

SHRINERS MAKE BENARES
PRETTIEST CITY IN INDIA
SIGHTS ARE UNFORGETTABLE

A good working definition of Hinduism declares the essence of it to be reverence for the Ganges and for the cow. Benares, holiest of all the Hindu hold places, writes a special correspondent of "The London Times," best bears out this statement. Its temples are full of effigies of Shiva's sacred ox, and living cows and Brahmini bulls roam and impede its streets. All along its curving waterfront a succession of steps and terraces leads worshippers down to the immortal river. The Ganges at Benares has come many hundred miles from its "high mountain cradle" in Gangotri. On the way it has nursed two big canals, which give prosperity to a thirsty land. But to all appearances its volume and dignity are wholly unimpaired just as to the eye of faith its potency to bear away sins is as certain as when it sprang fresh from the hair of the deity.

Benares is the embodiment of Hinduism and the ghats are the glory of Benares. A traveler to the holy city misses the heart of it if he omits to take boat and to drift downstream from end to end of the waterfront, surveying the majestic series of temples, palaces, stairs and bathing platforms, crowded with life and vivid with devotion, colored, varied, strong; but here and there dilapidated and decaying.

Stream Rises Swiftly

The most breathless globe trotter must retain some memory of that impressive picture, while of those of us who have spent years in India, and loved it, not a few would choose for their last pilgrimage in the country before finally leaving it to make once more the passage by water along the Benares Ghats.

In one respect the spectator, seated in his boat will be cheated of the fullness of satisfaction. The stream runs strongly even in the cold weather and the panorama unrolls itself at short range so quickly that the eye is hard put to it to take in all the detail; and there is no pausing point at which the splendid whole can be surveyed. There is indeed a good distant view of the city front from the Dufferin Bridge downstream.

But the best way of all is rather less easy to come by. One should drop down the Ganges from the direction of Chunar by country boat on a cold weather morning and steal round the bend two miles above the city just as the sun is sucking up the river mists, and beyond the empty sandbanks and low green fields and brown bluffs glimmers far off the unexpected vision of a great city, pink and golden, lifted high in a shining curve above the gray water, ethereal looking, beautiful almost as Venice reveals herself to the traveler approaching her by sea. That truly is Kashi, the Radiant, showing as if her intense religion.

PROGRAM FOR THE POULTRY
FIELD DAY AT THE EXP. STATION

Following is the program for the poultry field day to be held at the Fredericton Experimental Station on Wednesday, August 21st.

10.30 to 11.15 A. M.—Culling Contest. Open to all. Fredericton Experimental Station offers as prizes pedigreed cockerels as follows; up to 10 entries 1st, 2nd, and 3rd. prizes, and one additional cockerel as prize for each succeeding five entries. Judges: Wm. Kerr, Poultry Promoter, Dominion Live Stock Branch, Moncton; John Rankine, Head Poultryman, Experimental Station, Fredericton.

11.15 to 11.30 A. M.—Address: "Does Poultry Culling Pay?", A. R. Jones, Manager Co-Operative Egg and Poultry Exchange, Saint John.

11.30 to 12.30—Annual Meeting, New Brunswick Poultry Producers Association.

12.30 to 1.15 P. M.—Basket Luncheon. Experimental Station will supply tea, coffee, milk, cream and ice-cream.

1.15 to 2.00 P. M.—Annual Meeting. New Brunswick Registered Poultry Breeders' Association. Chairman Afternoon's Session, C. F. Bailey, Superintendent, Experimental Station, Fredericton.

gious and spiritual life were expressed in buildings worthy of it, and purged of all the stains and sordidness which actually disfigures a crowded Eastern city and seat of pilgrimage.

Over Sixty Ghats Named

Benares: the city's secular name is popularly, but improbably, derived from the Barna River below it and the little Assi stream just above. From the outlet of the Assi the parade of river buildings begins. Over sixty of the ghats have names; but only a few are of major sanctity. Tulsi Ghat, not otherwise remarkable, adjoins the house where Tulsi Das the poet lived, dear to all Hindus for his Ramayana, as his contemporary Shakespeare is to Englishmen. Below that is the long line of Shivala Ghat, whence Chet Singh escaped by boat to menace Warren Hastings.

Then comes Munshi Ghat, with imposing fluted columns; Ahalya Bhai Ghat, recalling a famous queen; and the plain white box like shrine at Sitla Ghat, which offers protection from smallpox. At this point with the famous Dassemedh stairs begins the holiest part of the river front. This ghat of the "ten-horse sacrifice" is approached by a main road through the city, and is always thronged. From here onwards are shrines beyond count and stairs beyond naming, and along the front a thick fringe of palm-leaf umbrellas, under which the priests sit to receive pilgrims and to be fed for directing their worship.

Close by is one of the oldest palaces conspicuous for a beautiful stone balcony, converted 200 years ago into an observatory by Raja Jai Singh. Next comes a notable little shrine of Ganga itself, with the wide-eaved Nepali temple high above it; and then most holy Manikarnika, the very centre and pivot of Hinduism; for here is the well which Vishnu digged with his discus and filled with his sweat; here Mahadeo dropped his earring; and here are Vishnu's foot-prints on a stone slab. Here above all places on earth, the Hindu wishes his corpse to be given to the fire; and close by there are barges stacked with fuel and from a small level space a thin blue smoke rises into the air.

STUFFED EGGS FILLING

6 hard-cooked eggs
1-3 cup diced celery
1 teaspoon finely chopped onion
2 tablespoons chopped pimento
Stuffed olives
1-3 teaspoon salt
2 tablespoons salad dressing

Cut the eggs in halves lengthwise. Remove and mash the egg yolks. Add the rest of the ingredients. Refill the egg cases. Chill and serve.

You'd think endurance fliers would get tired of the night work.

A NEW METAL
IS NOW BEING
DEVELOPED

Development of a new metal known as "Konel", which is credited with being much stronger than other metals at high temperatures and which can be used extensively in the moving parts of internal combustion engines and other extremely hot places, has been announced by officials of the Westinghouse Electric & Manufacturing Company. The announcement followed the granting of foreign patent rights.

Originally developed by the Westinghouse Research Laboratories as a substitute for platinum in the manufacture of filaments for radio tubes, the new metal was discovered to be harder to forge than steel, and to be very tough at high temperatures, when most metals lose their strength. Engineers predict many uses for Konel.

The new metal was created by Dr. E. F. Lowry, a graduate of Ohio State University. As a substitute of platinum, Westinghouse officials are authority for the statement that Konel already is saving approximately \$250,000 monthly in the manufacture of radio tubes.

Platinum costs approximately \$180 per ounce, while the new substance costs only a few dollars a pound. Life of Konel filaments is approximately ten times longer than other filaments. Tubes with filaments made of the new metal are operated 175 degrees colder than tubes with platinum filaments but with the same emission, thereby giving better reception results, research engineers say.

MRS. F. O. LOWDEN
DENIES THAT SHE
NAMED PULLMANS

Knoxville, Tenn., Aug. 14—One of the pet fables that has been going around the world since flossy names began to adorn the sides of Pullman cars has been killed utterly stone dead.

The smashing of the fable was done by the heroine herself, Mrs. F. O. Lowden, who was Miss Florence Pullman, daughter of the sleeping car magnate, who long ago was acclaimed as the originator of the names—Atlanta, Melisande, Parthena, Athlone—and hundreds upon hundreds of other ones, equally sonorous.

Plenty of those names baffled word sharks, who wondered where on earth the Pullman company got them. Mrs. Lowden finally sets the matter at rest, buries it and strews beautiful flowers for the mound by saying:

"I never named a solitary Pullman car. I know the story long ago was circulated that I received \$20 to \$100 per car for devising names. I had no such luck. Pullman cars are named by a committee of the Pullman company, with suggestions frequently from the executives of railroad lines. The names are pretty, but it must be obvious to any person that no one person those labels—some of them, as a good on earth ever could have selected all press agent would say, glitteringly gorgeous."

TALENTS

Jean sang songs in a low, minor key; And Jean's singing paid well, financially.

Jean wrote verses simple and true For high brow magazines—and newspapers, too.

Jean painted landscapes like molten gold, Not only painted 'em but sold—and sold!

Jean made such saucy hats with such style and ease. That she got herself hated at after noon teas.

But Jean says of all her gifts not one can beat, Making cookies for two small and hungry boys to eat! —ALICE HALE in New York Sun.

We still wonder how an old time supply sergeant would have accounted in his property list for the Army blanket swallowed by the Cincinnati boa constrictor.

EAGLE BRAND

I tried lots of other foods but they would not agree with him. Then I tried Eagle Brand and the results were wonderful.
WILKIE, SASK.

and weighs 19 lbs. at 5 months and is in perfect health. I am happy to know there is a milk so good as Eagle Brand.
SHERBROOKE, QUE.

My twin daughters won first prize and honors at the Canadian National Exhibition.
I use your wonderful Eagle Brand milk knowing it would be safest and best for my babies. Its value has been proven.

I am raising twins and use 1 can a week. I have two other children of 7 and 4 years also raised on Eagle Brand. I have never been able to nurse.
TORONTO, ONT.

My baby is now 6 months old and has been fed on your milk since he was 2 weeks old. He weighs 19 3/4 lbs.
I recommend Eagle Brand to every mother who cannot nurse her child.
QUEBEC, QUE.

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