

"I FEEL LIKE A NEW BEING"

FRUIT-A-TIVES Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE

35 St. Rose St., Montreal. April 4th. "For over two years I was sick and miserable. I suffered from constant Headaches, and had Palpitation of the Heart so badly that I feared I would die. There seemed to be a lump in my stomach and the Constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.

I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-tives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no Headaches, no Palpitation, no Heart Trouble, no Constipation, no Pain or Kidney Trouble and I feel like a new being—and it was "Fruit-a-tives" that gave me back my health."

MADAM ARTHUR LAPLANTE.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

CANADA'S FIRE LOSSES FOR MONTH OF JUNE

Toronto, July 7.—Monetary Times estimate of fire losses in Canada during June is \$494,557, compared with \$773,369 for June 1915. There were only three fires in which the loss was estimated at over \$25,000—at Brockville, Atlin and St. John, N. B.

There were six deaths from fire during the month, as compared with an average of fifteen during the last eight years.

FAMOUS RACE HORSE ARRIVES FROM ENGLAND

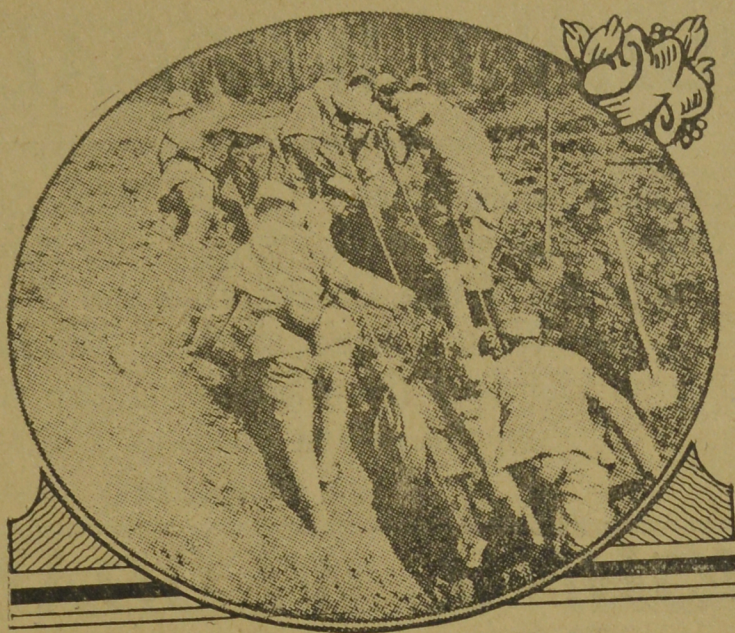
New York, July 7.—Light Brigade, a famous English race horse, was on board of the Atlantic Transport Line steamer Minnehaha, which reached here today from London.

It was said that an American horseman, whose name could not be learned, purchased the celebrated racer for \$50,000.

Light Brigade is a six-year-old stallion by Picton, out of Bridge of Sighs, and was bred and owned by Lord Derby. This famous running horse won eleven races as a three-year-old and three races as a four-year-old.

NOT UNFAVORABLE SAYS GERMAN REPORT

Berlin, July 7 (via London).—The result of heavy engagements that were in progress all last night north and south of the river Somme was not unfavorable to the Germans, the War Office announced today.



French Soldiers at Verdun are here shown recovering a trench mortar which had been buried by the explosion of a German mine.

ARTILLERYMAN WAS SHOT BY A SENTRY

Say Tragedy at Kingston, Ont.—Man Who Did the Shooting is in Custody.

Kingston, Ont., July 7.—Gunner Russell Elliott, of the 74th battery, whose home is in Peterboro, was shot by a sentry late last night at the Cereal Company's building, where the battery is quartered, and died a few hours later in the general hospital.

Gunner West, who did the shooting, is in custody, and a military court of inquiry has been appointed. No official statement has been given out regarding the shooting, but it is stated that Gunner West fired at Gunner Elliott when the latter refused to produce a pass which is necessary for late comers at the barracks to have.

An inquest will be held.

TO TRIFLE WITH CATARRH IS TO RISK CONSUMPTION

Usually it comes with a cold. Being slight, it is neglected—but the seed is sown for a dangerous harvest, perhaps consumption. To cure it once, irrad. Catarrhozone. It destroys the germs of Catarrh, clears away mucus, cleanses the passage of the nose and throat. The hacking cough and sneezing cold soon disappear and health is yours again. Nothing known for colds, catarrh and throat trouble that is so curative as Catarrhozone. It cures by a new method that never yet failed. The one dollar outfit includes the inhaler and is guaranteed to cure. Smaller sizes, 25c. and 50c., sold everywhere.

GERMANS ADMIT RUSSIAN ADVANCE

Berlin, July 7 (via London).—A salient of the German lines in Volhynia projecting toward Czartorysk has been abandoned under superior pressure by the Russians and a new line of defence selected, it was announced by the War Office today.

Favorite materials for afternoon gowns are taffeta and faille.

Love may be blind, but it's always the first to see its own finish.

As a general thing there isn't much hope for the kind of man whose mind oscillates between long toddlers and short skirts.

How to Save Your Eyes

Try This Free Prescription.

Do your eyes give you trouble? Do you already wear eyeglasses or spectacles? Thousands of people wear these "windows" who might easily dispense with them. You may be one of these, and it is your duty to save your eyes before it is too late. The eyes are neglected more than any other organ of the entire body. After you finish your day's work you sit down and rest your muscles, but how about your eyes? Do you rest them? You know you do not. You read or do something else that keeps your eyes busy. You work your eyes until you go to bed. That is why so many have strained eyes and finally other eye troubles that threaten partial or total blindness. Eyeglasses are merely crutches—they never cure. This free prescription, which has benefited the eyes of so many, may work equal wonders for you. Use it a short time. Would you like your eye troubles to disappear as if by magic? Try this prescription. Go to the nearest wideawake drug store and get a bottle of Bon-Opto tablets. Drop one tablet in 1/2 glass of water and allow it to thoroughly dissolve. With this liquid bathe the eyes two to four times daily. Just note how quickly your eyes clear up and how soon the inflammation will disappear. Don't be afraid to use it; it is absolutely harmless. Many who are now blind might have saved their eyes had they started to care for them in time. This is a simple treatment, but marvelously effective in multitudes of cases. Now that you have been warned don't delay a day, but do what you can to save your eyes and you are likely to thank us as long as you live for publishing this prescription. The Valmas Drug Co., of Toronto, will fill the above prescription by mail, if your druggist cannot.

A prominent City Physician to whom the above article was submitted, said: "Bon-Opto is a very remarkable remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. It can be obtained from any good druggist and is one of the very few preparations I feel should be kept on hand for regular use in almost every family."

WHY LET PLUMS LIKE THESE BE GATHERED?

A Couple of Samples of the Way That Public Money is Wasted.

(Amherst Guardian.)

One leak that the Ottawa authorities should stop is the matter of double pay to M. P. colonels supposed to be raising regiments, who are really raising the wind. The difficulty can be solved very easily.

A man is an M. P. or a colonel, according to the duty on which he is actively engaged. If his duty calls him to the House of Commons, pay him his sessional indemnity as a member of Parliament.

If his duty keeps him at the head of his regiment, pay him as a colonel of the Canadian Expeditionary Force.

Separation allowances might also be looked into. Many poor people refuse to bleed their country by taking the separation allowances to which they are fully entitled; but all the people in Canada are not of this kind. In one case—and it is only one of many—the mother of a Canadian officer, who is in receipt of his full civil salary of \$9,000 a year while he is on duty at Shorncliffe, draws his full separation allowance and applies it to the rent of an expensive apartment which she keeps locked up while she is in England to be near her son.

The Militia Department could save this country a lot of money by refusing to pay separation allowances in such a case as this.

Restitution if made would often prevent destitution.

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, \$1; No. 2, \$3; No. 3, \$5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

MINARD'S
"KING OF PAIN"
LINIMENT

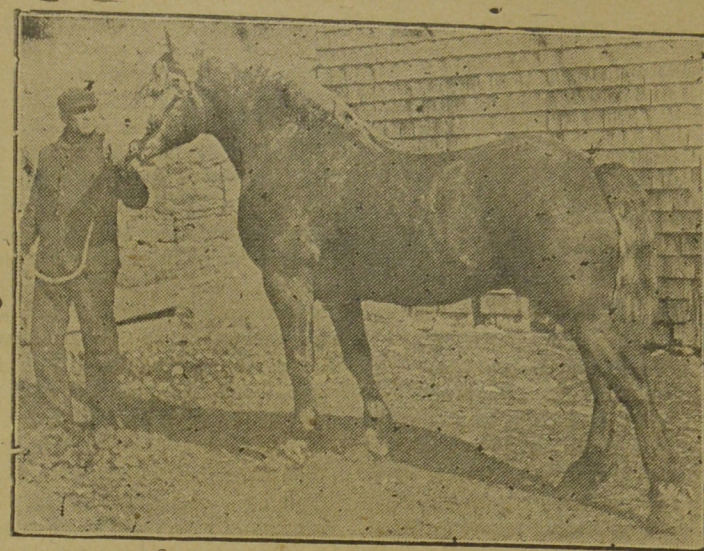
The old reliable remedy for rheumatism, neuralgia, sore throat and sprains.

Best Liniment Made

Mr. A. E. LAUDRY, 440 St. John St., writes: "I fell from a building and received what the doctor called a very bad sprained ankle, and told me I must not walk on it for three weeks. I got MINARD'S LINIMENT and in six days I was out to work again. I think it the best Liniment made."

Minard's Liniment always gives satisfaction. For any ache or pain. It gives instant relief.

Minard's Liniment Co. Limited
Yarmouth, N.S.



For Season of 1916

Percheron
"GRESHAM" You all know him
Clydesdale
"Baron Mac" you will like him.
Trotter
"Potter Palmer" the best yet.

H. C. JEWETT

CANADIAN PACIFIC CANADIAN PACIFIC

Bay of Fundy Steamship Service

NEW SERVICE

"THE EMPRESS"

SAFETY! SPLENDOR! SPEED!

ATLANTIC TIME—Daily Except Sunday.

7.15 a. m. Lv. ST. JOHN Ar. 5.00 p. m.

10.15 a. m. Ar. DIGBY Lv. 2.15 p. m.

Affording every Comfort, with Spacious Saloon accommodation and Promenade Decks, Private Staterooms and Ladies Parlor. Splendid Dining Service, a la carte.

Note—Transfer train operates between Pier and Digby Station, connecting with express trains for Halifax and Yarmouth.
M. G. MURPHY, D. P. A., C. P. R., St. John, N. B.

The Printing and Publicity Specialist Talks To His Son

"Say, John, I feel quite sick today," said Mr. Blank. "Please visit the different doctors in town, and find out who will cure me for the least money. Get your quotations tabulated and then let me see them. Of course we will engage the doctor who charges the least."

"Why I never heard of such a thing," said John. "The idea of getting quotations from a doctor; it's the asylum for you."

"Well now, why not? I am a specialist in printing and publicity. I study my business just as carefully as any doctor can do. If I do say it that shouldn't, I have just as much brains as the average doctor. I strive to give my customers the benefit of my knowledge, my artistic skill and judgement and my ideas on publicity. I give service as the term is understood in the Twentieth Century."

"When some people around here have a little printing to be done, they visit all the printing offices, get quotations from each one, and then give the work to the man who gives the lowest figures."

"The ordinary user of printing knows his own business, but he is no more a judge of the work of printing than he is a judge of what sort of medicine a doctor should give him for the cure of his ailment. If people ask me for quotations and pass me by if my price happens to be a little more than the other fellow, why shouldn't I apply the same method to the doctor, lawyer, dentist and painter? Why not? It's a mighty poor rule that won't work more than one way."

The MAIL PRINTING CO.

PHONE 67. FREDERICTON, NEW BRUNSWICK.



Fruit jars—all glassware—wholesome and sparkling when cleaned with
Old Dutch

