The Kind You Have Always Bought, and which has been in use for over over 30 years, has borne the signature of and has been made under his per-Chart Helitstan. Allow no one to deceive you in this.

All Counterfeits, Imitations and "Just-as-good" are but

Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains register Only Marphine per other paregoric substance. neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep.

The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

In Use For Over 30 Years The Kind You Have Always Bought

THE CEN"AUR COMPANY, NEW YOR

CANADIAN ARTILLERY

Ottawa, Jan. 23.—The following com- STRIKE BREAKS OUT munication has been received from the Canadian war records office, London:

The past week has bee none of normal trench warfare. Normal trench warfare of today, however, is very different to the normal trench warfare of ported to be accompanied by violence a year ago. Everywhere the ascend- and incediarism, has broken out in ency of our troops over the enemy is Saragossa, says a Havas despatch tomost marked. The evidence of prison- day from that Spanish city. ers is the most eloquent testimony to which a year ago would have merited a street cars. detailed description as important operations, are today affairs of almost daily publication. At a meeting in Barce

This continued activity of our ar- ions resolved to join the strike." tillery and infantry has undoubtedly weakened the morale of the enemy, and is paving the way for victorious much fuss over another woman's baby

A great feature in the life of the men at the front is the training which who thinks he can tell a funny story. they carry out when in reserve. There is a vigor and purpose about this training which are quite remarkable.

Men who have faced the enemy in battle appear to realize what training the end of it.

will mean to them and by this training the purpose of which is constantly in the minds of all—the sure seeds of victory are being sown.

Paris, Jan. 23.—A general strike, re-

The police are in charge of the fac the ascendency of our patrols, while tories and workshops, adds the mesbombardments of the enemy's lines, sage, and the soldiers are running the

> The newspapers have suspended lona, representatives of 300 trade un

> The average woman can make a as though she really and truly meant it

It's impossible to suppress the man If some men had to work in order to earn a living they wouldn't live long. The journey of life is tiresome-a

man is out of breath when he reaches

Slants of Humor

INNOCENT BYSTANDERS.

Jp yonder is a bird Whose joyous song With confidence was stirred-

But not for long. His caroling is set To notes of pain Since racently he met

Down yonder is a fish That used to swim With light and careless swish

An Aeroplane.

A Submarine.

Through waters dim. But now he's swimming lame, No more serene Along, one day, there came

WHAT ONE WORD CAN DO

Each one of eighteen telephone operator took on the average 10 messages each for

A florest entered a regular etder on his

Two other florests sent salesmen to a ertain office.

One milliner, two dressmakers, one tail r and 14 dry goods emperiums entered up new accounts to be delivered "on or be

Eight motor cars were demonstrated. Four Silverswiths rejoiced.

A Jeweler's bookkeeper was kept half an hour later.

A railread, a Steamship line, a taxicab company, a caterer, a clergyman and real estate dealer charged up (certain profits on their books. And all because on a certain evening, between 9 and 19 O'clock, a rather pretty girl with no worldly experience, no business instincts nothing but a throbbing of the heart dropped her pretty head and said: 'Yes."-Life.

GOT HIM

Father!" said the youngest Scot. said his sire, if it's ony mair of yer stopic questions, wa' ye gang. I've telt ye a' ready that I dinna ken whether a ma wha does guid is a guid-dooer or a do guider, or whether the seat of war i what the standin' army sits doon on. t's a redecclous question of that kind awa' ye gang to bed

"But, paw, it's a serious questlon, "Well oot wi' it!"

I want to knaw, paw, what the Dead Sea died of?"

"Awa' to bed wi' ye!"

IT WORKED BOTH WAYS,

The wounded Highlauder seemed to make no headway towards recovery, He was forever talking about his "bonnie Scot land," and the idea occured to the doctor that a Scotch piper might arouse hi spirits. Accordingly, he found a piper and arranged that he should pour forth all the gems of scottish music the pipes were capable of interpreting. When the loctor called the next morning he eagerly sked the matron:

"Did the piper turn up "He did," replied the matron

'And huw's our Scotch patient ! 'Oh, he's fine I never saw such a chang

"That's grand. That was a fine id

nine," said the delighted doctor. 'Yes," replied the matron sadly, bu

the other 30 patients have all had Seriou Youth's Companion

GIRLS! GIRLS! TRY IT!

Hair Stops Falling Out and Gets Thick Wavy, Strong and Beautiful.

Your hair becomes light, wavy, fluffy abundant, and appears as soft, lustrous and beautiful as a young girl's' after a 'Danderine hair cleanse." Just try this-moisten a cloth with a little Dan derine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of

dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair. Besides beautifying the hair at once,

Danderine dissolves every particle of dandruff; cleanses, purifies and invig-orates the scalp, forever stopping itch-ing and falling hair.

But what will please you most will be after a few weeks' 'use when you will actually see new hair—fine and downy at first—yes—but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25-cent bottle of Knowlton"s Danderine from any druggist or toilet counter, and just ry it.

WORLDLY WISDOM.

they think it's all they need.

When it takes a young man fifteen minutes to assist a girl to put on her jacket, she is neither his sister by birth

stance of the masculine idea that woman you can dictate to makes th best sort of wife.



Icing Sugar

For frosting cakes, making bonbons and other confections without cooking. Ask for it by name at your grocers.

1-lb Cartons only

is packed at the factory in dust-tight cartons. Yours is the first hand to touch it.

> 2 and 5-lb Cartons 10 and 20-lb Bags

"The All-Purpose Sugar" Soud us a red ball trade-mark for a

Atlantic Sugar Refineries Ltd.
Power Bldg. Montreal

ICONS ARE RUSSIA'S DEVOTIONAL TABLETS

There is not a home in Russia that does not possess its icon, the devoti al tablet in the mystic power of wh every Russian believes. every Russian believes. These icons vary in size, quality, and decoration many of them being of great value and antiquity. There is an interesting collection of them at the Victoria and Albert Museum. The word "icon" is really the Latinized form of a Greek word antiquity in the state of the

manship and costly design. The raise halos of the portrait figures ar specially enriched with precious stone case of the portraits of th Virgin the robes are encrusted with seed pearls and the fingers and neck seed pearls and the sadorned with jewels.

Some icons take the shape of a square or oblong box, set in metal thickly enamelled and hinged, which reveal figures of religiou which admits of the li-through the carvine the effect

silver-gil

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ville. 218-21 Pickard, Mrs. Byron, Res.,

Gibson.

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Compared with some Closets, the SILWELCH is expensive; but it's only temporarily so. When you consider its quiet working features, the embarrassment saved your guests and yourselves, also that the SILWELCH is unequalled in design, finish and durability, giving a touch of refinement to your Bath Room, we think you will agree with us that the SILENT SILWELCH is the only closet for a modern home. We can quote prices that will please you.

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Its low gaselene consumption is wonderful. Its performance is superb. Its graceful lines and beutiful finish are pleasing to the eye.

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END OF SEASON CLEAR UP SALE at A. MURRAY & Co's.

ALL LEFT-OVERS AND BROKEN SIZES TO BE CLEARED OUT REGARDLESS OF COST

NEW DRESS GINGHAMS AND PRINTS in Checks and Stripes, good quality and neat patterns.

LADIES' AND CHILDREN'S WHITEWEAR at 10 per cent. discount.

ONLY A FEW LADIES' WINTER COATS LEFT TO BE CLEARED AT ALMOST HALF PRICE.

LADIES' WINTER SUITS, ONLY A FEW LEFT, TO BE CLEARED REGARDLESS OF COST.

SPECIAL LINE OF LADIES' BLOUSES, ONLY 98 cents each. THE BALANCE OF LADIES' SILK AND SERGE DRESSES selling at 10 per cent. discount.

BED COMFORTERS, a large range to choose from, ranging in price from \$1.50 up to \$7.50.

GREY FLANNELETTE SHEETS, size 54x74, 50 cents each, \$1.00 a pair.

LADIES' LONG TAN KID GLOVES, assorted sizes, reg. \$1.7' a pair, sale price 79c. a pair.

WOOL STORM VEILING, only 15c. per yard.

TWO TABLES OF REMNANTS consisting of DRESS GOODS, COTTON GOODS etc., at Cut Prices.

WHERE COURTESY AND QUALITY GO HAND-IN-HAND

I was thirsty, and ye gave me drink...... naked, and ye clothed me....." Then shall they answer him, saying-

on his right hand.....

"Lord, when saw we thee an hungered, and fed thee? or thirsty, and gave thee drink? or naked, and clothed thee?"

Then shall the King say unto them

"I was an hungered, and ye gave me meat;

And the King shall answer......

"Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me".

Overseas, in ravaged Belgium, more than 3,000,000 of "the least of these" are hungry, thirsty, thinly clad-looking to us? Have you done what you could for any of them?

Whatever you can give, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees or

SEND CHEQUES PAYABLE TO TREASURER

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