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CASTORIA

For Infants and Children.

Mothers Know That
Genuine Castoria

Always
Bears the
Signature
of

Chas. H. Fletcher

In
Use
For Over
Thirty Years
CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

MAKING THE MOST OF A SMALL INCOME

Using Substitutes for Household Linens is a Good Way to Save Money.

Few women are thrifty by nature. Their knowledge of practical economy is more often acquired through the effect of their girlhood surroundings and bringing up. If a woman has been used to seeing her parents stretch a dollar to the work of two, by the time she marries she has learned most of the makeshifts which an insufficient income enforces.

If, on the contrary, she has been brought up in a home where no thought was given to the nickels and dimes, where true economy was unknown, then she is very unlikely to settle into a provident prudent housewife.

One sees cases, however, where girls from wealthy families upon their marriage to the poor men of their choice have developed a housewifely shrewdness and thrift that is almost uncanny, considering their previous lack of experience. So it is not impossible for a girl untrained in economy to develop into a good housewife, but it is rather unlikely, and the cases where it does happen concern girls of unusual strength of character who will have enough to overcome the habits of a lifetime.

To make the most of a moderate income a woman must learn how to make every dollar go as far as possible when she is spending and to make every object which is already bought last as long as possible so as to prevent further expenditure. She must learn the truth of the old axiom that a dollar saved is a dollar earned, and try to take such good care of her present possessions that she will not have to buy new ones for a long time.

Household linen is frightfully expensive, as every housewife knows, and to renew linens is al-

most enough to drive the ordinary moderate income owner to the edge of bankruptcy. So that it behooves the housewife to guard her fine linen as she would jewels. The bride who has had beautiful linen given to her in her wedding portion should go out and price similar linen, so as to appreciate how much it will cost her to replace it when it is gone.

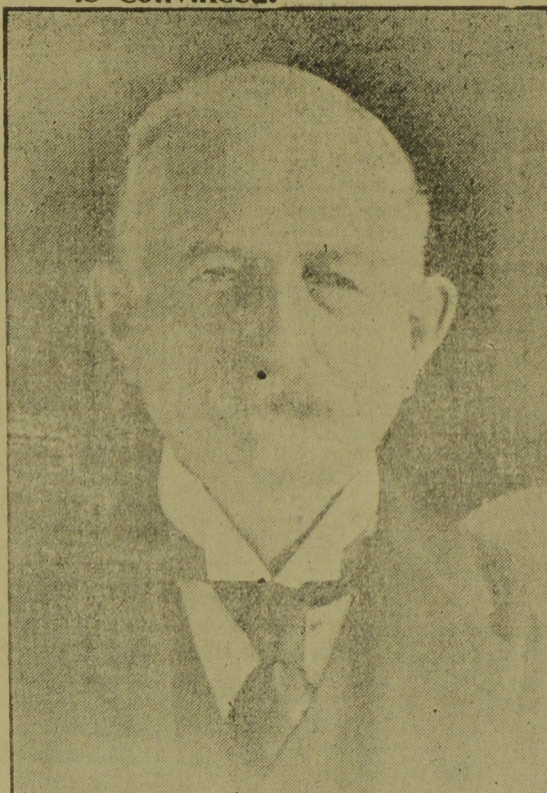
The woman who has but a limited income will find that she can save her table linen much wear and tear by only using it once a day, at dinner. What, you may ask, will she use at other times? There are a number of dainty table sets which will make the table attractive and cost but very little. Long Japanese strips in figured cotton weave with napkins to match are very pretty for breakfast and for luncheon use and wash beautifully besides being very cheap.

FRENCH IN THE SCHOOLS

Should Be Compulsory, Lord Shaughnessy Is Convinced.

INTERVIEWED in London, Lord Shaughnessy, president of the Canadian Pacific Railway Company, stated his conviction that it was essential to the development of Canadian trade that both French and English should be compulsory subjects in Canadian schools, and that though other languages might be optional the more languages learned the better.

He said: "The subject of trade after the war is one in which Canada is deeply interested at the present moment. Of course we are pre-occupied just now with the successful prosecution of the war, but at the same time it is possible to frame in our minds the general outline of our trade policy. When hostilities are concluded we must not be content to develop scientific research alone, but amongst other things in connection with trade after the war greater attention should be paid to the universal instruction in schools in foreign languages. In the past we have been content to give our boys and girls just adequate education in their own tongue. If the lessons of this war are to be taken to heart, and if we are to extend our trade then we must make our youngsters familiar with the language of other nations, and, in my opinion, the French language should be made compulsory in every common school throughout the Empire. For it is the most common medium in exchange of thought all over the world. Russian and Italian should also be studied."



LARGE INCREASE IN CIRCULATION OF BIBLE

Toronto, Dec. 6.—In connection with Bible Sunday, or annual Bible review day, which will be observed next Sunday, Dec. 10, statistics compiled here show that there has been a large increase in the circulation and study of the Bible since the war began.

The issues of Bibles, in whole or in part, by the British and Foreign Bible Society last year were 11,059,000 copies, those of the American Bible Society over seven millions, those of the National Bible Society of Scotland and of the Continental Bible Societies over four million. If to these are added the issues of the private Bible publishing houses there will be a total of more than 35,500,000 copies of the Scriptures in whole or in part, published in the past year.

That is seven million more than the total estimated issues in 1913.

A noteworthy feature is that the circulation in the English language has doubled since the outbreak of the war. The Bible, or portions of it, is now translated in 600 languages, 18 new languages having been added since the war, by the British society. If the estimated number of Bibles issued by the Roman Catholic and Greek churches and the Hebrew scriptures among the Jews be added to the foregoing totals, the aggregate of last year will be forty million copies, against twenty-eight million or thirty million in 1913.

BIG TALK OF THE TEUTONS.

London, Dec. 6.—A despatch to the Times from Amsterdam quotes a message from Sofia to the effect that after Bucharest is taken the Central Powers will capture Avlona, Albania and join hands with Greece.

A man never knows how much he values an umbrella or a woman until he sees some other man calmly walking off with one or the other.

When You Can't Sleep

YOU SHOULD USE

MILBURN'S HEART AND NERVE PILLS

Sleeplessness is caused by the nervous system becoming deranged.

Perhaps too much worry has gotten on your nerves, perhaps you have overworked yourself, or have been excessive in your use of tobacco, but whatever the cause, the nervous system must be built up again before restful sleep can be assured.

Those whose rest is broken into by frightful dreams, nightmares, sinking and smothering sensations, who wake up in the morning as tired as they went to bed, can have their old, peaceful, undisturbed, refreshing sleep back again by using Milburn's Heart and Nerve Pills.

Mrs. John Sloan, Haley Station, Ont., writes: "Over a year ago I was very nervous. I could not sleep at night, and I would faint at the slightest fright. I tried several doctors, but they did me practically no good. I noticed your advertisement and immediately tried Milburn's Heart and Nerve Pills, and I am proud to say they cured me."

Milburn's Heart and Nerve Pills are 50c a box or three for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Increases Your Weight, Restores Lost Strength, Prevents Illness

Every day comes new converts to that great army of men and women who rejoice in new-found health that what run-down folks need; it cures belching, no treatment so sure to bring take two small chocolate coated tablets with a sip of water at the close of each meal.

Came to them through the use of that wonderful blood-renewing preparation called "FERROZONE." Very simple how it acts. All you have to do is to Ferrozone is a marvel. It contains just what thin blood lacks—lots of iron, but mark you, the kind of iron your blood is able to absorb. Ferrozone puts life and vim into the blood. Makes it rich, red and nourishing. Naturally the body is better fed and it grows stronger day by day.

Of course digestion must be improved, and probably the stomach will require aid as well. Ferrozone serves the purpose admirably. Those who use it enjoy appetite and digestive powers far beyond the ordinary.

That tired feeling is replaced by the buoyant, joyous sensation of health and vigor. Day by day as your strength increases, you feel new energy surging through your veins, and know that a great tonic of great merit is at work.

No remedy more nourishing or up-lifting health, good spirits and contentment. Ferrozone contains just cause it supplies more nutriment than you can get in any other way. 50c.

Funny, but a woman may loathe bald heads, until she chances to fall in love with a man whose hair is getting sparse on top; then she will suddenly begin to think of them as "nice and clean, and intellectual looking."

The modern girl's idea of a "regular fellow" is one who is clever enough to make a lot of money and foolish enough to throw it away on her.

NEW SUBSCRIBERS

- 317 Anderson, Miss Martha J., Res., Nashwaaksis.
555-11 Brown, Steve B., Res., 312 Saunders street.
467-41 Christison, Mrs. Marion A., Nurse, Marysville.
186-42 Currie, Henry W., Res., 294 Queen Street.
513 Dominion Plant Pathological Laboratory, G. C. Cunningham, Pathologist, Queen St. ville.
237-11 Hanson, Harry C., Res., Marysville.
299-11 Howard, Mrs. Geo. E., Res., 521 King Street.
80-42 Hughes, Clifford, Res., 631 Campbell Street.
57-22 Lampert, Morris, 173 King St.
133-41 McGill, James, Res., Gibson.
211 Smith, B. Frank, Res., 222 Waterloo Row.
79-31 Sterling, Louis K., Res., 324 Regent Street.
2600-24 Woods, Chas., Res., Nasonworth.
260-31 Zall, Abraham, Res., 76 Westmorland Street.

N. B. TELEPHONE CO., LTD.

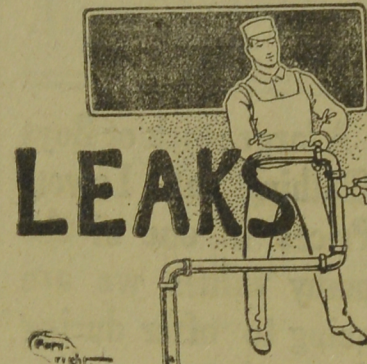
SEED WHEAT.

WE NOW HAVE IN STOCK a quantity of Old Crop Red and White Fife Seed Wheat, which we offer for sale at \$2.50 per bushel. As this year's crop contains only a small percentage of choice wheat, prices next spring will be extremely high, and we can sell at this price only until this shipment is disposed of.

CUSTOM GRINDING Wheat, Buckwheat, Oats, etc., promptly attended to.

F. H. EVERETT

Aberdeen Street, near C. P. R. Station, FREDERICTON, N. B.



TO PUT AN END TO LEAKS Solder and the soldering iron in the hands of the intelligent workman may be all that's required.

Perhaps more extensive repairs may be necessary. The quickest way to set defective plumbing to rights is to send a message here. We will have a workman quickly on the spot, and what he does will be done well. The bill will cause no pangs in the pocketbook.

D. J. SHEA & SON

Chalmers and Overland Station

Bicycle Repairing. Firearms Repaired. TIRES AND ACCESSORIES

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

We Sell the Famous

Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald
Music Store 560 Queen Street

FURS! FURS!

NO NEED TO SUFFER WITH THE COLD when FUR COATS can be bought at such low prices from us.

WE HAVE REAL GOOD FUR COATS FOR MEN, none better to wear.

SOME GOOD VALUES IN LADIES' COATS. LADIES' NECK FURS AT BARGAIN PRICES.

J. Clark & Son Ltd.

Corner York and King Streets

Sportsmen and Guides!

When you want the best work done on your Game Heads, etc; send them to me. I guarantee satisfaction at reasonable prices.

No Duty to pay on American Heads as I mount all these heads at my American Branch.

GEO. A. DAVIS, TAXIDERMIST

281 Queen Street West. Fredericton, N. B. Phone 577-31
VANCEBORO, ME. Send for Price List.

Commencing Tues. Morning Dec. 5th.

Radical Price Reductions

OUR ENTIRE STOCK OF LADIES' WINTER COATS AND SUITS SPECIALLY PRICED FOR QUICK CLEARANCE.

A Chance to Practice Economy With out Sacrificing Quality.

LADIES' WINTER COATS

Reg. \$10.00 for \$ 6.50
" 11.25 for 7.50
" 12.50 for 8.25
" 12.75 for 8.50
" 14.75 for 9.75
" 15.00 for 10.00
" 16.50 for 11.00
" 17.25 for 11.50
" 18.00 for 12.00
" 18.50 for 12.25

LADIES' WINTER COATS

Reg. \$13.75 for \$12.50
" 19.25 for 12.75
" 19.50 for 13.00
" 20.25 for 13.50
" 20.75 for \$13.75
" 21.00 for 14.00
" 21.75 for 14.50
" 22.25 for 14.75
" 22.50 for 15.00

LADIES' WINTER COATS

Reg. \$23.00 for \$15.25
" 23.25 for 15.50
" 24.00 for 16.00
" 24.75 for 16.50
" 26.25 for 17.50
" 27.75 for 18.50
" 28.25 for 18.75
" 41.25 for 27.50
" 51.00 for 34.00

LADIES' WINTER SUITS

Reg. \$15.75 for \$10.50
" 16.50 for 11.00
" 19.50 for 13.00
" 20.75 for 13.75
" 22.50 for 15.00
" 23.75 for 15.50

LADIES' WINTER SUITS

Reg. \$24.00 for \$16.00
" 24.75 for 16.50
" 26.75 for 17.50
" 27.00 for 18.00
" 27.75 for 18.50
" 30.00 for 20.00

LADIES' WINTER SUITS

Reg. \$30.75 for \$20.50
" 32.50 for 21.50
" 33.00 for 22.00
" 33.75 for 22.50
" 37.25 for 24.50
" 37.50 for 25.00

Alterations done free of charge.

A. MURRAY & CO.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, 2, 3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Watson.)