

TO MAKE GOOD JELLY.

impels the writer of "Frocks and sweet. Frills" to offer a few suggestions pretaining to this simple yet most beautiful of culinary arts.

health of her family.

The usual proportion of granu-The sight of a crab apple tree lated or loaf sugar used to the fruit bending beneath the burden of ripe juice is a pound of sugar to a pint red truit and the remark of a young of fruit, or "a cup to a cup," as wife that she longed to make pre- country housewives say, although serves and jellies only she did not the quantity of sugar varies slightknow the least thing about the art, ly according as the fruit is acid or

Crab Apple Jelly.

To make crab apple jelly, stem There is nothing the good house- and remove the flower burrs, wash wife exhibits with such justified and cut in halves and barely cover pride as pantry shelves filled with the apples with boiling water. Let glasses and jars of ruby-like jellies them cook until thoroughly soft and preserves, and the experienced strain the juice and measure it, housekeeper also knows the value allowing three-quarters of a cup of of the potash salts and other min- sugar to each cup of juice Let the eral compounds in which fruit juice boil 20 minutes and meanabounds in contributing to the while heat the sugar in shallow dishes in the oven. At the end of

WAN HE I MAN Keep the woodwork clean and bright with Old Dutch

Sportsmen and Guides!

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both before and after the sugar

BEAUTY HINTS.

The well-groomed woman whom you meet at the breakfast table, office or shops is the one who never ignores her bedtime tollet, no matter what the hour of retirement. She believe it just as es sential to retire wholesomely clean giving certain toilet details their FOR RETURNED SOLDIERS. attention, as to emerge refreshed in the morning, says Hortense.

No woman in the world is more than the French woman, no matter her social caste, and to this is Allen Chairman and Judge Wilson Sec which makes an instant app. al, especially to foreigners. Where the rising hour is an early one, the business woman cannot afford to make a leisurely morning toilet Where certain details have been DR. T. C. ALLEN, attended to the night before, her toilet is made in half the time, and the nervous flurry, especially TO THE POLICYHOLDERS OF where trains are made, are happily eliminated.

A DISAPPOINTED HYPHEN.

John D. Blows His German Barber to One Glass of-Hush!

this tale of disappointment.

After he had gone to the Rockefeller place to shave the oil king, the king sked the barber to go for an automobile ride. It was a dusty ride.

"Would you like a drink?" asked Mr. Rockefeller solicitously, as they passed a road house. The barber was almost too stunned

to nod his head, and his host beamed upon him. "Wait till we get home," he said

hospitably. "I've got a fine cold drink there for you."

It was fine water, the barber had to dmit, and he judged from the pleased expression on Mr. Rockefeller's face that the latter at least enjoyed it.

Cure Your Bad Cough By Breathing "Catarrhozone"

You may dislike taking medicines-You may dislike taking medicines—but coughs are best cured without medicine. The modern treatment is "Catarrhozone." It isn't a drug—it's a healing vapor full of pine essences and healing balsoms. It spreads over the surfaces that are weak and sore from coughing. Every spot that is congested is healed; irritation is soothed way; phlegm and secretions are cleaned out, and all symptoms of cold or catarrh are cured. Nothing so quick, so sure, so pleasant as Catarrhozone. Beware of dangerous substitutes meant to vare of dangerous substitutes meant to leceive you for genuine Catarrhozone. Il dealers sell Catarrhozone, large size which lasts two months price \$1.00; small size 50c.; same size 25c. ...

BULGARIANS COUNTER ATTACK.

But Gain No Success Against the Serbians on Macedonian Front.

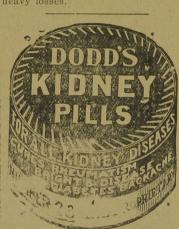
Paris, Sept. 19.—The Bulgarians on he Macedonian front have made two counter attacks against the Serbians, out gained no success, it was announce ed officially here today.

The Bulgarians and Germans have not attempted a counter attack against the French troops which captured Florina. There is no change on the Stru-

STUBBORN FIGHTING IN GALICIA.

Teuton Attacks on the Russians Were Repelled with Heavy Losses.

Petrograd, Sept. 19.—Stubborn fightng is in progress between Russian and Austro-German troops in the region of he River Naravovka, in Galicia, the official statement issued today by the Russian War Department says. All the Teuton attacks were repelled with neavy losses.



CELESTIAL FLOUR

MADE IN FREDERICTON from Choice Hard Wheat by the best patent

Now fully equipped for custom grindng, Wheat, Oats, Buckwheat, etc. Prompt service, and satisfaction

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branch of the Provincial Returned Soldiers' Aid Committee has been organ-lzed for the Counties of York Sun bury and Queens, and the City of Fred ericton, as a district, with Dr. T. C

reary.

All employers of labor in said dis are requested to notify the secretary

Secretary Chairman.

THE PRUDENTIAL INSURANCE

COMPANY OF AMERICA.

NOTICE is hereby given that a meeting of the policyholders of The One Glass of—Hush!

Tarrytown, N. Y., Sept. 18.—John D. tockefeller set up the drinks for a cockefeller set up the drinks for a cockefelle ocal barber here the other day. The the fourth day of December, 1916, at parber was a German—thereby hangs twelve o'clock noon, for the purpose of selecting fifteen persons to be voted for by the policyholders' Trustee as members of the Board of Directors, at the annual election of Directors of the Company to be held on the eighth day of January, 1917.

At such meeting every policyholder of the corporation who is of the age of twenty-one years or upwards and whose policy has been in force for at least one year last past, shall be entitled to east one vote in person or b FORREST F. DRYEN, President

WHEN YOU USE SANIFLUSH REGULARLY

Just sprinkle a little in the bowl each morning and a hitherto odious task is made easy. The result is a celan, white, sanitary closet. SANI-FLUSH is patented, nothing else like it. Its meant to clean toilet bowls, and it does it thoroughly. Should be used in residences, stores, business offices, hotels, factories and wher ever closets are installed. It does not injure the plumbing.

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ies' New Fall Coats. Beautiful Novelty Waists in Crepe

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