

YANKEE VACATIONISTS ARE HAVING TROUBLE THESE DAYS

Man Who Made a Little Trip From Boston to St. John Relates His Experiences ---Had to Answer Many Questions from Officials---Birth Certificates Wanted.

(Boston Record.)

Vacationers, attention! Every person planning a vacation trip, if it take him across the border of this country, will do well to read the following and profit by the experience of the writer, who recently returned from a little jaunt to St. John. Vacationing this year seems to be fraught with difficulties and bound with so much red tape that it takes up most of the two weeks to untie it and get at the joy inside.

To begin with, no man between the ages of 21 and 31 can leave the country without permission.

The old time business of packing the grip and the camera and jumping the Prince Arthur for the provinces is all over. A man going to Nova Scotia in these days must prepare for it some two weeks in advance.

Any young man desiring to leave the country must first direct a letter to the Provost Marshal at Washington and ask permission to leave. In this letter he must state his reasons for

going out of the country, specify just where he is going and how long he expects to stay, not forgetting to mention which day and boat he intends to take. If he is lucky he may get his passport. If he does get it he may avoid the experience of the writer.

The scribe, forgetful of editions and looking forward only to sea air and quiet, walked into a steamship office and bought a ticket for St. John. The last thought in his mind was that any trouble might result from this little expedition, and as he walked gaily on board the steamer he was considerably cheered by the first experience with immigration men.

Questions are Fired.

"Have you got your registration card?" asked a brass-bound official.

"Thank you for the compliment," said the writer, "but I'm 40 years old" and with this flattering prelude he got on board and prepared for a full two weeks' chorus of joy.

How was he to know that down in St. John, on the end of the tall pier,

HEALTHIEST ONE IN THE FAMILY

No Sign Of Dropsy And Kidney Trouble Since Taking "FRUIT-A-LIVES"



HATTIE WARREN
Port Robinson, Ont., July 8th, 1915.

"We have used 'Fruit-a-lives' in our house for over three years and have always found them a good medicine. Our little girl, Hattie, was troubled with Kidney Disease. The Doctor said she was threatened with Dropsy. Her limbs and body were all swollen and we began to think she could not live. Finally, we decided to try 'Fruit-a-lives'. She began to show improvement after we had given her a few tablets. In a short time, the swelling had all gone down and her flesh began to look more natural. Now she is the healthiest one in the family and has no signs of the old ailment. We can not say too much for 'Fruit-a-lives' and would never be without them."

WILLIAM WARREN.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-lives Limited, Ottawa.

was a lynx-eyed Canadian officer examining birth certificates of returning vacationers? The steamship people were strangely reticent on this point.

***** (indicating passage of time).

He was, as previously stated, a lynx-eyed immigration official with a keenness too great for one of his years.

He accosted the writer at the gate of the pier. The Calvin Austin was just then loading the last pieces of freight and there wasn't another boat for two days.

"Where are you going?" asked he. "Have you got your registration card?"

"But I'm forty," answered the proud possessor of a cake with 40 candles.

"Yes," said he, "but the age down here is 45. No male can leave Canada who is between the ages of 18 and 45."

"True," replied the victim, "but I'm an American citizen."

"Oh, any old German can say that," he came back. "Can you prove it?"

—And There You Are.

And there, in a manner of speaking, I was.

"Of course you've got your birth certificate," said he.

"I have not. Nobody said anything to me about birth certificates, I was told when I came down here that I did not need anything—even a passport."

"Well," he said doubtfully, "you wait until the chief inspector comes. He may let you by. But I think myself that you'll be in the army before you are through. Anyway, you'll pay an \$8 head tax."

"But I'm an American."

"All right, prove it."

When the chief arrived he turned out to be an Irishman, and he had a sense of humor lacking in his Scotch confrere.

"Of course," said he, "you ought to have your birth certificate. I guess we'll have to hold you until you can send up to the States for it."

Just then the first whistle blew. The Calvin Austin was going to leave in ten minutes. All about the little park above the wharf were wounded soldiers in the Canadian uniform, invalided from the trenches. The dingy Custom House where the detention rooms are, loomed darkly and home-sickly through the fog. It was a dismal outlook. Then came an American immigration official.

And by the grace of God, the possession of a Massachusetts automobile license, a press badge and a pass to the Charlestown Navy Yard, together with the sworn statement of officers on the steamer that I had come down on her last trip, I finally caught the boat as the gang plank was coming ashore.

Nor would anyone who has seen the fishy and smelly sardine canneries of Eastport believe how glad the writer was to see them.

This, then, is the moral to be gained from this true story. Before you go to Canada, just call up the Canadian immigration office, Fort Hill 5335, and find out just what you have to do.

Or, as the writer did, try it on your own. You might land in the States under the English flag.

WHEN YOUR COLOR FADES

When a girl—or a woman—finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after slight exertion, or under the least excitement, it means that she is suffering from anaemia—thin, watery blood. Headache and backache frequently accompany this condition, and nervousness is often present.

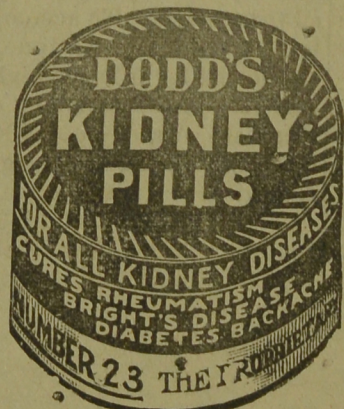
The remedy for this condition is to build up the blood, and for this purpose there is no medicine can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy. The only other treatment needed is plenty of sunlight, moderate exercise and good, plain food. The girl or woman who gives this treatment a fair trial will soon find herself enjoying perfect health.

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

TAIT, EDMONTON BOXER, GETS K.O.

Moose Jaw, Sask., July 19—Clonnie Tait, of Edmonton, Alberta, lightweight champion of Canada, knocked out Johnny O'Leary of Vancouver, B. C., in the fifth round of a ten round match here today. It was the second time within a week that Tait had disposed of O'Leary by a knockout.

Georgia is to have a new county which most likely will be named in honor of President Woodrow Wilson.



For
Scrubbing

Tiling
Linoleum
Oilcloth
Wood

Old Dutch
Makes Me Hum

MERCHANTS WILL CUT DELIVERIES

Washington, D. C., July 20.—Leading retail merchants of the country to the number of more than 100 held a conference here on Wednesday and decided to adopt the recommendations of the Commercial Economy Board of the Council of National Defense for eliminating unnecessary deliveries. They voted also to do away with the privilege of returning goods, as advised by the board.

The meeting was called by the National Dry Goods Association, but dealers in many lines other than dry goods were present. Retail merchants, it was brought out, expect the military draft to make heavy drains on their packing and delivery departments. Whenever members of these staffs are drafted, it was said, merchants as a patriotic action will not hire men from other industries to fill their places, but will continue to operate with reduced staffs.

Merchants in many towns already are following the recommendations of the economy board. In some cities deliveries have been cut from five a day to two and will be further reduced if necessary. The privilege of returning goods is said to have grown to such proportions in some cities that one-fifth of the goods sold are returned.

TO CUT THE COST OF GLYCERINE

Washington, D. C., July 20.—Discovery in the internal revenue division laboratory of a process for manufacturing glycerine from sugar was announced by the treasury department. Under the secret process evolved the cost of this substance, a heavy factor in the manufacture of explosives, will be reduced to slightly more than one-fourth of its present cost.

Made from Fats.

Glycerine is at present manufactured almost entirely from fats, at a cost of 90 cents a pound, which is six times its cost of production before the war. Extraction of the product from sugar will insure production, officials estimate, at 25 cents a pound or less. The immense importance of the discovery in conserving the fat supply of the nation is pointed out by officials who declare that Germany's fat shortage is largely due to the use of fats for production of explosives.

Stopped Making Soap.

Germany long since has been forced to discontinue the manufacture of soap in order to conserve the fats for munition making.

The discovery is the first to be announced by chemists working in co-operation with the council of national defense.

"SALADA"

Tea is Clean and Free from Dust.

Sealed Packets Only. Refuse Substitutes.

— Black, Green or Mixed —

*The Kitchen
Must Help
as well as the
Workshop and
the Trenches*
Lloyd George

Read the booklet which the National Service Board of Canada has prepared to guide you in household economy during war time. It may astonish you to learn that a cup of cocoa, with sugar and milk, contains more nourishment than a cup of beef extract, chicken soup or bouillon. Cowan's Perfection Brand Cocoa should certainly take the place at your table of tea and coffee, which are stimulants, not foods.

COWAN'S COCOA

"Perfection Brand"

MADE IN CANADA

At meals drink Cowan's Cocoa; as a confection choose Cowan's Maple Buds or Queen's Dessert. In this way you will need less of other foods, thus conserving the food resources of the country and at the same time saving money.

Patriotism will prompt the invest-

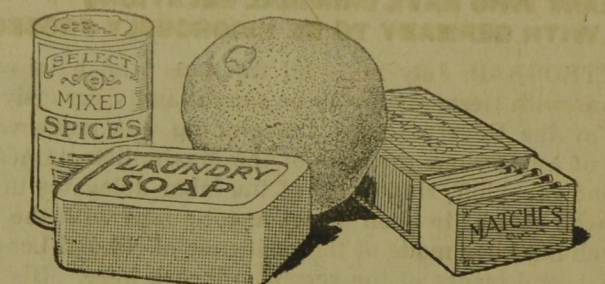
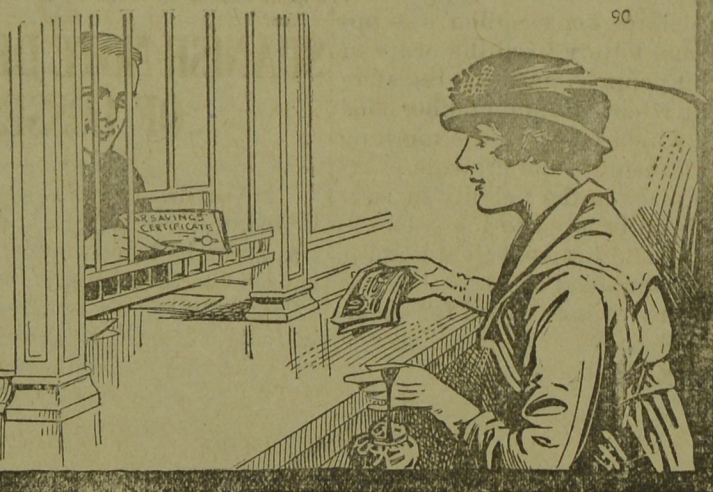
ing of money saved from household expenses in War Savings Certificates, the Government offering \$25 certificates, maturing in 3 years, for \$21.50, every dollar going to win the war.

Study the Government booklet, "Economy in Diet" and make Cowan's fit into your daily menu.

Ask for Cowan's ACTIVE SERVICE Chocolate; just what our soldiers in the trenches appreciate. Specially manufactured to meet their needs.

Buy War Savings
Certificates

\$25.00 FOR \$21.50
BUY
WAR SAVINGS CERTIFICATES



Enemies of Tea

If tea is left open near oranges, soap, spices, matches, etc., the tea will take on the flavor of any of these articles.

In fact, tea absorbs odors as readily as does butter. This is because it becomes so dry and brittle in passing through the firing or drying oven that it becomes very sensitive to the moisture and odors in the air.

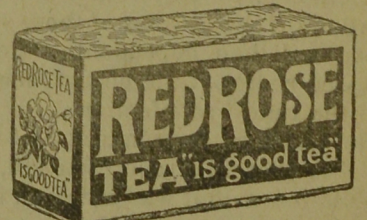
When loose in the chest or bin or bag it quickly loses flavor and strength. Tastes flat, weak, old; dear at any price.

This is why Red Rose is never sold in bulk—but always in sealed packages. The armour that keeps our dust and odors and keeps in the flavor and strength.

The price printed on the package protects you against overcharge. It is the lowest price for which a tea of Red Rose quality can be sold—a price which allows the grocer only a fair profit.

You will enjoy the distinctive flavor and rich strength of Red Rose Tea. Try a package.

Sold Only
in Sealed
Packages



T. H. ESTABROOKS CO., Limited,
St. John Toronto Winnipeg Calgary

Red Rose crushed coffee is as generously good as Red Rose Tea and just as easy to make.