

EIGHT DIETERS SHOW GAIN ON 13-CENT MEAL

Dr. H. Gerhing and Miss Jessie Pellitt alone
Grew Lighter Under Test---Remaining
Two Unchanged.

(Chicago Journal.)

Having partaken sparingly of a 13-cent breakfast consisting of one apple, a small bit of liver and bacon and a muffin, Dr. O. J. Stokes, of the Chicago Board of Health, discovered today that he had gained three and one-quarter pounds in weight.

Thus the food experiment of Health Commissioner John Dill Robertson, which is expected to prove that one may sustain life and obtain rich nutriment on a daily expenditure of one 40 cents, was launched favorably.

Eleven other men and women, all from the Board of Health office, also ate of the low-priced breakfast, which was served at the School of Domestic Arts and Science.

Only Two Lose Weight.

Only two of these, Dr. H. Gerhing and Miss Jessie Pellitt, showed a loss of weight. The others either gained or held the weight which the scales recorded on Thursday morning.

For two weeks these twelve good men and women true will forego their thrice a day at meals costing 15 cents or less, for the purpose of proving that the thrifty housewife may smile serenely at the ominous talk concerning the high cost of living.

One Day's Menus.

Breakfast (9.00)—Fresh apples, liver and bacon, one-egg muffins, butter, and coffee.

Luncheon (12.15)—Creamed codfish, baked potatoes, corn bread, butter and cocoa.

Dinner (5.30)—Vegetable soup, pot roast, sautéed parsnips, cranberry sauce, rice and raisin pudding, tea.

Another Day's Menus.

Breakfast (9.00)—Stewed pears, rolled oats, fried hominy and syrup, toast and coffee.

Luncheon (12.15)—Puree of Lima beans, Salisbury steak, chocolate blanc mange, bread and butter, tea.

Dinner (5.30)—New England boiled dinner, raisin loaf cake, cocoa.

"An Awful Lot of Seconds."

"Two weeks, fourteen days," said one of the dieters thoughtfully, as the last bit of butter was sparingly spread on her "one egg muffin." "Let's see, that's 840 hours. It's 50,400 minutes. My, but that's an awful lot of seconds, isn't it?"

Most of the young folks, however, went at the experiment with the enthusiasm of a small boy attacking Farmer Green's orchard. It would be a good sport, they agreed—that is, they all agreed except Mrs. Borghild Halvorsen, who expressed the belief that the evenings would be very long.

Along with the news that Thanks-

giving day menus would be distinguished by the absence of America's great holiday bird, came the announcement that those of the dieters who wish may smoke and chew gum but they mustn't eat the gum, it was specified.

Will Not Bar Butter.

The domestic economy which is featured in the experiment will not order that butter be barred from table in favor of that similar substance that comes into being far from any rural community.

The prices of each meal will be scheduled and announced later. Dr. Robertson said that in the haste to get started these have not yet been made ready for publication.

The menus also will be announced daily. The subjects of the experiment will also be weighed each day after breakfast and the changes carefully noted.

Cupid on the Job Too.

That the single blessedness of some women on the diet squad may be menaced because of their experiment was indicated today, when it was reported that two of the squad had received proposals of marriage.

The twelve dieters have shown a slight increase in weight.

Estimates indicate that it costs less than 39c. a per son to feed the squad, instead of 49c. And the price may be lowered.

"WORKS BOTH WAYS"

The getting of two distinct values when purchasing one article applies pretty generally in the field of merchandising these times, extending even unto liniments. While most articles of this nature are intended for external use only, a notable exception is the famous Johnson's Anodyne Liniment. Powerful enough for every requirement of outside application when needed for sprains, strains, muscular rheumatism, all aches, pains and soreness, it is, in addition, a wonderfully effective preparation for internal use in the cases of colds, coughs, sore throat, cramps, chills, etc., when necessary that its remarkable soothing and healing qualities go direct to the seat of an inward trouble. Thus, in Johnson's Anodyne Liniment you get two in one—internal and external use—the double value liniment as it is known. Over 100 years of splendid service to humanity has made Dr. Abner Johnson's prescription a household word, and present day users speak of it as "an angel in disguise."

Mr. J. A. Marvin, of Moncton, is in the city.

Tuberculosis Rapidly Increasing Among Children of Belgium and Northern France.

More Food Urgently Needed to Keep up Their Strength

An interview with Mr. W. L. Honnold, American Director of the Belgian Relief Commission, brings to light a new danger threatening the population of the territory occupied by Germany.

Mr. Honnold reports that about 5,000,000 wholly or partially destitute people, who have been dependent on the Commission, generally show diminished vitality. The effects are most apparent among the older children, particularly those in the adolescent stage. Among these there is an alarming increase of tuberculosis, due to the lower power of resistance consequent on an inadequate diet.

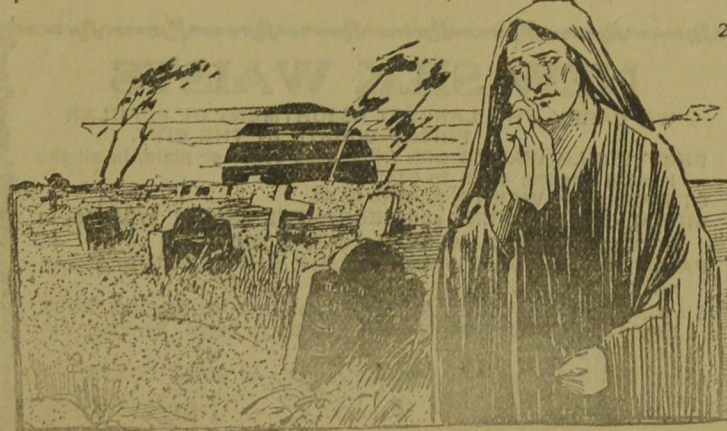
To overcome this serious danger, the Commission appeals for extra contributions so that a special meal can be served every day in the schools. Efforts are also being made to provide as far as possible for children outside the schools.

This can only be done—Belgium's children can only be saved—if every one of us who can possibly do so will give something toward the Fund. Whatever you can afford, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees, or

Send Cheques
Payable to
Treasurer

Belgian Relief Fund
59 ST. PETER STREET, MONTREAL.

\$2.50 FEEDS A BELGIAN FAMILY ONE MONTH.



RED ROSE TEA "is good tea"

PAYING OFF THEIR FREAK ELECTION BETS

Novel Stunts Were Performed for the
Edification of Crowds by Follow-
ers of Hughes.

(Philadelphia Bulletin.)

Most everybody is paying up election bets now that all doubt is over, and as a consequence persons who had the losing end of "freak bets" are having many strange experiences.

One of the Hughes followers in the 46th ward, in whose precinct about 25 Democratic votes were cast, spent a lay beating rugs for the wives of the Democrats who had cast these votes.

David W. Bronson, of Frankford, arrived at the City Hall with a pair of boxing gloves on his hands, and tried to walk across the street while balancing a marble on the tip of one of the gloves. He worked for a long time and finally succeeded, amid cheers.

Another Republican loser harnessed himself in the shafts of a sulky and was driven up Chestnut street by the Democrat to whom he lost. He wore a heavy horse collar round his neck and was strapped thoroughly. From time to time he charged at the laughing crowds, but each time was dragged back by the reins.

A young woman who hid her face by big horn-rimmed dark spectacles and a fur boa, stood on Market street selling papers of pins. A placard which she carried read: "I am raising money to reimburse the Republican Campaign Committee. I am also paying an election bet."

Charles Watson, who bet on Hughes, pushed Harry Gerlach in a street cleaner's cart from Gerard avenue to the Union League and back, where he paid for a dinner for Gerlach. The two men were followed along the route by a brass band and a procession of ten automobiles full of merciless "friends."

Another loser made a monkey out of himself to fulfil the terms of his bet. He strapped a long tail to his coat, was led by a cord around his neck by another man and hopped up and down like a monkey on the sidewalk. While the other man played a hand organ he passed his hat for pennies.

A colored man paid his bet by walking up Broad street with a pair of base

ball mitts on his feet and his shoes tied to his hands.

A woman lost a bet in which she promised to play the piano from 9 a. m. to 9 p. m. if Wilson were re-elected.

An unusually fat man started across Broad street with two bricks, which he placed on the street as stepping stones. Traffic was tied up and the crowd grew purple with laughter as the fat man puffed and blew while bending over to pick up the bricks step by step and place them in front of him. At last a traffic cop lost patience and chased the fat man off.

THE SOURCES OF TEMPTATION.

"Keeping Up a Front" is Found to be the Chief.

New York, Nov. 27.—"Keeping up a front."

"Opportunities to waste time."

"Desire for pleasure."

"Lonesomeness."

"Clothes."

"Young women."

A company of eminent social diagnosticians gathered at St. Andrew's church decided that these were the sources of greatest temptation to young men and women in New York.

John Wanamaker, merchant, thought New York offered many temptations to young men to waste time. Jacob H. Schiff, banker, put the city's greatest temptation to young men in two words "young women."

President Butler, of Columbia University, who received the greatest support to his analysis of the case, claimed that trying to live beyond one's means is the greatest lure the metropolis dangles before both sexes. All concurred in calling the brightness of Broadway an unhealthy glow and the centre of trouble.

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In Use For Over 30 Years

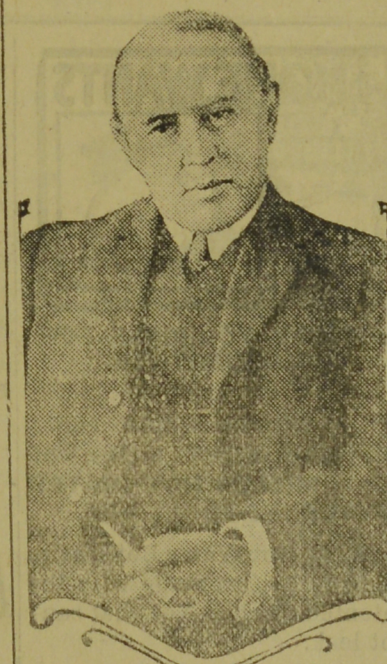
Always bears
the
Signature of *Chas. H. Tuttle*

A WIDELY POPULAR AUTHOR

George Barr McCutcheon Has Written
Many Successes Since His Big
Maiden Effort.

Few authors have stepped as quickly into great popularity as did George Barr McCutcheon, the author of our new serial, "Black Is White," and very few have retained it in such undiminished measure.

A facile writer and a born story teller, McCutcheon wanted to emulate the examples of his brothers John, the celebrated cartoonist, and Ben, an editor, and that of George Ade, intimate friend of the family, but his excessive modesty held him back, and for a time he did not attempt anything. Finally he wrote "Graustark," but underrating



George Barr McCutcheon.

his effort he did not try to find a publisher. His brothers, however, and George Ade, instantly recognized the worth of the manuscript, and having induced the author to submit it for publication they had the satisfaction of bringing out of obscurity one of the literary successes of the year.

The successes of the several stories that followed is common knowledge to every lover of good fiction. "Brewster's Millions" is another of his big winners, and "The Hollow of Her Hand" has also met with wide popularity. Today the name of McCutcheon attached to a story is all that is necessary to assure its quality and secure a reading from those who appreciate and enjoy good fiction.

The first instalment of "Black Is White" appeared in the Daily Mail of Wednesday, Nov. 22.

- HELP THE - RED CROSS FUND

Opera House Wednesday Evg.,
Nov. 29th.

"The Climbers"

Under the Auspices of the W. V. R.

Entire Proceeds for Red Cross Purposes.

Laugh and
Grow Fat

The only way
to keep down
the high cost
of living.

Produced by talented St. John

amateurs under direction of

Mrs. A. C. D. Wilson, who last

year met such success with

"The House Next Door." "The

Climbers" is one of Clyde

Fitch's best works.

The Comedy
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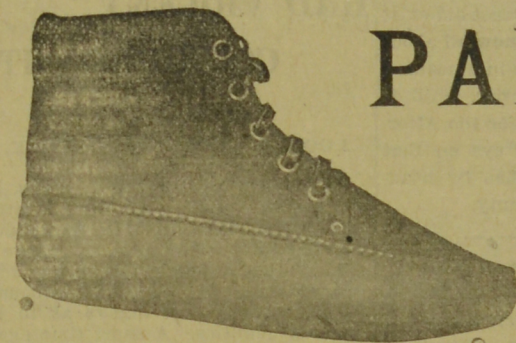
that everyone
will enjoy
from first to
last.

Better Play Than "House Next Door."

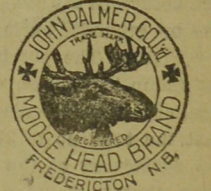
Admission - 35c, 50c.

Reserved Seat Plan at Ryan's Drug Store Monday, Nov. 27th.

Mail Ads Bring Results



PALMER'S



"MOOSE HEAD BRAND"

Oil Tanned Shoe Packs, Summer Packs, Moccasins, Sport-
ing and Trench Boots

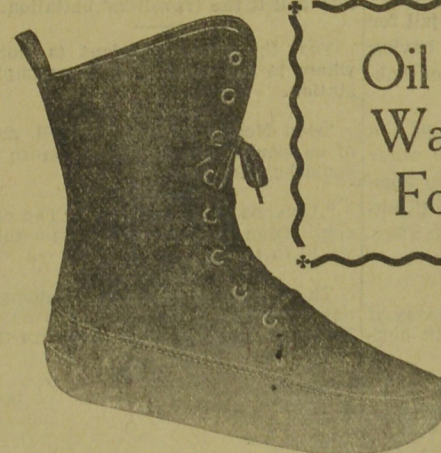
Acknowledged by all to be the leading goods of their kind.

The manufacture of Oil Tanned Waterproof Shoe Packs, Moccasins, Sporting and Trench Boots is our one and only line of business. This specialization is the surest guarantee of quality. We must stand or fall accordingly as our product maintains its reputation and popularity. Unsolicited testimonials and repeat orders from officers and men at the front substantiate what we claim—unsurpassable excellence for real service. Insist on goods of our manufacture.

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Waterproof
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