

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher.

In Use For Over 30 Years
The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

TURNIPS AS WINTER FOOD.

Their Value Not to be Despised—How to Use Them.

Hashed Turnips.

Peel and slice turnips of a firm but not woody fiber and boil in an uncovered kettle until tender. Return to the stewpan, and for a pint and a half of turnips add a teaspoonful of salt, 1-4 of a teaspoon of pepper, a tablespoonful of butter, and 4 tablespoonfuls water. Cook over a very hot fire until the turnips have absorbed all the seasonings. Serve at once. Or the salt, pepper, butter, and a tablespoonful of flour may be added to the hashed turnips; then the stewpan may be placed over the hot fire and shaken frequently to toss up the turnips. When the turnips have been cooking 5 minutes in this manner add half a pint meat stock or of milk and cook 10 minutes.

Turnip Purée.

Turnip purée is not used as a soup, but as a garnish for boiled meats. Peel, slice and boil turnips. Drain and turn into a frying pan with a little sweet cream. Add ½ cupful bread crumbs, season with salt, pepper and butter, and heat thoroughly. Rub through a sieve, reheat, and serve with meat.

BROWNED TURNIPS.

Peel, slice and boil the turnips. Drain, and arrange the slices in a buttered baking dish. Sprinkle them with sugar and bits of butter, and brown in a hot oven or broil quickly under a gas flame. Use as a garnish for roast lamb, boiled mutton, or roast duck.

CABINET COUNCILS

How British Affairs of State Are Strictly Guarded

In England Cabinet Councils are conducted in the strict privacy, although very occasionally important officials and other outsiders have attended a meeting for the purpose of giving information or advice on specific matters; while the remarkable step was taken of inviting Sir Robert Borden, as Prime Minister of Canada, to attend one of the meetings while he was in England. Otherwise the most stringent measures are adopted to secure the inviolability of Cabinet proceedings. Trusted janitors keep watch outside to guard against the possibility of eavesdropping, while the very blotting pads are destroyed after each meeting lest they should betray anything that has taken place.

Touching this matter of Cabinet secrets, by the way, Mrs. Lloyd-George remarked in a public speech that she, at least, could not disclose any, since her husband never told them to her, but it is well known that other Cabinet Ministers have not always been equally discreet. In this connection it may be recalled that the famous Lady Holland once asked, at one of the Whig consultations at Holland House, why her husband should not be Foreign Secretary. "Why, ma'am," said Lord John Russell, bluntly, "they say you open all Holland's letters." Mr. Gladstone, on the other hand, was of opinion that a Minister need have no secrets from his wife, and how nobly Mrs. Gladstone justified his confidence is well known.

Another aid to the preservation of Cabinet secrets is the system of communication between the members which is adopted. This is effected by the circulation of special despatch boxes, and one of the most important possessions of each Minister is the "key" which unlocks all these boxes. In all memoirs of Ministers will be found constant reference to "sending round a box," groans at the arrival of "piles of boxes" from other departments, and so on. When a Minister wishes to circulate some memorandum among his colleagues for information or comment he does it in this way. Altogether the Cabinet is a very wonderful institution.

SUNDAY SERVICES

St. Paul's, Presbyterian.
Services at 11 a. m. and 7 p. m., Rev. L. H. MacLean, M. A., late minister of St. Andrew's Church Pictou, will be the preacher. Sunday school and Bible classes at 2.30 p. m. All are welcome.

Methodist Church.

Rev. T. Marshall, pastor. 10 a. m., prayer meeting; 11 a. m. and 7 p. m., services; 2.30 p. m., Sunday school. All seats free, all welcome.

Brunswick Street Baptist.

Services at 11 a. m. and 7 p. m.; preacher, Rev. D. W. Roberts. Communion at 12 m. Bible school, 2.30 p. m. All are cordially invited.

Reformed Baptist.

Rev. H. C. Archer, pastor. Preaching on Sunday at 11 a. m. and 7 p. m. Sabbath school at 2.30 p. m. Prayer meeting on Wednesday evening at 7.30 o'clock. All are welcome.

[The Daily Mail makes no charge for publishing church notices, but it requests that they be written out and sent to the office before 10 o'clock on Saturday.]

GREEKS WANT THE
BLOCKADE RAISED

London, Feb. 2.—A request has been made for the raising of the Greek blockade, on the ground that the demands of the Entente Allies, including in great measure the transfer of troops to the south, have been complied with. No reply has been sent, but some arrangement may be made to relieve the immediate necessities of the poorer classes without actually raising the blockade.

Had Awful Attacks
Of Heart Trouble

FOR 5 OR 6 YEARS.

Diseases and disorders of the heart CAN BE CURED BY USING the nervous system have become frightfully prevalent of late years.

One can scarcely pick up a paper but he will find recorded instances of sudden deaths through heart failure, or of prominent men and women unable to prosecute their ordinary business or profession on account of a breaking down of the nervous system.

We do not desire to unnecessarily alarm anyone, but to sound a word of warning.

When the heart begins to beat irregularly, palpitates and throbs, has shooting pains through it, it is time to stop and think.

To all sufferers from heart and nerve troubles Milburn's Heart and Nerve Pills can give prompt and permanent relief.

Mrs. Frank Arseneau, Newcastle, N. B., writes: "I had awful attacks of heart trouble for the past five or six years, and as I had tried many kinds of medicine without getting any better I decided to give Milburn's Heart and Nerve Pills a trial, and to my surprise I found ease from the second dose. I continued taking them until I had used six boxes, and now I feel as well as can be."

"At the present time my sister is using them for nervousness, and finds great comfort by their use."

Milburn's Heart and Nerve Pills are 50c., or three boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

An Assurance

"Don't you think a holiday is more cheerful when there is a large family gathered about the festive board?" "I do," answered the sardonic person. "A large family is a glad assurance that there is not going to be enough turkey left to supply the menu for the next few days."

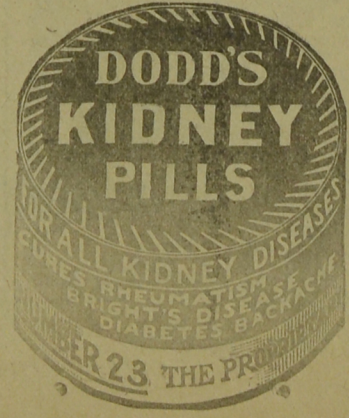
Indians say the best time to catch a deer is on Christmas night at twelve o'clock, when they believe the deer kneels.

In many countries where they go by the old calendar Christmas is celebrated January 6, the celebration beginning twelve days before.

A Wartime Problem

A baker informed the Rugby tribunal that he had advertised for women workers. The reply he had received was from a girl, aged sixteen, who confessed that she knew nothing of the business and asked for six dollars per week.

It is not uncommon to have a Rhode Island Red cock throw a white feather. It is no sign of impurity. These white feathers are apt to develop with age.

A New Blood-Food
Has Been Discovered
That Works Wonders

SAID TO PUT NEW LIFE INTO
PEOPLE THAT ARE RUN
DOWN.

For years doctors have been searching for a combination that would enable them to inject into thin blood the elements it lacked. This can now be done and any weak-blooded person can quickly be made strong and well.

Already a small army of ailing people has proved the merit of taking after each meal with a sip or two of water, two chocolate-coated Ferrozone Tablets. This is easily done, and even one week's use of this wonderful blood food will prove how nourishing and strengthening and flesh-building the treatment is.

Just think of it—Ferrozone uplifts the entire nervous system, removes the blood, makes it rich and red—gives the sort of aid that's needed in throwing off weakness and languor.

Tens of thousands enjoy the advantages of renewed health through Ferrozone. If you'll only use it, you'll surely grow strong too; its beneficial action is noticed even in a week. You see it goes right to work, removes the causes of the trouble and then quickly makes a cure.

For those who sleep poorly and have nervous apprehensions, Ferrozone is a boon; it is a specialist in such cases. Where there is paleness, poor appetite, and languor, Ferrozone makes the patient feel like new in a few days.

In tiredness, nerve exhaustion, in spring fever and debility, the power of Ferrozone is known from coast to coast and universally used with grand results.

Let Ferrozone build you up, let it win you back to robust health—it will do so quickly if you give it the chance. Sold by all dealers. 50c. per box or six boxes for \$2.50. Remember the name, Ferrozone.

FREE EVENING
CLASSES

The Board of School Trustees will open free evening classes in the York Street School building, BEGINNING TUESDAY, FEBRUARY SIXTH, in the following subjects:

1. COOKING AND SEWING. Teacher, Miss Gillis.
2. WOODWORKING and MECHANICAL DRAWING. Teacher, Mr. B. B. Barnes.
3. COMMERCIAL COURSE, including the keeping of accounts, the ordinary rules of arithmetic, and the writing of business letters. Teacher, Mr. Jas. A. Hughes.

The classes will meet on Tuesday and Friday evenings, and the courses will consist of twenty lessons.

Further information may be obtained from the undersigned, to whom all applications must be made. A deposit of two dollars will be required of each applicant, but the whole of this amount will be returned at the end of the course, if all the lessons have been attended.

C. A. SAMPSON,
Secretary of School Board.
Fredericton, Feb. 1, 1917.
2-1 51

NEW SUBSCRIBERS

- 21-41 Brown, Frank T., Res., 226 King Street.
2800-11 Harrison, Rev. W., Res. Marysville.
218-21 Pickard, Mrs. Byron, Res. Gibson.
234-41 Rainsford, T. W., Insurance Agent, 659 Queen St.

N. B. TELEPHONE CO., LTD.

A GIRL ALWAYS REFUSES A MAN WHEN SHE KNOWS HE WILL PROPOSE AGAIN. Perhaps that is the reason you have not consulted us about your PLUMBING and HEATING—you know we will come back with the same offer. But in the meantime you have lost a lot of satisfaction, and maybe you have done a heap of haggling.

THE SOONER WE TALK IT OVER THE BETTER it will be for us both. Our suggestions will prove useful and it will pay you to get our prices.

D. J. SHEA & SON

Carleton Street - Phone 563

THE CHALMERS MOTOR

IS A MASTERPIECE.

Its low gasoline consumption is wonderful. Its performance is superb. Its graceful lines and beautiful finish are pleasing to the eye. Let your next car be a CHALMERS.

Wm. C. BURTT, Fredericton N.B.
625 QUEEN STREET

We Sell the Famous

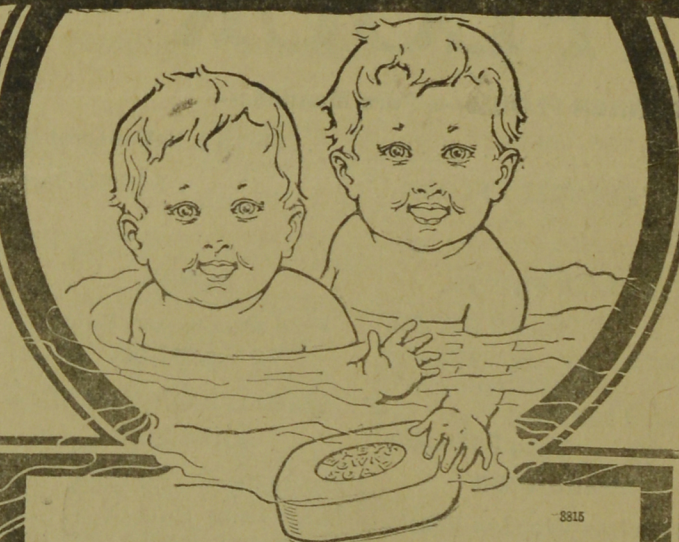
Sherlock-Manning Player Piano

All the Latest Sheet Music on hand

E. O. MacDonald

Music Store 560 Queen Street

Baby's Own Soap



Baby's Skin Tests

Baby's Own Soap. Its creamy softening lather must cleanse his tender skin without injury—and it does. Four generations of Canadian mothers endorse Baby's Own Soap which comforts and whitens the most delicate skin.

IT'S BEST FOR BABY AND BEST FOR YOU

ALBERT SOAPS, LIMITED, MFGS., MONTREAL

DISSOLUTION SALE OF
DRY GOODS AND READY-TO-WEAR GARMENTS

GREATEST SALE OF THE SEASON NOW IN FULL SWING UNDER THE DIRECTION OF THE NEW FIRM.

WM. R. FRASER & CO.,
430 Queen St.
Successor to A. MURRAY & CO.

- BED COMFORTERS, size 72x82, regular \$3.50 for \$2.69
BED COMFORTERS, reg. \$3.00 Sale Price \$2.39
CORSET COVER EMBROIDERIES, reg. 25c. Sale Price 19c.
BLEACHED HUCKABUCK TOWELS, 15c. each, 2 for 25c.
EIDERDOWN, Good Heavy Quality, reg. \$1.50 Sale Price \$1.00
WOOL VEILINGS, reg. 25c. Sale Price 15c., 2 yards for 25c.
ANDERSON'S GINGHAMS, worth up to 20c. Sale Price 15c. per yard
LADIES' LONG KID GLOVES, Reg. \$1.75 Sale Price 79c. a Pair
LADIES' LINEN COLLARS, worth up to 25c. each Sale Price 10c. each, 3 for 25c.
BATH SETS, regular \$6.50 Sale Price \$4.25
PIANO DRAPERIES, regular \$1.90 Sale Price \$1.35
SPECIAL 10 per cent. DISCOUNT ON ALL GOODS NOT ADVERTISED, including Dress Goods, Silks, Table Linens, Embroideries, Sheetings, Gloves, Ready-made Sheets, Corsets, Towels, Towelling, Umbrellas, and Waterproofs, Winter Coats, Suits and Dresses, Ladies' Blouses, Skirts, Kimonos, Underskirts, Sweaters and Whitewear, Ladies' Silk and Serge Dresses, Wool Blankets, Comforters, Down Puffs and Flannelette Blankets, Ladies' Raincoats and House Dresses, Pillow Cotton, Table Cloths and Napkins.

Wm. R. FRASER & CO.
SUCCESSOR TO A. MURRAY & CO. 430 Queen Street
Telephone 423 Post Office Box 817.

FOR
HEADACHES, BILIOUSNESS
CONSTIPATION,
INDIGESTION

Nearly all our minor ailments, and many of the serious ones, too, are traceable to some disorder of the stomach, liver, and bowels. If you wish to avoid the miseries of indigestion, acidity, heartburn, flatulence, headaches, constipation, and a host of other distressing ailments, you must see to it that your stomach, liver and bowels are equal to the work they have to do.

It is a simple matter to take 30 drops of Mother Seigel's Syrup daily, after meals, yet thousands of former sufferers have banished indigestion, biliousness, constipation, and all their distressing consequences in just this simple way. Profit by their experience. As a digestive tonic and stomachic remedy, Mother Seigel's Syrup is unsurpassed.

**MOTHER
SEIGEL'S
SYRUP.**

THE NEW 100 SIZE CONTAINS 3 TIMES AS MUCH AS THE TRIAL SIZE SOLD AT 50 CENTS PER BOTTLE.