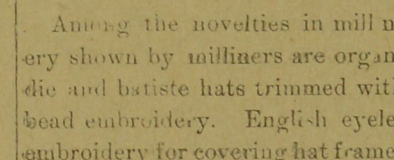


The man who doesn't know himself is easily fooled.
A missing suspender button often tells the truth.
Everyone should learn to swim, even if they get drowned several times learning.

Wood's Phosphodin
The Great English Remedy
Tones and invigorates the whole
nervous system, makes new Blood
in old Veins, Cures Nerve
Pain, Headache, Stomach
Disorders and Brain Worry, Despo-
sition of Energy, Palpitation of the
Heart, Loss of Memory. Price \$1 per box.
Write for full particulars. Will
fill please, six will cure. Sold by
all druggists in plain pkg. on receipt
of 5c. Pamphlet mailed free. **THE WOODS**
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The train had attained a frightful pace. Already glimpses of its long curving roll on the distant hill might

(To be continued.)



One cup sugar, 1 egg, 3 tablespoons melted butter, 1 even tea spoon soda, 3 tablespoon milk, teaspoon cream of tartar, nutmeg. Mix with flour to roll out thin. Sprinkle powdered sugar over, cut in long thin strips. Bake quickly.

Always bears
the
Signature of *Chas. H. Fletcher*

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