# Hot Biscuits for Breakfast

Only a few minutes to make and bake with the use of Royal Baking Powder, which insures superior quality and wholesomeness.

Light and flaky, with crisp, brown crust, broken apart and spread with butter, marmalade or jam, they are delicious and appetizing.



making the job a quick one.

# I HRUUGH WAINF W

Good Emergency Surgery and Devotion of stretcher over the five miles of tote heavy for light work. Camp-Mates Save Life of Wounded Woodsman After Long and Painful March Threw Swamp Near Vanceboro In the Darkness.

(Bangor News.) From the wilderness of northeastern the camp and McGlinchey made all dian line, comes the thrilling story of a return with men to carry Carson in. race with death for the life of a man, grim reaper.

N. B., has a lumbering operation in the big woods horse he rode to his utmos of Vanceboro division of the Maine Johnston. Central Railway.

Washington county, close to the Cana- haste possible to get to the camp and Meantime a messenger had been dis with devotion, wonderful vitality and patched to the nearest settlement for endurance winning a victory over the a physician. The messenger had eight miles to go over a road which was half Frank McGlinchey, of St. Stephen, road and half brook, but he forced the wilderness between the St. Croix river and finally reaching Lambert Lake and Simsquish lake, about 35 miles station on the Maine Central, tele north of Calais, and eight miles south graphed to Vanceboro for Dr. Stillman

The men were about two miles from

#### Doctor Made Quick Trip.

On the morning of Friday, Nov. 24, Fortunately the doctor was at home a heavy rain putting a stop to the and with equal good fortune he was usual woods operations, McGlinchey able to connect immediately with a and Fred Carson of Wytopitlock took Canadian Pacific special freight westcould be placed on a wagon. The Real Bace for Life.

The hardships of that trip can scarce-ly be imagined by one not familiar with the conditions that exist in the woods at this time of year. Every man of the sixteen in the camp took his turn at carrying the stretcher, moving with all the care possible, turning aside for nothing, wading nearly waist deep in water in places, straddling over sunken logs, picking his footsteps with what care he might to maintain a precarious footing and avoid jarring the injured man, for there was no tellng when a sudden lurch might bring a splinter of bone in contact with the great femoral artery and start a hemorrhage beyond the power of the physician to stop.

But the hardened muscles of the woodsmen and the great vitality of the injured man himself were equal to the

errible strain, and after three and a bombed blast furnaces and industrial injured man was deposited on a cot on several places conflagrations were obspring wagon and taken to Lambert served. An airship was shot down by ake, where he was put aboard a train the enemy near Scarborough and anand taken to the St. Stephen hospital. other has not returned, so that it must It was hoped that Carson might pull be considered lost. The remaining airthrough without the loss of his leg, but ships returned and landed." at present the hospital physicians were unable to state whether or not the fractured bone could be made to knit. How the accident happened is at present unknown for a certainty. The been informed by the French authorimen in the camp, with the one excepties that they brought down an air ion of Carson himself, are Canadians plane at 2.15 o'clock Tuesday afterand therefore not entitled to carry a noon, carrying two naval lieutenants gun for hunting purposes in this state. Carson maintains that he slipped on aboard." the ice and fell, the rifle being dis-

charged when it struck the ice. However, woodsmen with a life acquaintance with firearms maintain it

After making a strenuous effort to would be impossible for any man to get out of a rut a man generally finds shoot himself in the manner in which himself in a hole Carson was shot. It is stated by men Savs a woman, "I care not who does whom McGlinchey met that he told the thinking so long as I am permitted the thinking." Blood Bitters, will cure the dyspesia, and will cure it to stay cured, as we can prove by the thousands of testi-

for a deer. Be that as it may, Car-A near sighted man has a good exson stoutly maintains that he inflicted cuse for not recognizing his creditors

there was in the bachelor days.

GREAT OVATION GIVEN TO

**BRITISH NAVAL AIRMEN** 

(Continued fro mpage 2.)

London Raider Was Caught.

nouncement late last night says:

London, Nov. 29 .- An Admiralty an

"The commodore of Dunkirk has

WORLDLY WISDOM.



-BLACK. MIXED OR NATURAL GREEN. ---

### THE ROUMANIAN SITUATION. Matters are Improving and Mackensen Making Little Progress.

London, Nov. 28 .- The military situation in Roumania is improving for the Roumanians, according to a desalf hours of bone-racking labor the establishments in middle England. At press from Bucharest by way of Rome. Field Marshal Von Mackensen is said to be making no material progress.

The Roumanian retreat, it is added, is proceeding in perfect order on a settled front

## DYSPEPSIA MOST DIFFICULT TO CURE BUT B. B. B. DOES IT.

Dyspepsia is one of the most diffi-cult diseases of the stomach there is o cure

You eat too much; drink too much; make the stomach work overtime. You make the solution work of the time. For make it perform more than it should be called on to do. The natural result is that it is going to rebel against the amount of work put on it. It is only a matter of time before dyspepsia fol-

That forty-year-old remedy, Burdock can prove by the thousands of testi-monials we receive from time to time. making the job a quick one. Meantime the men of the crew were at work constructing a stretcher from spruce poles and camp blankets. All this was as nothing to what was to follow, for in order to save the in-jured man's limb and possibly his life, it was necessary to convey him out of the woods and to a hospital as quickly as possible. To do this it was neces-sary to leave the camp at 2 o'clock in the morning and carry him on the stretcher over the five miles of tote Mr. Neil A. Cameron, Kiltarlity, N. S., writes: "I am writing you a fewmonials we receive from time to time.Somehow a man is unable to get theidea into his head that a girl with adimple can be in the intellectual class.When your neighbor begins to boastof his honesty, it is up to you to put anextra bolt on your back door.A student of human nature says thatthe is too light for heavy work and toohavy for light work.Mater sighted man has a good ex-use for not recognizing his creditorsSomehow a man is unable to get theidea into his head that a girl withSomehow a man is unable to get theidea into his head that a girl withad may a man becomes a loafer becausehe is too light for heavy work and tooheavy for light work.Mater sighted man has a good ex-Mr. Neil A. Cameron, Kiltarlity, N.Somehow a man is unable to get theidea into his head that a girl withdispepsia for the past two years. IWhen your neighbor begins to boastof his honesty, it is up to you to put anextra bolt on your back door.B.B.B. is manufactured only by TheT. Milburn Co., Limited, Toronto, Ont.

T. Milburn Co., Limited, Toronto, Ont.

A Message From Lloyd George

> The Right Hon. David Lloyd George. speaking on "The Lesson of Sacrifice," said :---

their ries and axes and went into the bound out of Vanceboro, which landwoods to get wood for axe-handles. ed him at Lambert Lake 20 minutes

and a deer is worth money to the lum- tor was taken to within five miles of berman who can get tham this year the camp by team and covered the five when the cost of provisions and labor miles of tote road in a little over an shaves the profit on logs to a constant- hour, in places wading knee deep in ly diminishing figure.

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Deer are plentiful in that section, after the telegram was sent. The docwater, leaping from rock to root and root to log, finally arriving at the camp

A Shot and a Cry of Agony. A short distance from camp the two as night fell.

men separated, Carson following a The bullet from a .33 special Windeer track in the rapidly disappearing chester, one of the most powerful snow, and McGlinchey keeping on his sporting rifles in use, had entered the way to growth of hardwood which back of the thigh, coursing forward promised axe-handle material. and missing the great femoral artery

As the story is told by the men in by a hair's breadth, smashing the bone the camp, it was but a short time after and bringing splinters of bone out they separated that McGlinchey heard through the flesh with it in its pass-Carson fire and immediately shout as age

if in great agony. Hastening in the Opiates were administered to re direction of the shouts, he found Car- lieve the injured man's suffering, and son lying in the water-soaked snow the physician proceeded to make the with blood pouring from a bullet wound splints for the injured limb with the in his thigh a few inches above the rough tools available in the camp, the skill born of long practice in such cases knee.

Lantic Sugar is packed by automatic machin-20 LBS. Pure Cane ery in strong white cotton bags and cartons at the refinery. 10 LBS. Pure Cane This is far safer and more sanitary than sugar packed by hand in a weak paper bag which breaks at a touch. No hand touches LANTIC SUGAR until you open it your-self. Just cut off the corner of the carton and pour out the sugar as you need it. 1 antic Alles Diciels an 2 and 5-lb Cartons 10 and 20-lb Bags anulated "The All-Purpose Sugar"

"We have been living in a sheltered valley for generations. We have been too comfortable and too indulgent, many perhaps too selfish. But the stern hand of fate has scourged us to an elevation where we can see the everlasting things that matter for a Nation, the great peaks we had forgotten---of Honour, Duty, Patriotism, and clad in glittering white, the towering pinnacle of Sacrifice, pointing like a rugged finger to Heaven."

Compared to service in the trenches, Service in the Munitions Plant is the lesser sacrifice, but it is hardly less vital to the Empire.

> MARK H. IRISH, Director of Munitions Labor, National Service Board,