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**DR. GERRARD**  
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**W. J. IRVINE,**  
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to Bank of N. S. Building,  
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Best and Most Modern Funeral  
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**JOHN G. ADAMS**  
IS CONDUCTING AN  
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**IN PEACE OR WAR**  
It is the TRAINED man who leads.  
It is the business of this school to  
train young men and women to fill  
responsibilities, good paying positions.  
Write for booklet describing our  
courses of study, and let us show  
you how you can prepare yourself  
for one of these positions.  
Address:

**Fredericton Business College**  
W. J. OSBOURNE, Principal.  
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#### NON-TARIFF INSURANCE

Strong Companies.

Dominion Government License. En-  
dorsed by Highest Authorities.

Lowest Rates.

**CLARENCE L. SYPHER,**  
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**When Your Clothes**  
Need  
Pressing and Repairing  
SEND THEM TO

**H. L. ROGERS**  
And Have Them Done in First Class  
Style.  
"THE OLD MADE NEW."  
83 REGENT STREET.

#### YOU NEED YOUR HEAD

The head that aches is not in fit  
condition for work or enjoyment.  
Don't have headaches. Stop them  
as soon as they start, with

**Staple's**  
**Headache Capsules**  
25 cents a dozen, at  
**STAPLES PHARMACY**  
Alonzo Staples, Proprietor.

#### NOTICE OF LEGISLATION.

NOTICE is hereby given that applica-  
tion will be made to the Legisla-  
tive Assembly of New Brunswick at the  
next session thereof, for an Act author-  
izing the Trustees of the Church  
Hall, situate on the corner of Carleton  
and Brunswick streets, in the City of  
Fredericton, to sell and dispose of the  
said Church Hall and premises, and  
convey a good title thereto to the pur-  
chaser or purchasers.  
Dated this 22nd day of February,  
A. D. 1916.  
By order of the Trustees.

T. S. WILKINSON,  
Secretary.

#### Could Not Stand The Least Excitement.

#### Was So Weak and Run Down.

Many women become run down and  
worn out by their household cares and  
duties never ending, and sooner or later  
find themselves with shattered nerves  
and weak hearts.

When the heart becomes weak, and  
the nerves unstrung, it is impossible for  
a woman to look after her household or  
social duties. The least little exertion  
or excitement leaves her in an exhausted  
condition, and not fit to do anything.

On the first sign of any weakness of  
the heart or nerves, you will be wise if  
you start to take Milburn's Heart and  
Nerve Pills.

This remedy will act directly on the  
disordered heart making it beat strong  
and regular, and will also invigorate and  
strengthen the nerves so as to make  
them steady and firm.

Mrs. J. A. Williams, Tillsonburg, Ont.,  
writes: "I cannot speak too highly of  
Milburn's Heart and Nerve Pills. I  
suffered greatly with my nerves. I was  
so weak and run down, I could not stand  
the least excitement of any kind. I be-  
lieve your Heart and Nerve Pills to be a  
valuable remedy for all sufferers from  
nervous trouble."

Milburn's Heart and Nerve Pills are  
the original remedy for all heart and  
nerve troubles. Price 50 cents per box,  
3 boxes for \$1.25, at all dealers or mailed  
direct on receipt of price by The T. Mil-  
burn Co., Limited, Toronto, Ont.

#### CLASSIFIED ADVERTISEMENTS.

Rates for Classified Advertising.

1 insertion . . . . .	\$0.25
3 insertions . . . . .	.60
6 insertions . . . . .	1.00
1 month . . . . .	3.00

#### WANTED

WANTED—Smart boy to learn the  
printing business. Apply the THE  
MAIL OFFICE.

WANTED—Man or Woman to distri-  
bute War Literature. \$120.00 for sixty  
days work in your own community.  
Spare time may be used. Winston Co.,  
Toronto.

**\$120.00 SURE** Congenial  
work at  
home am-  
ong church people. Man or woman.  
60 days or less. Spare time may be  
used. No experience required. INTER-  
NATIONAL BIBLE PRESS, Toronto.

#### TO LET

TO LET—House on King street, be-  
tween Regent and St. John, containing  
seven rooms; possession given imme-  
diately. Apply 710 King street.

#### FOR SALE

FOR SALE—Dry split hard maple  
stove wood, 16 inches long; also 12  
inch wood, suitable for coal stoves.  
\$2.75 per load; 16 inch mixed wood  
\$2.50 per load. F. Fulton, 618 Bruns-  
wick street. Phone 308-32.

#### OPERA HOUSE

**FRIDAY and SATURDAY**  
April 14th and 15th

Mr. W. T. H. Fenety has the honor  
to announce that arrangements have  
been made for the appearance of

#### ALBERT BROWN

THE BRILLIANT ACTOR,  
And the great All English Company,  
in the Success of Three Conti-  
nents—England, America  
and Australia  
THE FAMOUS BRITISH WAR  
OFFICE AND SECRET SER-  
VICE DRAMA

#### THE WHITE FEATHER

By Lechmere Worrall and J. E.  
Harold Terry.

Founded on Facts, and Proves Con-  
clusively the Danger of the

#### GERMAN SPY SYSTEM.

No Canadian should miss seeing it.  
PRICES—\$1.50, \$1.00, 75c., 50c.  
Seats now selling at Ryan's Drug  
Store.

This is not a Moving Picture.

#### FUN! MAGIC! MYSTERY!



This big bargain package  
consists of 1 pkg. Comic  
Visiting Cards, 3 Amusing  
Circulars, 1 Finger Trap,  
1 Song Book (words and  
music) 2 Dandy Whistles,  
Gold Teeth, 3 High Grade  
Post Cards and 1 Swiss Warbler Bird  
Call. Also Free Fountain Pen offer  
and Novelty Catalogue. All sent post-  
paid for 15c.

F. A. STONE, Box 474,  
Fredericton, N. B.

## Miss Phoenix

(Continued.)

Mrs. Gray, out of the corner of her  
eye, watched her husband leave the  
room and then gave vent to a little  
chuckle, followed by a deep sigh.

"Doctor Sterling coming!" she  
mused. "And those idiots at Roose-  
velt had to go and get smallpox yes-  
terday, of all days in the year! I  
think the safest place for me at pres-  
ent is out of this House, whether I  
go to church or not."

Mrs. Gray was still pondering what  
course she had better pursue when a  
maid appeared and announced a lady  
in the reception room, a lady who  
gave no name, but who said it was  
unimportant.

"She's veiled," added the maid.  
"Haven't I troubles enough al-  
ready," thought Mrs. Gray, "with-  
out any veiled ladies?"

But after a brief consideration she  
told the maid to show her up.

When the woman lifted her veil she  
disclosed the smiling countenance  
of Laura Leslie.

"I just had to come," she began.  
"I did not dare telephone."

"What's happened?"

"In the first place, your husband  
found your comb in Harry's room."

"Oh, yes," interrupted Mrs. Gray,  
calmly. "He showed it to me this  
morning, but I fixed it all right. I  
think I am one of the greatest liars  
on earth," she added, with a sigh.

"I'll tell you all about it later."

"Then, there's another thing," con-  
tinued Laura, who was not a good  
fabricator and who did not know ex-  
actly how to tell Mrs. Gray what she  
wanted to tell her, without telling  
her the facts.

"Just after you got away from  
Harry's apartment," she went on,  
"an old gentleman came in—"

"Colonel Crosby?"

"Yes. You know him?"

"No. He is a friend of Jack's  
father and of Jack. I haven't met  
him."

"Well," pursued Laura, slowly,  
"when he came into the room Jack  
got rattled for some reason, and  
when the Colonel said of me, 'This  
is your wife, I suppose,' he let it go  
at that and presented me as you!"

Gertrude gasped and then, ruffled  
all over with laughter.

"The Colonel invited us all to din-  
ner," proceeded Laura, "and we  
went, and when we parted at the  
end of the evening—which, by the  
way, I don't think your husband en-  
joyed very much—the Colonel whis-  
pered that he would drop in to see  
me—you—this morning."

"Fine and daisy," exclaimed Ger-  
trude. "And what shall we do about  
that?" (She did not know how wor-  
ried her husband was to prevent such  
"contingency").

"I think," she continued presently,  
"you and I had better seek the seclu-  
sion of my boudoir where we will put  
our heads together to confound the  
enemy!"

"It was not long after the two  
young women had reached this seclu-  
sion that Doctor Sterling was usher-  
ed into the library. Jack Gray  
came down immediately and did not  
even give his friend time to wish him  
good morning."

"Fred," he began in the doorway,  
"I'm worried almost to death. In  
the first place I'm worried about  
my wife's health, and in the second  
I'm worried about that old fool  
Crosby."

"Don't bother about Crosby," said  
Doctor Sterling confidently.

"Suppose he calls here and meets  
Gertrude," insisted Jack. "How  
many wives do you suppose he'll  
think I have? And I can't very well  
tell Gertrude about it."

"And what's the matter with her  
health?" asked the Doctor.

"She was at Roosevelt Hospital  
yesterday afternoon, visiting a friend  
—yesterday, during all that small-  
pox scare! Do you suppose there is  
any chance of her having caught it?"

"Was she exposed?"

"I don't know. But she looks pale  
and unlike herself. I'm worried. I'd  
like to have you see her."

"By all means," returned Sterling.  
"Could you tell us soon as this if  
there was any danger?" Jack inquired  
eagerly.

"That depends. Probably not," was  
the Doctor's noncommittal reply.

"But, just as a precautionary mea-  
sure, I'd tell her to go and take a  
Turkish bath this afternoon."

"A Turkish bath!" exclaimed Jack,  
aghast.

"Yes, that will open her pores—"

"But you told me it was dangerous  
for her to take Turkish baths," pro-  
tested Jack.

"When?" asked the Doctor blankly.  
"Before you went east."

"Oh, well, that was three years  
ago," replied Sterling. "You said  
your wife was in delicate health at  
that time. She's all right now, isn't  
she?"

"Well, she's not all right enough  
for me to suggest a Turkish bath."

asserted Jack, with emphasis. "Those  
words have been taboo in this house  
ever since I rowed with her about  
taking one against your orders. If  
you want her to take a Turkish  
bath you'll have to tell her yourself  
I wouldn't dare!"

"Oh, very well, I'll tell her," and  
the conversation dropped.

(To Be Continued.)

#### POINTED PARAGRAPHS.

Any girl in school knows that a  
kiss is a conjunction.

Prudery is a wig often used to cov-  
er a bald character.

Faith will move mountains today  
if backed up by hard work.

At forty a man knows about half  
as much as he thought he knew at  
twenty.

#### NEW SUBSCRIBERS.

2100-52 Burpee, J. Ray, Farm, Nash  
waaksis.

402 English and Scotch Woollen  
Co., 350 Queen street.

24-12 Fenety, E. M. S., Res., 252  
Brunswick street.

337-21 Gallagher, Miss Helen, Res.,  
St. Marys.

4300-83 Pond, Bradford, Res., Marys-  
ville.

531-41 Wright, Mrs. M. D., Res., 366  
Saunders street.

#### N. B. TELEPHONE CO., LTD.

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## -Woman's Column-

#### CARE OF FURS WHEN THE WARM DAYS COME

April is usually the time when moths  
are on the warpath, destroying every  
fur they light upon. Of course as long  
as the temperature remains low there  
need be no fear of destruction from  
moths. The cold is an enemy to the  
moth.

Select one closet for a storehouse,  
and see that it is scrubbed from top  
to bottom and then thoroughly aired.

Hang small cheesecloth bags filled  
with camphor balls from each hook,  
and put away coats, velvet suits, etc.,  
in tar paper bags.

Strips of tar paper may be bought in  
which to wrap hats, feathers, small  
bits of fur trimming, etc.

It is wise to put your furs away  
early, when the weather shows full in-  
dication that winter has broken up,  
and before its grows too warm.

So many women let their furs go un-  
attended to almost till June. This is  
almost sure ruin, for the moths have  
a chance to lay their eggs in so many  
places that no amount of brushing can  
remove them all.

Furs should first be thoroughly gone  
over with a fairly stiff clothes brush,  
brushing out all the soft hairs. Then  
they should be taken out of doors in  
the hot sunshine and well beaten with  
a light switch or cane—a carpet bea-  
ter is too big.

Before putting your furs away they  
should have at least twelve hours sun-  
ning. After beating them let them  
hang in the sun—and wind, if possible.

Wind and sun are better than any  
powders or papers to destroy moths.

When you take the furs in from their  
airing, store them at once, or your  
work may be in vain. Sprinkle plenty  
of black pepper in them.

If you have any velvet suits or gowns  
give them your closest attention, for  
moths love velvet. It is best to spread  
the article to be brushed out on the  
ironing and brush briskly inside and  
out with whisk-broom. Take care to  
go into all the seams on the wrong  
side, for that is a pet laying spot for  
the moths.

THE STALE BREAD PROBLEM  
NOT DIFFICULT TO SOLVE

Toast is the first thought when one  
discovers a few slices of dry bread in  
the bread box; good toast is never to  
be made from fresh bread. Fried  
bread, cinnamon toast and croutons  
are also possible when the bread box  
yields enough material for them.

Toast slices should be cut of uniform  
size, neatly trimmed and toasted either  
over hot coals or under the gas flame  
to a nice bright brown.

Toast both sides equally and spread  
lightly with softened butter. Pile the  
toast up and serve immediately.

#### Milk Toast.

Milk toast or cream toast, as many  
call it, is made in the same way, then  
each slice is dipped in a thin cream  
sauce to which an extra tablespoon of  
butter has been added. The slices are  
piled in a deep dish, sauce poured over  
them and served very hot.

Tomato toast is made by pouring a  
hot well made tomato sauce over the  
toast slices.

#### Cheese Toast.

Cheese toast is appetizing. Grate a  
cup of dry cheese and put in a sauce-  
pan with a cup of milk, a pinch of salt  
and a little pepper and mustard. Stir  
the cheese is melted, then thicken very  
slightly with a little flour blended with

cold milk. Pour this over the buttered  
toast.

#### Prune Toast.

Soak half a pound of prunes over  
night, then cook till tender, extract  
the stones and rub through a colander.  
Return the juice, sweeten to taste and  
cook for a few moments. Dip freshly  
made toast very quickly in boiling  
water, butter generously and pour the  
prune pulp over it.

#### Cinnamon Toast.

Slice the bread thin, trim and cut  
in triangles. Toast and butter thickly.  
Sprinkle thickly with granulated sugar  
and cinnamon. Return to the oven for  
a few moments, then serve at once.

#### Croutons.

Cut stale bread half an inch thick.  
Then cut in dice or stamp out in  
round or three-cornered pieces. Fry in  
boiling fat till a nice, bright brown.  
Drain on paper and use for serving in  
soup or for garnishing.

Croutons may be kept nicely for sev-  
eral days.

#### CHILDHOOD CONSTIPATION