

## THE TONIC THAT BRINGS HEALTH

### "Fruit-a-tives" Builds Up The Whole System

Those who take "Fruit-a-tives" for the first time, are often astonished at the way it builds them up and makes them feel better all over. They may be taking "Fruit-a-tives" for some specific disease, as Constipation, Indigestion, Chronic Headaches or Neuralgia, Kidney or Bladder Trouble, Rheumatism or Pain in the Back. And they find when "Fruit-a-tives" has cured the disease, that they feel better and stronger in every way. This is due to the wonderful tonic properties of these famous tablets, made from fruit juices.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

### DISCHARGE DEPOT IS FOUND EQUAL TO DELUGE

Quebec Receives 2,000 Convalescent Soldiers in One Day and Cares for Every Man.

Official Canada glimpsed the meaning of demobilization when a hospital ship, a big liner, and a train from Halifax, each loaded with discarded warriors from overseas, arrived simultaneously at the Discharge Depot of the Military Hospitals Commission last week.

There were 2,000 men, an exuberant, excited crowd which would have passed for 10,000 in the rush. They flowed from the coaches and gangways in long khaki streams which threatened to engulf the great structure like an incoming tide. There were men on crutches, men in bandages, men on stretchers, but whatever their state not one but grinned happily at the touch of Canadian soil.

The business of registering this army of home-coming Tommies, feeding them and stowing them away at night was a test for any organization, and the machinery of the depot moved without a hitch. "Lights out" saw every man tucked away between white sheets in the long wards, and 17 tourists' sleepers filled with the overflow.

The task of feeding the multitude was one of the most spectacular feats of the whole performance. A larder and kitchen staff which can stand up under the onslaught of such an aggregation of appetites speaks for itself, but only a short order cook or a housewife with unexpected company can fully appreciate the achievement of feeding 600 men in 15 minutes as they did, and served them well.

The instalment of cafeteria service in the depot is largely responsible for the dispatch in service. The men carry their own trays when they are able, and receive their food directly from the ice or steam tables. Seating arrangements provide for 600 at one time.

The incoming men are released at the rate of 100 a day, before which they are medically boarded and their vocational histories taken. Those retained for further treatment or re-education in the hospitals and vocational training classes of the Military Hospitals Commission are directed to institutions near their homes; while men who have lost an arm or leg are sent to Toronto to be fitted with artificial members.

## BUSINESS AND THE DRAFT LAW

### Employers of Labor Express Pleasure at Early Chance to Know What Employes are Liable.

Ottawa, Oct. 9. — Business men throughout the country are expressing their satisfaction with the system of Medical Boards for selecting men for military service early, of which notice has been given by the Military Service Council in the press of Canada. The system will enable employers to tell in a comparatively short time how many of those in their employ are liable to be drafted and what men are not concerned in the call. The physical test is, of course, the most important.

Meanwhile, the economist "sharps" are busy speculating as to whether introduction of method and order into the system of removing men from industries of national importance, or rather the advent of a system of leaving such men at their tasks, will have any particular influence upon the trend of prices for the necessities of life. Some hold to the opinion that, since labor difficulties have caused much trouble in a number of industries, safeguarding the labor of such industries must help to keep prices down. However, the question is generally regarded as a complicated one which must wait for solution on future developments.

Mr. James McQueen of Shediac is a guest at the Queen.

Major J. M. Magee of St. John, arrived in the city last night.

Mr. James Robertson of Montreal, is registered at the Queen.

Mr. W. F. Hart of Montreal, is at the Barker House.

### IN FIVE MINUTES! NO INDIGESTION, GAS OR SOUR, ACID STOMACH

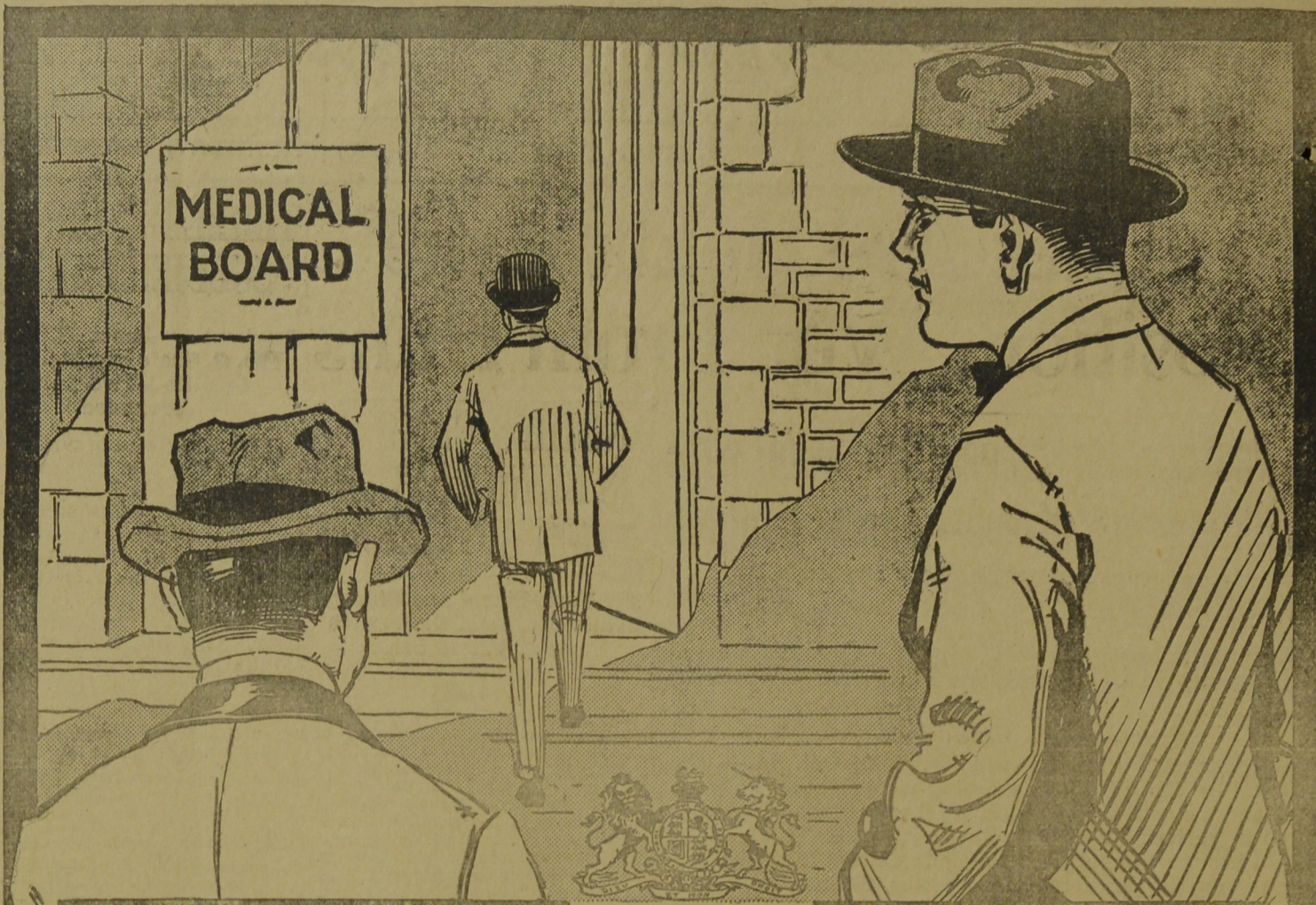
The moment "Pape's Diapepsin" reaches the stomach all distress goes.

"Really does" put bad stomachs in order — "really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes — that just that makes Pape's Diapepsin the largest selling stomach regulator in the world. It what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing — almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction or your druggist hands you your money back.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home — should always be kept handy in case of sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach regulator in the world.

Every man who is able to travel alone is allowed to go home to his people for a two weeks' furlough before he enters upon further treatment.



CANADA

## Medical Boards are Ready !

Medical Boards are now ready to examine all men who apply as to their physical fitness for military service. These boards are established throughout this district.

Upon examination, the medical board will classify each applicant according to his fitness; into Category A if he is fit for service in overseas fighting units; Category B if fit for service overseas in Army Medical Corps, Forestry Battalions, etc; Category C if fit for service in Canada only, etc.

Only men whose medical examination places them in Category A will be included amongst those required to join the colours in the first instance; the man placed in any other category will remain at home until men in the category to which he has been assigned are called to the colours. The men placed in Category A may still apply for exemption on any ground.

Men between the ages of 20 to 34 inclusive, who were unmarried or widowers without children on July 6th, 1917, are strongly advised to report before a Medical Board at once. This is the quickest and surest way for them to find out their status under the Act.

Parents and employers are also urged to have those in whose cases they are specially interested visit a Medical Board and undergo examination. The methods of examination are simple and will result in no discomfort or inconvenience.

Now is the time for employers to obtain facts of the greatest value to them in making their calculations. The Medical Boards will determine how many of their employees will be left at home for physical reasons and how many will be selected for service unless an application for exemption be made with success.

Issued by The Military Service Council.

### THERE ARE MEDICAL BOARDS IN THIS DISTRICT AT

Fredericton, N. B.    Halifax, N. S.    Newcastle, N. B.    St. John N. B.  
Moncton, N. B.    Pictou, N. S.    Sydney, N. S.    Yarmouth, N. S.  
Truro, N. S.    Charlottetown, P. E. I.

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## Slants of Humor

### SPELLING "JAZZ"

(Music by the Jazz Band.)  
Jaz-z—and then another "z" for Jazz!  
That's the way to spell it.  
As the jazerinos tell it,  
So stand up and yell it.  
Jaz-az-az.

Jaz-z. Of course you know that spells "jaz."  
But it needs another "z."  
Jazerino, don't you see,  
Before it'll be  
Jaz-az-az!

Jaz-z is "jaz" but don't you know it ain't "jazz?"  
The "z's" you gotta double,  
To give it "zip" and bubble,  
Oh, who keers for trouble  
In Jazz-az-az-az?

### HEIGHT OF HARDIHOOD.

(Ad of a St. Paul mule dealer.)  
We know the kind you want, and we will stand back of every mule we sell.

### FIRE! FIRE!

A household hint advises that "if the thin white curtains blow into the gas and catch fire sew small lead weights into the seams." Before doing this, however, it would be wise to turn in an alarm.

### THREE IS A CROWD.

Housekeeper for widower — lady with husband need not apply.

### THE RIGHT SORT OF WALLS.

A builder and his foreman made a tour of inspection of some houses they were building. The former went into one house and tapped on the wall. "Can you hear me?" he asked.

"Yes."

## MANY SOLDIERS CARED FOR

(Canadian Press direct wire.)

Ottawa, Oct. 10.—Four hundred and fifty-two returned soldiers were added to the strength of the military hospitals commission command during the week ending September 22nd, according to figures just compiled. The total number of patients being cared for by the commission on that date was 9,038. The next bulletin or two, however, will show a very large increase, as somewhere in the neighborhood of three thousand men have arrived in the Dominion since September 22nd.

The commission recently compiled a record of its accommodation and the figures shown were slightly over eleven thousand. In January, 1917, there were just 2,500 men on the strength of the military hospitals commission command with accommodation about equal. These tremendous strides in housing the ever-increasing stream of returned men are being maintained by a building program which it is expected will add another four thousand beds by the beginning of the new year.

There were on September 14, 21,324 Canadian sick and wounded in the Old Country, an increase of 296 during a week.

"Can you see me?"

"No."

On rejoining the foreman the builder beamed with satisfaction.

"Now, them's what you can call walls," he said.

### AN UNREGENERATE PLACE.

Revival meetings closed with but little interest manifested. Rev. Banks pounded at Satan's strong walls of moving picture shows and social cold drinks, but to no avail.

## HOT ELECTION IN CARLETON

Woodstock, Oct. 10. — The municipal elections today furnished a few surprises, especially the parish of Kent, where the old councillors, Gallagher and Kinney, were defeated. Coun. William Kearney, Wakefield, who was in last year's council, also was defeated. A most spectacular fight was waged in Simonds, where a desperate effort was made to defeat the old councillors, Shaw and Perry.

B. P. Smith, ex-minister of public works, assisted by his brother, were very active in this parish and both men spent the whole day at the polls. Their workers had a plentiful supply of liquor and money which they used freely but it was no use and the ex-

minister was soundly beaten. He was given to understand very forcibly that the parish of Simonds was quite competent to carry on its business without interference from politicians from another parish.

The fight was kept up till the close of the polls. Teams and automobiles were carrying voters from all distant points of the parish. When it was announced that Mr. Smith's candidates were defeated the crowd was delighted and cheered loudly.

## THE REAL LADY MAKES RECORD

Lexington, Ky., Oct. 11.—A. H. Cadden's grand filly, The Real Lady, driven by Thomas W. Murphy, yesterday reduced the world's record for three-year-old trotters to 2:03, beating the record of 2:03½, made by Peter Volo here in 1914, in a trial against time. The Real Lady is also the world's champion two-year-old in her class. Murphy had a great day, for in addition to the performance of The Real Lady he drove two winners, Poorman in the pacing division of the Futurity and Ruth Main Sheet in the two-year-old class. The best race of the day, if not of the entire meeting, proved to be the Ashland stake, which went to Lu Princeton after five hard heats, the time of 2:05¼, setting a new world's record for a fifth heat. Royal Mack won the first and third heats. The 2.15 class pace went to Ardelle after six hard heats.

The result of the day's racing leaves three drivers the credit of first honors, Valentine, Murphy and Cox having won four races each.

An authority estimates the number of known languages and dialects at 2,424.

Mr. G. C. P. McIntyre of St. John, is a guest at the Barker House.

## Mixing Barley With Wheat

not only saves Wheat for our Soldiers and Allies, but actually makes a better and more pleasing food—

## Grape-Nuts

Canada's Whole Wheat and Barley food has been known to thousands as the choicest of all prepared cereals. With the incentive to save, new thousands are eating this delicious food.

Order a package from the Grocer today.

All Food Value—

Every Atom Works

Made by Canadian Postum Cereal Co., Ltd., Windsor, Ont.

## ROYAL YEAST CAKES

Some women hold to the idea that bread-making is a long and difficult operation, but this is a mistake, for with Royal Yeast Cakes, light, sweet bread can be made in a few hours with but little trouble.

FREE: Our new Royal Yeast Cake Book will be sent free upon request. It contains full instructions for making bread and rolls with Royal Yeast Cakes. Send name and address plainly written and this valuable little book will be mailed promptly.

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