

DYSPEPSIA

MOST DIFFICULT TO CURE
BUT B. B. B. DOES IT.

Dyspepsia is one of the most difficult diseases of the stomach there is to cure.

You eat too much; drink too much; make the stomach work overtime. You make it perform more than it should be called on to do. The natural result is that it is going to rebel against the amount of work put on it. It is only a matter of time before dyspepsia follows.

That forty-year-old remedy, Burdock Blood Bitters, will cure the dyspepsia, and will cure it to stay cured, as we can prove by the thousands of testimonials we receive from time to time.

Mr. Neil A. Cameron, Kiltarlilly, N. S., writes: "I am writing you a few lines to tell you what your great medicine, Burdock Blood Bitters, has done for me. I was troubled very much with dyspepsia for the past two years. I was recommended all kinds of medicines, but they did not help me any. At last a friend advised me to try a bottle of B.B.B. I took four bottles and was totally cured. I will gladly recommend it to all sufferers."

B.B.B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

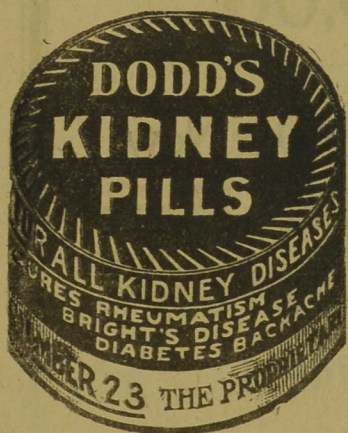
DOBRUDJA NOW
IN TEUTONIC HANDS

London, Jan. 5.—The Roumanian commercial town of Braila is reported captured by the Germans and Bulgarians. The enemy claims 1,400 prisoners in the vicinity of the town. The Germans also state that they have made considerable progress in Transylvania in the region of Zereth.

Two villages were stormed near Rinnik Sarat.

The province of Dobrudja is now entirely in the hands of the Teutons.

After ferocious fighting east of Braila, in which the enemy suffered great losses, the Russians admit that toward evening they were compelled to commence a withdrawal to the other bank of the Danube. On all other fronts in this theatre the enemy was repulsed.



Aged Speakers

Although the Speaker's office is an exhausting one, all its holders of recent years have lived to a hale old age. Lord Selby, Lord Ossington, and Lord Hampden were well over seventy when they died, and Lord Peel lived to eighty-three. Lord Eversley, who filled the chair for thirteen years, attained the age of ninety-four, and was so keen on outdoor pursuits to the last that he bought a new pair of guns when he was ninety-two. Speaker Shaw-Lefevre found his experience as a shot useful in the House. Someone asked him once how he contrived to single out his man when twenty members sprang to their feet at once. "Well," he replied, "I have not been shooting rabbits all my life for nothing, and I have learned to mark the right one."

Breeding for Quantity

To have a 200-egg strain it would be necessary to make that mark the average. That would mean not a few hens in the flock to lay from 200 to 250 eggs per year. Such hens, for breeding purposes, would be physical wrecks.

Instead of
Worrying

about the high cost of living, just buy a package of

Grape-Nuts

—still sold at the same fair price.

Enjoy a morning dish of this delicious food, and smile over the fact that you've had a good breakfast and

Saved Money

Isn't that a fair start for any day?

CANADIANS MENTIONED
IN DISPATCHES

Lieut. Col. D. I. V. Eaton, Lieut. Col. W. H. Harrison and Major Fred Gilman in the List

The following officers well known in Fredericton, are among a large number of Canadians mentioned in despatches by Sir Douglas Haig in connection with operations on the western front:

Major F. R. Gilman, Royal Canadian Dragoons; Lieut. Col. H. E. Thacker, local forces; Lieut. Col. D. I. Eaton, Royal Horse Artillery; Lieut. Col. W. H. Harrison, Ammunition Column; Major T. E. Powers, Signalling Corps.

Lieut. Col. Eaton was formerly with the R. C. R. here and is a brother-in-law of Mr. R. Fitz Randolph.

Lieut. Col. Harrison and Major Powers belong to St. John and are graduates of the U. N. B.

Major Gilman is a son of the late Mr. John C. Gilman, of Kingsclear, and a brother of Mr. W. B. Gilman of that place. Prior to the outbreak of the war he served two years with a cavalry corps in India.

WAR COUNCIL
BEING HELD IN ROME

Rome, via Paris, Jan. 6.—At the war council of representatives of the Entente powers in Rome, there was neither fetes nor banquets.

Premier Boselli will give a luncheon tomorrow to the visiting statesmen. The menu will be drawn up in conformity with the food restrictions now applicable to hotels and restaurants.

MANY DEATHS CAUSED
BY AVALANCHES

Geneva, via Paris, Jan. 6.—Sixty persons were killed or injured by avalanches in the Tyrol during December, according to Innsbruck newspapers.

The snowfall is said to have been the heaviest in many years. On the Brenner Pass yesterday an avalanche killed ten and injured eighteen workmen who were engaged in clearing a road.

FOOD CONDITIONS IN GREECE.

On Daily Rations Again and a Food Dictator to be Appointed.

London Jan. 6.—The Greek Council of ministers has approved the restoration of the daily rations and the appointment of a food dictator, says an Exchange Telegraph Company despatch from Athens today. Arrests of persons accused of sedition, which had ceased for several days, have been begun again, the despatch adds.

NORWAY AND COAL EMBARGO

Situation is Much Improved and Differences Will Soon be Settled.

London, Jan. 6.—Great Britain has received Norway's reply in regard to the coal embargo, and the situation is much improved, according to a Copenhagen despatch to the Exchange Telegraph Co., quoting the Christiania Tidens Tegu.

The consensus of opinion in the Norwegian press is that the differences between the two countries will soon be settled.

AUSTRIAN PREMIER'S SLAYER.

Dr. Adler's Attempt at Suicide May Delay His Trial.

London, Jan. 6.—Dr. Friedrich Adler, who assassinated Premier Stuergh of Austria, has attempted to hang himself in his cell, according to a Reuter despatch from Amsterdam quoting the Kreuz Zeitung of Vienna.

Dr. Adler was cut down in time to save his life, but the incident may possibly delay the trial.

WORLDLY WISDOM.

The average man has to sprint occasionally in order to keep up with his running expenses.

Some men are born artistic liars; some acquire the art of lying; but most of them merely get married and have it gradually thrust upon them.

A young man may accumulate a lot of photos and letters for the purpose of making a bonfire the night before his wedding.

Unless a man bawls like a baby at the funeral of his wife, the women present think he enjoys it.

A man who lives up to his ideals is apt to stay poor.

Ever notice that some of the compliments handed to you leave a bitter taste?

LIFTED HEAVY LOG

Strained His Kidneys,
Got Pains in Back

Men in all walks of life where it is necessary to stoop, bend and lift heavy objects, put a great deal of strain on the kidneys, and this continual wear and tear sooner or later will cause the kidneys to become affected in some way. The most common of these troubles is backache, and the only way to cure the lame and aching back is to strengthen the kidneys.

This Doan's Kidney Pills will do for you. They know nothing but kidney disorders, because they are made for the kidneys only.

Mr. Owen Hewey, West Clifford, N. S., writes: "I was working in the woods and lifted a heavy log. I must have strained my kidneys as I got kidney trouble and pains in my back. I could not do any work for five months. A friend advised me to try a box of Doan's Kidney Pills, and after having used them I felt as if I were only eighteen years old. I can now work as well as ever I did, and have had no pains since."

Doan's Kidney Pills are put up in an oblong grey box with the trade mark of a "Maple Leaf." Do not accept any other.

Price 50c. or 3 boxes for \$1.25 at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

Specify "Doan's" when ordering direct.

BURMA GRASS FOR PAPER

Maing Grass May Form a Good Paper Material

The possibilities of utilizing the maing grass of Burma for paper making have for some years past been investigated by interested persons, in consultation with paper manufacturers in England, and it is now announced that the conversion of this grass into pulp and subsequently into paper can be accomplished in a simple and economical manner.

The yield of unbleached pulp is 39 per cent., calculated on the air-dry grass. This does not compare badly with esparto grass, from which about 43 per cent. of unbleached pulp is obtained. Maing grass grows in great profusion in all parts of Burma, frequently reaching a height of ten feet. As a paper making material it may be classed with esparto grass, and is much cheaper, though the quality of the pulp is not quite so good as that obtained with esparto. Esparto grass is to a large extent cultivated, whereas maing grass grows wild and is sometimes rank and coarse. By systematic cutting, however, over properly preserved areas, a finer grass of uniform quality can be obtained in a very short time.

Fixing the Valve Stem

A bent valve stem on an automobile engine invariably will cause trouble by sticking open and thus causing misfiring of the cylinder in which it is operating. In testing for a bent stem, which hardly is noticeable to the eye, place the valve in its guide and with the forefinger gently lift the stem. It should move freely and drop back to normal position of its own weight. If it does not, clean the stem and guide and try again. If the stem and guide are clean the former may be bent.

Don't fill an oil or gasoline stove after dark, nor do so while the stove is lighted, as the flame might set fire to the vapour in the air, causing an explosion.

A new silencer for motorboat engines works on the principle of taking the pressure out of the exhaust gases by cooling them with a water jacket.

Flexibility of the frame which permits it to be turned back if blown inside out features a new umbrella which its inventor claims is storm-proof.

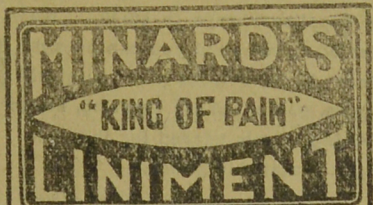
Paris may be supplied with power by a hydroelectric plant on the River Rhone, 250 miles distant, the current being transmitted at 120,000 volts.

The empty silo may need some attention. If it is a wooden one a coat of paint might not come amiss.

Some men are born small, some shrink, and some others never find out how small they really are.

A fashion writer has discovered that even in the Stone Age women demanded furs. They needed them.

It isn't the bitter things a husband and wife say to one another that make married life so dreary; it's those long and terrible evenings of total silence when neither of them can think of anything to say.



I was cured of terrible lumbago by

Minard's Liniment
—Rev. Wm. Brown.

I was cured of a bad case of earache by

Minard's Liniment
—Mr. S. Kaulbach.

I was cured of sensitive lungs by

Minard's Liniment
—Mrs. S. Masters

Manufactured by the
Minard's Liniment
Yarmouth, N.S.

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Educate
themselves
into Becoming
Shrewd Buyers**

The Daily Mail
is a First Class
ADVERTISING MEDIUM

PALMER'S
'MOOSEHEAD BRAND'

**Oil Tanned Shoe Packs, Summer Packs, Moccasins, Sport-
ing and Trench Boots**

Acknowledged by all to be the leading goods of their kind.

The manufacture of Oil Tanned Waterproof Shoe Packs, Moccasins, Sporting and Trench Boots is our one and only line of business. This specialization is the surest guarantee of quality. We must stand or fall accordingly as our product maintains its reputation and popularity. Unsolicited testimonials and repeat orders from officers and men at the front substantiate what we claim—unsurpassable excellence for real service. Insist on goods of our manufacture.

John Palmer Co., Ltd.
FREDERICTON, N. B.

Makers of "Moose Head",
"Palmer", "Mohawk" Brands

**Oil Tanned
Waterproof
Footwear**

Sold by the
Leading
Dealers
Everywhere