

CASTORIA

For Infants and Children.

Mothers Know That
Genuine Castoria

Always
Bears the
Signature

of

Chas. H. Fletcher

In
Use

For Over
Thirty Years

CASTORIA

Exact Copy of Wrapper.

THE CENTAUR COMPANY, NEW YORK CITY.

WOMAN'S COLUMN

BEAUTY HINTS.

If you can spend only half an hour a day on acquiring air and exercise, do it in the right way. Half an hour spent in loose, comfortable clothes, breathing deeply or swinging briskly through the park or through the country, is worth more to you than a three hours' shopping trip. A half hour's exercise at the same hour each day will do much to give you the desired complexion, and, of course, the more time you can spend on this exercise period the quicker you will attain the given end.

The same system should be applied to your hours of rest. It does not do to go to bed at nine one night in the week and then stay up until one all the rest of the rest of the week. You should have nine hours' sleep every night if you want to be in the pink of condition

Otherwise your face will be gray looking and you will have dark circles under your eyes, which are not only very ugly and extremely aging to the appearance, but are also very hard to lose once you have acquired them.

Be sure your bedroom is well ventilated and try to have a room which has plenty of sunshine during the day. At this time of the year your bedroom windows should not be closed at all unless to shut out the heat, and even in winter they should only be closed while dressing and undressing.

You cannot be too careful to keep up these conditions, if you want to have a lovely, fresh complexion.

LUNCHEON SETS.

Quite artistic are luncheon sets

made of Japanese towelling. The material is just wide enough to make the circle for plate doilies, and no attempt need be made to have them alike as to the design, since they are quite as pretty when cut out, one after another, straight down the strip. Roll and whip the edges, using a large needle and the heaviest strand of mercerized cotton floss in the same shade of blue, allowing the stitches to be almost a quarter of an inch apart. When the circle is finished, turn about and whip the edge again, bringing the needle between the stitches of the first round, thus making a substantial edge of cross stitch.

The smaller doilies for glasses, ank cups and saucers are done in like fashion and the centrepiece may be cut from one of the large hemstitched squares of the same material.

Slants Of Humor

NO WONDER.

The sentimental bride of a fashionable seaside resort watched the sun set in rapturous silence.

Then she murmured:

"See, George, darling, how phosphorescent!

"It's no wonder," responded the matter-of-fact bridegroom, "when you think how many matches are made in this place."

HOW DELIA MANAGED

A great deal of noise arose in the nursery one morning, and since it gave no promise of subsiding, Mrs. Odell hurried in that direction. She found the baby howling with might and main and the new nursemaid sitting calmly by.

"Well, Delia, this is a terrible noise!" cried Mrs. Odell angrily. "What is the matter? Can't you keep the baby quiet?" "Shure, mum," replied the girl, "but I can't keep him quiet unless I let him make a noise, mum."

COULDN'T STUMP KENNY

An Irish waiter named Kenny was noted for his wit and ready answers. A party of gentlemen who were staying at the hotel heard of Kenny's wit, and one of them made a bet that he would say something that Kenny couldn't answer at once. A bottle of champagne was ordered, and the one who made the bet took hold of the bottle and commenced to open it. The cork came out with a bang and flew into Kenny's mouth.

"Ah," he said, "that is not the way to Cork!" Kenny took the cork out of his mouth and replied: "No it's the way to 'Kill-Kenny

ALL WITH A PULL

The dentist pulled the cowboy's tooth. The cowboy pulled a gun. A cop came in and pulled them both. Gee whiz, but this is fun.

THE FORMULA FAILED

Willie had disobeyed again and his mother had sent for a switch, declaring that she meant to "wear him out." "Now, Willie," she demanded solemnly, "Do you know what I'm going to do with this switch?" "Yes'm," he answered promptly, "you're going to shake it at me and say 'Willie Parsons, if you ever do that again I'll switch you good!'" But she didn't.

ANOTHER PATRIOT HEARD FROM.

The following was among the list of congratulatory telegrams received by Mayor Sutton, M. P. P.-elect, of Woodstock:

Canterbury Station, Sept. 22. Accept my hearty congratulations, old boy. I felt sure from the start that you would win out. It certainly was a great victory. Best wishes.

H. N. Grant.

"HELL BENT!"

(New York Sun.)

The butchers say prices must go up or they will go bankrupt. The bakers say prices must go up or they will go bankrupt. So with the candlestick makers, the railroad trainmen, with their wages, the railroad operators with their rates and all the rest. But for the ultimate consumer nothing ever goes up except the high cost of living; and nobody ever seems to care whether he goes bankrupt or not.

The meek will inherit the earth, so it is said. Up to the present none has been seen to "cash in" on any part of the prophecy.

CELESTIAL FLOUR

MADE IN FREDERICTON from Choice Hard Wheat by the best patent process.

Now fully equipped for custom grinding, Wheat, Oats, Buckwheat, etc.

Prompt service, and satisfaction guaranteed.

F. H. EVERETT

Aberdeen St., near C. P. R. Station.

FOR RETURNED SOLDIERS.

NOTICE is hereby given that a branch of the Provincial Returned Soldiers' Aid Committee has been organized for the Counties of York, Sunbury and Queens, and the City of Fredericton, as a district, with Dr. T. C. Allen Chairman and Judge Wilson Secretary.

All employers of labor in said district willing to give preference to returned disabled soldiers as employees and all returned discharged soldiers wanting employment residing therein are requested to notify the secretary

JUDGE WILSON,

DR. T. C. ALLEN, Secretary.
Chairman.

TO THE POLICYHOLDERS OF
THE PRUDENTIAL INSURANCE
COMPANY OF AMERICA.

NOTICE is hereby given that a meeting of the policyholders of The Prudential Insurance Company of America will be held at the Home Office of the said Company in the City of Newark, New Jersey, on Monday, the fourth day of December, 1916, at twelve o'clock noon, for the purpose of selecting fifteen persons to be voted for by the policyholders' Trustee as members of the Board of Directors, at the annual election of Directors of the Company to be held on the eighth day of January, 1917.

At such meeting every policyholder of the corporation who is of the age of twenty-one years or upwards and whose policy has been in force for at least one year last past, shall be entitled to cast one vote in person or by proxy. FORREST F. DRYEN, President.

CANADIAN PACIFIC EXCURSIONS

From Fredericton
\$14.55 Montreal and Ret.
TICKETS ON SALE.

September 21st, 22nd and 23rd,
Return October 9th.
September 28th, 29th and 30th,
Return October 16th.

\$11.20 Boston and Ret.
TICKETS ON SALE
September 16th to October 14th,
Good for Thirty Days.

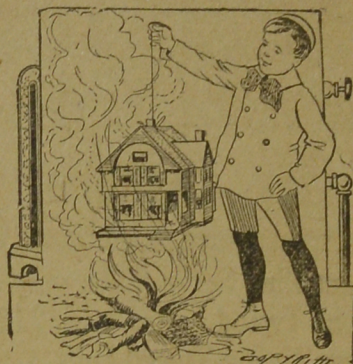
For full particulars apply to F. B. Edgecombe, City Ticket Agent or write M. G. Murphy, D. P. A., C. P. R., St. John.

Occasionally one meets a man who plunges into a love affair as he plunges into the surf; but most of them sit lazily on the beach and let the waves of emotion splash harmlessly over them.

HEATING A HOUSE

IS NOT CHILD'S PLAY. It requires mature thought and skilful work. Only the experienced plumber can do it satisfactorily.

OUR WORK in this line must please. Have given much thought and study to HOT AIR, WATER, AND STEAM HEATING Problems, and gained much practical knowledge in the course of many years' work.



D. J. SHEA & SON

We Sell the Famous

Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald

Music Store 560 Queen Street

Chalmers and Overland Station

Bicycle Repairing. Firearms Repaired.
TIRES AND ACCESSORIES

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

No. 2 Improved Moody Thresher Titan Kerosine Engines

This combination gives a threshing outfit that is unexcelled capacity, durability and all round satisfaction to operator and customer. They have been thoroughly tested and proved.

If you have regard for your own best interests you will get information about these machines before buying any other.

A number of improvements have been put on the thresher but is no advance in price.

J. Clark & Son Ltd.

Sportsmen and Guides!

When you want the best work done on your Game Heads, etc; send them to me. I guarantee satisfaction at reasonable prices.

No Duty to pay on American Heads as I mount all these heads at my American Branch.

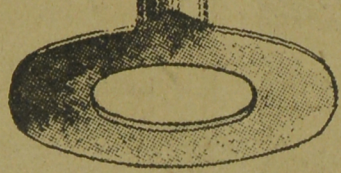
GEO. A. DAVIS, TAXIDERMIST

281 Queen Street West. Fredericton, N. B. Phone 577-31
VANCEBORO, ME. Send for Price List.

THE KEY TO THE

MUNITIONS
MEN
AND
MONEY

ARE
YOU
HELPING
TO
TURN IT?



SITUATION



Visit the Ready to Wear Department at A. MURRAY & CO'S

THE STYLE of the New Suits and Coats for Fall, as shown in the exhibit appeals to every lady of careful taste.

WONDERFUL VALUES in Ladies', Misses' and Children's Winter Coats in beautiful heavy tweeds, chinchillas, baby lamb and plush.

LADIES' SUITS in broadcloth, serge, gabardine and tweeds; beautiful styles and wonderful values.

THE LATEST STYLES and Wonderful Values in Ladies' Blouses in Voiles, Habutae, Pongee, Georgette and Chiffon.

UNDERSKIRTS—Beautiful Shot Taffeta and Satin Underskirts in all the newest shades.

THE NEWEST STYLES IN CLOTH SKIRTS in Tweeds, Serges, and Gabardine, from \$3.00 to \$8.50.

LADIES' BATHROBES and KIMONOS in beautiful cloths and colors, from \$1.25 up to \$10.00.

NEW VIYELLA FLANNELS, Corded and Plain Velvet, Dress Goods and Winter Coatings, ready for your inspection.

LADIES' NEMO CORSETS, slightly soiled; reg. \$4.00, for \$2.98.

SPECIAL LOT OF GREY FLANNELETTE BLANKETS, 50x74, only \$1.15 a pair.

A. MURRAY & CO.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND