

## TWO LONG YEARS HE SUFFERED

"Fruit-a-tives" Made Him Feel  
As If Walking On Air

ORILLIA, ONT., Nov. 28th. 1914.

"For over two years, I was troubled with Constipation, Drowsiness, Lack of Appetite and Headaches. One day I saw your sign which read 'Fruit-a-tives make you feel like walking on air.' This appealed to me, so I decided to try a box. In a very short time, I began to feel better, and now I feel fine. I have a good appetite, relish everything I eat, and the Headaches are gone entirely. I recommend this pleasant fruit medicine to all my friends."

DAN McLEAN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

## PRIDE GOETH BEFORE DESTRUCTION

(Boston Record.)

Always dangerous is the mood of self-righteous superiority. To what lengths it may mislead a nation is shown in the present plight of Germany, the psychology of whose ruling caste was thus set forth recently in a letter which Baron von Stengel addressed to the Dutch Pacifists' League: "We Germans have been chosen by providence from among all the other people to march at the head of all civilized nations and lead them under our protection toward assured peace. For we not only have the power and the force necessary for this mission, but we also possess all the spiritual gifts to the highest degree, and in all creation it is we who constitute the crown of civilization. It is therefore superfluous to continue to discuss pacifist plans of whatever nature. The nations, and especially the neutral nations, have only one means of leading a profitable existence. It is to submit to our guidance, which is superior from every point of view."

Long ago a wise man wrote what human experience ever since has amply confirmed: "Pride goeth before destruction, and a haughty spirit before a fall."

The fall of Teutonism's super-conceit may be slow, but it promises to be far.

## CASTORIA

For Infants and Children  
In Use For Over 30 Years

Always bears the  
Signature of *Chas. H. Fletcher*

Skin deep beauty is all right—if the beauty has the money.

## BABY'S VALUE IS INCREASING RAPIDLY IN EUROPE

Various Methods of Race Recruiting--Nations Are  
Willing to Pay For Large Families.

(By Mary Boyle O'Reilly.)

London, Eng., Aug. 21.—France is buying babies. The value of the baby rises as size of the family increases. \$100 for the first two in a family, \$200 for the third, \$400 for the fourth, is payable to the mother from the treasury of the republic when the baby is one year old.

To keep her place among the great nations France must ask her mothers to give "la Patrie" four children each for the next 25 years.

The French Chamber of Deputies is now considering a plan to provide every mother of four with a life annuity, the necessary funds to be supplied by taxing bachelors, childless people and the parents of an only child. In one suburb of Paris a new baby pays the rent for three months.

All Europe will soon be race recruiting.

Germany, now preparing to endow children and to legitimize children of unwed mothers, has lowered the legal age for marriage to 15 years.

The war and the unprecedented employment of women in industry have brought about a startling fall in the birth rate. Babies have become the most perplexing question that ever faced a state.

It is not a question of whether parents need children; the nations need children.

It is folly to wage war if no rising generation is left to profit.

For 35 years the birth rate of Europe has declined 41 p.c. annually. For every three English babies born in 1876 only two were born in 1913.

Since 1900 the birth rate in Germany has fallen from 35 to 27 per thousand. Meantime, conquering Russia leads the world with a birth rate of 42 babies per thousand population.

Last winter the English and German birth rates were the lowest ever recorded, and war had swept away a generation of baby Belgians, Poles and Serbs.

The decay of the Roman Empire began that way.

Women must save the race. Every war puts a new valuation on motherhood.

But the pith of the problem is economic. Children are expensive luxuries. Poor people must consider the penalties of parenthood. One third of the adult male workers of England earn \$6.25 a week, and one-tenth earn less than \$5 in a country where living has increased 49 p.c. above pre-war prices.

If the state needs children, the state must pay for them. With war debts taking one-fourth of every man's income, ordinary wages cannot feed 8 children as well as 4. Even a poor

woman's baby costs \$1.25 a week.

Premiums for mothers and state bonus for fathers are a necessity.

A "Minister of Maternity" is more needed than a Minister of Commerce. Childless marriages, once "smart," will now be considered high treason.

The standard of luxury must be lowered and the standard of living raised.

## IRISH-AMERICANS IN MASS MEETING

Demand Vigorous Action to Stop  
British Interference With American Commerce.

Boston, Aug. 18.—A mass meeting tonight of Irish-Americans and their sympathizers adopted resolutions demanding of the government a "more vigorous policy to abate British interference with American commerce."

"Unless the evils complained of be remedied at an early date," it was added, we demand that all diplomatic relations with the British empire be severed and that the military and naval forces of the republic be utilized to secure the relief that diplomacy has failed to supply."

Several speakers addressed the meeting regarding the Dublin uprising and its aftermath of executions. Miss Norah Connolly, of Dublin, the daughter of the commander in chief of the revolutionary forces, described the death of her father, saying that while suffering from his wounds he was propped against a chair and shot by a firing squad.

Joseph Smith, of Lowell, one of the two Americans recently denied admission to England, criticized John Redmond's leadership of the Nationalist party in Ireland, and took exception also to administration methods in foreign affairs.

Mayor Curley, who opened the meeting, said the assembly was to protest against the murder of Sir Roger Casement and the many acts that have been committed by Great Britain during the present war against the dignity and honor of our government.

When the meeting opened the only colors visible were those of the "Irish Republic," but the mayor, after search, found an American flag and brought it to the platform, saying: "I realize it was an oversight not to have this flag here."

Was So Bad  
He Could Not Work

DR. FOWLER'S  
Extract of Wild Strawberry  
Cured Him.

Mr. Stephen H. Shaw, Fairmount, Sask., writes: "I have used Dr. Fowler's Extract of Wild Strawberry, and must say it is a fine medicine for Summer Complaint. We have so much alkali water here in the west that last harvest time I had summer complaint, and became so weak I could not work. I was advised to try 'Dr. Fowler's' so got a bottle, and in a few days I was as well as ever."

"Dr. Fowler's" is the original "Wild Strawberry." It has been on the market for the past 70 years.

There are a number of preparations on the market today, claiming the same curative powers, called similar names, and trying to trade on the reputation of this wonderful bowel remedy.

There is nothing can take the place of

"DR. FOWLER'S"  
There is nothing "Just as Good."  
Insist on getting it when you ask for it.

The price at all dealers is 35c. per bottle. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

"LO" INVESTING IN BUZZ CARTS.

The Oklahoma Indian and His Money  
are Soon Parted.

Los Angeles, Aug. 21.—Not to be outdone in this era of advancement, the Indians are going in for automobiles. According to an estimate made by an automobile man from Oklahoma, more than \$4,500,000 will be spent for motor cars there within the next thirty days.

This represents half the sum that will be paid to the members of the Choctaw and Chickasaw tribes of Indians by the Federal government.

Thousands of orders have already been placed with the local dealers, and they are stocking up with all the machines available, expecting a big run in cars.

Most of the automobiles have been bought on the part payment plan. Each Indian has received enough money to make the initial payment on any of the low-priced cars, and has contracted to pay the remainder by the month.

## HEART FLUTTERING EASILY CORRECTED

GOOD ADVICE TO FOLKS BOTH-  
ERED WITH PALPITATION,  
WEAKNESS, ETC.

If your heart flutters, be careful. An attack is liable to come on at any time. Excitement, over-exertion or emotion may cause it.

If blood rushes to the head, if palpitation and short breath are noticeable, there's cause for alarm.

If you want a good honest remedy, try Ferrozone. We recommend Ferrozone because we know it's just right for heart trouble. It cured A. F. Beattie, who lives at Allen Hotel, Bay City, Mich. See if your symptoms resemble these:

Some Symptoms of Weak Heart.  
Nervousness Palpitation  
Trembling Dizziness  
Sinking Feeling Heart Pain,  
Short Breath Weakness

Mr. Beattie says:  
"I was weak and miserable.  
"I was subject to heart palpitation and dizziness."

"As I grew worse I began to have trembling and sinking sensations."

"Ferrozone strengthened my heart, gave vigor to my nerves, soon made me well. It's a great builder."

By strengthening the muscles of the heart, giving proper circulation and causing a general rebuilding of the whole system, Ferrozone is bound to do grand work in heart trouble; try it, 50c. per box, or six for \$2.50, at all dealers, or direct by mail from The Catarrozone Co., Kingston, Ont.



Contributions to the Overseas Tobacco Fund may be left at the Bank of Trade rooms or with the Canadian Bank of Commerce.

## KODAKS

Time to think about one for the summer. No la Autographic Kodak Junior, rectangular pictures 2 1/2 x 4 1/4, price \$11.00 and \$13.00, is worth looking over. Simplicity marks it in every respect. Let us show you one.

C. Fred. Chestnut The Quality  
Drug Store  
572 QUEEN STREET.



After all—since a Suit  
is made to wear—the best  
of all Suits is that which  
wears the longest.

MACKINNON'S  
CLOTHING

not only wears long past  
the time the average Suit  
is cast aside, but yet keeps  
its appearance, and is  
good looking all the time  
you wear it.

J. A. MacKINNON YORK  
TAILOR and CLOTHIER STREET

Wholesale Dry Goods and Woolens

## Velvet Goods

We have just opened an assortment  
of Velvet Cords, 2 1/2 inch, to retail at 60  
cents, in the following shades:

White, Ruby, Laurel, Violet, Olive,  
Dark Navy, Electric, Fawn, Purple,  
Emerald, Biscuit, Slate, Saxe.

Also Velvet Cords 2 1/2 inch, to retail at 75 cents, in following shades:

Slate, Pheasant, Viex Rose, Granat,  
Electric, Tabac, Light Brown, Cardinal,  
Brown, White, Ruby, Dk. Brown,  
Resida, Myrtle, Olive.

Drop us a line, or see our travellers.

VASSIE & COMPANY, LTD.

WHOLESALE DRY GOODS and WOOLLENS  
ST. JOHN, N. B.

## Food Is Its Own Best Digestant

"All too frequently, we prescribe medicines for patients who suffer from indigestion, when, as a matter of fact, what they actually need is a simple course of dietetic training, and the proper food-stuffs to train on.

"This is the famous 'reason' for the popularity of Grape-Nuts as an article of diet, viz., that it furnishes this very course of training for the digestion. It not only furnishes the natural diastase for the process of digestion, but it favors a return to normal digestive function because the firm, crisp kernels compel thorough mastication.

"One ought not to leave out of consideration the psychic element—the delicious treat to the palate afforded by a dish of Grape-Nuts and cream."

—From April, 1916, American Journal of Clinical Medicine.

## Grape-Nuts

MADE IN CANADA

"THERE'S A REASON."

Canadian Postum Cereal Co., Ltd., Windsor, Ont.



Parents!

You may rest assured  
of one thing, Cowan's Maple  
Buds will not harm your children  
— buy them for yourself and  
yours.