

DON'T GIVE UP

hope of being cured if you have some chronic sore or skin trouble. Zam-Buk has cured thousands of obstinate cases.

The superiority of Zam-Buk comes from its rare herbal composition and the skill with which Nature's healing substances are blended. Zam-Buk contains none of the coarse animal fat or poisonous mineral drugs which are to be found in common ointments, but is all medicine.

So refined are the herbal essences in Zam-Buk that the balm has unusual powers of penetration, and whereas an ordinary ointment remains on the surface skin, Zam-Buk reaches the underlying tissues where the disease springs from. It then kills the germs and cures from the root up. Zam-Buk cures are thus thorough and permanent.

Zam-Buk is of unique value in curing eczema, chronic sores, ulcers, ringworm, boils, blood-poisoning, and piles, as well as cuts, burns, scalds, and all skin injuries. All druggists or Zam-Buk Co., Toronto; 50c. box, 3 for \$1.25.

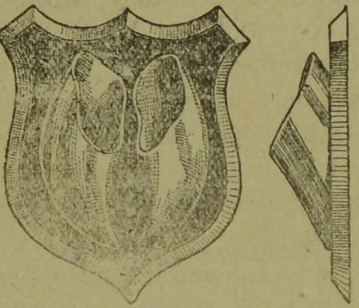
ZAM-BUK

VERY SWEET OF THEM

A Lollipop Manifesto Which Will Please the Children

There is not a child in London who will not endorse a manifesto issued by a body of grown-ups in Manchester, called the "Confectioners' Association of the United Kingdom." The object of the manifesto is to show, beyond all doubt, that the food value of one pound of lollipops is more than three times greater than, say, one pound of beef. This is made clear by long, learned words to the most obtuse adult intelligence. The Confectioners' Association is trying to persuade the Government that it is in the national interest that candy should be treated as a necessary article of food, and that they should not be taxed or restricted.

Ornamental Horn Match Holder



A match holder made of the horn shell of cattle hoofs mounted on a wooden shield, as shown in the sketch, is both ornamental and useful. One of the pockets holds the unused matches and the other the burned ones. The hoofs were cleaned thoroughly and polished and the edge of the shield was beveled off and varnished in the natural color of the wood. The front was lacquered black and also varnished.—Popular Mechanics.

Will you encourage turning waste garden space into food this summer? Was a ground and spare time may be jointly used for the increased production of food.

RICH ENGLISH WOMEN MAKE WAR SACRIFICES

(Boston Record.)

London, April 21.—Wealthy and well-known English women are doing their bit in war time by denying themselves certain things, says a despatch, "being as cognizant of the sacrifices required of them in these days of stress as their poorer and less fortunate sisters."

Therefore they are making sacrifices which are outlined in this dispatch. What are they?

Mrs. John Robertson, formerly Maud Mosner, an American woman, says that music is her greatest temptation; that she can economize "without much trouble in anything else," but that she misses a good concert, a recital of the opera above all things.

Viscountess Cowdray, wife of a prominent business man, misses her horses.

She is occupied with hospital work and worrying along on only one motor car in place of the twelve that she had before the war.

Lady Swaythling, wife of Lord Swaythling, banker, has given up theatre-going, particularly as an example to the children, that they may remember, on looking back upon the war, "that we did our little share in trying to economize in giving up pleasures."

Elinor Glynn, author of "Three Weeks," and other innocuous books, has made a heroic effort and sworn off on flowers. She has also done violence to her passion for fresh table linen every day, "which of course I deny myself in war time."

Mrs. Mary Gaunt, author and explorer, who lives in the suburbs, stifles the wanderlust that is in her by refraining from visits to her friends in the city.

When You Can't Sleep

YOU SHOULD USE
**MILBURN'S
HEART AND NERVE PILLS**

Sleeplessness is caused by the nervous system becoming deranged.

Perhaps too much worry has gotten on your nerves, perhaps you have overworked yourself, or have been excessive in your use of tobacco, but whatever the cause, the nervous system must be built up again before restful sleep can be assured.

Those whose rest is broken into by frightful dreams, nightmares, sinking and smothering sensations, who wake up in the morning as tired as they went to bed, can have their old, peaceful, undisturbed, refreshing sleep back again by using Milburn's Heart and Nerve Pills.

Mrs. John Sloan, Haley Station, Ont., writes: "Over a year ago I was very nervous. I could not sleep at night, and I would faint at the slightest fright. I tried several doctors, but they did me practically no good. I noticed your advertisement and immediately tried Milburn's Heart and Nerve Pills, and I am proud to say they cured me."

Milburn's Heart and Nerve Pills are 50c. a box or three for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Lady Muir Mackenzie, wife of the lawyer, has given up her two hobbies, lavish entertainment and buying new books.

The sordid poverty of only one motor car instead of twelve—the pitiful squalor of twice-used table linen—and the dreariness of a home where lavish entertainment has had to give way to only moderate diversions—these are Homeric sorrows.

While we are deploring the horrors of war, the slaughter of men, the bodily hunger of little children, and destitution of mothers, let us not withhold a tear for the sufferings of the great, so noble and heroic that they must needs be cabled from one continent to another.

Stock Expert Dead at Ottawa

Ottawa, April 2.—John Bright, Dominion live stock commissioner, and president of the Central Canada Exhibition Association, died at his home here last night after an illness of three weeks. He was in his 51st year and was appointed to the important Federal position five years ago. He came to Ottawa from Myrtle, Ont.

ACTIVITIES OF THE 236TH.

Winter Caps to Come Off—Major Geggie and Lt. Humphrey Ordered to Sanitarium.

According to Battalion orders of the 236th Highland Battalion, winter caps are not to be worn after the 25th inst. Private R. B. McIntyre has gone to Halifax to attend the Royal School of Infantry.

Private H. C. Wright has been assigned for duty with the regimental police.

Sergt. C. A. Pincombe has been promoted to the rank of Company Sergt. Major.

Privates Domville Sharp, John W. Gunn and Michael T. Fex have been enlisted in the battalion.

Friends of Major C. G. Geggie and Lieut. A. Humphrey, of the 236th Battalion, much regret the fact that both these officers have been ordered to the sanitarium at St. Agathe, Que., for treatment. Their illness is the result of hardships of active service, in the case of Major Geggie of gas poisoning.

A red-haired woman has as much right to call her hair golden as a fat woman has to call herself plump.

Don't place too much confidence in a man who boasts of being as honest as the day is long. Wait until you meet him at night.

It is human to build a bigger circus than the builder can show.

Patience is a slow going virtue, but those who have it win in a walk.

Wise is the man who declines to take his troubles seriously.

Indigestion and Biliousness

Indigestion, biliousness, headaches, flatulence, pains after eating, constipation, are all common symptoms of stomach and liver troubles. And the more you neglect them the more you suffer. Take Mother Seigel's Syrup if your stomach, liver, or bowels are slightly deranged or

MOTHER SEIGEL'S SYRUP

have lost tone. Mother Seigel's Syrup is made from the curative extracts of certain roots, barks, and leaves, which have a remarkable tonic and strengthening effect on all the organs of digestion. The distressing symptoms of indigestion or liver troubles soon disappear under its beneficial action. Buy a bottle to-day, but be sure you get the genuine Mother Seigel's Syrup. There are many imitations, but not one that gives the same health benefits. 1015

is the Best Remedy

NOW SOLD IN TWO SIZES ONLY.
FULL SIZE, Price 1.00 TRIAL SIZE, Price 50c

NINE RECRUITS LAST WEEK.

Ten Has Been the Average Here for Some Time.

Nine recruits were enlisted here last week. This is under the average of ten, which has been the aim of the recruiting office for some time.

The three recruits signed on Saturday afternoon were Allen McL. Shanks of Marysville, aged 35; Archie Pond, 29, Marysville, both for the Forestry Unit, and Robert B. Harvey, 18, Gibson, for the Army Service Corps.

AND HE GOT IT.

"Just a moment," interrupted The Man, patiently. "I may have no objection to testing this article you are trying to substitute, all other things being equal—but are they? For example, what I want can be used internally for coughs, colds, sore throat, cramps, chills, etc., as well as externally for sprains, strains, muscular rheumatism, various other aches, pains and almost any soreness anywhere. Now, can you guarantee me this double value of internal and external use? Can you also guarantee that yours is the favorite prescription of an old family physician? Do you also guarantee that it has a wonderful record of over 100 years of splendid success? Do you also guarantee—"

"Oh, for course," interposed the now embarrassed storekeeper, "I can't guarantee all that, but—"

"Then," said The Man, wearily, "give me my bottle of Johnson's Anodyne Liniment and let me be on my way."

And he got it.

PREPARING OPIUM IN LONDON'S FILTHY DENS

How the Deadly Drug is Prepared—Dreams of Blue Butterflies Amid Sordid Quarters

The interior of an actual opium den in London, Eng., is by no means an exhilarating sight. It is smelly and semi-dark. The odor is of the paraffin lamp and the nauseous smell of the burned drug. Frowzy mattresses upon the floor or low couches are about the room, and the light is from lamps covered with oiled paper shades, generally orange or red. The recumbent figures of coolies, lascars, and others look in their death-like sleep as if they were figures of dirty wax that heat had made to run, and the grin of the imbecile is upon the expressionless features of the figures.

Like Black Honey

The Chinaman who prepares the pipe, which in the East End costs fewer shillings than it does pounds in the West, squats down before a spirit lamp upon a little bamboo table, on which are also the pipes and the little dish of opium. The latter is a thick, sticky substance like honey, blackened. The end of a long thin wire is plunged into this filthy mass and a small portion of it taken up and twirled rapidly round and round until it adheres to the wire in the shape of a ball. This is held in the flame of the spirit lamp and still twirled and twirled while it is roasted, and this is a very necessary and delicate part of the operation and needs the careful watching of the Chinaman.

Then the Pipe!

It is soon done to a turn, and then the opium pipe is picked up and loaded with it. The pipe consists of a long reed stem terminating in a small metal bowl, and the roasted ball of opium is pushed well into the latter. It is enough to last but a little while, and may need several renewals before the narcotic state of somnolence and of utter forgetfulness is reached.

The votary takes slow and deliberate whiffs from the pipe, and all energy evaporates by degrees from him, lethargy supervenes, and at last he lies like a log and dreams his dreams—of paradise. It is said by some that one of the most frequent of the dreams is to see clouds upon clouds of brilliant blue butterflies flitting joyously above blue flowers and under a still bluer sky.

THE CHALMERS MOTOR

IS A MASTERPIECE.

Its low gasoline consumption is wonderful. Its performance is superb. Its graceful lines and beautiful finish are pleasing to the eye. Let your next car be a CHALMERS.

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

Call and see our

Massey Silver Ribbon Bicycles

Which have just arrived. We have also just received a large shipment of Bicycle Sundries and accessories, which include TIRES, of the BEST MAKES, SADDLES, CHAINS, PEDALS, and everything needed on the Bicycle. BICYCLES CLEANED and REPAIRED by Expert Workmen. Prompt attention given to Typewriters, Locks, Keys, Cash Registers and all fine machines.

E. T. LANGILLE

PHONE, 334-41

345 QUEEN ST.

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No. 1 Timothy

No. 2 Timothy

Mammoth Clover

Alsike Clover

Red Clover

at lowest market rates

G. W. HODGE

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THE NEW IMPORTATIONS for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

WE ARE ALSO PREPARED to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole agents for the Crown Tailoring Co. of Toronto, the largest Military Tailoring Co. in Canada.

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QUEEN STREET, WEST END.

Wholesale Dry Goods and Woollens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Draperies of all kinds
Cretones and Casement Cloths
White Bed Spreads
Towels, Napkins and Table Linens
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Prices Lowest Possible. Goods sold to the Trade only.

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WHOLESALE DRY GOODS and WOOLLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

Mail Ads Will
Bring You Results

“Nature” chose Assam

Scientists tell us that Assam in northern India was the original home of the tea plant. Thousands of years ago “Nature” chose the climate and soil of this favored region as most suitable for growing tea.

It is, therefore, natural that the hillside gardens of Assam (see picture) grow the teas which to-day are famous for their flavor, fragrance and rich strength.

It is of these Assam teas, skillfully blended with choice Ceylons, that Red Rose Tea consists. It is this rich Assam strength that users of Red Rose Tea must thank for its splendid economy—for the greater number of cups it yields to the pound, fully one-third more than ordinary teas.

To make certain that these Assam qualities are fully preserved for you we put Red Rose Tea into dust, odor and air proof sealed packages. Red Rose Tea reaches you pure, fresh and full strength—we guarantee it.

Try a Package of this Economical Tea

Red Rose crushed coffee is as generously good as Red Rose Tea and just as easy to make.

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