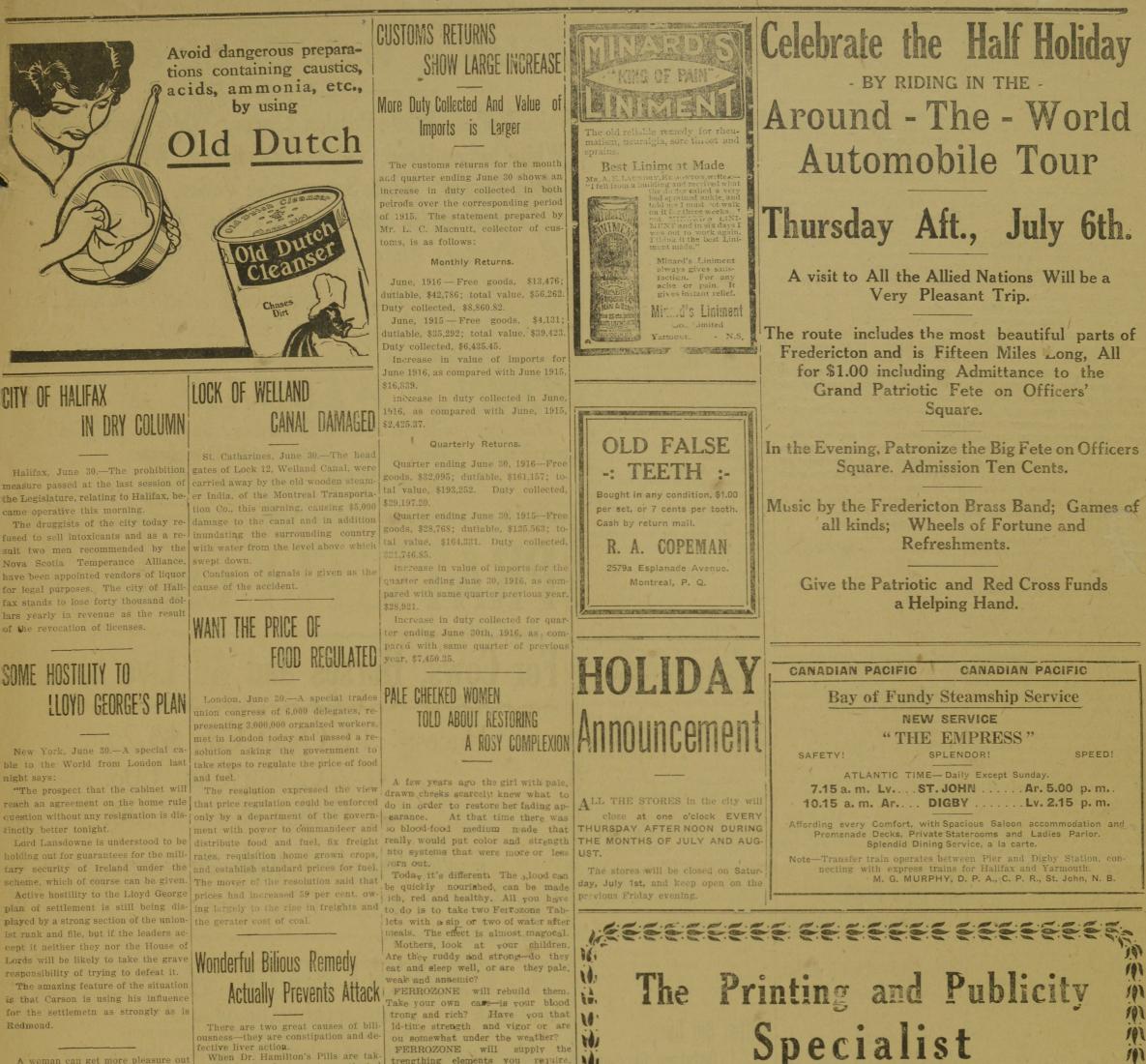
THE DAILY MAIL, FREDERICTON, N. B., MONDAY, JULY 3, 1916



A woman can get more pleasure out of a good cry than a man can extract from a hearty laugh. When a woman misses her thumb with a hammer she generally hits the tack. When a woman misses her thumb

When Dr. Hamilton's Pills are tak-

fective liver action.

Balanced Meals--

Have them both tasty and healthful.

Years ago a food was devised to serve two important functions—(1) furnish delicious flavor, and (2) well-balanced 'nourishment.

That food is

Grape-Nuts

(Made in Canada)

It fulfils its office admirably, for it is made of whole wheat and malted barley, with all their splendid nutrition, including the vital mineral salts, which are lacking in much of the food of the usual dietary.

In thousands of homes Grape-Nuts forms part of the daily ration with both young and old.

> l'here's a Reason" Canadian Postum Cereal Co., Ltd., Windsor, Ont.

tack. Don't ridicule other people's ideas. Try to get them to adopt yours. For some reason or other the child of today doesn't care for molasses like its mother or father did.

FERROZONE will supply the

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ROZONE you lose ground. Get it to day, sold in 50 cent boxes by all dealers, or by mail from the Catarrhozone Co., Kingston, Ont.

WOUNDED CANADIANS ARE BEING CARED FOR 100

Ottawa, June 30 .- Two thousand returned soldiers, maimed, wounded or invalided at the front, are now under 181 the care of the military hospitals commission of Canada.

100 commission, said today that he antici-101 fighting Canadian casualties were very heavy, totalling twelve thousand, but similar conditions prevail among the 16a

The resiult is that many of the Brit ish hospitals and convalescent homes in which Canadian soldiers have heretofore been treated are now somewhat taxed. While the accommodation is not exhausted, the conditions are such that the Canadian wounded, when able to do so, will be sent home more expeditiously than in the past and provisions for this increased influx are 101 now actively under way. 105

As a general thing there isn't much hope for the kind of man whose mind scillates between long toddies and

Talks To His

"Say, John, I feel quite sick today," said Mr. Blank. "Please visit the different doctors in town, and find out who will cure me for the least money. Get your quotations tabulated and then let me see them. Of course we will engage the doctor who charges the leasi."

"Why, I never heard of such a thing," said John. "The idea of getting quotations from a doctor; it's the asylum for you."

'Well now, why not? I am a specialist in printing and publicity. I study my business just as carefully as any doctor can do. If I do say it that shouldn't, I have just as much brains as the average doctor. I strive to give my customers the benefit of my knowledge, my artistic skill and judgement and my ideas on publicity. I give service as the term is understood in the Twentieth Century.

"When some people around here have a little printing to be done, they visit all the printing offices, get quotations from each one, and then give the work to the man who gives the lowest figures.

"The ordinary user of printing knows his own business, but he it no more a judge of the work of printing than he is a judge of what sort of medicine a doctor should give him for the cure of his ailment. If people ask me for quotations and pass me by if my price happens to be a little more than the other fellow, why shouldn't I apply the same method to the doctor, lawyer, dentist and painter? Why not? It's a mighty poor rule that won't work more than one way."

PHONE 67. FREDERICTON, NEW BRUNSWICK.

The MAIL PRINTING