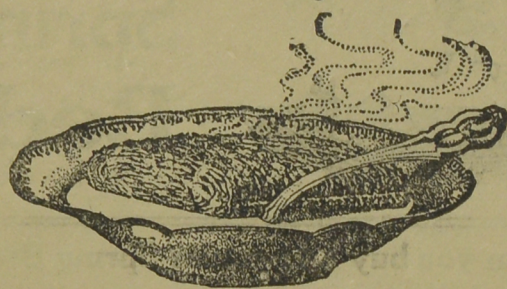


## Fit for the Day's Work?



Physical and mental fitness for the job means a well balanced, well poised body, nourished by well balanced foods that supply just enough proteids to repair waste tissue and just enough carbohydrates to keep the body warm and vibrant with life and energy. Such a food is

## SHREDDED WHEAT

made of the whole wheat grain ready-cooked and ready-to-serve. Being made in "little loaf" form it is so easy for the thrifty housewife to prepare a nourishing meal with it in a few moments. Always the same quality, always the same price.

For breakfast heat the Biscuit in oven to restore crispness and then pour hot milk over it, adding a little cream. Salt or sweeten to suit the taste. Better than mushy porridges that are bolted down without chewing. A hot, nourishing breakfast for a chilly day. Deliciously nourishing for any meal with sliced bananas, baked apples or canned or preserved fruits of any kind.

MADE IN CANADA

From the Choicest Canadian Wheat by

**The Canadian Shredded Wheat Company, Limited**  
Niagara Falls, Ont.

Toronto Office: 49 Wellington Street East

63-B

## SUMMARY OF THE WAR NEWS

London, Jan. 5.—While the battle on the borders of Bessarabia is apparently still far from decision, each day finds the Russians claiming the occupation of additional enemy positions, and Petrograd believes that if this process continues a short time longer a break somewhere in the lines of the Central Powers must come.

The whole energy of the Russian army is being directed to making a gap between the German armies in the centre, and the southern Austrian forces, and the desperate Austrian attacks in the region of Kolki are designed to prevent this. The fighting must continue for a considerable time yet, but upon the result will depend in large measure the strategy of both sides when spring comes.

The other fronts continue to maintain a state of comparative quiet. For England the attitude the labor men will take regarding conscription at a great conference to be held in London tomorrow is a matter of anxiety.

Robt. Williams, leader of the Transport Workers Federation, declared tonight:

"It is practically assured that the conference will affirm the rejection of conscription in any form."

The story of the Baralong case has created a wide sensation. A considerable part of the English press questions the veracity of the witnesses.

The Globe expresses doubt whether there is any such person as Larimore Holland, and suggests: "The next time Von Bethmann-Hollweg's subordinates invent a witness they should provide one who is more convincing."

There is general expectation that Germany will express its dissatisfaction at Sir Edward Grey's reply by immediately instituting reprisals.

## THE GREAT BLOOD PURIFIER

### "Fruit-a-tives" Cleans, Purifies, Enriches

Fruit juice is Nature's own remedy. "FRUIT-A-TIVES," the famous fruit medicine, keeps the blood pure and rich because it keeps the whole system free of impurities.

"Fruit-a-tives" improves the Skin Action; enables the stomach to digest food properly; makes the bowels move regularly; and relieves the strain on the Kidneys.

By its cleaning, healing powers on the eliminating organs, "Fruit-a-tives" rids the system of all waste matter and thus insures a pure blood supply.

50c. a box, 6 for 2.50, trial size 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

AT THE GAIETY.

Another splendid mid-week program, including "The Supreme Test" with the popular American favorite, Henrietta Crossman, was shown to capacity audiences at the popular Gaiety Theatre last evening. Pathe's Weekly, containing the latest in news was also a strong feature of last evening's show. The same high class program will be shown today. Tomorrow the thirteenth chapter of The Broken Coin will be presented with the popular stars, Grace Cunard and Francis Ford.

## PERSONAL

Premier Clarke went to St. John yesterday morning.

Ex-Coun. D. A. Essensa of Harvey Station, was a welcome visitor to the city yesterday.

## GREEK GOVERNMENT PROTESTS.

LONDON, Jan. 5.—Reuter's Athens correspondent says the Greek Government has made a written protest against the arrest of Greek subjects at Saloniki. This protest, which has been delivered to the Entente Ministers at Athens, demands in energetic language the immediate release of these persons.

## BIG LOAN FLOATED.

The provincial government's latest loan of \$1,000,000, has been successfully negotiated by J. M. Robinson & Sons, bankers of St. John. It is understood that the bonds were recently disposed of in Boston and New York and the money is now in the provincial treasury.

## LADIES' AUXILIARY, A.O.H.

The officers of the Ladies' Auxiliary A.O.H., were installed Monday night by County Pres. Mrs. D. J. Shea. They are as follows:

Mrs. Edw. Hurley, Pres.  
Mrs. M. E. Doohan, Vice-Pres.  
Miss Annie Grannan, Rec. Sec.  
Miss Ivory, Fin. Sec.  
Mrs. Thos. Cain, Treas.  
Miss Marguerite Shea, Sergt. at Arms.

Miss Lizzie McDonald, Sent.  
After the officers had been duly installed, the county president made an excellent address.

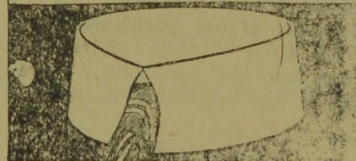
## REMANDED TILL FRIDAY.

Pearl Howe, the young colored woman charged with vagrancy, appeared before the police magistrate Tuesday and was remanded till Friday next.

## COUNCILLORS ENTERTAIN

The new members of the Municipal Council entertained the old members at Mr. W. A. Lindsay's restaurant Tuesday night. Coun. James G. Douglass of Stanley, was in the chair, and Coun. G. Howard Young of St. Mary's, was in the vice-chair. All the new members of the council spoke during the evening. Ex-Warden Thos. Simmons of Dumfries, who was a member of the council for sixteen years, was a guest of honor.

**GOTHIC THE NEW ARROW**  
2 for 25c **COLLAR**  
IT FITS THE CRavat



Clasitt, Peabody & Co., Inc. Boston, Mass.

## OUR OBJECT

H  
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H

Is to Better Sanitary Conditions, through Knowledge of the Proper Installation of Sanitary Equipment.  
Special Attention Given to Out-of-Town Work

**D. J. SHEA & SON**

## SLEIGHS

We have a great variety to select from.

### Sleigh Robes Harness

We are in a position to give the very best possible value in Light Driving or Heavy Working Harness and Harness Parts.

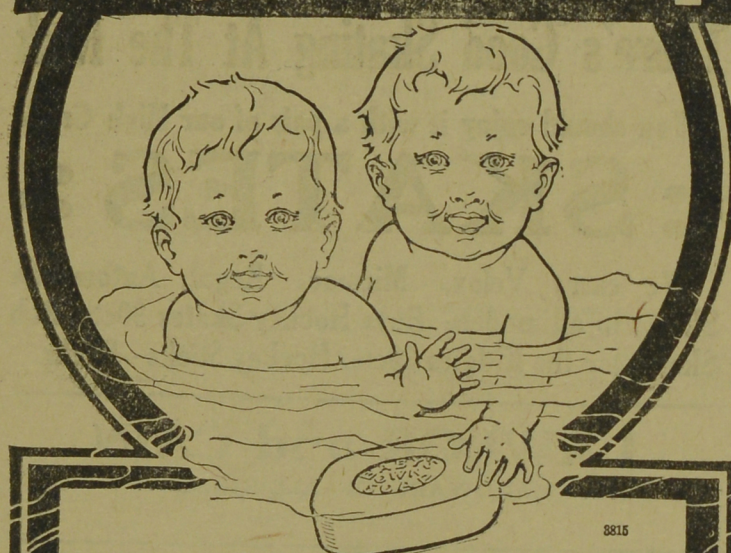
### Horse Blankets Plush Rugs

A variety of styles and patterns priced to suit you.

We have a number of Second Hand Sleighs and Pungs that we must get rid of quickly to make room.

**J. Clark & Son Ltd.**

## Baby's Own Soap



### Baby's Skin Tests

Baby's Own Soap. Its creamy softening lather must cleanse his tender skin without injury—and it does. Four generations of Canadian mothers endorse Baby's Own Soap which comforts and whitens the most delicate skin.

IT'S BEST FOR BABY AND BEST FOR YOU

ALBERT SOAPS, LIMITED, MFRS., MONTREAL

## Provincial Convention OF THE Local Opposition Party

A convention of those opposed to the Local Government of New Brunswick will be held **MONDAY and TUESDAY, January 10 and 11, 1916, at 101-107 Germain Street, St. John.**

A representative delegation from every county is desired because the time has arrived when, in spite of the earnest attention demanded by the whole Empire in the war and its problems, our provincial affairs must have the consideration of thinking men, and the discussion and preparation of policies best calculated to advance the interests and promote the prosperity of our province must be the first business of the convention.

Resolutions touching upon many questions of importance have been considered and prepared by our executive committee, and will be submitted for approval. The convention will open **MONDAY EVENING, January 10, at 8 o'clock.**

Tickets on I. C. R. and C. P. R. railways one first-class fare on standard certificate plan.

**W. E. FOSTER,**

Chairman of Executive Committee.

**C. W. ROBINSON,**

Opposition Leader.

## Special Values That Should Interest You.

### LADIES' and CHILDREN'S COATS

Reg. \$6.75 for . . \$4.50  
Reg. \$8.75 for . . \$5.00  
Reg. \$9.25 for . . \$6.00  
Reg. \$11.50 for . . \$7.50  
Reg. \$13.25 for . . \$8.75

You may now step into this store and select any Suit or Coat you want, absolutely none reserved, values up to \$17.25, -- \$10.50

All Suits and Coats, worth up to \$20.25—\$13.25  
All Suits and Coats " " " 22.50 for 15.00  
All Suits and Coats " " " 24.75 for 16.50  
All Suits and Coats " " " 33.75 for 20.00

Children's Teddy Bear Sweater Suits in white, brown, navy and scarlet, at Bargain Prices \$1.50, 1.75, 2.00, 2.25.

A few Ladies Serge Dresses in navy, brown and black. Special Prices from \$5.00 up to \$8.50.

## WE POSITIVELY REFUSE

to carry any garments over into next season. We will not deviate from our fixed policy of selling every garment in the season for which it was bought.

Drop in and get introduced to the best clothes values in town.

**A. MURRAY & CO.**

WHERE COURTESY AND QUALITY GO HAND IN HAND