

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN.

RICE RECIPES.

Curried Tomatoes and Rice.

1 quart stewed tomatoes or 1 quart can of tomatoes, 1 cup boiled rice, 1 teaspoon curry powder. Salt to taste. Add the curry powder and salt to the tomatoes; mix well. Put a layer of the tomatoes in the bottom of a baking dish, then a layer of the rice, then a layer of tomatoes, and so on until all is used, having the last layer tomatoes; sprinkle the top over with bread crumbs and bake in a moderate oven for a half hour. Serve in the dish in which it was baked.

Rice With Stewed Prunes.

Wash and pick over prunes. Put in a saucepan, cover with cold water, and soak two hours; then cook until soft in same water. When nearly cooked, add sugar to sweeten. Many prefer the addition of a small quantity of lemon juice. Serve with any left-over cold rice.

Any dried fruit may be cooked and used in place of prunes.

Simple Rice Pudding.

Put into a double boiler 1 quart of milk and heat thoroughly; then add 2 tablespoons of sugar, a grating of nutmeg, and 1 cup of cold boiled rice; turn this into a baking pan, and bake in a quick oven 30 minutes. Serve cold. Raisins can be added if you like when it is put into the baking pan.

Cold Rice.

Cold rice can be added to any soup, made into croquettes, used in a scal-

loped dish, or it can be mixed with minced meat and egg and fried like an omelet.

Cold rice can be mixed with a small quantity of meat, and used for stuffing egg plant; or it can be re-heated or made into a pudding.

A few spoonfuls of left-over rice mixed with a little chopped meat of any kind or fish, and a few spoonfuls of gravy or white sauce to moisten it, can be put in a baking dish, covered with bread crumbs, and baked in the oven.

PERFECT HEALTH DUE TO THE BLOOD

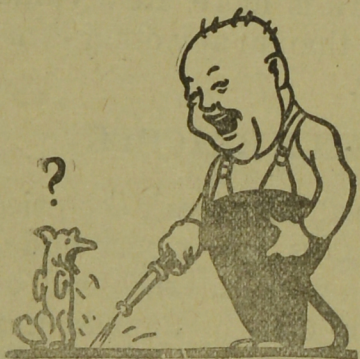
Nature intended every girl and every woman to be happy, attractive, active and healthy. Yet too many of them find their lives saddened by suffering—nearly always because their blood is to blame. All those unhappy girls and women with colorless cheeks, dull skins and sunken, lusterless eyes, are in this condition because they have not enough blood, red blood in their veins to keep them well and in the charm of health. They suffer from depressing weariness and periodical headaches. Dark lines form under their eyes, their heart palpitates violently after the slightest exertion, and they are often attacked with fainting spells. These are only a few of the miseries of bloodlessness. Nothing can secure girls and women from the inevitable decline that follows anaemia, except a generous supply of new, rich, red blood, and nothing has ever proved so successful in creating red, good blood as Dr. Williams' Pink Pills for Pale People. Thousands and thousands of girls and women owe their good health and charming complexion to the use of this medicine. Here is one example of its power to cure. Miss Dorina Bastien, St. Jerome, Que., says: "For over a year my health was gradually failing, my blood had seemed almost to have turned to water, my cheeks were pale, my lips bloodless, and the slightest exertion left me breathless. I suffered frequently from severe headaches, my appetite failed, and my friends feared I was going into consumption. I had been doctoring but did not derive any benefit, and finally I had to give up my work and return home. It was at this stage that a friend brought me a box of Dr. Williams' Pink Pills and urged me to try them. By the time the box was used I thought they were helping me, and decided to continue using the pills. I took half a dozen boxes more, when my strength had completely returned, my appetite was restored, my color returned, headaches had disappeared and I was feeling better than I had been for years. I would urge every weak and ailing girl to give Dr. Williams' Pink Pills a fair trial."

These pills are sold by all medicine dealers or may be had by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

Spring Poem.

The weather is milder,
Which makes us all wilder
Than ever to get out of doors;
And soon we'll be hearing
In woodland and clearing
The golf players squawking their
"Fore's!"

Mrs. Kawler (discussing the war)—Belgium should be restored, of course. Mrs. Blunderby—Yes, and, as our President suggests, I think there should be anatomy for Poland.—Boston Transcript.



Don't neglect the lawn!

WHEN good old Sol turns his piercing gaze upon your lawn—turn the hose on the lawn!

Rubber hose—the kind that sprinkles from the nozzle (not the sides)—is now ready for our customers.

Furnished in all lengths. Let us measure up your requirements.

Mow your lawn with one of our easy running ball bearing LAWN MOWERS

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USE OUR HARDWARE. IT STANDS HARD WEAR.

Sporting News

PETER'S QUEEN LOOKS GOOD

Sister to Sonoma Girl Being Trained by Lon McDonald at Indianapolis Track.

Lon McDonald has not asked much of his colts up to the present time, but the boys agree that he has some extra promising material. A three year old by The Harvester, out of David Look's former futurity star, Emily Ellen, 2.09½, is as good a gaited thing as has been seen on the track. As a two year old, this filly went in 2.19, but got off late in the summer. Now she acts as though she had the makings of a real trotter, plenty of spirit, but good mannered at that. Lon has 38 head in his stable and assistant trainers Avery and Taylor are busy all the time.

Millard Sanders has not yet had a chance to uncork Peter's Queen, by Peter the Great out of Sonoma Queen, sister to Sonoma Girl, 2.04½, but he let her trot in 2.20½, with the first quarter at a 2.09 gait and the last quarter at 2.03 clip. The faster she goes the better, and with another week of hot weather she will show better than a two-minute gait.

A new arrival at the Indianapolis track is Jack Bever, cousin of Bob Bever, who campaigned in New England when racing was good at Mystic, Rigby and Old Orchard. He is training for the Harlan Farm of Lockheart, Ala. He has 17 head, mostly two year olds by such sires as The Emperor, The Tramp, Silko, Sentinel Peter and Harvest Glow, the latter a son of The Harvester.

RUSSIA MAY GET HARVESTER

Boston, May 21.—Now that C. K. G. Billings has turned Curles Neck Farm, his Virginia estate over to the Government for a training camp and the wonderful collection of trotting stock that was announced to be sold next fall is to be hurried instead to an auction in Madison Square Garden, Wednesday, June 6, unusual opportunity will be offered to secure top-notch horses.

Uhlán, 1.58 and Lou Dillon, 1.58½, are the only trotters at Curles Neck to be retained by the New York fancier, and the sale is sure to be one of the big events of the year.

The Billings' stud is headed by The Harvester, 2.01, a sire that seems destined to rank as one of the greatest of all time.

The former champion has developed into a grand type of the American trotter and it is expected that he will bring more money than any horse of his breed ever has at auction.

The speed shown by the offspring of The Harvester last season made him so popular with breeders that more than 125 mares were refused him this year.

Where the son of Moko is to find his future home no one can tell, but if it were not for the war a good guess would be Russia, a country which, by the way, is going to be a great market for American trotters after the war.

Curles Neck is the home of one of the finest collections of brood mares ever on one farm. There are around 50 of them and the prices their weanlings by The Harvester brought in New York last fall is the best sort of proof that the turfmen of the country approve of the mares Ed Tipton picked out for Mr. Billings.

That great campaigning pacer, William, 1.58½, will be released from retirement by the Billings sale. Charley Tanner has been around 2.20 with him this spring and the word is passed along that he is in fine condition. His return to the turf would be welcomed by the public, for he is the top-notch racehorse of the pacing free-for-allers.

Directum L., owned by Manley Sturgis, is also scheduled to change boarding places on the day of the Billings sale. The little chestnut is the fastest living harness horse by the record, and despite his ten years of age Murphy counted on racing him through the Grand Circuit.

N. S. EXHIBITION EARLY CLOSING

The following are the early closing events in the speed classes for the N. S. Exhibition September 12 to 20:
2 year old trot; 3 year old trot; 2.40 trot, (Martine bred); 2.40 pace; 2.24 trot; 2.24 pace; 2.19 trot; 2.19 pace. All \$420 purses. Entries close June 16th. Horses eligible May 22nd.

HOOF PRINTS.

Dr. Yale is at the Cranwood track with something worth while.

The new surface on the Lexington, Ky., track is announced the best ever. Thomas W. Lawson has sent several trotters from Dreamworld to his Western ranch.

Walter Cox has some real trotters among the dozen 2-year-olds he is training at Dover.

Merry Vernon, 2.15½, is a 2-year-old daughter of Vernon McKinney, 2.10½, and Merry Widow, 2.03½.

Jack Rombough of "La Pointe" fame is in a Canadian hospital stricken with paralysis.

Dr. D. R. Brown of Lyndonville, Vt., is pleased over the arrival of a colt by Junior Stokes, 2.19½, out of Abbie Grattan T., 2.12½.

TED LEWIS IS ON THE MOVE

English Welterweight Lets No Grass Grow Under His Feet—Meets Marty Cross Tonight.

Ted Lewis, the British welterweight champion, who beat Jack Britton at Toronto on Saturday night, is a busy individual. He left Toronto on Sunday night for Boston, where he fought Eagan Monday night, ten rounds. Immediately after the battle he entrained for New York, where he boxed on Thursday night ten rounds with Marty Cross. Lewis and Britton fight again in St. Louis on June 6, but between Thursday and that date Ted expects to engage in at least another bout. He is in demand all over the country and can command almost any price for his services. Of his last eight battles he has won seven by the knockout route and expects to win two bouts in the near future. Those who saw how Lewis went after Britton in the first two rounds on Saturday night realized how he has managed to put so many boxers away in the first couple of rounds.

Nine mares in the 1916 Kentucky Futurity entered as in foal to sons of Peter the Great have been found by the books at Patchen Wilkes Farm to have had foals by Peter himself. A most remarkable circumstance and one that will be investigated.

Poet (to editor)—I hope that you didn't throw my poem into the wastebasket? Editor—Oh, no. Poet (eagerly)—Then you accepted it? Editor—No, I threw it out of the window.—Buffalo Express.

"Going to run daily excursions this year?" "Oh, yes." "I notice you don't advertise a gorge any more." "No; I made it a ravine instead. Some people thought a gorge meant a lot to eat."—Brooklyn Citizen.

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HABUTAE SILKS 36 inches wide, washable. In Rose, Champagne, Apple Green, Grey, Brown, Cream, Dark Green and Copenhagen Blue. Friday and Saturday's price98c per yd.

PAILLETTE SILKS, 31 inches wide, in Navy Blue, Taupe, Copenhagen Blue, Rose and Old Rose. Friday and Saturday's price89c per yd.

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