### THE DAILY MAIL, FREDERICTON, N. 8. WEDNESDAY, FEBRUARY 28, 1917

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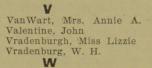
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Massie, Mrs. Annie Maxwell, James Mazzuca, Augustine Millican, Wn Miller, Robt.B., Prof. Miller, C. E. Moffat, Mrs. Elizabeth Monahan, T. V. Monahan, Miss Mary C. Moore, Michael J. Moore, Hugh Montgomery, W. G. Morgan, Reuben Morgan Chas B Morgan, Chas. B. Morrison, Luke S. Morrison, Guy Morrison, Stewart L. Morrison, Mrs. Frank I Morrison, John A. Morris, Mrs. Louisa L. Morton, H. H. Mundie, F. S. Murdock, Joseph

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# Was Troubled With Shortness of Breath

Mrs. C. M. Cormier, Buctouche, N. B. When the heart becomes affected, there ensues a feeling of a choking sensation, a shortness of breath, palpi-tation, throbbing, irregular beating, smothering sensation, dizziness, and a weak, sinking, all gone feeling of oppression and anxiety.

The nerves become unstrung, you derad to be alone, have a horror of society, start at the least noise and are generally fatigued.

On the first sign of the heart becoming weakened or the nerves unstrung, Milburn's Heart and Nerve Pills should be taken. They are just what you re-quire at this time. They regulate and stimulate the ehart, and strengthen and restore the whole nerve system. writes: "Since two years ago I was writes: "Since two years ago I was troubled with a shortness of breath, and sometimes I could hardly breathed I went to see several doctors and they said it was from my heart and nerves, but they did not seem t odo me any One day I got one of your B. B B. Aunanacs and read of a case similar mine. N bought a box of Milburn's Heart

and Nerve Pills, and after taking it I noticed such a change that I kept on "king them until I had used four more boxes, when I was cured." Milburn's Heart and Nerve Pills are 50c. a box, three boxes for \$1.25, at all

dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited

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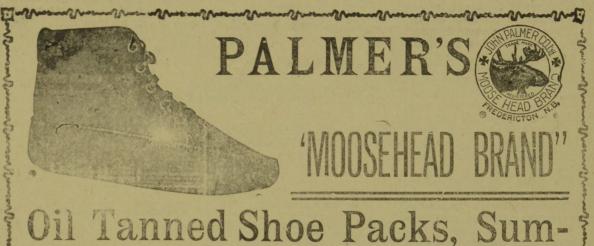
The Flavor Lasts

In all recipes calling for Baking Powder use Royal Baking Powder. You will get better and finer food and insure its healthfulness.

Housewives are sometimes led to use inferior baking powders because of apparent lower cost, but there, is very little difference in practical use-about one cent for a whole cake or pan of biscuits-a mere trifle when you consider the vast difference in healthfulness in favor of food made with Royal Baking Powder.

Royal Baking Powder is made from cream of tartar. derived from grapes-a natural food product. as contrasted with alum, derived from mineral sources, and used in the manufacture of some baking powders because it is cheaper.

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## How the Deadly Drug is Prepared-Dreams of Blue Butterflies Amid Sordid Quarters

The interior of an actual opium den The interior of an actual optimidel in London, Eng., is by no means an exhilarating sight. It is smelly and semi-dark. The odor is of the parafin lamp and the nauseous smell of the burned drug. Frowzy mattresses upon the floor or low couches are about the room, and the light is from lamps covered with oiled paper shades, generally orange or red. The recumthe room, and the light is from lamps covered with olled paper shades, generally orange or red. The recum-bent figures of coolies, lascars, and others look in their death-like sleep as if they were figures of dirty wax that heat had made to run, and the grin of the imbecile is upon the ex-pressionless features of the figures.

#### Like Black Honey

The Chinaman who prepares the pipe, which in the East End costs fewer shillings than it does pounds fewer shillings than it does pound in the West, squats down before spirit lamp upon a little bambe table, on which are also the pipes an the little dish of opium. The latt-is a thick, sticky substance lift honey, blackened. The end of a lon thin wire is plunged into this filth mass and a small portion of it take up and twirled rapidly riund an round until it adheres to the wire i the shape of a ball. This is held the fiame of the spirit lamp and sti twirled and twirled while it is roaste and this is a very necessary and del and this is a very necessary and deli cate part of the operation and needs the careful watching of the Chinaman

#### .Then the Pipe !

It is soon done to a turn, a the opium pipe is picked up a ed with it. The pipe consi-long reed stem terminating in long reed stem terminating in -metal bowl, and the roasted opium is pushed well into the It is enough to last but a littl and may need several renewais the narcotic state of seminole, of utter forgetfulness is reacher. The yotary takes slow and The votary takes slov ate whiffs from the energy evaporates by him, lethargy supervene hergy evaporates by degrees him, lethargy supervenes, and at he lies like a log and dreams dreams—of paradise. It is said some that one of the most freq of the dreams is to see clouds a clouds of brilliant blue butter flitting joyously above blue flo and under a still bluer sky.

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