heavy-weight champion. He had a theory that this stored up energy, to be used in one great effort when it was needed.

Ernie Schaff said the other day that one thing he had learned from experience was not to over-train, and to get into condition gradually. A fighter who tries to make a couple of weeks intensive training take the place of gradual conditioning is likely to leave his fight in the gymnasium.

The chances are too much emphasis on daily gate receipts at gyms has hurt the chances of some boxers. When they consider this source of revenue, they frequently place themselves under both an obligation and a handicap.

Sussex at Saint John Tonight—Double Referee System in Vogue.

Saint John, Feb. 17—Playoff time, that brief era to which hockey fans impatiently look forward, is here at last! The objective of the hockeyist is at hand. The Southern New Brunswick Hockey League playoffs will open tonight. Meeting in a single game for second versus third place honors, Sussex Dairy Kings and Saint John Beavers will clash at the local Forum tonight. The winners will proceed into the league finals with Fredericton Capitals next week. This evening's fixture will start at 8.15 o'clock. The circuit's contest is billed for Wednesday at the home arena of tonight's victors.

Should the series go to three games the Capitals will have the deciding voice as to what Rink they prefer. Because of the importance of the match the double referee system will be in vogue. J. H. Drummie of Saint John being referee-in-chief and Bev Roach of Sussex assisting. The rivals tonight are reported in fine fettle for the crucial tilt which will definitely end championship aspirations for the vanquished six and enhance the hopes of their conquerors. No skating will be permitted at the big city rink today so that the ice may be in best possible shape for the teams, when they move to their positions for the opening whistle.

While Beavers have consistently been able to defeat the Kings county sextet this year, Manager Brad Gilbert stated last night that the locals are not taking any thing for granted. In the Kings the home clom realize they face a formidable club that has the reputation of being a great money aggregation. In a short series, hockey history in the Maritimes relates, Sussex has been known to smash aside many a club which on the season's play had appeared superior on paper and ice both.

Sixes from the Dairy Town need only the germ of the play-off fever to rise in their might against their competitors. Beavers believe their own record of successes against the Kings this season will be borne out again in this final encounter, but are being sent into the fray with full instructions to play crafty hockey at all stages.

Five former collegians who want to pitch for the Yankees will receive much attention from Joe McCarthy at St. Petersburg. They are Don Brennan, Peter Jablonowski, Russel Van Atta, Marvin Duke and Charles Devens. After graduating from Georgetown University in 1926, Brennan first signed with Lewiston, then went to Newark in 1927 and was transferred to Atlanta in 1929. He was sold to the Phillies two years later, but returned to Newark in 1931, and last year led the International League pitchers with twenty-six victories, and eight defeats. Jablonowski is a graduate of the University of Michigan. As a professional he first pitched for the Cincinnati Reds, who released him to Columbus, which sold him to Cleveland. He was traded by the Indians to the Boston Red Sox last summer, only to be shipped to Newark in exchange for Pitcher John Welch. For the Bears he won eleven games and lost one.

Van Atta, a left-hander, attended Penn State College before he pitched for Hartford in 1928. He spent four seasons with St. Paul and last summer, although St. Paul was a second-division team, he won twenty-two games and lost seventeen. Duke left Georgia Tech to sign a contract with Jacksonville in 1921. Subsequently he pitched for Chambersburg, Cumberland and Scranton before joining the Erie Central League team, for which he won twenty-three games and lost four in 1932. Devens graduated from Harvard last

CARNERA TOO BIG TO FIGHT AN ORDINARY MAN?

New York, Feb. 16—The death of Ernie Schaaf had struck a heavy blow at boxing in New York State, brought about threats of repealing the state boxing law and caused the virtual disbarment of Primo Canera, solely upon the grounds of his gigantic size.

Only a few hours after Schaaf died in Polyclinic hospital of a brain injury, Governor Lehman ordered a thorough investigation of his bout with Canera in Madison Square Garden last Friday night; the Legislature moved toward more stringent regulations for boxing, if not outright repeal of the law under which it is conducted in this state, and the State Athletic Commission flatly declared it would not approve a match between Canera and Sharkey nor allow the huge Italian to box anyone less than six feet two inches tall and weighing less than 220 pounds.

Muldoon Acts

Back of the commission's surprising action, wrecking the Garden's plans for a title match here in June between Sharkey and Canera, was the venerable figure of William Muldoon.

With Gen. John J. Phelan concurring, Muldoon announced that the "super-dreadnaught" class for oversized heavyweights, first organized in 1931, would be re-established and that Canera, if he is to fight in this state at all, must pick his rivals strictly from within that division.

Muldoon declared he had opposed the Schaaf-Canera bout from the start, but that public opinion had led him to approve it against his better judgment.

"I didn't see the fight," the veteran commissioner said, "but I was afraid of it from the start and now my fears are borne out. Canera is a great athlete from the feet up. He has the speed and agility of a middleweight and as far as punching is concerned, he needs no snap to his blows. His weight is enough. He is the greatest physical specimen I have ever seen."

The effect of the commissioner's ruling is practically to bar the big Italian from competition in this state. The superdreadnaught division, as defined by the commission would include only about a half a dozen heavyweights—Canera, George Godfrey, Jose Santa, Walter Cobb, Ray Impelletiere and Victorio Campolo.

NELS STEWART ONE OF FEW TO REACH 200 MARK

Boston, Feb. 17—Nels Stewart, of Toronto's eastend, finds himself in a small but select hockey class. The burly Boston Bruins' centre has been skating along at a goal-a-game clip of late and his tally against the world champion Toronto Maple Leafs was his 200th of his Major League career, which started with the Montreal Maroons in 1925.

Only two other active major leaguers have equalled that impressive total, Bill Cook, the New York Rangers veteran, and the spectacular Howie Morenz of the Montreal Canadiens. Both, however, have been playing big time hockey much longer than Stewart, who was purchased from the Maroons by the Bruins before the start of the current season.

Harry Oliver, member of the Bruins' third line, needs but five more tallies to break the 200-goal column. He registered his 195th goal of his long major league career during the Bruins' 7-2 victory over the Leafs who, incidentally, have not won a game in Boston during the last four seasons.

Both the League of Nations and the geography class prefer the familiar name of Manchuria to that of Manchoukuo.

June and promptly signed a Yankee contract. He was used as a batting practice and exhibition pitcher until the end of the season, when he was sent against the Boston Red Sox, whom he easily defeated.

TURNING the DIAL

Fredericton High's basketball quintet is at home tonight to Woodstock in the third game of this section of the New Brunswick Interscholastic League. It is Woodstock's first appearance here this year. They are the third team in the league. On Saturday Woodstock will meet Provincial Normal School.

Once again we are in the playoffs in Maritime Hockey. It seems only a short time since the Capitals of last year were embroiled in a hot protest with the Moncton Hawks, and the Mail in a roasting way, reported the proceedings from Moncton, with possibly a little too much application of pepper. From this date nothing of so interesting a nature appears on the horizon. But the playdowns are only started yet.

They tell us that George "Blondy" Johnston whom Coach McLean would have relegated to the second line of his U.N.B. team, was the pick of the team on the ice against Mount Allison the other night.

Badminton to the Fore

Today and tomorrow are big days locally for the game of Badminton. For the first time in the capital's history a Maritime Tournament of this game is being held here. Factually, it is only a few short years back, that the game was a complete innovation here. But the game grew once the match was kindled and today starts the much discussed tourney in the armories.

No better proof of New Brunswick's share in last year's maritime badminton records is there than the following taken out of the Spaulding Badminton Guide for 1932: "Badminton stars

BASEBALL BRIEFS

Hornsby to Cover 2nd

St. Louis, February 16—Rogers Hornsby will be the regular second baseman of the Cards, according to Branch Rickey, business manager of the St. Louis Cardinals, who is eager to see the former manager rehabilitate himself. "Rog is working assiduously each day in the gymnasium and I look for him to stage a great comeback with the club where he enjoyed his greatest success," declared Rickey. "He never dissipated and consequently it won't be a tough job for him to go into condition. Hornsby's only weakness was the horses. But he has seen the errors of his ways and from now on the only thing that will interest him is baseball and the desire to see the Cardinals back on top of the heap."

Hockey Results

National League
Toronto 5, Rangers* 2.
Maroons 2, Detroit* 2.
Canadiens 6, Ottawa* 0.
Chicago* 2, Boston 1.
International League
Buffalo 6, Windsor 1.
Canadian-American
Providence 4, Boston* 1.
Canadian Intercollegiate
McGill 4, U of Montreal 1.
N. B. York County
Fredericton Bankers 1, Marysville 1.

SKATING

With Band

Monday, Wednesday

Friday Evenings

—and—

Saturday Afternoon

Ice Permitting

SKATING FOR SCHOOL CHILDREN ON SATURDAY MORNING

from New Brunswick took down the lion's share of the honors in the annual Maritime Provinces championships, which were held in the Armories, Halifax, N.S. Four of the five major events went to New Brunswick, while the other one fell to the lot of Nova Scotia.

For the benefit of those taking part in today's events we reprint the following Badminton "don't's," as listed in the Spaulding Guide. They are as follows:

DON'T alter your grip for any stroke.
DON'T "toss short."
DON'T try to "kill" everything.
DON'T omit to "feint"—but not too often.
DON'T do a half-hearted smash.
DON'T forget the longer the flight, the slower the bird—therefore wait.

DON'T try impossible strokes
DON'T underrate your opponent
DON'T give up trying
DON'T forget to encourage your partner.
DON'T get in your partner's way.
DON'T forget that to lose your temper generally loses the game
DON'T ever stand still, but be always on the move.

These advice sound to us to be rather important to anyone who wields a badminton racquet, and many of them can be applicable to any line of sport.

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- 36—Charlotte and Carleton Sts.
- 37—George and Regent Sts.
- 38—King and Regent Sts.
- 43—Aberdeen and St. John Sts.
- 44—Queen and St. John Sts.
- 45—Brunswick and St. John Sts.
- 46—Charlotte and St. John Sts.
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