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## OF INTEREST TO WOMEN.

### SOME RECIPES.

#### Cup Cake and Pound Cake.

When a common cup cake recipe is doubled it is generally called a pound cake. Sometimes an extra egg is added and flour to match. One egg may be left out when the rest is doubled, and then we get what used to be called "one, two, three, four cake" which with a little extra flour constitutes a cookie recipe, which may be infinitely varied. It was one cup of butter, two cups of sugar, three eggs, four cups of flour for the cake, with the added amount for kneading in case of the cookies. For dropped cookies no addition is needed.

#### The Common Cup Cake.

The common cup cake recipe, which is subject to all these variations, generally reads thus: One half cup of butter, one-half cup of sugar, two eggs one cup of sweet milk, two cups of flour, two teaspoons of baking powder, one teaspoon of flavoring. Sometimes only a third of a cup of butter is required and 1 3/4 cups of flour, but

judgment must always be used in reference to the amount of flour. The recipe gives only the approximate amount.

The ingredients are put together in the order mentioned unless the yolks and whites are beaten separately, then the beaten yolks are added to the butter and sugar creamed together, then the milk and sifted dry ingredients are added a little at a time alternatively with the constant beating. Finally the whites are folded in and the flavoring added.

#### Dolly Varden Cake.

A cake exactly so made, except with soda and cream of tartar, is called a Dolly Varden cake in an old cook-book, and no end of names not mentioned above have been given it. If a chocolate cake is desired all that is necessary is to sift four tablespoons of cocoa with the flour, or half a cup of melted chocolate may be added to the creamed butter and sugar, or just before the egg whites. A cup of fresh blueberries makes of it one of the standard blueberry cakes.

## Sporting News

### CHAMPION ATHLETES COULD NOT PASS DOC.

Physical Defects Often Do Not  
Inconvenience Those Who  
Have Themselves—Not-  
able Instances

(Boston Globe.)

The experience of some of our champion athletes, who have been rejected as physically defective when applying for appointments to the officers' training camp at Plattsburg, reminds us that "King" Kelley was once rejected as a candidate for the Yale football eleven on the ground that he was crippled in one leg; and yet when Kelly went to Princeton he became one of the great stars of the game and played an active part in administering a crushing defeat to Yale in 1896.

Mel Sheppard, oo, was rejected as having a weak heart when he was examined on his application for a place on New York's police force, but in the same year of his rejection he won two wonderful races in the 1908 Olympics in London and later put upon the books a series of running records that still stand. In the athletic world he was known as the "Lion-hearted" Mel Sheppard.

### MITCHELL IS SHOWING GREAT LEADERSHIP

Cubs Big Surprise of the Big  
Leagues—Material Decid-  
edly Second Rate Early  
in Season.

When the Braves lost control of themselves in 1914 and bubbled from last place to the front, insiders gave Fred Mitchell more than a small share of credit.

When Mitchell took charge of the Cubs this last spring, the general dope was that he had tail-end material and faced a famine. He was given a ball club composed in the main of athletes cast adrift, and many of these were injured or dismantled or out of gear.

But in place of subsiding gently to the bottom, the astounded Cubs under Mitchell's guidance have been playing high-class ball most of the way. Merkle and Doyle both have shown that they are still a healthy distance from the end of the road, while Rollie Zeider has been playing the game of his hectic young life.

The answer is simple enough. Cub material isn't the best in the world, but Mitchell is the type of manager capable of lifting the best from each player's system.

And if his pitching staff holds up, the Cubs will be annoying factors most of the distance.

### HEAVY PURSES IN KENTUCKY

Ninety thousand dollars is the amount offered on the programme for the forty-fifth annual meeting of the Kentucky Trotting Horse Breeders' Association, at Lexington, in October. Of this amount \$50,000 will be awarded in the stake events, while the remaining \$40,000 will be given in the purse events. The principal stake events are: The Kentucky Futurity for three-year-old trotters, \$14,000; the Champion Futurity, four-year-old trotters, \$5,000; the Futurity, two-year old trotters, \$5,000; the Transylvania, 2.07 trotters, \$5,000.

### TORONTO CLUB CUTS ITS ROSTER

Toronto, May 19. — Thursday was the day upon which the teams of the International league had reduced to sixteen men to conform with the player limit. The release of Meyer, Allen and Williams brought the Toronto squad down to thirteen a few days ago.

Thursday Catcher Blackburn reported from the Chicago Nationals. Catcher Lalonge is also in camp. Lalonge led the catchers of the American association last season. Mulrennan and Andrews of the Providence Grays are also recent additions to the Leafs, and somebody had to go Thursday. Catcher Mike Hayden got his walking papers, with no strings attached, and he is now a free agent. He was offered to the Richmond club, but the Rebels could not use him.

### AMERICAN ASS'N IS NOT SHAKY

Louisville, May 19. — A message denying that affairs of the American Association are in bad condition, or that the situation has been affected by the war was sent by C. H. Wathen, president of the Louisville club, and vice president of the league, to Edward G. Barrow, president of the International league.

In his telegram to President Barrow Mr. Wathen said: "There has been no meeting of the American Association and Hickey only represents some individual interests. I feel certain if the International league wants to go through with the Inter-league series that a majority of the Association owners will do likewise. Our association is in good condition and has not been affected by the war, only by weather, which has now greatly improved."

### O'DOWD WINS AN EASY BOUT

New York, May 17.—Mike O'Dowd of St. Paul easily defeated Italian Joe Gans in 10 rounds of boxing at Clermont A. C. in Brooklyn. O'Dowd dropped Gans twice in the second round. In the other 10-round bout, Young Brown trounced Wee Wee Barton.

Since reading that heating takes the life out of rugs, Wilson Beach has been trying to persuade Arabella that humanity demands that he deal gently with all floor coverings.

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NEW SPORT SILK SWEATERS . . . . .from \$9.75 to \$17.00.  
NEW BLOUSES in Voiles, Crepe de Chene, Georgette Crepe and Ninon, . . . . .from 98c to \$10.25.  
New Styles in SPORT SKIRTS . . . . .from \$4.25 to \$11.00.  
CHILDRENS WASH DRESSES from 2 to 4 years, . . . . .Special at .50.  
SPECIAL PRICES ON LADIES' CLOTH SUITS.  
NEW FANCY VEILS in black with fancy borders in gold, purple and white. . . . .Prices 90c to \$1.75.  
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