

PILES

Nothing known to science is better for this painful ailment than Zam-Buk. It reduces inflammation, stops bleeding, ends the agony. Easily applied and cleanly. Why go on suffering? Why not try it? Read the following cures.

Mrs. C. Hanson, Poplar, B.C., says: "I suffered for years with bleeding piles. The pain was often so bad I could hardly walk. I tried remedy after remedy, and finally underwent an operation, but only got temporary relief. At last I tried Zam-Buk. Perseverance with this remedy completely cured me, and there has been no return of the trouble."

Mr. W. J. Donovan, of New Edinburgh, Ont., writes: "For two years I suffered with bleeding piles. The pain was most intense. I tried one after another of the so-called remedies, but without effect. At last I decided to try Zam-Buk. This gave quick relief from the dull, gnawing pain, and perseverance with Zam-Buk cured me. The cure has been permanent."

ZAM-BUK ALSO CURES ECZEMA, BLOOD POISON, ULCERS, COLD SORES, CHAPPED HANDS, SCALP SORES, CUTS, BURNS, BRUISES, SCALDS and all SKIN INJURIES and DISEASES. All druggists and stores, or Zam-Buk Co., Toronto, post free for price. Refuse harmful substitutes and preparations advanced as "just as good."

FREE BOX

Send this coupon, name of paper, and 1c stamp to Zam-Buk Co., Toronto, and receive trial box.

Zam-Buk

Wholesale Dry Goods and Woolens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
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Cottons and Casement Cloths
White Bed Spreads
Towels, Napkins and Table Linens
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WHOLESALE DRY GOODS and WOOLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Slants of Humor

STOCKS, NOT LEAVES.

Of all the games that ever were
The toughest game of all
Is playing on a margin
When the stocks begin to fall.

MAY BE DESTRUCTIVE.

(Sheridan, Wyo., Enterprise.)
Nettie A. Reid's announcement that she has enlarged her emporium exclusively devoted to private dress-making is striking a responsive chord among Sheridan's lovers of destructive style.

IT WAS ADJUSTABLE.

Thomas A. Edison, remarking on a new style aeroplane, said its makeup was, to say the least, novel. "It is, in fact, a striking idea. I have seen nothing to beat it since last month. Then a young man from Orange showed me an engagement ring he was going to patent."

"But," I exclaimed, examining the very ordinary looking circlet, "what is there patentable about it?"

"It is adjustable, sir," answered the young man, proudly.

LOGICAL DIAGNOSIS.

Wash Lady—Ma husband's very po'ly ma'am He's got dat exclamatory rheumatism.

Lady of the House—You mean in-

FACE COVERED WITH PIMPLES ASHAMED TO GO OUT

Many an otherwise beautiful and attractive face is sadly marred by unsightly pimples, blotches, flesh worms and various other blood diseases.

Their presence is a source of embarrassment to those afflicted as well as pain and regret to their friends.

Many a cheek and brow cast in the mould of beauty have been sadly defaced, their attractiveness lost and their possessor rendered unhappy for years.

Why then, consent to rest under this cloud of embarrassment? There is an effectual remedy for all these defects.

It is Burdock Blood Bitters. This remedy will drive out all the impurities from the blood and leave the complexion healthy and clear.

Mrs. Katherine Henry, Port Sydney, Ont., writes: "Two years ago my face was so covered with pimples I was ashamed to go out at all. I tried several remedies, but they were of no use. At last a friend advised me to try Burdock Blood Bitters. I got a bottle, and by the time it was used I could see a difference. I then got two more, and when I had used them the pimples were completely gone. I can highly recommend B. B. B."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

MINARD'S LINIMENT

I was cured of terrible lumbago by

Minard's Liniment

—Rev. Wm. Brown.

I was cured of a bad case of earache by

Minard's Liniment

—Mr. S. Kaulbach.

I was cured of sensitive lungs by

Minard's Liniment

—Mrs. S. Masters

Manufactured by the
Minard's Liniment

Yarmouth, N.S.

Hamamory, Martha. Exclamatory is from exclaim, which means to cry out. Wash Lady—Yes, ma'am. Dat's what it is. He hollers if anyone goes near him.

WAR TIME PRICES.

"John, dear," wrote a lady from a distant city, "I inclose the hotel bill."

"Dear Jane, I inclose a check," John wrote in reply. "But please don't buy any more hotels at this price—they are robbing you!"

GEMS OF POETRY

(By Bret Harte.)

Over the chimney the night wind sang

And the chanted melody nobody knew;

And the woman stopped as her babe she tossed,

And the thought of the one she had long since lost;

And said, as her teardrops back she forced—

"I hate the wind in the chimney."

Over the chimney the night wind sang

And chanted a melody no one knew;

And the children said, as they closer drew,

"Tis some witch that is cleaving the black night through—

'Tis a fairy that just then blew,

And we fear the wind in the chimney."

Over the chimney the night wind sang

And chanted a melody no one knew;

And the man, as he sat on his hearth below,

Said to himself, "It will surely snow,

And fuel is dear and wages low—

And I'll stop the leak in the chimney."

Over the chimney the night wind sang

And chanted a melody no one knew;

But the poet listened and smiled, for he

Was, man, woman and child—all three,

And he said: "It is God's own harmony,

The wind that sings in the chimney."

Messrs. G. C. Eakin and R. H. Porter of Franklin, Me., arrived in the city last night.



Enlist Your Kitchen in the War!

"The kitchen must help as well as the workshop and the trenches"

Mr. Lloyd George has said it!

What does he mean?

He means you must know and practice real thrift—make every dollar you spend on food serve your family and your country. Banish those things which are wasteful and substitute real foods.

Lovers of tea and coffee must realize that these beverages are in no sense of the word food, but merely pleasant, slightly stimulating drinks, which, by the way, are soaring in price!

Thrift Suggests Serving Cocoa

It is a scientific fact that a cup of Cowan's Perfection Brand Cocoa contains more actual food value than a cup of beef extract, bouillon, or chicken soup.

Economies like Cowan's Cocoa render the diet more delightful, while saving money. And the saving effected in household expenses will enable you to help win the war another way—by Purchasing War Certificates!

For \$21.50 you can buy at your nearest bank or

Post office a War Savings Certificate for which in 3 years' time the Government will refund \$25.00. Remember every food economy you practice helps to defend the brave boys at the front.

Cowan's Perfection Brand Cocoa can be purchased from all good dealers throughout Canada. Economy also suggests your choice of Cowan's Maple Buds, Queen's Dessert, or Milk Chocolate Bars as the ever welcome confections.

Ask for Cowan's ACTIVE SERVICE Chocolate; just what our soldiers in the trenches appreciate. Specially manufactured to meet their needs.

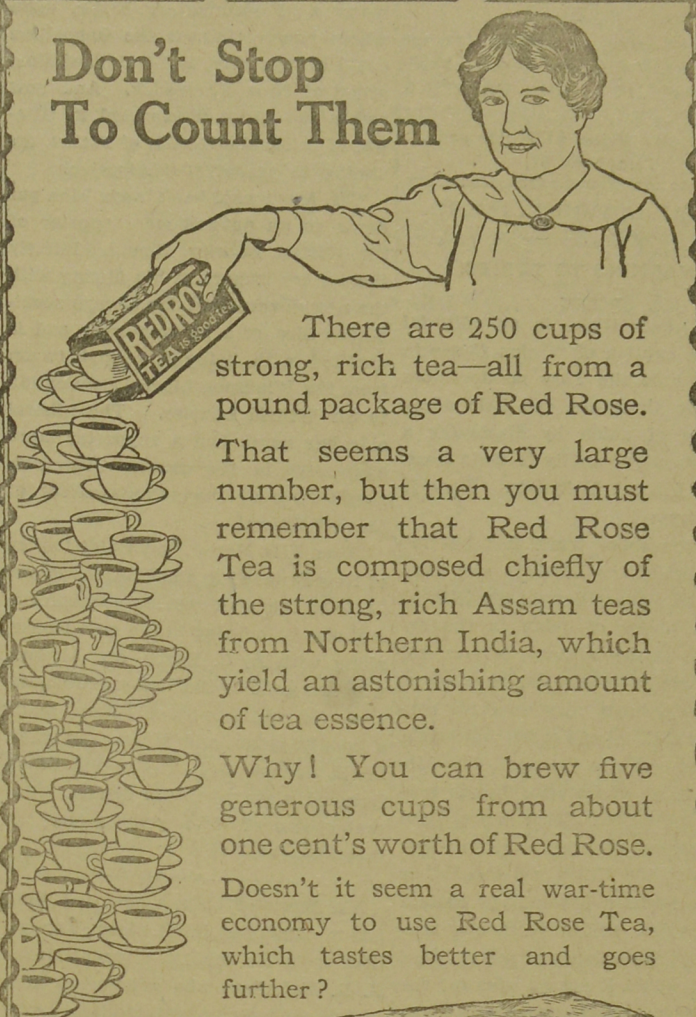
COWAN'S COCOA

"Perfection Brand"

MADE IN CANADA

91

Don't Stop To Count Them



There are 250 cups of strong, rich tea—all from a pound package of Red Rose.

That seems a very large number, but then you must remember that Red Rose Tea is composed chiefly of the strong, rich Assam teas from Northern India, which yield an astonishing amount of tea essence.

Why! You can brew five generous cups from about one cent's worth of Red Rose.

Doesn't it seem a real war-time economy to use Red Rose Tea, which tastes better and goes further?

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by the
Sealed
Package



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Red Rose Coffee is as
generously good as Red Rose Tea

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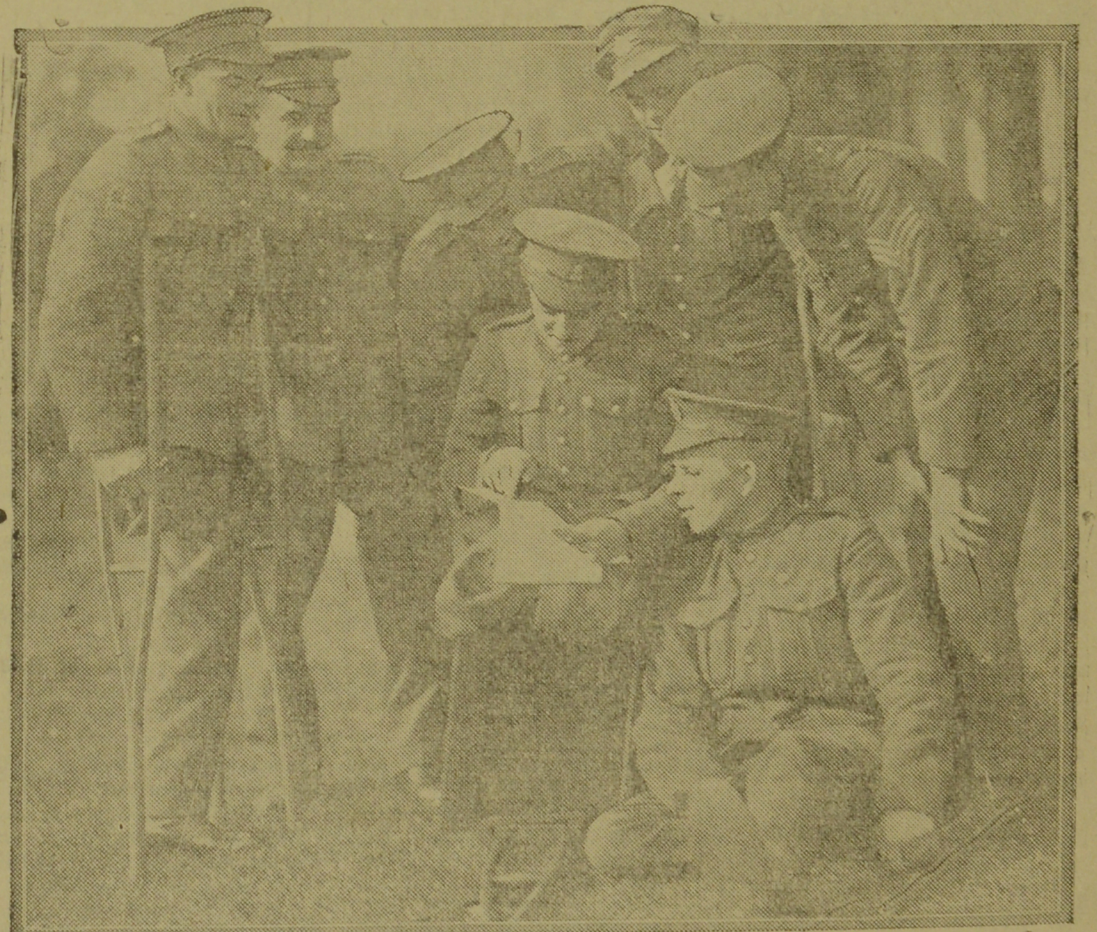
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Among the groups of convalescent soldiers at the various military hospitals, great interest is being taken in the details of the Victory Loan Bonds. While the discharged soldier is, unfortunately, seldom in a position to "invest" much money, there are, nevertheless, a great many who are placing whatever savings they have in Victory Bonds. This picture was taken at Spadina Hospital, in Toronto, and in the centre is the famous "Jock" Waddell, who has had no less than 26 operations, was one of the first men over in the first Canadian battalion, and is today one of the cheeriest men alive.