THE LATEST WHOLE CREW METHOD

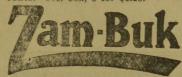
Zam-Buk contains herbal ingredients that literally grow new skin. How much safer, simpler and cheaper than the old method, which

Mrs. George Currie, of 194 Water-To Ave., Guelph, Ont., writes: "My baby austained a very severe burn, and although he received medical attention for eight weeks, he got very little better. Finally the doctor told me that skin would have to

Meantime I had heard of Zam-and decided to try it first. This socthing balm soon drew out the inflammation, and in a short time I could notice a great improve-ment. New skin began to form, and in three weeks' time the burn was quite healed over, without having

to resort to surgery."

Zam-Buk is equally good for cuts and bruises, as well as for eczema, old sores, blood-poisoning and piles. All dealers or Zam-Buk Co., To-



STRIKE BREAKERS

Montreal, Sept. 27.—Charged with a violation of the alien labor law, eight men and one woman appeared before Judge St. Cyr this morning in connection with the strike of the telegraphers of the Great Northwestern Telegraph Co. They were allowed out on \$100 bail. All claimed to be from the United States.

The woman detained is Miss A. J. Knuff and is believed to come from Chicago. The police are searching for three more men.

Black walnut furniture or furniture made of any dark, rich wood should be cleaned occasionally with a soft ra gdipped in paraffin oil, then polish ed with another soft rag.

BEEN LOST

An Atlantic Port, Sept. 27. - The Associated Press today carries the folboard the British steamship Wentworth were lost when that vessel was sunk by a German submarine was brought here by passengers on a British steamship which arrived here to-

"The Wentworth of 2,381 tons, was on a voyage from New York to Bor- pid liver; delayed, fermenting food they get into the driving set of a deux when, as reported last week, she in the bowels, or sour, gassy stomach. motor car. was destroyed on September 8, presumably off the French coast. The testines, instead of being cast out of who don't. British vessel which arrived here to-7 the system, is re-absorbed into the day was at the time eastbound in the blood. When this poison reaches the their ear "Take a chance!" and they vicinity of the Wentworth.

"Records at the British shipping commissioner's office here show that ing headache. there were 38 persons on board the Wentworth, including Captain A. Mac-Kenna, all British citizens. The vessel carried no passengers. She cleared on August 17th."

HYPHENS ARE

New York, Sept. 27.— About one to arrange a special race between Ko is registered at the Queen Hotel tothizers, arrested in New York city, in near by Long Island and New Jersey points last night by city detectives acting under the direction of the Department of Justice and officers of the Navy Department, spent the night in the drill hall and in cells at police

Toal, Jengola, Bronday.

Messrs. A. J. Webster and A. C. Hewitt, Montrel, are registered at the Queen Hotel today.

Messrs. F. A. Symons and C. J. Oakley, Toronto, are registered at the Queen Hotel today.

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Mr. D. S. Curtis, Brunswick, Me., is registered at the Royal day.

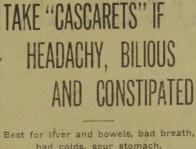
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Messrs. F. A. Symons and C. J. Oakley, Toronto, are registered at the Royal day. the drill hall and in cells at police headuarters. Some were arrested, it was said, the headquarters of the I. W. W., but the majority were taken from their homes.

Wood's Phosphodine, The Great English Remedy Tones and invigorates the whole price. New pamphiet mailed free. THE WOOD of EDICINE CO., TORONTO, ONT. (Formerly Windser.)



bad colds, sour stomach.

Sick headache, biliousness, coated tongue, head and nose clogged up

tion and that dull, throbbing, sicken- chance

Cascarets immediateyl cleanse the the constituated waste matter and to an asylum for life. poisons in the bowels.

A Cascaret tonight will surely straighten you out by morning, They work while you slep-a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months.

If some women were not suspicious of their husbands they wouldn't have nything to worry about

THE SPEED MANIAC

(Montreal Herald.)

Today a fine automobile lies on Sherbrooke street, Westmount, a pile of broken and twisted metal. The driver is in the hospital.

Yesterday at a coroner's inquest a passenger in a car, two of the occupants of which were killed, swore that before the crash came he noticed lowing: "A report that all persons on Eest for liver and bowels, bad breath, that the speedometer indicated fiftynine miles an hour!

Every day there are motor accidents in Montreal; every hour there are hairbreadth escapes.

Where is this thing going to stop? There are thousands of people who with a cold — always trace this to tor- know how to behave themselves when

Poisonous matter, clogged in the in- But there are evidently very many

delicate brain tissue it causes conges- forget everything else and take the

Does it pay?

Any man who drives a car at fiftystomach, remove the sour, undigested nine miles an hour, or anything apfood and foul gases, take the excess proaching fifty-nine miles an hour, bile from the liver and carry out all on a public highway, should be sent

He is a dangerous lunatic.

PERSONAL

Mr. J. H. Donley, Kitchener, Ont., is registered at the Barker House today. Messrs. L. W. Reade and J. S. Neill,

The way to see the virtues of trusts is to become a stockholder.

The Only Grand Prize

(Highest Award) given to Dictionaries at the Panama-Pacific Exposition

was granted to WEBSTER'S **NEW INTERNATIONAL**

Superiority of Educational Merit. This new creation answers with final authority all kinds of puzzling questions such as "How is Przemysl pronounced?" "Where is Flanders?" "What is a continuous voyage?" "What is a howitzer?" "What is white coal?" "How is sket pronounced?" and thousands of others More than 400,000 Vocabulary Terms. 30,000 Geographical Subjects. 12,000 Biographical Entries. Over 6000 Illustrations. 2700 Pages. The only dictionary with the divided page—a stroke of



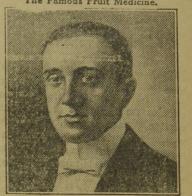
MERRIAM CO., Springfield, Mass.

WANTED AT ONCE

Teams for twitching logs at agreeably surprised at the great benefit

ST. JOHN RIVER LOG DRIVING CO.

Advises The Use Of "FRUIT-A-TIVES",
The Famous Fruit Medicine.

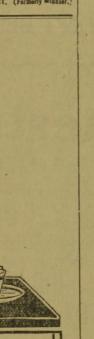


MR. ROSENBURG 589 Casgrain St., Montreal. April 20th, 1915.

"In my opinion, no other medicine in the world is so curative for Constipation and Indigestion as "Fruit-a-tives". I was a sufferer from these complaints for five years, and my sedentary occupa tion, Music, brought about a kind of Intestinal Paralysis - with nasty Headaches, belching gas, drowsiness after eating, and Pain in the Back. I tried pills and medicines of physicians, but nothing helped me. Then I was induced to try "Fruit-a-tives", and now for six months I have been entirely well.

I advise any one who suffers from that horrible trouble-Chronic Constipation with the resultant indigestion, to try "Fruit-a-tives", and you will be you will receive". A. ROSENBURG. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruita-tives Limited, Ottawa.

The hand of fate is always ready to grasp an opportunity,



War Time Economy

COCOA versus TEA AND COFFEE

HE war is being fought in the kitchens of Canada, just as truly as it is in the trenches of France.

The housewife that is genuinely anxious to help the cause of our Empire will use Cocoa on her table in preference to tea and coffee, which-delightful as you may find them as mild stimulants-have no real food value, and hinder the proper digestion of starchy foods, bread, cakes and potatoes.

Saving at Home Serves in the Trenches

There is more nourishment in a cup of cocoa than in a cup of chicken soup, bouillon or beef extract. You require less of other foods when you drink cocoa. You save money on your table expenditures.

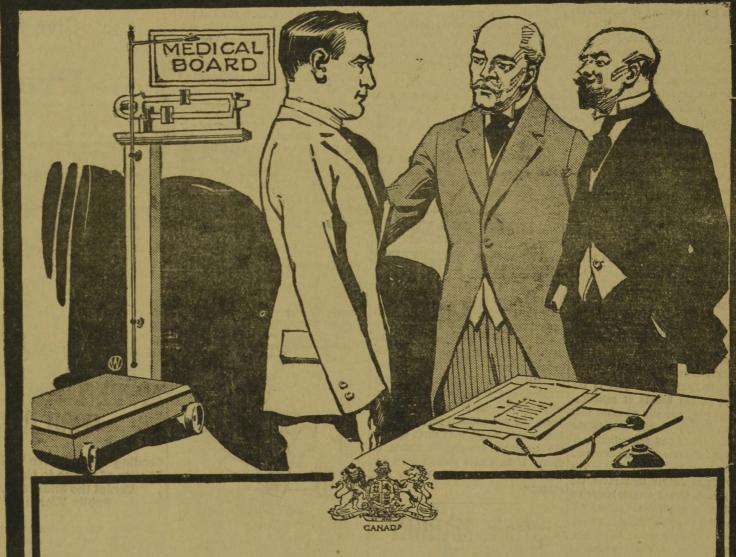
The money you save will enable you to purchase War Savings Certificates. For \$21.50

you can buy at your nearest bank or Post OfficeaCertificateworth, in three years, \$25.00.

Cowan's Perfection Brand Cocoa for the table, and Cowan's Maple Buds or Milk Chocolate Bars for most delightful confections will be found at the stores of all dealers throughout Canada.

Ask for Cowan's ACTIVE SERVICE Chocolate, just what our Soldiers in the trenches appreciate. Specially manufactured to meet their needs.

OWANS Perfection OCOA



These Men Will Help You Decide

Are you liable to be selected for service under the Military Service Act? The answer to this question is being made readily available for you. Remember that the first class to be called includes only men between the ages of 20 and 34, both inclusive, who are unmarried or widowers without children, those married after July 6, 1917, being deemed single for the purposes of the Act.

Medical Boards are now being established throughout Canada. These Boards will examine, free of charge and obligation, all men who wish to be examined as to their physical fitness for military service. They will tell you in a very short time whether your physical condition absolves you from the call or makes you liable for selection.

It is important that you obtain this information as soon as possible. A certificate of unfitness from a Medical Board will secure for you freedom from responsibility under the Military Service Act from any Exemption Tribunal. A certificate of fitness will not preclude an appeal for exemption on any ground.

In order that you may be able to plan your future with certainty, visit a Medical Board as soon as possible and find out if you are liable to be selected. Your family and your employer are interested as well as yourself.

> Issued by The Military Service Council.