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Phone or telegraph orders shipped on all trains or boats at short notice.

OF INTEREST TO WOMEN.

DESSERTS FOR TWO.

The Main Point of Course is Not to Have Anything Left Over.

Every woman who has ever been a bride knows it is no easy task to devise 365 desserts for two in a year, and almost does the bride welcome

SUFFERED TERRIBLY
For Four Days and Nights
From

DIARRHOEA

Diarrhoea arises from many causes such as change of diet, change of water change of climate, catching cold, the eating of unripe fruits or anything that will cause an excess of bile.

On the first sign of any looseness of the bowels it should not be neglected, but should be looked after immediately for it not diarrhoea, dysentery or some other serious bowel complaint may ensue.

Miss Florence Harfield, 325 Lauder Ave., Toronto, Ont., writes: "I was troubled with a violent attack of diarrhoea. I suffered terribly with it for four days and nights, and finally I became so weak I did not think I could stand it any longer. My sister advised me to try a bottle of Dr. Fowler's Extract of Wild Strawberry. I did so, and after I had taken three doses I felt a whole lot relieved. I kept on taking it, and by the time I had taken six doses, the diarrhoea had completely stopped. It did not leave me constipated. I think it a wonderful remedy, as it is so quick to act. I will recommend it to all my friends."

There are so many spurious "Strawberry" preparations sold that you should see that the name "Dr. Fowler's" is on every bottle you buy. Price 35c. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

WANTED

WANTED—Peeled Spruce and Balsam Pulpwood. Correspondence invited. Address Fraser Limited, Edmundston, N. B.

WANTED — To buy hardwood any lengths. Highest cash prices paid. Thos. Fulton.

LOST

LOST — A lady's blue rain coat between the Methodist church at Nashwaaksis and Watson's store, St Mary's. Finder please phone 4500-83. 2ins

her mother-in-law or her husband's sisters on their first visits because then there will be desserts for three and maybe for four instead of two.

It isn't so hard with meats when one once learns the knack of making left-overs; but whoever heard of a way of making yesterday's pie palatable for the next day's dinner? To be sure there are some clever home cooks who can make puddings out of stale cakes, but this is something of a knack and the results are not always tempting.

Just Enough for Two.

The best thing to do about desserts for two is to learn to make just enough for two, because desserts are never so good as when they are fresh. For this reason it is often a good idea to make the desserts for two in individual dishes instead of in pudding dishes or bowls. In this way you can be sure that you have not made too much. If you are going to make baked custard, rice pudding or other baked pudding it is often most convenient to cook it in individual baking cups that contain just one portion.

Tarts Rather Than Pies.

Likewise, if you like pie, it is better to confine your efforts to tarts, for no two young persons can possibly dispose of a pie in one dinner.

Make the least possible amount of pie crust that you think you can handle. Divide it into two portions and roll one up carefully, put it in a cup or bowl for future use. Take the half that you have saved out; roll it thin and line two muffin tins. Fill with a berry mixture or the filling for the kind of pie you have decided to make, and bake as you would a larger pie. Roll the rest out, cover the two little pielets and put them in the oven.

Fruits of all sorts, served with whipped cream, a little custard or other sauce, are excellent summer desserts for two.

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+ GEMS OF POETRY +
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SING ME A SONG OF THE OLDEN TIME.

Sing me a song of the olden time—
"Highland Laddie" and "Bonnie Doon";
Sing to me now in the fading light,
For my heart goes back to my youth tonight—
Sing me some dear old tune.

And I will dream as I hear your voice,
Sweet and tender, and strong and clear.
Like your mother's voice when these songs she sung,
Long ago when we both were young—
You are so like her, dear.

Take down the harp and touch the strings;
Too long, too long have they silent been;
My heart has been full of hurry and strife,
And the care and worry of active life—
I long for the songs again.

Sing "Ye Banks and Braes of Bonnie Doon";
Your mother sang that song to you
While she rocked you there on her breast to sleep;
Dear little daughter, do not weep—
"Sing me the old songs, too.

Sing "Logan Water" and "Land o' the Leal";
"Annie Laurie" and "Banks o' Dee";
Dear old songs that we never forget;
Over my heart they are echoing yet;
She sang them all to me.

No music ever so sweet can be
As the tuneful lays of the days of yore
Sung by the mother and sister and wife;
And now, my dear child, in this later life
I would hear these songs once more.

So sing me a song of the olden time—
"Highland Laddie" or "Bonnie Doon."

Sing to me now in the fading light,
For my heart goes back to my youth tonight—
Sing me some dear old tune.
—Abbe Kinne.

WOBLERS.

Captain George Marvell, head of the motorboat patrol, was arguing with a pacifist.

"You wobble," said Capt. Marvell. "You hop from this side to that. You are like the dinner guest.

"Come out to our place to dinner tonight," said a banker.

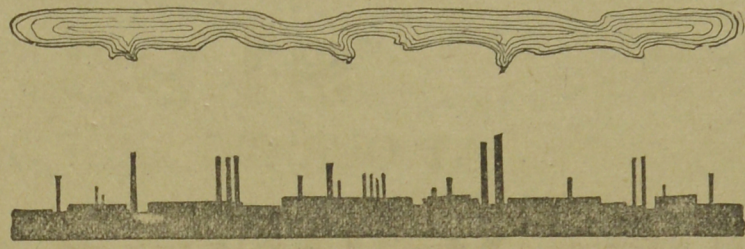
"I'll be glad to, mighty glad to," said the guest, warmly.

"Our oldest girl," said the banker, "is studying music—"

"Gosh, that reminds me. I've got an engagement for tonight. Sorry, old man, but I can't come."

"Can't you? Too bad! Our oldest girl, as I was saying, is studying music in Chicago, and we're infernally lonesome evenings."

"Oh, I'll cut out that engagement," said the guest, "and come anyhow."



THE PRICE OF HOMAGE

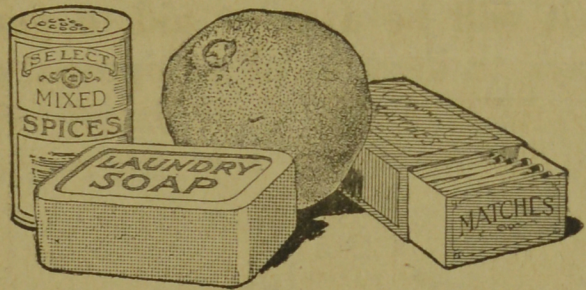
ONCE when King Edward VII. paid a visit to Sheffield, all the fires in factories and plants were allowed to die out. Not a wheel in Sheffield turned for twenty-four hours. The primary object of this was to lift the pall of smoke that hovers over that wonderful steel-producing city, and to ensure, as far as man was able, a bright day and a blue sky for an auspicious occasion. It was Sheffield's expression of respect.

BUT the action was unique—it was unprecedented—it was unthought of that those hundreds of mighty furnaces, raging night and day, and those seething boilers, with quivering valves, should ever be allowed to cool. This extinguishing of fires cost Sheffield hundreds of thousands of dollars—the price of the effort to get back again to high-power efficiency.

SOME business men in Canada pay an unwitting homage, not to a king, but to a superstition—the superstition that hot weather justifies letting the fires of business energy go out. They stop Advertising in the Summer months. By paying homage to tradition, custom, superstition, they have allowed Summer to become their "dull" season. You know how dull it can be when you don't advertise. Do you know how brisk it can be made by Advertising? Do you realize how much momentum you now lose in the Summer that must be regained in the Fall?

DON'T LET YOUR ADVERTISING FIRES DIE OUT THIS SUMMER.

Advice regarding your advertising problems is available through any recognized Canadian advertising agency, or the Secretary of the Canadian Press Association, Room 608 Lumsden Building Toronto. Enquiry involves no obligation on your part—so write, if interested.



Enemies of Tea

If tea is left open near oranges, soap, spices, matches, etc., the tea will take on the flavor of any of these articles.

In fact, tea absorbs odors as readily as does butter. This is because it becomes so dry and brittle in passing through the firing or drying oven that it becomes very sensitive to the moisture and odors in the air.

When loose in the chest or bin or bag it quickly loses flavor and strength. Tastes flat, weak, old; dear at any price.

This is why Red Rose is never sold in bulk—but always in sealed packages. The armour that keeps our dust and odors and keeps in the flavor and strength.

The price printed on the package protects you against overcharge. It is the lowest price for which a tea of Red Rose quality can be sold—a price which allows the grocer only a fair profit.

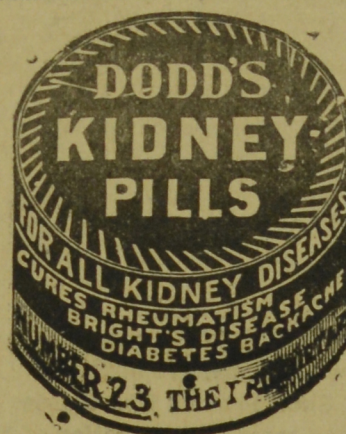
You will enjoy the distinctive flavor and rich strength of Red Rose Tea. Try a package.

Sold Only
in Sealed
Packages



T. H. ESTABROOKS CO., Limited,
St. John Toronto Winnipeg Calgary

Red Rose crushed coffee is as generously good as Red Rose Tea and just as easy to make.



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Good Dinner Every Day from 12 to 2. Don't forget the place—

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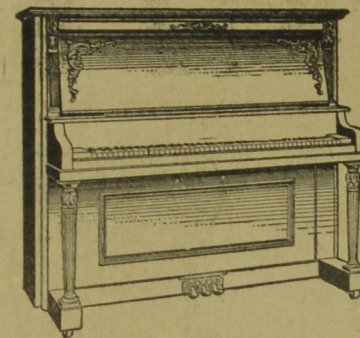
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At Reasonable Prices.

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We have a very complete stock and special values will be offered for that day, also terms that will surprise you.

We will prepay freight on Pianos to your nearest station anywhere in New Brunswick. With each sale we will give you free a beautiful Mahogany or Walnut Chair. Remember the day and date—WEDNESDAY, the 25th.

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