YOU'RE BILIOUS! LET "CASCARETS" LIVEN LIVER AND BOWELS

Don't Stay Headachy, Constipated, Sick With Breath Bad and Stomach Sour

Get a 10-cent box now.

2

You men and women who can't get feeling right-who have headache, coated tongue, bad taste and foul breath, dizziness, can't sleep, are bilious, nervous and upset, bothered with a sick, gassy, disordered stomach, or have a bad cold.

sathartic pills or castor oil?

cleanse the stomach, remove the sour, was appointed and gazetted chairman meantime people are wondering if the

you out by morning-a 10-cent box before Mr. Masten was appointed, Mr. ronage matters in Southampton. Havfrom any dug store will keep your John A. Young, M. P. P., who labors ing stabbed Mr. Pinder in the back at stomach sweet, liver and bowels re- under the belief that he has the sole every opportunity, he is now trying gular and head clear for months. right to dispense patronage for the to induce one of Mr. Pinder's closest Don't forget the children. They love Local Government in York, had pro- friends to accept a nomination for the Casearets because they taste good- mised the position to Mr. Ralph Local House and assist in the task of never gripe or sicken.

EDITH CAVELL.

By Michael Whelan. She died for her country's glory, This brave but gentle girl, Whose name shall survive in story As Britain's peerless pearl. She faced her ferocious foemen, In vain had her friends appealed, Shot down by those brutal yeomen, She died on that fatal field.

promise

quandary for the time being. He ex-

With her country's brave old banner plained the situation to the Attorney Pinned fast to her brave young General and the Premier and express-

heart, She fell on the field of honor, In glory did she depart.

To her home on the English meadow Her soul sent a message sealed, As she passed through the vale of the

From that far-flung fatal field.

The fame of fair Edith Cavell, From her humble place of birth to the bounds of the world shall travel While the nations are slaying, snarl

ing, To the death they will not yield, They buried this British Darling On that far-flung, fatal field.

Renous River, N. 1!



The Parish of Southampton Has Two Government Appointed Revisors and Both Are After the Fee Attached to the Job---Where Mr. Young, M. P. P. Butted in.

As a result of the dual patronage as chairman. Mr. Brooks was also system now in vogue in the County of on hand, and both attached their York, the Parish of Southampton has names to the official electoral list, and more revisors than it knows what to now both are claiming the fee which do with. Under the law the two goes with the job. So far neither has Are you keeping your bowels clean county councillors are also revisors, been able to secure it. Mr. Pinder with Cascarets, or merely forcing a and a third, who acts as chairman, is is behind Mr. Masten and has promispassageway every few days with salts appointed by the Provincial Govern- ed to see him through. Mr. Young is behind Mr. Brooks, and has promised Cascarets work while you sleep; Last year ex-Coun. Jas. T. Masten to see that he gets the money. In the

undigested, fermenting food and foul for the Parish of Southampton, on voter's list for the Parish of Southgases; take the excess bile from the the recommendation of Mr. James K. ampton for 1915 is legal or not. reses; take the excess the from all the recommendation of all state the second the price and carry out of the system all Pinder, M. P. P., who is a resident of this is one of several scurvy tricks the parish and is of course in touch which Mr. Young has played during the parish and is of course in touch the part of the parish and is of course in touch the part of the parish and is of course in touch the part of the parish and is of course in touch the part of the part o A Cascaret tonight will straighten with local conditions. It seems that the past year in connection with pat-

Brooks, a son of ex-Warden Frank R. eliminating the old gentleman at the Brooks, a prominent Tory of South- next election. He had already prosmplou, who has been promised a mised the nomination to ex-Warnomination on the government ticket den Brooks, but is now ready to throw at the next election. Mr. Brooks him overboard, providing he can get wanted the job for his son, and colled the other man to accept. As a politiupon Mr. Young to make goo: his cal manipulator Mr. Young is positively a joke. As Mr. Masten's appointment had

been gazetted, Mr. Young was in a DONT'T GO INTO CONSUMPTION CURE YOUR CATARRH NOW!

ed a desire to "put one over on Mr. When your throat rattles, the lungs the rate of a million a day. and chest are sore, your throat is These great statesmen, put their heads together and hit upon a rather nime plan. They decided to inform unique plan. They decided to inform It cures the throat, cures hacking, the public through the columns of the relieves tight chest and soreness in Royal Gazette that the appointment of the bronchial tubes. To clear away Mr. Masten was a typographical error Catarrh of the nose, nothing could be Taymouth, aged ninety-five years and and that the name should have read better. Catarrhozone is nature's nine months. Four daughters sur-"Ralph R. Brooks." This little trick own remedy-it heals and soothes- vive. They are Mrs, S. Woodworth, s supposed to have cancelled the ap- cures every form of throat, lings or Mrs. James S. Young, Mrs. Angus C.

pointment of Mr. Masten, but the lat- bronchial trouble. Prescribed by Urquhart of Taymouth, and Mrs. Pe ter, who is no spring chicken, declin- many specialists and used by thou- ter Forsythe of Whitneyville. The ed to fall for it. When the board of fit, it lasts two months and is guarrevisors met in November he was anteed. Small size 50c., trial size ing the servuces. right on hand and asserted his rights 25c., sold everywhere.



Eczema or salt rheum is one of the most common of all skin diseases. It may centre itself on any part of the body, but there are certain places where it most usually begins, such as the bends of the elbows, the backs of the knees, the groove behind the ears, the scalp, on the palms of the hands, between the fingers, or on the soles of the feet. It is, as a rule, not dangerous, but is very irritating and annoying to the sufferer on account of the terrible itching and burning sensation it causes.

sufferer on account of the terrible itching and burning sensation it causes. It is impossible to eradicate this trouble from the system by external applications, as it is caused by the blood being in an impure state. What you need is a good blood cleansing medicine such as Burdock Blood Bitters. A medicine that will drive out all the foulness from the blood and make it pure and rich. MIN. Adelard Theriault Theriault

Adelard Theriault, Theriault, writes: "Sone time ago I was bled with salt : heum on my hands, troubled with sait neutrinon my nands, and it was so bad I could not do my work. I tried several me licines, but they all failed to help me. One day a friend told me to try Burdock Blood Bitters, so I got a bottle, and before I had taken it my hands were better. I am not afraid

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THE NEW THREE CENT.

WAR TAX STAMP.

Ottawa, Jan. 6.-The new stamp of three cent value, issued by the Postnaster General to overcome the inconvenience caused by the necessity of affixing an extra war stamp of one cent to all letters, is now being sent out.

The stamp is the ordinary twocent stamp surcharged with the letters 1Tc (one cent tax). By using the plate of the ordinary two-cent stamp the issue has been

facilitated and is now being made at

DEATH AT TAYMOUTH. Peter Waltman died Sunday at

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MacKinnon's Clothing not only wears long past the average Suit is cast aside bu yet keeps its appearance f and good looking all the time you wear it.

> J. A. MacKINNON STREET **TAILOR and CLOTHIER**





(1) Reading left to right (standing)— Miss Hains, Mrs. McDonald, Miss Tatley, Miss Bender. (Sitting).— Miss Hunter, Mrs. Anderson, Miss Reid, Mrs. 0. Smith, Mrs. Ross. (2) Filing room. (3) Office staff. (4) Miss Helen Reid, the presiding spirit of the Relief Committee, Montreal. (5) Reception room.

ONTREAL was the birthplace of the Patriotic Fund. Montreal made the record of over \$1,613,-000 collected in the six days whirlwind campaign, September, 1914, and the crganization under which the Montreal Branch distributes relief is considered

triganization under which the Montreal Branch distributes relief is considered a model of effective and economical administration. Montreal and the Island of Montreal have been divided into twenty-seven districts, the interests of which are looked after by fifty-six ladies acting as Ward Heads, under the supervision of Miss Helen Reid. These are assist ed by about six hundred lady visitors who undertake to make periodical visits to the families of soldiers at the front, investigate and report on cases where relief is requested, and gener-ally act as friends to those who might otherwise be friendless. Although there are certain Government allow-ances, these are often found to be in-sufficient for large families, and at times, especially in the case of filness, immediate relief has to be given. The mothers are given expert advice on hygiene and the care of infants, and encouraged to keep their children regu-harly at church and school (twenty

hygiene and the care of infants, and encouraged to keep their children regu-larly at church and school (twenty prizes are given for the best school reports), are taught principles of thrift and given free legal advice. The slo-gans under which the lady visitors work are such as "Provide Opportunity not Charity—and be a friend," "Guard the Fund—do not patronize—do not





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