

Children Cry for Fletcher's

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

## ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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## OF INTEREST TO WOMEN

### SEASONABLE RECIPES.

#### Beef Stew with Parsnips.

Get one pound of beef, bottom of the round, cut into pieces; if there is any fat on it put it into an iron kettle to try out, then add the meat and stir till all pieces are seared, then add hot water to cover the meat and cook slowly. Do this about 9 o'clock. At 11 o'clock add one pound of parsnips cleaned and cut in small pieces. Cut in one-half inch slices and if large cut slices into halves or quarters, also one pound small potatoes pared and quartered and salt and pepper to taste. Have just enough water to cook without burning, for it is not to be like soup. The potatoes will cook to pieces and make the juice thick. Serve with johnnycake.

#### Green Mayonnaise.

Beat up the whites of two eggs and the yolk of one egg; add one level teaspoonful of salt, one teaspoonful of sugar, half a teaspoonful of paprika, one tablespoonful of lemon juice or vinegar, and two tablespoonfuls of butter or olive oil. Cook over hot water in a double boiler or a bowl, stirring constantly until smooth. Do not cook any longer than necessary, or it will curdle. Strain through a fine sieve and before adding to the salad whip in half a cupful of whipped cream. Add either strong spinach juice or a few drops of vegetable coloring until you have the desired shade of green.

#### Apple Tapioca.

Pick over and wash three-quarters of a cup of pearl tapioca; pour one

quart of boiling water over it; cook in a double boiler until transparent; stir often and add one-half teaspoonful of salt; core and pare seven apples; put them in a round baking dish and fill the cores with sugar and lemon juice; pour the tapioca over them and bake till apples are very soft. Serve hot or cold, with sugar and cream. A delicious variation may be made by using half pears or canned quinces and half apples.

#### Water Soup.

Save the water from the vegetables of the day—potatoes, turnips, carrots, anything but beets or spinach. Into this put a finely minced carrot, a chopped onion, one bay leaf, a sprinkling of celery seed and one large potato chopped fine. Simmer for an hour. If the soup is too thin, leave the lid off the pot while cooking. Any bits of cooked vegetables may be diced and added before serving, together with a lump of butter not larger than a walnut. These ingredients will be found to produce a delicious, delicate soup.

## FACE NOTHING BUT RUNNING SORES FROM ECZEMA

No rest day or night for those afflicted with that terrible skin disease, eczema, or, as it is often called, salt rheum.

With its unbearable burning, itching, torturing day and night, relief is gladly welcomed. There is no remedy like Burdock Blood Bitters for giving relief to such sufferers; no other remedy has done or can do so much for those who are almost driven to distraction with the terrible torture. Apply it externally and it takes out the stinging, itching and burning, and promotes a healthy healing.

Take it internally and it gets at the source of the disease in the blood and completely and permanently drives it out of the system.

Miss Mary V. Chambers, Anagance Ridge, N. B., writes: "I used Burdock Blood Bitters for eczema. I had it when an infant, but it left me. Two years ago it came back. I used doctors' medicine, but it did good only while I used it. At last my face was free from a running sore. I saw in the paper what B.B.B. did for people. I took it, and today I am free from that terrible disease."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

## ANNUAL MEETING

The Annual Meeting of Agricultural Society No. 34 will be held in the City Council Chamber, City Hall, Fredericton, N. B., on

THURSDAY AFTERNOON, Nov. 29, at 3.30 o'clock.

Annual membership fee of \$1.00 is now due and payable to the Secretary. The Board of Directors will meet in the Mayor's Office at 2.30 p.m. same date.

JOHN A. CAMPBELL, President.

W. S. HOOPER, Secretary.

## Prepare for Winter

I wish to inform my friends and the public that after a busy season my services as a plasterer and brick mason are now available. Those who want cellar walls repaired, chimneys topped out, or odd mason jobs in general promptly attended to, please notify me at once. Cost estimates supplied and satisfaction guaranteed. Am prepared to go into the country if necessary.

G. W. HOLMES.

192 Northumberland Street.

## THE DISCUSSION GOT NOWHERE

(Chicago News.)

"Sugar is very scarce now," observed the efficient proprietor of the Budd boarding house. "People are not supposed to use it in their tea, coffee or much."

"Of course not," agreed the boarder in arrears. "People really don't need sugar. It is a makeshift, a useless effort to make things taste good. For instance we all have the idea that we must drink coffee. We don't like it, but we drink it. We put a lump of sugar in to see whether that will help any, but it doesn't, so we add another lump and then another, and so on until we have added seven lumps to one cup of coffee and then when it tastes worse than ever we drink it in order to keep up appearances."

"We put sugar and cream in tea just as we add milk and eggs to codfish, so as not to taste the codfish!"

"And chocolate quinine. Some people think the chocolate taste can kill the quinine taste. They ought to know we still have the quinine taste long after the chocolate flavor has vanished."

"That's right," agreed Stews. "There is no use trying to disguise the taste of anything. If it tastes bad, that's all there is to it. To illustrate, you never hear of any one trying to make beer taste good. A sensible beer drinking man knows better than to try to veer the taste and get rid of it. He knows the beer is going to taste horrid in spite of all you can do, so he doesn't try to fix it up nice. He just goes ahead and drinks it in all its native bitterness."

"A man like that has determination, resolution, backbone. Cigars and cigarettes are just the same. No one ever tried to make them taste good. Everybody knows that it is just no use to try."

"But," interrupted the idiotic boarder, "coffee cigarettes, beer and codfish are delicious beverages, pleasant and refreshing stimulants and toothsome morsels, taken because people like them, not as medicine or as a matter of form or habit."

The idiotic boarder was a newcomer at the Budd, entirely too fresh, and the senior boarders would not have argued with him even if the position he had taken were worth discussing.

Mr. J. S. MacLaren of St. John is in the city.

Mr. J. Leonard of Montreal is a guest at the Queen.

TUESDAY, SEPTEMBER FOURTH, is the day on which classes will be resumed at

### FREDERICTON BUSINESS COLLEGE

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We have a Fine Range of FUR COATS—Korean Beaver, Wombat, Black Dog, Coon, etc. Also FUR-LINER COATS and CLOTH COATS with FUR COLLARS.

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