

Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of



In Use For Over 30 Years  
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## OF INTEREST TO WOMEN.

### FOUR GOOD RECIPES

#### Steamed Brown Bread.

Mix together 1 cupful each of rye, cornmeal and graham flour. To these add  $\frac{1}{4}$  of a teaspoonful of soda, 1 teaspoonful of soda, 1 teaspoonful salt,  $\frac{1}{4}$  of a cupful molasses and 2 cupfuls of sour milk. Fill well greased molds two-thirds full, and steam.

#### Gingerbread.

Mix in the order given—sifting the dry ingredients together before adding them— $\frac{1}{4}$  cupful of oleomargarine or cottolene,  $\frac{1}{2}$  cupful sugar, 1 egg, half a cupful of molasses, half a cupful sour milk, 2 cupfuls sifted flour, 2 teaspoonfuls sugar, 1 teaspoonful cinnamon, 2 teaspoonfuls soda and half a teaspoonful salt.

#### Rice and Chocolate.

Cook one cupful of rice in two cupfuls of salted boiling water for 30 minutes. Drain carefully, put in serving dish, sprinkle with grated sweet choc-

olate and set in the oven till the chocolate is melted.

#### Vanilla Wafers.

Two eggs, 1 cup sugar, half a cup of shortening, 2 teaspoons vanilla, a half teaspoonful salt, 1 teaspoonful of baking powder, flour to roll out. Mix sugar, yolks of eggs well beaten and shortening melted. Add part of the flour, mixed and sifted with baking powder and salt, whites of eggs beaten stiff, vanilla and flour to roll out. Roll very thin, shape with small cutter and bake.

#### FRUIT COOKIES.

One cup brown sugar, one-half cup butter, half a cup rich milk or cream, two well-beaten eggs, two cups sifted flour, one half cup currants, one cup raisins, one teaspoonful cinnamon, one teaspoonful cream tartar and one-half teaspoonful soda. Drop on buttered tins.

## Sporting News

### HORSEMEN ARE DISPLAYING GREATER ACTIVITY NOW

Warmer Weather Improving Matters—Bill Sharon Gets Two New Ones From St. John, James O'Neill and Epus—All Eyes Toward Tracks in Northern Maine.

With the weather showing signs of becoming less frigid the horsemen are getting a little more work on the track. Pat Doherty of Sydney, who inaugurated the training season here is still at work with Alverston Boy, Pearl Bourbon and Vanza. Bill Sharon also is at work. Recently he got a couple from St. John to add to his string. They are a trotter, James O'Neill, and a pacer, Epus, both the property of John Glenn of St. John. James W. McKinney, Lella Burns and a filly are also in Sharon's stable which will be at the track shortly.

Tommy Raymond has Miss Keefer and Jessie H. He has been working them and will be heard from when the racing season is under way.

Bert Lint is around with his horses. He has Ora Delmarch, Roy Volo, John

T. and Tryfast.

#### Weather Unfavorable.

The complaint of trainers all over the New England States has been that the weather is about a fortnight behind the season and the different stables are just that far behind. With the Maritime Provinces, in the most favorable year, some time behind New England, it will be seen that local horsemen are at a big disadvantage compared with those in the neighboring States, except northern Maine. The latter section will attract the majority of the horses from this section of the country. The advance notice of the circuit in Aroostook has been received with satisfaction by the local horsemen.

#### Colts Looking Good.

Some of the colts owned here are looking good and are attracting attention. One owned by Sam Boyle has been showing up well on the track. Terry Monahan also has one which is expected to show something.

### LEWIS WINNER OVER BRITTON

Toronto, May 21. — Ted Lewis of England outpointed Jack Britton of Chicago in ten fast rounds at Massey Hall Saturday night under the auspices of the Sportsmen's Patriotic Association and the Military District No. 2 Athletic Association. Lewis' constant aggressiveness and his ability to get through Britton's defense earned him the decision in the opinion of most of those who filled the big hall to capacity. No decision was announced by Referee Walter C. Kelley of Buffalo.

No weights were announced, but it was apparent that there was very little difference in the men in that respect. Britton had a wholesome respect for Lewis' hitting ability and guarded carefully against the Briton's right. The latter's left jabs earned him a decided margin in the first five rounds, during which Britton kept his right hand punch in reserve. When he opened up and attempted to land it Lewis kept out of the way and, although the Chicagoan made a better showing toward the end of the bout, he failed to overcome Lewis' early advantage.

The footwork of the English welter champion was excellent, especially when in the corners. It was a clever bout in which the fighter and boxer overcame the boxer and the spectators were well pleased.

### RACING WILL BE CONTINUED

New York, May 20.—The news that England had yielded to the public appeal for a continuance of horse racing and the announcement that those great classics, the Derby and Oaks, would be decided at Newmarket on May 30 and June 1, respectively, was welcomed by those interested in the sport in this country, especially by the members of the Jockey Club, without whose encouragement the turf would be little but a name in the United States today.

#### HOOF PRINTS.

What will The Harvester bring? Real training weather at last. Old Hawkins is something of a marvel. The \$2,500 free-for-all at Rutland has 17 entries. Directum F. is going to the auction room. The Billings horses go at auction June 6. Getting a bit lively at the training tracks.

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