

Had Awful Attacks Of Heart Trouble FOR 5 OR 6 YEARS.

Diseases and disorders of the heart and the nervous system have become frightfully prevalent of late years. One can scarcely pick up a paper but he will find recorded instances of sudden deaths through heart failure, or of prominent men and women unable to prosecute their ordinary business or profession on account of a breaking down of the nervous system.

We do not desire to unnecessarily alarm anyone, but to sound a word of warning.

When the heart begins to beat irregularly, palpitates and throbs, has shoot-pains through it, it is time to stop and think.

To all sufferers from heart and nerve troubles Milburn's Heart and Nerve Pills can give prompt and permanent relief.

Mrs. Frank Arseneau, Newcastle, N. B., writes: "I had awful attacks of heart trouble for the past five or six years, and as I had tried many kinds of medicine without getting any better I decided to give Milburn's Heart and Nerve Pills a trial, and to my surprise I found ease from the second dose. I continued taking them until I had used six boxes, and now I feel as well as can be."

"At the present time my sister is using them for nervousness, and finds great comfort by their use."

Milburn's Heart and Nerve Pills are 50c., or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

SHARK SKIN TO BE USED IN MANUFACTURING SHOES

New York, April 16—A cargo of 10,000 shark skins, which will be used instead of leather in shoe manufacturing, arrived here today on a ship from Cuba.

"WORKS BOTH WAYS."

The getting of two distinct values when purchasing one article applies pretty generally in the field of merchandise these times, extending even unto liniments. While most articles of this nature are intended for external use only, a notable exception is the famous Johnson's Anodyne Liniment. Powerful enough for every requirement of outside application when needed for sprains, strains, muscular rheumatism, all aches, pains and soreness, it is, in addition, a wonderfully effective preparation for internal use in the cases of colds, coughs, sore throat, cramps, chills, etc., when necessary that its remarkable soothing and healing qualities go direct to the seat of an inward trouble. Thus, in Johnson's Anodyne Liniment you get two in one—internal and external use—the double value liniment, as it is known. Over 100 years of splendid service to humanity has made Dr. Abner Johnson's prescription a household word, and present day users speak of it as "an angel in disguise."

The planting of the backyard garden is a "home defence" against the high cost of living.

It is human to build a bigger circus than the builder can show.

Patience is a slow going virtue, but those who have it win in a walk.

A wife turned to salt only after she had turned to rubber.

EMPEY DESCRIBES LIVING WITH RATS AND MUD IN DUGOUTS

(Arthur Empey in Boston Record)—Still in my dugout, "Somewhere in France."—Dear Jim: Have nothing to do before "stand to," so I'll scribble a few lines to you.

It has been raining steadily for three days. The trenches are a sea of mud, in some places up to our knees. I am soaking wet, with no immediate prospect of getting dry.

We sleep in mud, wash in mud, eat mud and dream of mud. I have never realized before that so much discomfort and misery could be contained in those three little letters: "M—U—D."

This dugout is called "Suicide Annex" and takes its name from the front line trench. "Suicide Ditch." It is occupied by machine gunners, who are nicknamed "The Suicide Club." A cheerful bunch of names to drive away the blues!

Feet in Water

While writing, I am sitting on a tin of biscuits, with my feet in three inches of water, and Jim, this water is slowly, but surely rising. If the rain keeps up another day I'll have to build a raft to sleep on. But it might be worse.

"Suicide Annex" is a hole, eight feet wide, 10 feet long, and six feet high. It is 20 feet down, or at least there are 20 steps leading down to it. The passageway from the front line trench is five feet high and on an incline of about 30 degrees. The steps are cut into the earth, but at present do not afford much foothold, too muddy and slippery.

The walls and roof are braced with heavy, square cut timbers, while the entrance is strengthened with sandbags.

The lighting arrangements are superb—one candle in a reflector made from an ammunition tin. Sometimes we have two candles, but a nearby dugout suffers thereby.

A zig zag airshaft, six inches square, helps to supply fresh air through the roof. When it rains, a constant drip, drip lands on the unlucky fellow who sleeps under it. In this instance I am the unlucky one.

Twelve men and 7,000,000 rats also sleep in "Suicide Annex," at least the men try to sleep, and the rats try not—and succeed.

During the day we take a couple of hours' sleep in the dugout, and then take a turn in the trench to rest ourselves and get the kinks out.

For rheumatism and colds, it's an ideal spot. If it wasn't for the daily rum issue, half of us would be sick.

Right now little rivulets of water are trickling down the steps. This is one of the important uses of a dugout—to drain the trenches of water.

We have an old pot, punched full of holes (the government calls it a "brazier" or "fire bucket"), in which occasionally we make a fire, but the smoke gets in our eyes and the gas chokes us.

Everything is Wet

We are wet, our clothes are wet, rations are wet, everything is wet.

even our spirits are dampened. Cold? Why Jim, we are so cold we would sit on ice to warm ourselves, if it was obtainable.

But, Jim, old boy, don't think I am complaining, because I'm not. A dugout has many advantages. In it you are absolutely safe from bullets and flying fragments of shell. It would take a direct hit from a high explosive shell to destroy this one, and it's a thousand to one against a direct hit being made.

Over in the corner an idiot is singing a popular war ditty entitled "Pack All Your Troubles in Your Old Kit Bag and Smile, Smile, Smile." But it's a good illustration of Tommy's cheerfulness under such conditions.

There goes that everlasting "Stand to." Now it's me for the rain and mud of the fire trench, standing alongside a machine gun, with my head sticking over the top. Will be out until midnight, if a "stray" doesn't get me in the napper.

An revoir, Jim, you lucky dog.

Yours, "EMP."

DATES OF OPENING AND CLOSING OF ST. JOHN RIVER

Record of Seasons or Navigation For
Past Ninety-Three
Years,

The dates of the opening and closing of the St. John river at Fredericton since 1825 are as follows:

Year.	Open.	Close.	Days.
1825....	April 15	November 20	219
1826....	April 17	November 14	215
1827....	April 6	December 3	241
1828....	April 20	November 19	213
1829....	April 17	November 15	212
1830....	April 18	November 29	225
1831....	April 10	December 1	235
1832....	May 3	November 15	196
1833....	April 10	November 5	209
1834....	April 11	November 17	220
1835....	May 1	November 23	206
1836....	April 28	November 19	205
1837....	April 17	November 9	206
1838....	May 1	November 25	208
1839....	April 25	November 23	212
1840....	April 16	November 23	221
1841....	April 27	November 27	214
1842....	April 24	November 22	212
1843....	April 26	November 13	201
1844....	April 14	November 27	227
1845....	April 23	December 4	225
1846....	April 6	November 28	236
1847....	May 2	November 20	212
1848....	April 19	November 10	205
1849....	April 8	December 2	238
1850....	May 2	November 27	209
1851....	April 16	November 17	215
1852....	April 26	November 25	213
1853....	April 17	November 25	222
1854....	May 7	December 10	217
1855....	April 28	November 22	208
1856....	April 25	November 17	206
1857....	April 18	December 5	231
1858....	April 22	November 13	205
1859....	April 16	November 29	227
1860....	April 23	November 27	218
1861....	April 20	December 3	227
1862....	April 18	December 3	229
1863....	April 22	November 17	209
1864....	April 20	December 9	233
1865....	April 6	November 10	218
1866....	April 14	December 12	242
1867....	April 22	November 17	209
1868....	April 22	November 16	208
1869....	April 20	November 26	220
1870....	April 11	November 22	225
1871....	April 10	November 24	228
1872....	April 22	November 29	221
1873....	April 23	November 12	203
1874....	April 21	November 22	215
1875....	April 27	November 19	206
1876....	April 22	November 30	222
1877....	April 13	December 4	235
1878....	April 5	December 18	257
1879....	April 27	November 22	209
1880....	April 22	November 21	203
1881....	April 2	November 22	234
1882....	May 1	November 26	210
1883....	April 18	November 15	211
1884....	April 16	November 19	217
1885....	April 23	November 27	218
1886....	April 21	November 23	216
1887....	April 27	December 1	218
1888....	April 26	November 21	206
1889....	April 16	December 1	229
1890....	April 21	November 24	217
1891....	April 14	November 29	229
1892....	April 15	December 6	235
1893....	April 14	November 21	221
1894....	April 21	November 20	213
1895....	April 19	November 22	217
1896....	April 18	November 21	214
1897....	April 21	November 21	214
1898....	April 20	December 9	233
1899....	April 26	November 13	201
1900....	April 21	November 13	206
1901....	April 17	November 24	221
1902....	March 23	November 29	251
1903....	March 24	November 27	247
1904....	April 25	November 10	190
1905....	April 20	November 21	215
1906....	April 15	November 26	225
1907....	April 17	November 23	217
1908....	April 21	November 23	216
1909....	April 19	November 30	225
1910....	April 6	November 29	237
1911....	April 19	November 17	212
1912....	April 16	November 27	227
1913....	April 1	December 1	214
1914....	April 27	November 19	206
1915....	April 12	December 11	243
1916....	April 12	November 15	217
1917....	April 19		

What real good does anybody get out of giving other people mean little thrusters? Yet it is one of the most popular indoor sports.

ACIDS IN STOMACH SOUR THE FOOD AND CAUSE INDIGESTION

"Pape's Diapepsin" Fixes Sour, Gassy, Upset Stomachs in Five Minutes.

If what you just ate is souring your stomach or lies like a lump of lead, refusing to digest, or you belch gas and eructate sour, undigested food, or have a feeling of dizziness, heartburn, fullness, nausea, bad taste in mouth and stomach headache, you can surely get relief in five minutes.

Ask your pharmacist to show you the formula, plainly printed on these fifty-cent cases of Pape's Diapepsin. Then you will understand why dyspeptic troubles of all kinds must go, and why it relieves your out-of-order stomachs or indigestion in five minutes. "Pape's Diapepsin" is harmless; tastes like candy, though each dose will digest and prepare for assimilation into the blood all the food you eat; besides, it makes you go to the table with a healthy appetite; but what will please you most is that you will feel that your stomach and intestines are clean and fresh, and you will not need to resort to laxatives or liver pills for biliousness or constipation.

This city will have many "Pape's Diapepsin" cranks, as some people will call them, but you will be enthusiastic about this splendid stomach preparation, too, if you ever take it for indigestion, gases, heartburn, sourness, for dyspepsia, or any stomach misery.

Get some now, this minute, and rid yourself of stomach misery and indigestion in five minutes.

THE CHALMERS MOTOR

IS A MASTERPIECE.

Its low gasoline consumption is wonderful. Its performance is superb. Its graceful lines and beautiful finish are pleasing to the eye. Let your next car be a CHALMERS.

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

Call and see our

Massey Silver Ribbon Bicycles

Which have just arrived. We have also just received a large shipment of Bicycle Sundries and accessories, which include TIRES, of the BEST MAKES, SADDLES, CHAINS, PEDALS, and everything needed on the Bicycle. BICYCLES CLEANED and REPAIRED by Expert Workmen. Prompt attention given to Typewriters, Locks, Keys, Cash Registers and all fine machines.

E. T. LANGILLE

PHONE, 334-41

345 QUEEN ST.

Board of Health Notice.

New Regulations relating to the Care and Disposal of Garbage, Manure, etc., enacted by the Fredericton Board of Health, District No. 1, Thursday 5th April, 1917.

No person shall remove swill, offal or other offensive matter within the limits of the City of Fredericton unless the same be removed in tight covered barrels or other containers only and unless he shall have first submitted the containers for such removal for inspection and approval of the Health Inspector of Board of Health.

Every Householder and every Hotel and Restaurant Keeper or other persons shall dispose of all garbage. For the disposal of which they are responsible by burning the same or by keeping it in proper tight covered receptacles which are to be frequently emptied and to be satisfactory to the Health Inspector of the Board of Health.

The Keeper, Owner or Tenant of any Livery or other Stable shall keep his stable and stable yard in a clean and sanitary condition. He shall not permit any manure to be thrown out and scattered around his premises, but it must be kept in tight shed or box provided with proper ventilators and said shed or box to be subject to the approval of the Health Inspector of the Board of Health.

The person owning the manure must remove it from the premises when directed so to do by the Health Inspector of the Board.

The above regulations are published by order of the Board of Health of the City of Fredericton, District No. 1.

GEORGE Y. DIBBLEE,

Acting Secretary.

J. M. WILEY,

Chairman

Board of Health Notice.

Amendments to the Regulations for Sale of Milk and Cream in the City of Fredericton, enacted by the Fredericton Board of Health, District No. 1, Thursday, fifth day of April, 1917.

Section I. is amended to read—No person shall sell or offer for sale Milk or Cream in the City of Fredericton without having first procured a license so to do from the local Board of Health, which license shall not extend beyond the first day of May next following the date of the license.

Section II of the present regulation is rescinded and the following inserted in lieu thereof.

Every licensed vendor of milk or cream shall have the number of his license conspicuously placed on the wagon or other vehicle from which the milk or cream is sold. All large supply cans or other containers from which milk or cream is delivered to milk or cream stores or from which milk or cream is taken to refill other containers, must have the number of the licensed vendor conspicuously placed on them.

No milk vendor is permitted to refill any milk bottle or other container and deliver it to any person, residence or place of abode without first having the said bottle or other container thoroughly washed with boiling water.

The inside of all milk wagons and other vehicles used in the sale and delivery of milk must be thoroughly clean and sanitary. All utensils of distribution shall be kept thoroughly clean, and in a sanitary condition, and subject to the inspection and approval of the Board of Health Inspector, and they shall not be used for any other purpose whatsoever.

The above amended Regulations are published by order of the Board of Health of the City of Fredericton, District No. 1.

GEORGE Y. DIBBLEE,

Acting Secretary

J. M. WILEY,

Chairman.

Custom Tailoring

THE NEW IMPORTATIONS for the Coming Season are now on display. An early inspection will assure you of a large and varied selection to choose from.

WE ARE ALSO PREPARED to fill all orders entrusted to us for MILITARY CLOTHING at a reasonable price. We are sole agents for the Crown Tailoring Co. of Toronto, the largest Military Tailoring Co. in Canada.

WALKER BROS. MERCHANT TAILORS

QUEEN STREET, WEST END.

Wholesale Dry Goods and Woollens

House Furnishings For Spring

Lace Curtains
Scrim Curtains
Curtain Muslin and Draperies of all kinds
Cretones and Casement Cloths
White Bed Spreads
Towels, Napkins and Table Linens
Oilcloths and Linoleums
Carpets, Rugs and Squares

Prices Lowest Possible. Goods sold to the Trade only.

Vassie & Company, Ltd.

WHOLESALE DRY GOODS and WOOLLENS
ST. JOHN, N. B.

Our Motto: Promptness, Accuracy, Courtesy, Care.

DAVIS' "Perfection" Cigars

Now sold in 2 sizes:
Perfection "Perfection"
and Perfection "Straights"

(Illustrations show actual size)

1 Quality only—excellent.
1 Price only: 3-for-25-cents.

Sold under guarantee
permitting the tobacconist
to offer to the public cigars
in prime condition.

Why not try one?

Originated by

S. DAVIS & SONS LIMITED

Makers of good cigars for over 70 years.

"Perfection"

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Have you smoked a Nobleman's Cigar lately?

"Straight"