

## Doctor Tells How to Strengthen Eyesight 50 per cent. in One Week's Time in Many Instances

A Free Prescription You Can Have  
Filled and Use at Home.

Philadelphia, Pa., Sept. 6.—Do you wear glasses? Are you a victim of eye strain or other eye weaknesses? If so, you will be glad to know that, according to Dr. Lewis there is real hope for you. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without any glasses, and my eyes do not water any more. At night they would pain dreadfully; now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can even read fine print without glasses." It is believed that thousands who wear glasses

can now discard them in a reasonable time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expenses of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and allow to dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start, and inflammation will quickly disappear. If your eyes are bothering you, even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time.

A prominent City Physician to whom the above article was submitted, said: "Bon-Opto is a very remarkable remedy. Its constituent ingredients are well known to eminent ophthalmologists and widely prescribed by them. It can be obtained from any good druggist and is one of the very few preparations, I feel, should be kept on hand for regular use in almost every family."

## DESTRUCTIVE FIRE AT SARNIA, ONT.

Sarnia, Ont., Sept. 15.—Fire broke out shortly after 1 o'clock this morning in the plant of the Ontario Canning Co., Ltd., here, destroying the factory and entailing a loss estimated at approximately \$100,000.

While the blaze was confined to the canning factory, it was only by the quick work of the fire department that the Laidlaw Lumber Co., in an adjoining building, was saved.

Employees of the Ontario Company were working overtime on rush orders when the fire was discovered. No one was injured so far as known.

## ELECTED IN VANCOUVER.

Wallace Farris Studied Law in This City.

Mr. Wallace Farris, who was elected in Vancouver City on Thursday as a member of the British Columbia Legislature, studied law in this city for a short time. He is a son of Hon. L. P. Farris, of White's Cove, Queens county, and a graduate of Acadia University. He led Hon. Mr. Bowser, the Premier, by over 1,000 votes, and was third in a ticket of six Liberals elected in Vancouver.

Many a business man has been swamped by the weight of his dignity. When a miser marries he picks out a woman who looks nice in her old clothes.

If we could only see ourselves as others see us—but we can't so what's the use?



The Associated Board of the  
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for Local Examinations in Music  
PATRON: His Majesty the King.

## Music Examinations 1917

Open to the Pupils of all Teachers of Music.  
The Annual Examinations in Practical Music and Theory will be held throughout Canada in May and June, 1917. An examination in Theory only will be held November 15th 1916, application to be made by October 28th 1916.

An exhibition value about \$500 offered annually; also 2 Gold and 2 Silver Medals, 20 Jubilee Medals for the examinations and all particulars may be obtained on application to:

M. J. BROWN, B.A., 777 Shuter Street, Montreal, Que. (Secretary for Canada.)  
For these examinations should consult with the Secretary at once and have their names placed on mailing list.

## APPEAL DIVISION, SUPREME COURT ADJOURNS TILL FRIDAY

The Appeal Division, Supreme Court, adjourned yesterday afternoon until Friday next, when judgments will be given. Cases dealt with yesterday were as follows:

Dalhousie Lumber Co., Ltd., vs. Walker. A. J. Gregory, K. C., for the plaintiff, supported appeal from the judgment of Judge Crockett at the Restigouche Circuit in April last. A. T. Leblanc contra. Court considers.

Pankhurst vs. Smith. M. L. Hayward for defendant, supported appeal from a judgment under the Workman's Compensation Act. W. P. Jones, K. C., contra. Appeal dismissed with costs.

Duffy vs. Reid. E. A. Reilly for the defendant, moved to set aside a verdict for the plaintiff and enter a verdict for the defendant, or for a new trial, or for reduction of damages. H. A. Powell, K. C., contra. Court considers.

## When Cutting Teeth BABIES ARE SUBJECT TO DIARRHOEA

When the baby starts to cut its teeth, then is the time that the poor mother is under the stress of great anxiety. For some reason or other the bowels become loose, and diarrhoea, dysentery, colic, cramps and many other bowel complaints occur; the gums become swollen, cankers form in the mouth, and in many cases the child wastes to a shadow.

When the child gets into this condition the bowels must be looked after very closely, and for this purpose we know of nothing that can equal Dr. Fowler's Extract of Wild Strawberry.

This sterling remedy has been used for teething children for over seventy years, by thousands of Canadian mothers who will swear by its efficacy.

Mrs. R. J. Waldruff, South River, Ont., writes: "Two years ago my little girl had diarrhoea while cutting her teeth. She got thin and very weak. I had tried different remedies, but all to very little good. A friend recommended Dr. Fowler's Extract of Wild Strawberry, so I procured a bottle at once, and after she had taken a few doses I could see a change, and by the time she had taken half the bottle she was cured. I think every home should keep it on hand."

The genuine "Dr. Fowler's" is manufactured only by The T. Milburn Co., Limited, Toronto, Ont. Price 35c.

## AUSTRIANS AGAIN DEFEATED.

London, Sept. 15.—According to advices from a Swiss source, the Austrians have suffered another sanguinary defeat west of Kapul mountain, in the Carpathians, says a wireless despatch from Rome today.

# Fine Steamship Service On the Bay of Fundy Route

## Interesting Description of a Trip Made on the C. P. R. Steamship Empress From St. John to Digby--Method of Drying Codfish Interested Visitor From the Celestial--Digby Some Class as a Tourist Resort.

(By a member of the Mail Staff.)

Nowadays the person who goes often on travelling trips, whether on business or pleasure bent, or, as it is sometimes expressed, on "business combined with pleasure," is to be envied—indeed is envied. Progressive transportation companies have made a study of the necessities and desires of their patrons, and a vacation or business trip is sure to be a joy as well

as of watching a diver going down to clear away the obstruction. The S. S. Empress, the steamship now on the Digby route, is admirably fitted for the purpose, her appointments and accommodations being thoroughly modern and even luxurious and equal to an Atlantic liner; and the steamer is manned with that thoroughness characteristic of the C. P. R.

On Board the Empress.

On the morning of the day this trip

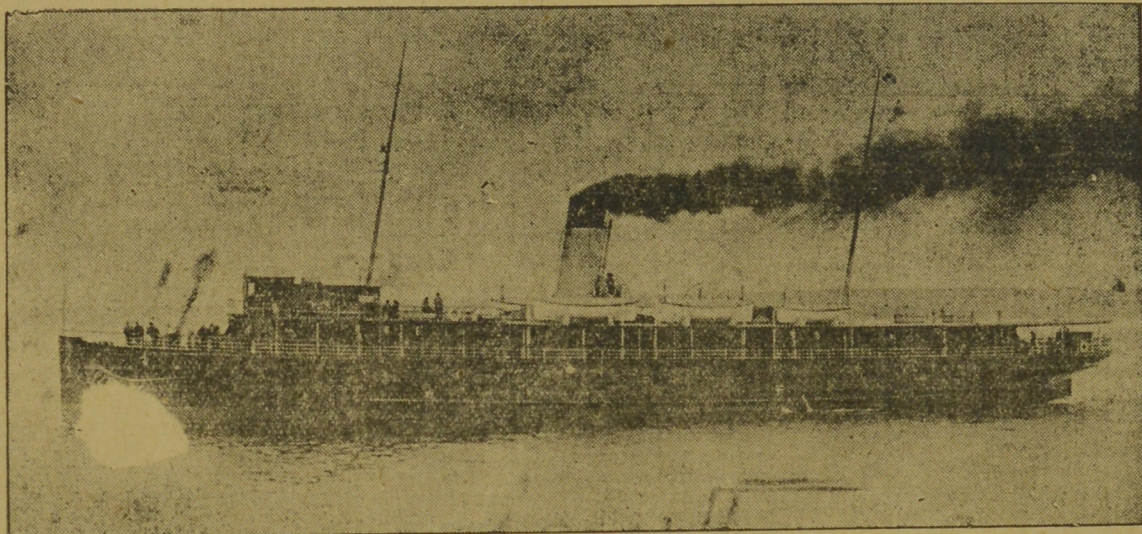
was taken by the writer, early in September, the weather was bright and warm, and many passengers were coming on board. A delay in sailing that morning was more than compensated for by the circumstances surrounding it. An old wire cable with a loop in it had fallen from the pier and had got entangled in one of propellers—the Empress is a twin screw steamer—and we passengers enjoyed the novelty

of watching a diver going down to clear away the obstruction. Soon we were in motion and, with the steamer's orchestra playing—for that aid to a pleasant trip has been thoughtfully provided—we threaded our way at low tide between the buoys that mark the channel out past Partridge Island.

A Moose Story.

It was here we heard a story that

## .S. Empress for Bay Route.



as a liberal education. Gone are the days of the "tired and dusty traveler."

## A Leader in Transportation.

No longer, either, is it necessary to go far abroad to experience the thrills of the tourist, once thought to be attained only by a visit to some foreign country. And no company has done more to make all this apparent than our own Canadian Pacific Railway.

Perhaps one of their best offerings in this respect to the local holiday seeker is a combined journey by rail and steamboat from this city to Digby, Nova Scotia, via St. John.

## A Splendid Service.

The number of people here who have never been to St. John at least once must be very few indeed, and nothing need be said here as to the comfort and efficiency of the C. P. R. service between this city and St. John.

The person whose time is limited, and who desires mainly to take in the sail on the Bay of Fundy, can leave here at 9 p.m., spend the night in St. John, cross the Bay in the morning, return in the afternoon, and reach Fredericton by the evening train. However, a stop-over in St. John will greatly add to the interest of a holiday, for that city has many points of attraction for visitors.

## A Salt Water Trip.

To the resident of an inland town a sail on the salt water is a novelty, and if that voyage is not too long and is taken in a staunch and comfortable vessel it is something more—it is a pleasant event, to be remembered for a season at least.

## THE ROAD TO HEALTH

Lies Through Rich Blood and Strong Nerves.

Debility is a word that fairly expresses many ailments under one name. Poor blood, weak nerves, impaired digestion, loss of flesh, no energy, no ambition, listless and indifferent. This condition is perhaps the penalty of overwork or the result of neglected health. You must regain your health or succumb entirely. There is just one absolutely sure way to new health—take Dr. Williams' Pink Pills. These pills will bring you new life, fill every vein with new, rich blood, restore elasticity to your step, the glow of health to wan cheeks. They will supply you with new energy and supply the vital forces of mind and body.

There is not a corner in Canada where Dr. Williams' Pink Pills have not brought health and hope and happiness to some weak debilitated person. If you have not used this medicine yourself, ask your neighbors and they will tell you of some sufferer who has been restored to health and strength through using Dr. Williams' Pink Pills. One who has always a good word to say for Dr. Williams' Pink Pills is Mrs. Luther Smith, of West Hill, Ont., who writes: "I feel it a duty as well as a pleasure to tell you what Dr. Williams' Pink Pills have done for me. I had an operation for tumors. The operation in itself was quite successful, but I was so badly run down and anaemic that I did not gain strength, and the incision did not heal, and kept discharging for nearly a year, until I weighed only eighty-six pounds, and could scarcely walk across the floor. I had got so sick of doctors' medicine that I would vomit when I tried to take it. A good friend urged me to try Dr. Williams' Pink Pills, so I bought a box. Before they were gone I thought I could feel a difference, and I got a further supply. By the time I had taken five boxes the wound ceased discharging and commenced to heal. I took in all thirteen boxes and am today enjoying the best of health of my life and weigh 140 pounds. I sincerely hope anyone suffering as I did will give Dr. Williams' Pink Pills a fair trial, and I feel sure they will not be disappointed."

You can get these pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50, from The Dr. Williams' Medicine Co., Brockville, Ont.

It's better to be wrong at the right time than right at the wrong time.

Many a man's love for his club is due to the fact that his wife never gives her tongue a rest.

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