

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of *Dr. H. Fletcher* and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Dr. H. Fletcher

In Use For Over 30 Years

The Kind You Have Always Bought

THE CENTAUR COMPANY, NEW YORK CITY.

OF INTEREST TO WOMEN

QUINCES.

Quince Honey.

Pare quinces and drop in cold water. Put the skins in a saucepan, cover with boiling water and cook rapidly for thirty minutes. Drain, grate the quinces and add to the liquid. Weigh the juice and pulp and allow an equal quantity of sugar. Boil mixture rapidly for twenty minutes and turn into glasses. Seal with paraffin when cool.

Quince Jelly.

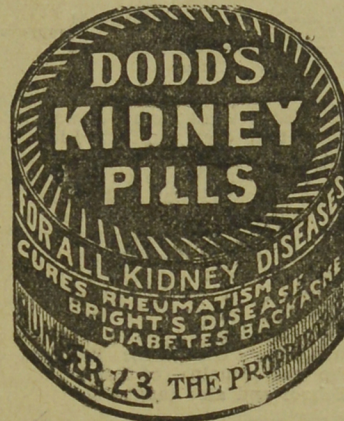
Wipe quinces, remove the blossom and stem ends and cut in quarters. Core, but do not pare. The skin improves the color and flavor, but there is a gummy substance in the cores which is objectionable unless removed. Put the quinces in a porcelain lined

USEFUL HOUSEHOLD INFORMATION.

A table of information which the housewife needs to be constantly reminded of is as follows:

4 quarts make a gallon.
8 quarts make a peck.
4 saltspoonfuls of liquid make one teaspoonful.
4 teaspoonfuls of liquid make one tablespoonful.
4 tablespoonfuls of liquid make a quarter of a cup.
3 teaspoonfuls of dry material make a tablespoonful.
16 level teaspoonfuls of dry material make a cupful.
8 heaping tablespoonfuls of dry material make a cupful.
2 cups or 4 gills make a pint.
4 cups of liquid make a pound.
4 cups of flour make a pound or quart.
2 cups of solid butter make a pound.
Butter the size of an egg equals 2 ounces or a quarter cupful. One heaping tablespoonful the same.
2 cups of granulated sugar make a lb.
Two and a half cups of powdered sugar make a pound.
Three cups of meal make a pound.
1 pint of milk or water equals a pound.
16 ounces make a pound.

preserving kettle, adding barely enough water to cover. Cover the kettle and cook slowly until the quinces are soft. Mash and drain through a sieve. Then allow to drip through a jelly bag. Measure the juice and put an equal amount of sugar in flat granite pans in the oven to heat. Leave the oven door open and stir occasionally. Boil the juice twenty minutes and add the heated sugar and boil another five minutes. Skim and put in glasses. Half strained honey and half sugar may be used instead of all sugar. The honey gives a delightful flavor. If jelly does not seem firm enough, set in the sun for twenty-four hours, covering the glasses with panes of glass or glass lids from fruit jars. When jelly is cold, cut circular pieces of letter paper to fit inside the top of the glasses, dip one side in brandy and cover the jelly, brandy side down. Melted paraffin



ADVERTISE ON THIS PAGE OF THE MAIL

Each day we meet with conclusive evidence that our advertising pages are as faithfully scanned by our readers as the news columns. Necessity has compelled the people to seek all the information possible before buying.

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Twenty Years' London, England
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2 p.m. to 5 p.m.
Phone—338-11

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Graduate of R. C. D. S., Ont.
OFFICE: Inches Building, Queen St.,
Lately Occupied by Capt.
F. W. Barbour.
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SUCCESSOR TO THE LATEJohn G. Adams
UNDERTAKER

610 Queen Street.

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shipped on all trains or boats
at short notice.

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Need Pressing and
Repairing

SEND THEM TO

H. L. ROGERS

And Have Them Done in First Class
Style—"The Old Made New."
83 REGENT STREET.

WANTED

WANTED—Peel Spruce and Balsam Pulpwood. Correspondence invited. Address Fraser Limited, Edmundston, N. B.

WANTED AT ONCE—Chamber girls. Apply at Barker House, Fredericton, N. B.

OLD FALSE TEETH, don't matter if broken. I pay \$2 to \$15 per set. Send by parcel post and receive check by return mail. E. Terl, 403 N. Wolfe St., Baltimore, Md.

WANTED TO RENT—A flat or a few rooms in central part of city. Address care of Mail office.

WANTED — A capable girl for general housework. Apply to Mrs. W. D. Wilson, 718 George street.

WANTED — Girl for general housework. Good wages. Apply to Mrs. W. H. Irvine, 86 Carleton street.

WANTED — Nurses, trained and untrained, male and female, to care for possible smallpox cases in various health districts. Volunteers communicate immediately with Roy H. McGrath, Secretary Provincial Board of Health, Fredericton. Phone 28, Post Office Box 638. 2ins

AGENTS WANTED

THRILLING STORIES OF THE GREAT WAR. Profusely illustrated. Remarkably easy seller. Every mother wants it as well as every red-blooded Canadian. Low price. Big profit. Freight paid. Credit given. Sample free. Winston Co., Toronto. 6ins

AMAZING SELLER — Tablets that wash clothes spotlessly clean without rubbing. Promise to solicit orders with ten cents will bring samples for four washings. Make dollar an hour. Bradley's Co., Brantford, Ont. eod

FOR SALE

FOR SALE — Dry split 16 inch hard wood. Also two foot hard wood. T. Fulton, 618 Brunswick street. Phone 308-32.

FOR SALE — A three year old colt, sound and kind. Apply to Mrs. E. W. Darcus, Fern Hill.

FOR SALE — A cow, 3 years old, new milch June 1st. Apply by letter to A. O., care of Mail office.

FOR SALE — Rhode Island Red single and rose comb cockerels, good laying strain. Apply to Charles R. Allen, 164 Charlotte street, City.

FOR SALE — A small safe. Chance for a bargain. Address "E" care of Mail.

VARIETY SALE.

The W. C. T. U. will hold a sale consisting of quilts, case of birds, useful and fancy articles, home made cooking, etc., in the Edgecombe Building York street, November 7th. Proceeds for Patriotic Work. 2ins

Prepare for Winter

I wish to inform my friends and the public that after a busy season my services as a plasterer and brick mason are now available. Those who want cellar walls repaired, chimneys topped out, or odd mason jobs in general promptly attended to, please notify me at once. Cost estimates supplied and satisfaction guaranteed. Am prepared to go into the country if necessary.

G. W. HOLMES,
192 Northumberland Street.

THE
MINISTER'S BRIDE

Will be presented by the Young People of the Church in the
METHODIST VESTRY,
TUESDAY, NOV. 6TH

At 8 o'clock.
Admission, 25 Cents.

Family Enrolment
Week

An opportunity for every man woman and child to help win the war. The ladies of Fredericton are starting out Monday, Nov. 5th. with the Food Pledge Cards hoping to be able to lay before each housekeeper the plan of the Food Controller for the Conservation of Wheat, Beef and Bacon. They beg that all will THINK ABOUT IT, ASK ABOUT IT, TALK ABOUT IT, TRY IT.

Local Food Control Com

NOTICE OF MEETING.

There will be a public meeting in the Orang Hall, Queen street, Fredericton, Nov. 5th, to which all Orangemen, Prentice Boys, The Ladies' Orange Association and all friends of Orangemen are invited. Rev. B. H. Penwarden, Grand Organizer for the Grand Lodge of New Brunswick, will give an address on "Liberty or Slavery; Which?" Addresses will be given by other prominent Orangemen. Chair taken at 8 p.m. sharp. County Master Mered Brewer will preside.

H. T. BREWER.

TUESDAY,
SEPTEMBER FOURTH,
is the day on which classes will be resumed at

FREDERICTON
BUSINESS COLLEGE

Write for information as to our courses of study. We must have a large number of graduates next year to supply the great demand for office help. Address

W. J. CSBORNE, Principal,
Fredericton, N. B.

To All Highway Users

Why should the Maritime Provinces and British Columbia be the only places in America that pass to the left?

Are you in favor of changing the Road Law at the next session of the Legislature to read "Pass to the Right," and thus put our Province in line with the rest of the continent? Nova Scotia will change if we do.

Please write me as to whether you favor the change or not.

PERCY W. THOMSON,
Chairman N.B.A.A. Good
Roads Committee.
St. John, N. B.

NOTICE.

ROBSON BLACK, Secretary of the Canadian Forestry Association, will lecture in K. of P. Hall Next TUESDAY EVENING, Nov. 6. Chair to be taken at 8 o'clock. Subject, "THE FOREST GRAVELOGUE." Admission Free. 3 ins

65 DOLLARS

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STEEL RANGE

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The deep blue lustre of the polished steel body is offset by the plain, handsome Nickel Trimmings. The body stands on solid heavily nickeled legs and is equipped with all the labor-saving devices.

This beautiful Range has been given for the benefit of the Red Cross, and it may be yours by paying TEN CENTS for a ticket.

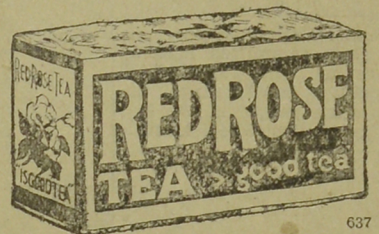
Call and see it at the Store of
D. J. SHEA & SON,
CARLETON STREET.

Save
that spoonful

Four and often five spoonfuls of ordinary tea do not go any further than three of Red Rose Tea. Less Red Rose is required because it consists chiefly of rich, strong, full-flavored Assam teas.

Use Red Rose Tea
and save that
extra spoonful.

Kept Good by
the Sealed
Package



may be used instead of the branded paper. Add tin covers or cut pieces of paper an inch larger in diameter than the glasses and paste down with mucilage. Store jelly in a cool dry place.

Quince Marmalade.

Wipe quinces, remove blossom ends, quarter and remove seeds. Cut in small pieces and put in porcelain lined saucepan, adding enough water almost to cover. Cook until soft and press through a porcelain colander of fine sieve. Weigh and allow three-fourths of a cup of sugar to each cup of juice. Heat sugar in oven, add to juice and

cook slowly twenty minutes, stirring frequently to prevent burning.

TO CLEAN CARPET.

Add two tablespoonfuls sal soda to a large pail of warm water. Wring out of this a large towel or other cloth. Spread this over a step at a time and beat with a small carpet or furniture beater. Change the cloth until all has been used. Then rinse in the water and proceed until each step is done. The damp cloth gathers every particle of dust and is much easier than taking up the carpet.

BEST FOR BREAD

Mother's Favorite
Flour

is the most Satisfactory Bread Flour on
the market. Give it a trial.

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Life by the best improved methods, at reasonable prices.

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Other Styles at \$1.40 and \$2.75

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