

THE MINISTER OF TRADE AND COMMERCE SPOKE OUT PLAINLY

(Sherbrooke Record)

"This is the explanation of the ruinous prices that the livestock producers of Canada have been receiving for their cattle during the past year or more," exclaimed the Hon. H. H. Stevens, Canada's Minister of Trade and Commerce, when he had explained the collusion in price-fixing by the meat packers and abattoir men in this country.

Speaking of the shoe manufacturers who violate the fair living price wage, he recited the case of men who were fined under the Minimum Wage Act as being haled into court, where "the fines imposed were so small and ineffective as to be useless."

"I am opposed to government interference in business," said the Minister. "But I would be lacking in human feeling if I sat idly by and permitted practices of this kind to prevail without raising my voice in protest or exhausting every means in my power to correct it."

He referred to the situation in the bread business, where big companies, under control of flour mills, were forcing individual bakers into bankruptcy through price wars, and then returning to higher prices.

After reciting one such case of the slaughter by smashed prices of a small city baker, he said:

"This is not an isolated case. There are hundreds and hundreds of similar cases. The business men of Canada should resist and publicly denounce these practices."

"I say to the press that some sec-

tions of it dare not publish the things I have said because the advertising receipts make it impossible for them to do so. Some of you before me today dare not denounce these practices for fear of losing a large order. Your fate is this: Sooner or later the mass buyer with whom you have been dealing will come and say: 'We have been buying shoes from you for \$4 a pair. We will give you \$2.75 for them.' You may protest but he will say that if you won't sell at that price, others will. And because this mass buyer forms 90 per cent of your business, you will have to yield. You will confer with your factory foreman and the world will go out to your factory employees that wages will have to be cut. And that is the beginning of the end. As surely as the sun rises in the morning, you will be pushed to the wall."

Quality will fall before quantity. It always does lead to degeneracy of that which has been good.

We have been comparatively free from the department store evil in Sherbrooke yet we have foreign chain stores aplenty along Wellington st. One of them is the grandparent of a foolish woman who has been chasing one of a trio of mid-European princelings. She would be a strutting princess who has sold her body for a title. For the three princelings are avowed fortune-hunters. The firm flooded the United States and Canada with tinsel wares from Germany and other countries, where they put to metal into hammers and other tools for domestic use.

THE CONSERVATION OF WILD ANIMALS NOW ENGAGING MORE ATTENTION IN UNITED STATES

The conservation of game animal and bird life is engaging much attention in many part sof the United States and measures to this end are being attended with considerable success. The twentieth annual game conference is now in session in New York City, among subjects on the program are "Incubation of Game Bird Eggs," "Nutritional and Hygiene Requirements of Game Farms," "Recent Developments in Breeding Quail," "Quantity Production of Ruffed Grouse," "Purchase or production of State Birds," "The Licensed Shooting Preserve," etc. The wildlife research program will deal with waterfowl and other migratory birds and upland game.

Among other things a Rod and Gun writer says the decrease of pheasants and song birds is due directly to the destruction of hawks and owls by sportsmen who cannot seem to learn hat hawks and owls are the best friends of game. In the good old days when hawks were abundant game was abundant. They have learned this in Ohio and repealed the bounties on hawks and owls.

The state examined 735 hawks and owls at the State museum and found stomach contents less than 1 per cent game, 1 per cent poultry and more than 70 per cent rats and mice, the balance mostly insects. Our farmers and sportsmen now realize that when a hawk comes into the barnyard he is coming to get the rats that are destroying the chickens.

Wild game still is quite abundant in many parts of the neighboring republic. The Conservation Department of New York State has completed its tabulation by counties of the kill of deer during the last open season. These figures disclose that more deer were killed during the 1933 open season than the year previous in all counties but one. In commenting upon the report, Lithgow Osborne, Conservation Commissioner, said: "The 1933 deer season was the best in the history of our department, from the standpoint of the hunter. Our deer herd was in fine shape and has increased over a period of several years to a point where about every one out of eight hunters who ventured into the woods last fall came back with a trophy of the hunt. The efforts of the

department to increase the herd by protecting the animals and seeing that they are fed in winter, when oftentimes it is impossible for them to find feed themselves, have been successful."

The tables furnished by the department show that 8,444 deer were killed in the counties having open seasons. Of these 6,911 were killed in Adirondacks, 1,294 in the Catskills and 239 in other sections, an increase in all of 1,545.

BURGLAR WORKS ON CASH BASIS

Pittsburgh, Jan. 25—A burglar who operates on a "strictly cash" basis entered the home of Daniel Smith, a labor union official, and escaped with a strong box containing \$2,500 in postal savings certificates and \$1.45 in cash.

That was several nights ago. Yesterday Smith found the strong box on his front porch. The \$1.45 was missing, but the \$2,500 in postal savings had been returned.

There will be crooked lawyers so long as laymen will pay big money to learn legal ways to be crooked.

It is only married women who say that all men are alike. Every girl knows at least one man who is superior to all others.

INSULL CAN STAY IN GREECE IF HE IS SICK

Athens, Jan. 24—Only in illness did Samuel Insull, former Chicago utilities czar have hope today of refuge from the United States law.

The Greek Government held firm to its decision that Insull must leave the country. His permit to remain expires January 31. But the Ministry of the Interior stated that, for humanitarian reasons, the Government will prolong his permit if Insull's recent illness becomes aggravated.

Such a prolongation it was apparent, would be merely a temporary matter and would not solve the question of where the 74-year-old fugitive from Justice would go from Greece.

It was rumored yesterday that he might go to the Island of Rhodes, but the Italian Foreign Office pointed out that Italy has an extradition treaty with the United States and that, therefore, Rhodes was closed to Insull as a refuge.

Today's rumor had it that Insull might go to Persia.

Many men have no "cronies" at all. They are men who have changed towns in middle age.

DUSTING A ROOM USES UP MORE ENERGY THAN A COLLEGE PROF. USES AT HIS WORK

(Philadelphia Bulletin)

Every time you sweep and dust the living room you expend as much caloric energy in three minutes as a professor would use in an hour of intensive work at his books.

Experiments carried out by Dr. Francis G. Benedict, Director of Nutrition Laboratory of Carnegie Institution, prove that it is so.

Tests were made on such physical exertion as ironing clothes, walking, riding a bicycle and on sustained mental effort.

It was found that mental effort, even of the most intense sort, consumes surprisingly small amounts of energy. There is enough caloric energy in half a peanut to supply the energy necessary for an hour of intense mental energy.

The investigation makes clear, Dr. Benedict states, that no special diet is needed by the brain-worker. Persons in sedentary occupations were found to require 2,500 calories a day to cover basic needs and also the extra energy expended for work. Farmers consume about 3,500 calories a day, lumbermen may reach as high as 7,000 and a long distance bicycle racer developed the amazing metabolism of the rate of 10,000 calories per day.

A Heavy person, he found, expends more energy than a thin man of the same height, doing the same work. And a man always produces 10 per cent more heat-energy than a woman, even when age, height, and weight are taken into consideration.

Eat Less to Grow Thin

"In the great proportion of cases," points out Dr. Benedict, "the only reason that people grow fat is because that each day they eat a little more than they require."

"If you eat the equivalent each day of an ounce of butter more than you need, what happens? You don't lose it and you don't burn it; it is digested, assimilated, and deposited as fat."

"The best way to lose fat is not to get fat. If you are fat it is nearly hopeless to attempt to 'work it off.' There is only one way o lose it intelligently, and that is to limit your intake slightly and burn it up slowly. Fats are, so to speak, twice as concentrated as starches and sugars; hence it is helpful if one avoids all visible fats in food."

"There is no royal road to slimness. Diet reduction, at times demanding a Spartan-like abstinence from especially loved foods, is the only logical procedure. It might be termed 'scientific stoking.'

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Energy Consumed When Resting
Dr. Benedict found that even when the body is at rest, "with its fires banked," as he puts it, energy is being consumed. The condition of the body in such state he likens to a great factory awaiting the signal to begin the day. Steam is up at the boilers, the operators are at their stations, all is in readiness to swing into action the moment the control switch is set.

The measure of this resting energy Dr. Benedict terms one's "basal metabolism." It provides a measure from which to determine the overplus of energy required in the performance of particular tasks.

"In view of the sense of extreme fatigue following sustained intellectual activity, it is surprising that brain work has such an insignificant effect upon the general level of vital activity," says Dr. Benedict. "This fatigue can hardly be explained by the slightly increased activity of the heart and respiratory muscles, noted in our experiments. The study gives us little, if any, direct evidence for a satisfactory explanation of it."

PENTACOSTAL WORSHIPPER HAD NARROW ESCAPE

Portsmouth, Ohio, Jan. 24—More than 50 persons were injured at Sciotoville, a suburb, tonight when the floor of an ancient building fell 15 feet into a basement, carrying 400 worshippers of a Pentecostal church congregation with it.

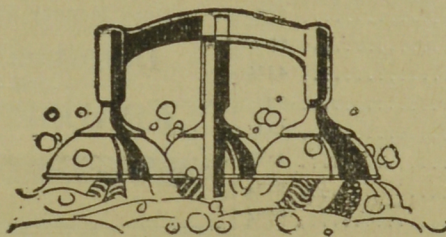
Danger of fire was barely averted, a drum type coal stove falling with the mass of screaming men, women and children into the cellar.

Firemen from an adjoining station and volunteers poured water into the suddenly formed vortex. Scores of residents aroused by the cries of the congregation aided in dragging out the injured, giving them first aid treatment, and speeding them to hospitals in Portsmouth. At least five persons were injured seriously.

Firemen three days ago ordered the congregation to quit holding its meeting in the building.

Sheritt Gordon 1.12
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A New Perfected VACUUM CUP WASHER



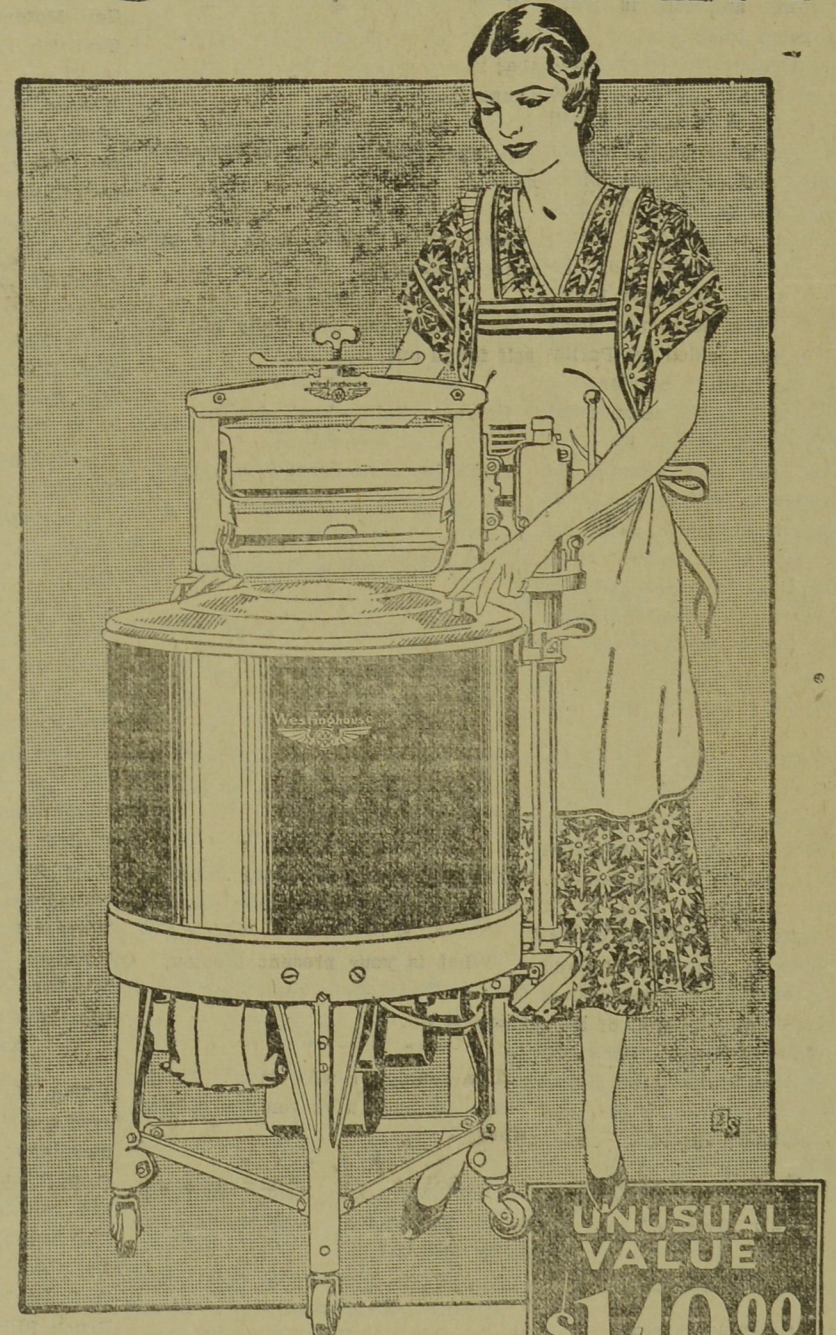
TO the women of Canada, Westinghouse presents a new, advanced Vacuum Cup Washer . . . a washer that looks different, is different, and employs the Vacuum Cup Principle which has for years stood supreme in the regard of careful housewives.

Gently as human hands, yet irresistibly, the three powerful vacuum-cups force air and cleansing suds through every mesh and fibre of the fabric . . . without friction, without the slightest injury to the most delicate weaves.

Even deeply imbedded dirt cannot withstand the searching, thorough "Vacuum Cup" action.

Beautifully finished in smart, modern color combinations . . . Crystal Black, Coral and Silver . . . or Nile Green, Light Green and Silver . . . the new Westinghouse-Easy Vacuum Cup Washer presents a combination of important refinements found on no other machine, including hand height control lever, all enclosed oil-bath main gears, instant accessibility, single point oiling system and the wonderful Lowndes clutch (an exclusive feature on the new Westinghouse-Easy Vacuum Cup Washer) which removes forever the old risk of accidental damage through overload to motor or wringer.

And here is more good news! Now, for the first time you can have this perfected Vacuum Cup Washer for no more than the price of an ordinary washer . . . the lowest price ever offered in Canada on a vacuum cup electric washer.



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UNUSUAL VALUE
\$149.00

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